

Curriculum Vitae

Daniel Fu Keung Wong, 黃富強

Professor

Department of Social Work and Social Administration

Faculty of Social Sciences

The University of Hong Kong

Qualifications

2012-2014	Doctor of Clinical Psychology	Alliant International University, USA
2011-2012	Master of Arts (Clinical Psychology)	Alliant International University, USA
2000-2002	Cognitive Therapy Training	The Beck Institute, USA
1993 - 1997	Doctor of Philosophy	La Trobe University Australia
1988 - 1991	Master of Social Work	Chinese University of Hong Kong
1981 – 1985	Bachelor of Arts (History) and Bachelor of Social Work	McMaster University

Employment

1. Professor, Department of Social Work and Social Administration, University of Hong Kong (September, 2015 to present)
2. Professor, Department of Applied Social Studies, City University of Hong Kong (September, 2010 to August, 2015)
3. Assistant/Associate Professor, Department of Social Work and Social Administration, The University of Hong Kong (September, 1998 to August, 2010)
4. Associate Professor (continuing), School of Nursing and Social Work, The University of Melbourne (January, 2008 to November, 2009)
5. Lecturer, Division of Social Studies, City University of Hong Kong (January 1995 to August 1998)
6. Mental Health Social Worker, Broadmeadows Community Health Services, Melbourne, Australia (December, 1992 to December, 1994)
7. Social Worker/Social Work Supervisor, Mental Health Association of Hong Kong (October 1986 to October, 1992)
8. Social Worker, Hong Kong Federation of Youth Groups, (October 1985 to September, 1986)

Awards and Honours

1. Honorary Professor, Department of Social Work and Social Administration, The University of Hong Kong (2010 – 2014)
2. Honorary Fellow, The Hong Kong Jockey Club Centre for Suicide Research and Prevention, The University of Hong Kong (Since 2007)
3. Fulbright Scholars Award (2004-2005) – a visiting scholar for 8 months at UC Berkeley, USA

4. Universitas 21 Fellowship (2001-2002) – a visiting scholar to the School of Social Work, University of Melbourne for a period of two months. Main objectives are to exchange ideas about teaching at the postgraduate level and conducting joint research activities.
5. Outstanding Teaching Award (1999-2000) – one of the teachers in the Department of Social Work and Social Administration awarded as an outstanding teacher, The University of Hong Kong.

Professional Leadership

1. Chairman, Institute of Cognitive Therapy, Hong Kong (www.icthk.org) (Since March, 2011)
2. Founder and Convenor, Chinese Cognitive-Behavioral Therapy Hub, a departmental unit of the Department of Applied Social Studies, College of Liberal Arts and Social Sciences, City University of Hong Kong, (www.cityu.edu.hk/ss/ccbt) (September, 2010 to August, 2015)
3. Chairman, Centre for Holistic Health, Melbourne, Australia (www.chh.org.au) (Since June, 2014)

Administrative Leadership

1. Director of Master of Social Sciences Programme (Mental Health), Department of Social Work and Social Administration, University of Hong Kong (September 2015 to Present)
2. Research Coordinator, Department of Applied Social Studies, City University of Hong Kong (September 2013 to June 2014)
3. RAE Social Work Stream Coordinator, Department of Applied Social Studies, City University of Hong Kong (September 2012 to December 2013)
4. Nam Shan Practice and Psychology Laboratories Coordinator, Department of Applied Social Studies, City University of Hong Kong (January 2012 to June 2013)
5. Director, Chinese Cognitive-Behaviour Therapy (CCBT) Hub, a research unit of the Department of Applied Social Studies, City University of Hong Kong (September 2010 to August 2015)
6. College KT Coordinator, College of Liberal Arts and Social Sciences, City University of Hong Kong (September 2011 to November 2012)
7. Fellow, The Sau Po Centre on Aging, The University of Hong Kong (Till 2008)
8. Associate Director, Centre on Behavioral Health, The University of Hong Kong (Till 2008)
9. Deputy Head, Department of Social Work and Social Administration, The University of Hong Kong October 2006 to January, 2008)
10. Programme Director, The Master of Social Sciences (Mental Health), The University of Hong Kong (2003 to 2008)
11. Associate Dean, Faculty of Social Sciences, The University of Hong Kong (2003 to 2006)
12. Coordinator, The Master of Social Sciences Programmes, The University of Hong Kong (2001 to 2003)

Research

<p>I have generated a total of over HK\$12 million research funding. Of the 40 research projects I have had secured, I am the principal investigator of 31 of these research projects. 17 of the projects are considered competitive research grants, of which 5 of them are competitively</p>
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peer-reviewed. I received two CERG/GRF grant in the capacity of PI in 2007 (#27) and in 2014 (#1), one GRF grant in the capacity of Co-I in 2015, and Health and Health Service Research Fund as a Co-I in 2010 (#18). In the past four years since I have assumed full professorship, I have obtained 18 research projects in the capacity of PI and have acquired a total of over HK\$4 million. 25 of the 40 projects are directly related to clinical research on the application of cognitive behaviour therapy (CBT) in diverse groups of Chinese clients such as people with depression, anxiety disorders, elderly with depression, parents with emotional problems, youth with psychosis, problem gamblers and etc. Other projects are related to mental health of Chinese people, and migration and mental health.

Research interests

My research interests fall into cognitive behaviour therapy; clinical issues and skills in working with people with mental health concerns; mental health and mental illness; and migration and mental health.

Research grants

	Date	Title	Grant status
1	2015	Comparing the effectiveness of integrative body-mind-spirit group intervention and cognitive-behavioral group on quality of life and psycho-socio- spiritual distress for lung cancer patients and their family caregivers: A randomized controlled trial (2015, Co-Investigator , funded by GRF grant, Hong Kong, HK\$ 905,940) - current	Competitive peer-reviewed research
2	2014	Evaluating the effectiveness of an integrated cognitive-behavioural model for people with problem gambling in Hong Kong: A randomized waitlist control design (2014, Principal Investigator , funded by GRF grant, Hong Kong, HK418,500) - current	Competitive peer-reviewed research
3	2014	A study of an emotional coaching program (ECP) for children and adolescent with anxiety features – Using protective factors to enhance positive changes (2014, Principal Investigator , funded by Tung Wah Group of Hospitals, Hong Kong, including training, HK\$350,000) – current	2014 Competitive contract research (SWD Fund)
4	2013	Survey of carers' quality of life cum an evaluation study on cognitive-behavioural therapy for carers with relative suffering from mental illness (2013, Principal Investigator , HK\$350,000 , funded by Baptist Oi Kwan Social Services, Hong Kong including training) - current	Competitive contract research (SWD Fund)
5	2013	Evaluating cognitive behavioural therapy for youth at risk in Hong Kong (2013, Principal Investigator , funded by Hong Kong Federation of Youth Groups, Hong Kong, HK\$195,000 , including training) - current	Competitive contract research (SWD Fund)
6	2013	Social connectedness project: Supporting people from culturally diverse backgrounds (2013-2016, Consultant and Investigator , AUD\$308,935 (HK\$2,250,000), collaborated with Chinese Community Social Service Centre of Melbourne and funded by	Competitive contract research

		Department of Health and Ageing, Australian Government) – current	
7	2013	Evaluating cognitive behavioural therapy for carers with school-aged children with ADHD in Hong Kong (2013, Principal Investigator , commissioned by Lutheran Social Services of Hong Kong, Hong Kong, HK\$140,000 , including training) – completed	Competitive contract research (SWD Fund)
8	2013	A survey on understanding anxieties of children between primary 1 to primary 3 – A growth perspective (2013, Principal Investigator , commissioned by Tung Wah Group of Hospitals, Hong Kong, HK\$100,000 , including training) - completed	Contract research
9	2012	Studies on Evidence-based Practices for Integrated Community Centres of Mental Wellness (ICCMWs), (2012, Principal Investigator , funded by Mental Health Association of Hong Kong, HK\$1.2 million) - completed	Competitive contract research (SWD Fund)
10	2012	Developing an evidence-based group cognitive behavioural treatment manual for Chinese problem gamblers in Hong Kong, (2012, Principal Investigator , City University Start-Up Grant, HK\$200,000) – completed	Internal university grant
11	2011	Antenatal cognitive behavioral therapy group intervention for the prevention of perinatal depression among Macao and Chengdu Chinese pregnant women : A quasi-experimental study (2011, Co-investigator , Macau Polytechnic Institute, MOP\$219,643) – completed	Internal university grant
12	2011	Evaluating cognitive-behavioural therapy for adolescents and young adults with psychosis and emotional disorders in Hong Kong (2011, Principal Investigator , funded by Baptist Oi Kwan Social Services, Hong Kong, HK\$180,000 , including training) - completed	Competitive contract research (SWD Fund)
13	2011	Knowledge Transfer (KT) Website development for College of Liberal Arts and Social Sciences (2011, Principal Investigator , UGC KT Earmarked Fund, City University of Hong Kong, HK\$270,000) – completed	Internal university grant
14	2011	Brief cognitive behavioral education program for main family carers of patients in intensive care units: A randomized controlled trial (2011, Co-investigator , Competitive Research Grants for Newly Recruited Junior Academic Staff, Polytechnic University of Hong Kong, HK\$195,780) – completed	Internal university grant
15	2011	Putting theory into practice: A web-based cognitive behavior theory learning platform (2011, Principal Investigator , Teaching Development Grant, City University of Hong Kong, HK\$99,968) - completed	Internal university grant
16	2010	Evaluating cognitive behavioural therapy for school-aged adolescents in Hong Kong (2010, Principal Investigator , funded by Yan Oi Tong Social Services, Hong Kong, HK\$90,000 , including training) - completed	Competitive contract research (SWD Fund)
17	2010	Evaluating cognitive-behavioural therapy for older adults with chronic pain in Hong Kong (2010, Principal Investigator , funded	Competitive contract research

		by Yan Oi Tong Social Services, Hong Kong, HK\$90,000 , including training) - completed	(SWD Fund)
18	2010	Evaluating cognitive behavioural therapy for parents with adult children with disabilities in Hong Kong (2010, Principal Investigator , funded by Caritas Social Services, Hong Kong, \$HK70,000 , including training) - completed	Competitive contract research (SWD Fund)
19	2010	Evaluating cognitive behavioural therapy for parents with young children with disabilities in Hong Kong (2010, Principal Investigator , funded by Caritas Social Services, Hong Kong, \$HK90,000 , including training) - completed	Competitive contract research (SWD Fund)
20	2010	Randomized Controlled Trial of a Brief Group Intervention Using Cognitive behavioral Approach to Reduce Postnatal Depressive Symptoms (2010, Co-investigator , Health and Health Service Research Fund, \$HK547,000) – completed	Competitive peer-reviewed research
21	2010	Evaluating Mental Health First Aid Programme (MHFA) in Hong Kong (2010, Principal Investigator , commissioned by Mental Health Association of Hong Kong, HK150,000) – completed	Contract research
22	2010	Opinion survey on carers of persons with severe mental illness: Their perceptions of adequacy and effectiveness of community mental health services in Hong Kong (2010, Principal Investigator , commissioned by Baptist Oi Kwan Social Services, HK\$50,000) – completed	Contract research
23	2010	Trial run of brief group intervention using cognitive behavioral approach to reduce postnatal depressive symptoms (2010, Co-investigator , University of Hong Kong Seed Funding, (HK\$61,000) – completed	Internal university grant
24	2009	Trial run for antenatal preventive intervention to prevent postpartum depression and anxiety in Hong Kong (2009, Co-investigator , University of Hong Kong Seed Funding, (HK\$70,000) - completed	Internal university grant
25	2008	Cognitive behavioural treatment group (CBTG) program - Enhancing stress resilience in Chinese parents of children with disabilities (2008, Principal Investigator , Ian Potter Foundation—Standard Grant, AUD\$35,000 , with Chinese Community Social Services Centre Inc, Melbourne, Australia as grant recipient) – completed	Competitive peer-reviewed research
26	2008	A survey on Chinese immigrants’ barriers to accessing mental health services in Melbourne, Australia (2008, Principal Investigator , Chinese Community Social Services Centre Inc, Melbourne, Australia, AUD\$10,000) - completed	Contract research
27	2008	Becoming reflexive social workers: Developing an outcome-based course on reflexivity for social work students (2008, Co-investigator , Leung Kau Kui Research and Teaching Endowment Fund Teaching Grants, HK\$60,000) – completed	Internal university grant
28	2007	A quasi experimental study on cognitive behavioural programme for work-related stress of secondary school teachers in HK: a pilot study (2007, Co-investigator , Seed Funding Programme for Basic Research, HKU, HK\$80,000) – completed	Internal university grant
29	2007	Resilience of rural migrant workers in Shanghai China: A longitudinal study (2007, Principal Investigator , RGC Grant, HK\$500,800) – declined due to no pay leave	Competitive peer-

			reviewed research
30	2005	Combating depression: Training professionals to run cognitive behavioral therapy workshops for people suffering from mild to moderate depression (2005-2007, Principal Investigator , Mrs. Li Ka Shing Fund, HK\$ 1 million) – completed	Internal university grant
31	2007	Compulsive buying of Chinese people in Hong Kong (2007-2008, Principal Investigator , Tung Wah Groups of Hospitals, HK\$90,000) – completed	Contract research
32	2006	Resilience of children of rural migrant workers in Shanghai (2006-2007, Principal Investigator , CRCG Grant, HK\$66,800) - completed	Internal university grant
33	2005	Factors affecting the help-seeking pathways of Hong Kong Chinese immigrants and White American-Born caregivers who have relatives suffering from the first episode of schizophrenia in the United States: A comparative study with the Chinese caregivers in Hong Kong (2005, Principal Investigator , Fulbright Scholar Research Grant, HK\$382,600) – completed	Competitive peer-reviewed research
34	2004	Rural-urban migrants in Shanghai: Their stresses and mental health (2004-2005, CRCG Grant, Principal Investigator , HK\$65,000) – completed	Internal university grant
35	2004	Cognitive therapy for persons with anxiety disorders in Groups: A randomized controlled study (2004, Principal Investigator , University Development Fund-Faculty fund, HK\$100,000) – completed	Internal university grant
36	2003	Cognitive therapy for persons with major depression in groups: A randomized controlled study (2003-2004, Principal Investigator , CRCG Grant, HK\$68,000) – completed	Internal university grant
37	2002	A study of the factors influencing help-seeking behaviours of Chinese carers with relatives suffering from his/her first episode of a serious mental illness in Hong Kong (2002-03, Principal Investigator , CRCG Grant, HK\$64,000) – completed	Internal university grant
38	2002	Caring for carers with persons suffering from mental disorders in Hong Kong and Australia: A cross-cultural comparisons (2002, Principal Investigator , CRCG Grant, HK\$110,000) - completed	Internal university grant
39	2001	Mental health of mainland Chinese immigrant and local-born youth in Hong Kong: A comparison (2001, Principal Investigator , CRCG, HK\$119,500) – completed	Internal university grant
40	2000	Developing a community dementia day-care service for the elderly people in Central and Western District in Hong Kong (2000, Co-investigator , S. K. Yee Medical Foundation, HK\$1.6 million) – completed	Competitive peer-reviewed research

Scholarly Journal Articles, Books, Book Chapters and Monographs

Journal publications

I have published a total of 91 journal articles. More than half of the refereed articles fall into Q1 and Q2 journal categories. Many of them appear in top social work journals such as British Journal of Social Work (4 articles), Research on Social Work Practice (5 articles) and Child and Family Social Work (2 articles); top psychiatry journals such as Depression and

Anxiety (1 article), Australian and New Zealand Journal of Psychiatry (4 articles) and Social Psychiatry and Psychiatric Epidemiology (4 articles); and top nursing, rehabilitation and social science journals such as International Journal of Nursing Studies (1 article), Journal of Intellectual Disability Research (4 articles), Social Science and Medicine (1 article). Sixty articles were written solely by myself or as the first author. These articles have been cited 270 times (SSCI), 345 times (Scopus) or 804 times (Google Scholar), and H-index is 13.

Journal articles (IF = Impact factor, % = My contribution, C = Number of citations)

1. Lau, Y, **Wong, F.K. D.**, Wang, Y. Q., Kwong, D., & Wang, Y. (accepted). Interaction of subjective social support and perceived stress on antenatal depressive and anxiety symptoms among pregnant Chengdu women. *International Journal of Mental Health Nursing*, USA. (IF = 1.95, 30%, C = 0)
2. **Wong, F.K.D.**, Wong, P., Lau, Y., Kwok, S. & Tori, C. (2015). Evaluating the effectiveness of mental health first aid programme for Chinese people in Hong Kong. *Research on Social Work Practice*, 1-9. DOI: 10.1177/1049731515585149. (IF = 1.580, 80%, C = 0)
3. Lau, Y. C, Htun, T. **Wong, F.K.D.**, Wang, Y, Wang, Y & Klainin-Yobas, P. (2015). Different perceptions of stress, coping styles and general well-being among pregnant Chinese women: A structural equation modeling approach. *Archives of Women's Mental Health*, DOI: 10.1007/s00737-015-0523-2. (IF = 1.955, 20%, C = 0).
4. Kwok, S. Y.C.L., Cheng, L. & **Wong, F.K.D.** (2014). Family emotional support, positive psychological capital and job satisfaction among Chinese white-collar workers. *Journal of Happiness Studies*, DOI: 10.1007/s10902-014-9522-7. (IF = 1.462, 20%, C = 0)
5. Lau, Y., **Wong, F.K.D.**, Wang, Y.Q., Ho, D. K.K. & Wang, Y. (2014). The roles of social support in helping Chinese women with antenatal depressive and anxiety symptoms cope with perceived stress. *Archive of Psychiatric Nursing*, 28, 5, 305-313. (IF = 1.153, 30%, C = 0)
6. Kwan, A. & **Wong, F.K.D.** (2014). Does blaming yourself for bad events do more good than harm? The case of Chinese migrant workers in China. *Health Psychology and Behavioral Medicine: An Open Access Journal*, 2, 1, 686-695.
7. **Wong, F.K.D.** & Li, J.C.M (2014). Cultural influence on Shanghai Chinese's help seeking for mental health problems: Implications for social work practice. *British Journal of Social Work*, 44, 4, 868-885. doi: 10.1093/bjsw/bcs,180, 1-18. (IF = 1.285, 90%, C = 1)
8. Zhuang, X.Y., **Wong, F.K.D** & Ng, T.K. (2014). Cultural values of traditionality/modernity: Their differential impacts on marital conflict and marital satisfaction among female and male migrant workers in China. *Revista de Cercetare si Interventie Sociala* (Review of Research and Social Intervention), 45, 46-74. (IF = 1.354, 50%, C = 0, first author is PhD student)
9. **Wong, F.K.D.**, Chung, C., Wu, J., Tang, J. & Lau, P. (2014). A preliminary study of an integrated and culturally attuned cognitive behavioral group treatment for Chinese problem gamblers in Hong Kong. *Journal of Gambling Studies*, 04/2014; DOI: 10.1007/s10899-014-9457-2. (IF = 1.473, 70%, C = 0).
10. Kwok, S.Y.C.L., Leung, C.L.K., **Wong, F.K.D.** (2014). Marital satisfaction of Chinese mothers of children with autism and intellectual disabilities in Hong Kong. *Journal of Intellectual Disability Research*, DOI: 10.1111/jir.12116. (IF = 1.81, 30%, C = 0)
11. Leung, S.S.K., Chiang, V.C.L., Lam, S.K., Yung, C., & **Wong, F.K.D.** (2013). Culturally sensitive, preventive antenatal group cognitive behavioural therapy for

- Chinese women with depression, *International Journal of Nursing Practice*, 19, S1, 28-37. (IF = 0.881, 35%, C = 2)
12. **Wong, F.K.D.**, Zhuang X. Y., Pan, J.Y. & He X. S. (2013). Policies with little action: A critical review of mental health and mental health-related policies in China. *International Journal of Welfare*, DOI: 10.1111/ijsw.12052. (IF = 0.956, 70%, C = 2)
 13. Sun, I., Hu, R., **Wong, F.K.D.**, He, X. S., & Li, J. (2013). One country, three populations: Trust in police among migrants, villagers, and urbanites in China", *Social Science Research*, 42, 6, 1737-1749. (IF = 1.949, 20%, C = 0)
 14. He, X.S. & **Wong, F.K.D.** (2013). Mental health of female migrant workers in China: A four cities comparison. *International Journal of Social Psychiatry*, 59, 2, 114-122. DOI: 10.1177/0020764011423467. (IF = 1.684, 60%, C = 4)
 15. Ye, S., Pan, J. Y. Bola, J. & **Wong, F.K.D.** (2013). Cross-validation of mental health recovery measures in a Hong Kong Chinese sample. *Research on Social Work Practice*, 23, 3, 311-325. (IF = 1.580, 20%, C = 0)
 16. Pan, J.Y., **Wong, F.K.D.**, & Ye, S.Q. (2013). "Post-migration Growth Scale for Chinese international students: Development and validation", *Journal of happiness Studies*, 14, 6, 1639-1655. (IF = 1.462, 40%, C = 0)
 17. **Wong, F.K.D.**, He, X.S., Poon, A., & Lam, Y.K.A. (2012). Depression literacy among Chinese in Shanghai, China: A comparison with Chinese-speaking Australians in Melbourne and Chinese in Hong Kong. *Social Psychiatry and Psychiatric Epidemiology*, 47, 8, 1235-1242. DOI: 10.1007/s00127-011-0430-4. (IF = 3.079, 90%, C = 11)
 18. **Wong, F.K.D.**, Lam, Y.K.A. & Poon, A. (2012). Gender differences in mental health literacy among Australians of Chinese-speaking background in Melbourne, Australia. *International Journal of Social Psychiatry*, 58, 2, 178-185. (IF = 1.684, 85%, C = 3)
 19. **Wong, F.K.D.**, Lam, A.Y.K., Chan, S.K. & Chan, S.F. (2012). Quality of life of Chinese caregivers with relatives suffering from mental illness: The differential impacts of caregiver characteristics, caregiving burdens and satisfaction with psychiatric services. *Health and Quality of Life Outcomes*, 10, 1-15. (IF = 2.272, 80%, C = 1)
 20. **Wong, F.K.D.** (2011). Cognitive behavioural group treatment for Chinese people with depressive symptoms in Hong Kong: The participants' perspective. *International Journal of Group Psychotherapy*, 61, 3, 439-459. (IF = 0.669, 100%, C = 4)
 21. Wong, P.K.S., **Wong, F.K.D.**, Schalock, R.L., & Chou, Y.C. (2011). Initial validation of the Quality of Life Questionnaire – Chinese version (QOL.Q-C) for Chinese people with intellectual disabilities: A cultural perspective. *Journal of Intellectual Disability Research*, 55, 6, 572-580. (IF = 1.81, 40%, C = 4)
 22. Chow, A.Y.M., Lam, D.O.B., Leung, G.S.M., **Wong, F.K.D.** & Chan, B.P.F. (2011). Promoting reflexivity among social work students: The development and preliminary evaluation of a course —Knowing Ourselves, Knowing Our World. *Journal of Social Work Education*, 30, 2, 141-156. (IF = 1.11, 20%, C = 0)
 23. Leung, S.S.K., Chiang, V.C.L., Chui, Y.Y., Mak, Y.W. & **Wong, F.K.D.** (2011). A brief cognitive-behavioural stress management programme for secondary school teachers. *Journal of Occupational Health*, 53, 23-35. (IF = 1.80, 20%, C = 2)
 24. Leung, G.S.M., Lam, D.O.B., Chow, A.Y.M., **Wong, F.K.D.**, Chung, C.L.P. & Chan, B.E.P. (2011). Cultivating reflexivity in social work students: A course-based experience. *The Journal of Practice Teaching and Learning*, 11, 54-74. doi: <http://dx.doi.org/10.1921/175951511X651959>. (10%, C = 0)

25. **Wong, F.K.D.** & He, X.S. (2011). Schizophrenia literacy among Chinese in Shanghai, China: A comparison with Chinese-speaking Australians in Melbourne and Chinese in Hong Kong". *Australian and New Zealand Journal of Psychiatry*, 45, 524 – 531. **(IF = 3.102, 90%, C = 4)**
26. **Wong, F.K.D.**, Poon, A. & Kwok, S.L.Y.C. (2011). The maintenance effect of cognitive-behavioural treatment groups for Chinese parents with children with developmental disabilities in Melbourne, Australia: A six-month follow-up study. *Journal of Intellectual Disability Research*, 55, 1043-1053. **(IF = 1.81, 90%, C = 0)**
27. Pan J.Y. & **Wong, F.K.D.**, (2011). Acculturative stressors and acculturative strategies as predictors of negative affect among Chinese international student in Australia and Hong Kong: A cross-cultural comparative study. *Academic Psychiatry*, 35, 6, 376-381. **(IF = 1.151, 30%, C = 1)**
28. **Wong, F.K.D.**, Chan, K.S., & Lau, Y. (2011). The roles of perfectionism and dysfunctional attitudes in depression and quality of life of Chinese adults in Hong Kong. *International Journal of Mental Health*, 39, 4, 40-58. **(80%, C =2)**
29. **Wong, F. K. D.** (2011). How do Chinese Cognitive-Behavioural Therapy trainees view their own therapy competence and the cultural compatibility of this therapy for Chinese clients with depression in Hong Kong? *Hong Kong Journal of Mental Health*, 38, 4-9. **(100%)**
30. **Wong, F.K.D.**, Lam, Y.K.A. & Poon, A. (2010). Knowledge and preferences regarding schizophrenia and mental health services among Chinese-speaking Australians in Melbourne Australia. *Social Psychiatry and Psychiatric Epidemiology*, 45, 865-873. **(IF = 3.079, 85%, C = 9)**
31. **Wong, F.K.D.**, Chang, Y.L., He, X.S. & Wu, Q.B. (2010). The Protective Functions of Relationships, Social Support and Self-Esteem in the Life Satisfaction of Children of Migrant Workers in Shanghai, China. *International Journal of Social Psychiatry*, 56: 143-157. **(IF = 1.684, 75%, C = 11)**
32. Lau, Y., **Wong, F.K.D.**, & Chan, K. S. (2010). The utility of perinatal depression screening in second trimester among Chinese: A three-wave prospective longitudinal study, *Archives of Women's Mental Health*, 13, 2, 153-164. **(IF = 2.009, 30%, C = 13, former PhD student)**
33. **Wong, F. K. D.** & Chang, Y.L. (2010). Mental health of Chinese migrant workers in factories in Shenzhen, China: Effects of migration stress and social competence. *Social Work in Mental Health*, 8, 4, 305-318. **(70%, C = 3)**
34. Leung, G.S.M., Yeung, K. C. & **Wong, F.K.D.** (2010). The role of paternal support in children's anxiety in Hong Kong. *Journal of Child and Family Studies*, 19, 1, 90-100. **(IF = 1.132, 20%, C = 5)**
35. **Wong, F.K.D.**, & Poon, A. (2010). Cognitive-behavioural group treatment for Chinese parents with children with developmental disabilities in Melbourne, Australia: an efficacy study. *Australian and New Zealand Journal of Psychiatry*, 44, 742-749. **(IF = 3.102, 90%, C = 2)**
36. **Wong, F.K.D.**, Lam, Y.K.A. & Poon, A. (2010). Depression literacy among Australians of Chinese-speaking background in Melbourne, Australia. *BMC Psychiatry* 10:1-7 (19 January 2010) **(IF = 2.23, 85%, C = 1)**
37. Lam, Y.K. A., Jorm, A.F. & **Wong, F.K.D.** (2010). Mental health first aid training for the Chinese community in Melbourne, Australia: effects on knowledge, attitudes toward

- people with mental illness. *International Journal of Mental Health Systems*, 4, 1-18. One page again? **(IF = 1.06, 30%, C = 7)**
38. He, X.S., **Wong, F.K.D.** & Zeng, S.C. (2010). Rural urban migration and mental health: Evidence from Shanghai. *Sociological studies*, 145, 111-129, Institute of Sociology, Chinese Academy of Social Sciences, China. [In Chinese] **(20%, C = 4)**
 39. **Wong, F.K.D.**, Yeung, M. & Ching, C.K. (2009). Evaluating a case management for people with mental illness in halfway houses in Hong Kong: A preliminary study. *Hong Kong Journal of Psychiatry*, 19, 1, 11-17. **(100%, C = 3)**
 40. Chan, C.L.W. & **Wong, F.K.D.** (2009). Introduction: Harmony in Chaos: Social Work Responses to Issues Arising from a Changing and Stressful World, Part I. *Social Work in Health care*, 48, 3, 213-215. **(IF = 0.844, 80%, C = 0)**
 41. **Wong, F.K.D.**, Chang, Y.L. & He, X.S. (2009). Correlates of mental health of children of migrant workers in Shanghai, China. *Social Psychiatry and Psychiatric Epidemiology*, 44, 10, 815-824. DOI: 10.1007/s00127-009-0003-y. **(IF = 3.079, 80%, C = 22)**
 42. Chan, C.L.W. & **Wong, F.K.D.** (2009). Introduction: Harmony in Chaos: Social Work Responses to Issues Arising from a Changing and Stressful World, Part II. *Social Work in Health care*, 48, 4, 363-363. **(IF = 1.580, 80%, C = 0)**
 43. **Wong, F.K.D.** (2009). A six-month follow-up study of cognitive behavioral treatment groups for Chinese people with depression. *Behaviour Change*, 26, 2, 130-140. **(IF = 0.926, 100%, C = 3)**
 44. **Wong, F.K.D.**, He, X.S., Leung, G., Lau, Y., & Chang, Y.L. (2008). Mental health of migrant workers in China: Prevalence and correlates. *Social Psychiatry and Psychiatric Epidemiology*, 43, 6, 483-489. **(IF = 3.079, 80%, C = 41)**
 45. Lau, Y., & **Wong, F. K. D.** (2008). Are face concern and willingness to seeking-help correlates to early postnatal depressive symptoms among Hong Kong Chinese Women? A cross-sectional survey. *International Journal of Nursing Studies*, 45, 1, 51-64. **(IF = 2.638, 40%, C = 13)**
 46. **Wong, F. K. D.** (2008). Cognitive behavioral treatment groups for people with chronic depression: A randomized waitlist control design. *Depression and Anxiety*, 25, 2, 142-148. **(IF = 4.347, 100%, C = 30)**
 47. **Wong, F. K. D.** (2008). Differential impacts of stressful life events and social support on the mental health of mainland Chinese immigrants and local youth in Hong Kong: A resilience perspective. *British Journal of Social Work*, 38, 2, 236-252. **(IF = 1.285, 100%, C = 19)**
 48. Wong, P.K.S, & **Wong, F.K.D.** (2008). Enhancing staff's attitude, knowledge and skills in supporting self-determination of adults with intellectual disability in residential settings – A pretest-posttest comparison group design. *Journal of Intellectual Disability Research*, 52, 3, 230-243. **(IF = 1.81, 50%, C = 11)**
 49. Sim, T., & **Wong, F.K.D.** (2008). Working with Chinese families in adolescent drug treatments. *Journal of Social Work Practice*, 22, 1, 103-118. **(IF = 0.782, 30%, C = 0, former PhD student)**
 50. **Wong, F.K.D.** & He, X.S. (2008). The resilience of migrant workers in China: The roles of migration stress and meaning in migration. *International Journal of Social Psychiatry*, 54, 2, 131-143. **(IF = 1.684, 90%, C = 23)**
 51. Pan, J.Y., **Wong, F.K.D.**, Chan, K. S. & Chan, C. L. W. (2008). Development and validation of Chinese Making Sense of Adversity Scale (CMSAS): Using acculturative

- stressor as an example. *Research on Social Work Practice*, 18, 5, 479-486. (IF = 1.580, 20%, C = 8, former PhD advisee)
52. **Wong, F.K.D.**, Chan, K.S., & Lau, Y. (2008). Reliability and validity of the Chinese version of the Dysfunctional Attitudes Scale (DAS-A) in a community sample. *International Journal of Psychiatry and Medicine*, 38, 2, 141-152. (IF = 1.282, 65%, C = 6)
 53. Lau, Y., & **Wong, F. K. D.** (2008). Impact and cumulative effects of intimate partner abuse during pregnancy on health-related quality of life among Hong Kong Chinese women. *Midwifery*, 24, 22-27. (IF = 1.479, 40%, C = 10, former PhD student)
 54. Pan, J.Y., **Wong, F.K.D.**, Chan, C. L. W. & Joubert, L. (2008). Meaning of life as a protective factor of positive affect in acculturation for Chinese international students in Australia and Hong Kong: A resilience framework. *Journal of American College Health*, 57, 2, 221-231. (IF = 2.29, 35%, C = 25, former PhD advisee)
 55. **Wong, F.K.D.** (2008). Cognitive and health-related outcomes of cognitive behavioral treatment groups for people with depressive symptoms in Hong Kong: A randomized waiting list control study. *Australian and New Zealand Journal of Psychiatry*, 42, 703-712. (IF = 3.102, 100%, C = 19)
 56. Lau, Y., & **Wong, F. K. D.** (2008). The Role of Social Support in Helping Chinese Women With Perinatal Depressive Symptoms Cope With Family Conflict. *Jognn- Journal of Obstetric gynecologic and neonatal nursing*, 37, 5, 566-571. (IF = 1.624, 40%, C = 26, former PhD student).
 57. **Wong, F.K.D.**, & Leung, G.S.M. (2008). Functions of social support in the mental health of male and female migrant workers in China. *Health and Social Work*, 33, 4, 275-286. (IF = 1.477, 90%, C = 22)
 58. Pan, J.Y., **Wong, F.K.D.** & Chan, C. L. W. (2008). Meaning of life as a protective factor of positive affect in acculturation: A resilience framework and a cross-cultural comparison. *International Journal of Intercultural Relations*, 32, 6, 505-514. (IF = 1.71, 35%, C = 25, former PhD advisee)
 59. Leung, S.S.K., Mak, V.Y.W., Chui, C.Y.Y., Sun, S.Y.K. & **Wong, F.K.D.** (2008). A study on brief cognitive-behavioral intervention for teachers' work-related stress: A discussion paper on recruitment and engagement issues. *Hong Kong Journal of Mental Health*, 34, 1, 43-50. (15%)
 60. **Wong, F.K.D.**, Lo, S. & Leung T. (2008). Compulsive buying behaviours among Chinese people in Hong Kong: Prevalence, patterns and mental health conditions. *Hong Kong Journal of Mental Health*, 34, 1, 4-15. (100%)
 61. **Wong, F. K. D.** (2007). Uncovering socio-cultural factors influencing the pathway to care of Chinese caregivers with relatives suffering from early psychosis in Hong Kong. *Culture, Medicine and Psychiatry*, 31, 1, 51 - 71. (IF = 1.656, 100%, C = 27)
 62. **Wong, F. K. D.**, Chang, Y.L., & He, X.S. (2007). Rural migrant works in urban China: Living a marginalized life. *International Journal of Social Welfare*, 16, 7, 32 - 40. (Top 10 most frequently read articles in the journal between 2007-2008, Top 10 most downloaded research, 2012) (IF = 0.956, 80%, C = 99)
 63. **Wong, F. K. D.** (2007). Crucial individuals in the help-seeking pathway of the Chinese caregivers with relatives suffering from early psychosis in Hong Kong: Implications for social work Practice. *Social Work*, 52, 2, 127-138. (IF = 1.493, 100%, C = 11)

64. **Wong, F. K. D.** Chau, P., Kwok, A. & Kwan, J. (2007). Cognitive-behavioral treatment group for people with chronic illnesses in Hong Kong: Reflections on culturally sensitive practices. *International Journal of Group Psychotherapy*, 57, 3, 367-385. (**IF = 0.669, 90%, C = 11**)
65. Lau, Y., & **Wong, F. K. D.** (2007). Correlates of depressive symptomatology during the second trimester of pregnancy: a population-based study in Hong Kong. *Social Sciences and Medicine*, 64, 1802-1811. (**IF = 3.688, 40%, C = 36, former PhD student**)
66. Tam, P.W.C., & **Wong, D.F.K.** (2007). Qualitative analysis of dysfunctional attitudes in Chinese persons suffering from depression. *Hong Kong Journal of Psychiatry*, 17, 109-114. (**40%, C = 13**)
67. Pan, J.Y., **Wong, F.K.D.** & Joubert, L. (2007). Acculturative stressor and meaning of life as predictors of negative affect in acculturation: A cross-cultural comparative study between Chinese international students in Australia and Hong Kong. *Australian and New Zealand Journal of Psychiatry*, 41, 740-750. (**IF = 3.102, 40%, C = 18, former PhD advisee**)
68. **Wong, F. K. D.**, & He, X. S. (2006). Dynamics of social support: A longitudinal qualitative study on mainland Chinese immigrant women's first year of resettlement in Hong Kong. *Social Work in Mental Health*, 4, 3, 83-101. (**50%, C = 16**)
69. **Wong, F. K. D.** & Sun, S.Y.K. (2006). A preliminary study of the efficacy of cognitive-behavioral therapy group for people with social anxiety in Hong Kong. *Hong Kong Journal of Psychiatry*, 16, 50-56. (**90%, C = 8**)
70. **Wong, F. K. D.**, Lam, O. B. D., Yan, P. & Hung, M. (2004). The Impacts of acculturative stress and social competence on the mental health of Mainland Chinese immigrant youth in Hong Kong. *British Journal of Social Work*, 34, 1009-1024. (**IF = 1.285, 80%, C = 28**)
71. **Wong, F. K. D.**, Tsui, K. P., Pearson, V., Chen, E. & Chiu, S. N. (2004). Family burdens, Chinese health beliefs and mental health of caregivers in Hong Kong. *Transcultural Psychiatry*, 41, 4, 497-513. (**IF = 0.662, 80%, C = 31**)
72. **Wong, F. K. D.**, Yan, P., Lo, E. & Hung, M. (2003). Mental health and social competence of Mainland Chinese immigrant and local youth in Hong Kong: A comparison. *Journal of Ethnic and Cultural Diversity in Social Work*, 12, 1, 85-110. (**90%, C = 11**)
73. **Wong, F. K. D.**, & Kwok, S.L.Y.C (2003). Stresses and mental health of fathers with younger children in Hong Kong—Implications for culturally-sensitive practices. *International Journal of Social Work*, 46, 1, 117-133. (**IF = 0.822, 80%, C = 9**)
74. **Wong, F. K. D.**, Tsui, K. P., Pearson, V., Chen, E. & Chiu, S. N. (2003). Changing Chinese health beliefs on mental illness and their impacts on mental health of Chinese caregivers in Hong Kong. *International Journal of Mental Health*, 32, 2, 85-100. (**90%, C = 8**)
75. **Wong, F. K. D.** & Sun, Y. K. S. & Chiu, K. S. L. (2003). Evaluating the effectiveness of supported apartment in facilitating community integration and mutual help among residents with chronic mental illness in Hong Kong. *International Journal of Psychosocial Rehabilitation*, 7, 133-143. (**90%, C = 1**)
76. **Wong F. K. D.**, Sun, S. Y. K., Tse, J. P. D., & Wong, F. (2002). Evaluating a cognitive-behavioral group treatment model for persons with mental health concerns in Hong Kong. *Research on Social Work Practice*, 12, 4, 534-545. (**IF = 1.582, 80%, C = 15**)

77. **Wong, F. K. D.** (2002). Stage-specific and culture-specific coping strategies of Mainland Chinese immigrants during resettlement in Hong Kong: A qualitative analysis. *Social Work in Health Care*, 35, 1-2, 479-499. **(IF = 0.844, 100%, C = 18)**
78. **Wong F. K. D.,** Poon, W. L. (2002). Cultural factors influencing expressed emotion found between Chinese carers and their relatives with schizophrenia in Hong Kong: A qualitative analysis. *Social Work in Mental Health*, 1, 2, 61-81. **(80%, C = 6)**
79. **Wong F. K. D.,** Chan, C. L. W., Law, C. K. & Au, T. (2002). Medical social services at accident and emergency department in Hong Kong--their utilization patterns, functions and outcomes. *Asia Pacific Journal of Social Work*, 12, 2, 8-24. **(IF = 0.106, 80%, C = 1)**
80. **Wong F. K. D.,** (2001). Differential functions and sources of social support of Mainland Chinese immigrants during resettlement in Hong Kong: A qualitative analysis. *The Journal of Social Work and Evaluation: An International Publication*, 2, 2, 319-332. **(100%, C = 9)**
81. **Wong F. K. D.,** Leung, S. K. S., & So, K. O. C. (2001). Differential impacts of coping strategies on the mental health of Chinese nurses in Hong Kong. *International Journal of Nursing Practices*, 7, 188-198. **(IF = 0.881, 80%, C = 29)**
82. **Wong F. K. D.,** Leung, S. K. S., & So, K. O. C. (2001). Mental health of Chinese nurses in Hong Kong: the roles of nursing stresses and coping strategies. *Online-Journal of Issues in Nursing*, 5, 2, Manuscript 7, 1-21. **(90%, C = 24)**
83. Kwok, S. & **Wong, F. K. D.** (2000). Mental health of parents with young children in Hong Kong: The roles of parenting stress and parenting self-efficacy. *Child and Family Social Work*, 5, 57-65. **(IF = 1.132, 60%, C = 71)**
84. **Wong, F. K. D.** (2000). Socio-economic changes and mental health: Setting a new agenda for prevention strategies. *International Journal of Psychosocial Rehabilitation*, 4, 5, 476-489. **(100%, C = 10)**
85. **Wong F. K. D.** (2000). Stress factors and mental health of carers with relatives suffering from schizophrenia in Hong Kong: Implications for culturally sensitive practices. *British Journal of Social Work*, 30, 365-382. **(IF = 1.285, 100%, C = 18)**
86. **Wong F. K. D.** (1998). Coping with resettlement difficulties: a qualitative analysis of coping strategies used by mainland Chinese immigrants in Hong Kong. *Hong Kong Journal of Social Work*, 32, 2, 131-149. **(100%, C = 2)**
87. **Wong, F. K. D.** (1998). Resettlement Stressors Confronting Mainland Chinese Immigrants in Hong Kong. *Asian Migrants*, 89-96. **(100%)**
88. **Wong, F. K. D.,** & Kwok, S. (1997). Difficulties and patterns of social support of mature students in Hong Kong - implications for student guidance and counselling services. *British Journal of Guidance & Counselling*, 25, 3, 377-387. **(IF = 0.75, 80%, C = 3)**
89. **Wong, F. K.D.** (1997). The history and current situations of mainland Chinese migration to Hong Kong, and the roles of SAR government and social service agencies. *Social Service Quarterly*, 141, 22-25. (In Chinese) **(100%)**
90. **Wong, F. K. D.** (1996). Managing stress - the uses of a coping - rest model and cognitive-behavioral techniques in a group setting. *Asian Journal of Counselling*, 4, 1 & 2, 55-65. **(100%, C = 2)**
91. **Wong, F. K. D.,** & Leung, A. (1996). An evaluation of mental health telephone counselling services in Hong Kong. *Asia Pacific Journal of Social Work*, 6, 2, 46-57. **(IF = 0.106, 90%, C = 8)**

Journal articles (under review)

1. **Wong, F.K.D.**, Leung, M.K., et al. (under review). The functions of hope and perceived positive experience in caregiving on the quality of life of Chinese caregivers of relatives suffering from mental illness. *Journal of Happiness Studies*, USA.
2. **Wong, F.K.D.**, Ip, P., et al. (Resubmit). Workshop on Cognitive-Behaviour Interventions for Chinese People with Chronic Illnesses: An Evaluation Study. *British Journal of Guidance and Counselling*, UK.
3. **Wong, F.K.D.**, Ip, P. & Chan, W. (under review). A preliminary study on cognitive-behaviour Interventions for delinquent youth with gang affiliations. *Research on Social Work Practice*, USA.
4. **Wong, F.K.D.**, Leung, M.K. (under review). The differential impacts of hope and stigma on quality of life of Chinese parent caregivers and non-parent caregivers of family members with mental illness. *Australian and New Zealand Journal of Psychiatry*, Australia.
5. **Zhuang, X. Y.**, & Wong, F.K.D. (under review). Risk and resilience of rural-to-urban migrant adolescents and their urban counterparts: the role of social support. *Australian and New Zealand Journal of Psychiatry*, Australia.
- 6.

Books

In the past years, I have written a total of 11 books and manuals, 4 of them are refereed books and 2 are in English. The book “*Clinical case management for people with mental illness: A bio-psychosocial vulnerability-stress model*” has been adopted as a textbook and has been favorably reviewed in prestigious social work and psychiatry journals. The overall comments suggest that this book contributes auspiciously to the theory and practice of mental health counseling both locally and internationally (See quotes below). Two of my Chinese books on cognitive behavior therapy, published by Joint Publishing Co., have been sold over 10,000 copies (CBT for Depression manual) and over 8,000 copies (CBT for Anxiety manual). As one of the major pioneers in indigenizing and researching CBT models for working with Chinese people in Hong Kong and overseas, I have developed a number of evidence-based and culturally-relevant CBT practice models for Chinese people with depression, social anxiety, psychosis, chronic illnesses and gambling problems. I have also written 2 book chapters, 13 monographs, and attended 39 academic conferences. The contents of the invited speech and training revolved around CBT and mental health issues.

1. **Wong, F. K. D.**, Lee, E., & Cheng, S. Y. P. (2013). *Cognitive-behavioural therapy for parenting stress and emotions*, City University Press. (**refereed**, In Chinese)
2. **Wong, F. K. D.** (2013). *Cognitive-behavioural therapy manual on depression for professionals and their clients*, Institute of Cognitive Therapy Hong Kong. (In Chinese)
3. **Wong, F. K. D.** (2013). *Cognitive-behavioural therapy manual on anxiety problems for professionals and their clients*, Institute of Cognitive Therapy Hong Kong. (In Chinese)
4. **Wong, F. K. D.**, Poon, A., & Liu, M. (2010). *An emotion management group manual for professionals working with Chinese-speaking parents with children with developmental disabilities*, Chinese Community Social Services Centre Inc. and The University of Melbourne (In English and Chinese)
5. **Wong, F. K. D.** (2008). *A client’s workbook in Cognitive Therapy for people with depression*. Centre for Cognitive-Behavioral Therapy Education and Training for

- Chinese People, Department of Social Work and Social Administration, The University of Hong Kong. (In Chinese)
6. Yu, R., **Wong, F.K.D.** & Chan, V. (2007). *Depression: A cognitive therapy booklet for the general public*. Translated from the English version of the same book written by Beck's Institute (In Chinese)
 7. **Wong, F. K. D.**, & Sun, Y. K. S. (March, 2007) (2nd ed., 5th print). *Managing your anxiety: A cognitive therapy self-help manual*. Hong Kong: Joint Publishing Co. (In Chinese and simplified Chinese versions)
 8. **Wong, F. K. D.** (January, 2006). *Clinical case management for people with mental illness: A bio-psychosocial vulnerability-stress model*. New York: Haworth Press. (**Refereed, Citations = 8**). This book was favorably reviewed by three academics and appeared in:
 - i. **Dr. Soo Lee, *British Journal of Social Work*, 37, 3, 588-589, 2007**
 "This book offers a theoretical framework of the Vulnerability Stress model and employs cognitive behavioural approach as an effective intervention strategy for common and severe mental health disorders. It has been structured in a logical sequence, assisting the reader to have an overview of the focus before the application of the theory and practice.
Although the background of the book is set in Hong Kong and the case examples provided are apparently of Chinese origin, the author has skilfully conveyed the application of cognitive behavioural therapy to a group of people from a different cultural background. The clinical case examples provided afford mental health workers valuable lessons in case management"
 - ii. **Dr. Elizabeth Randall, *Families in Society*, 88, 2, 326-328, 2007**
 "This text reads like a primer for beginning behavioural health professionals from a variety of disciplines, potentially including social work, counseling and human services. Written primarily for students in Hong Kong, much of the contents is nevertheless applicable internationally....
 The author makes a good case for the particular blend of theoretical elements he has chosen to incorporate into the model, and gives a clear description of how the practitioner's work could be strengthened"
 - iii. **Dr. Kristine Haertl, *Psychiatric Rehabilitation Journal*, 30, 4, 319-325, 2007**
 "Daniel Fu Keung Wong's Clinical Case Management for People with Mental Illness: A Biopsychosocial Vulnerability-Stress Model, a user friendly book with practical applications for academicians and clinical practitioners, enhances our understanding of psychiatric hospital and community based clinical practice. The combination of theory, practice, and clinical expertise provides a biopsychosocial clinical framework for both students and clinicians"
 9. **Wong, F. K. D & Yu W. M. R.** (November, 2006). *Clinical case management for people with mental illness: A bio-psychosocial vulnerability-stress model (An expanded Chinese Version)*. Hong Kong: Chinese University Press (**Refereed, In Chinese**). This book was favorably reviewed by:
 - i. **Dr. Edwin Lee, *Hong Kong Journal of Psychiatry*, 17, 32, 2007**
 "The author successfully delivers the theory and practical experience of clinical case management for people with mental illness using a biopsychosocial vulnerability-stress model. Its broad coverage provides an overview for mental health professionals who want to start practising clinical case management or have an interest in the biopsychosocial vulnerability-stress model..... The translation is fluent and easy to read. This Chinese edition is a useful reference for the psycho-education of mentally ill persons and their family members"
 10. **Wong, F. K. D. et al.**, (2005) (2nd ed., 9th print). *Getting out of the abyss of depression: A cognitive therapy self- help manual*. Hong Kong: Joint Publishing Co. (In Chinese and simplified Chinese versions, over 10000 copies sold)
 11. **Wong, F. K. D.**, & Sun, Y. K. S. (2003). *Emotional management: A cognitive-behavioral group approach manual*. Hong Kong: Hong Kong University Press. (refereed, In Chinese, 2nd print, over 8000 copies sold)

Book chapters

1. **Wong, F. K. D.** (2013). Social Work in Mental Health. In W. S. Chow and Y. C. Chan (eds.), *Introduction to Social Work: An expanded version*, pp.210-228. Hong Kong: Hong Kong Commercial Press.
2. **Wong, F. K. D.** (2012). Lecture notes on cognitive-behavioural therapy. In 信思金 & 李俊 (eds.), *Lectures notes*, pp. 201-211. Wuhan: Wuhan University of Technology Press.
3. Lau, Y., & **Wong, F. K. D.** (2008). Predictors of Antenatal depressive symptoms among Chinese women: A two-wave prospective longitudinal study. In W. Hansson and E. Olsson (eds.), *New Perspectives in Women and Depression*. New York: Nova Sciences Publishers (Book Chapter).

Monographs (C = citations)

1. **Wong, F.K.D.** (2013). *A Report on the Effectiveness of Cognitive Behavioural Therapy for Problem Gamblers* (Monograph), Caritas Social Services of Hong Kong, Hong Kong (25 pages).
2. **Wong F. K. D.** (2013). *A Report on the Effectiveness of Cognitive Behavioural Therapy for Youth with Psychosis and Depression* (Monograph), Baptist Oi Kwan Social Services of Hong Kong (32 pages).
3. **Wong F. K. D.** (2013). *A Report on the Effectiveness of Cognitive Behavioural Therapy for Elderly Pain Management and Emotional Distress in Youth* (Monograph), Yan Oi Tong Social Services (65 pages).
4. **Wong F. K. D.** (2013). *A Report on Anxieties of Junior Primary School Students in Hong Kong* (Monograph), Tung Wah Groups of Hospitals (78 pages).
5. **Wong F. K. D.** (2013). *A Report on Evaluation of CBT Groups and Case Management Services for Participants of Wellness Centres of Mental Health Association of Hong Kong* (Monograph), Mental Health Association of Hong Kong (220 pages).
6. **Wong, F.K.D.** & Pan, J. Y. (2012). *A Report on The Effectiveness of Mental Health First Aid in Promoting Mental Health Literacy among Chinese in Hong Kong* (Monograph), Mental Health Association of Hong Kong, Hong Kong (45 pages).
7. **Wong, F.K.D.** (2012). *A Report on the Effectiveness of Cognitive Behavioural Coaching in Improving Parenting Stress and Mental Health of Parents with Children with Disabilities in Hong Kong* (Monograph), Caritas Social Services of Hong Kong, Hong Kong (82 pages).
8. **Wong, F.K.D.**, Lam, Y.K. & staff of Baptist Oi Kwan Social Service (2011). *Survey on Caregiver Stress and Quality Of Life and Expectation towards Community Mental Health Services* (Monograph), Baptist Oi Kwan Social Service. (52 pages)
9. **Wong, F. K. D.**, Lo, S., & Tung Wah Groups of Hospitals (2009). *Compulsive Buying Behaviours among Chinese People in Hong Kong: Prevalence, Patterns and Consequences* (Monograph), Tung Wah Groups of Hospitals (42 pages).
10. **Wong, F.K.D.** (2007). *A study of the psychosocial stressors, coping and mental health of mainland Chinese immigrants: Their first two years of experiences in Hong Kong*. Unpublished Doctor of Philosophy Thesis, La Trobe University, Melbourne, Australia. (256 pages) (C = 17)
11. Wong, P. K. S. & **Wong, F.K.D.** (2007). Disability. In J. C. B. Leung (ed.), *Envisioning Social Welfare: Our Shared Future*, commissioned by the Central Policy Unit of the Government of the Hong Kong Special Administrative Region, Hong Kong. (16 pages)
12. **Wong, F. K. D.**, Leung, S. S. K. and So, C. K. O. (2000). *Nursing Stress, Coping, Burnout and Mental Health of Nurses in Hong Kong* (Monograph), Division of Social Studies, City University of Hong Kong. (93 pages)

13. **Wong, F. K. D.**, Chan, C. L. W., Law, C. K., and Au, T. Y. W. (2000). *The Utilization Patterns, Functions and Outcomes of Medical Social Services at Accident and Emergency Department in Hospitals in Hong Kong: A Preliminary Study*, (Monograph Series No. 37), Department of Social Work and Social Administration, The University of Hong Kong. (30 pages)
14. Ip, B., Kwok, S., Leung, S, and **Wong, F. K. D.** (1996). *Enhancing Learning Effectiveness of Mature Students*, (Monograph), Division of Social Studies, City University of Hong Kong. (40 pages)
15. Hong Kong Council of Social Services (1993). *An Exploratory Study on Sheltered Employment of Psychiatrically Disabled Persons in Hong Kong* (Monograph), Hong Kong Council of Social Services, Hong Kong. (30 pages)
16. **Wong, F. K. D.** (1991). *The Study of Chronic Strains, Coping and Mental Health of Caregivers of the Mentally Ills*. Unpublished Master Thesis, Chinese University of Hong Kong, Hong Kong. (180 pages)

Conference paper presentation

1. Zhuang, X.Y. & **Wong F.K.D.** (2014). *Risk and resilience of Chinese rural-to-urban migrant adolescents: in comparison with urban adolescents*. 28th International Congress of Applied Psychology, France.
2. Kwan, A., & **Wong, F.K.D.** (2014). *Attributional style and job disengagement among Chinese migrant workers in Mainland China*. 28th International Congress of Applied Psychology, France.
3. Lau, P. & **Wong, F.K.D.** (May, 2013). *Reconstruction of cognition and restoration of relationships – CBT group for problem gamblers*. Conference on Visioning the Future – Partnership in Building a Relational Society, Hong Kong.
4. Patrick Lau & Wong, F. K. D. (December, 2013).
5. Chiang, V., Leung, S. & **Wong, F.K.D.** (July, 2012). *Brief cognitive-behavioral education program for main family carers of patients in intensive care units: A randomized controlled trial*, Sigma Theta Tau International's 23rd International Nursing Research Congress, Brisbane, Australia.
6. Kwok, S., & **Wong, F.K.D.** (July, 2012). *Relationship of mothers' parenting, their experiences of fathering involvement and marital satisfaction*, Social Work Social Development 2012: Action and Impact, Stockholm, Sweden.
7. **Wong, F.K.D.** & He, X.S. (July, 2012). *Cultural influence on Shanghai Chinese's help seeking for mental health problems: Implications for social work practice*. Social Work Social Development 2012: Action and Impact, Stockholm, Sweden.
8. Leung, SSK., **Wong, F.K.D.**, Lee, AM, Lam, SK, Chiang, VCL, Yung, C. (2011). *Efficacy of a brief cognitive-behavioral intervention on pregnant women to prevent postnatal depression*. 1st World Congress of Obstetrics, Gynecology and Andrology, April, 2011, London, United Kingdom.
9. **Wong, F.K.D.** & He, X.S. (2011). *Depression literacy among Chinese in Shanghai, China: A comparison with Chinese-speaking Australians in Melbourne and Chinese in Hong Kong*. International Conference of Social Work and Social Policy, Shanghai, East China University of Science and Technology, China.
10. Kwok, S., **Wong, F.K.D.** & Li, Ben (2011). *Relative importance of personal and family correlates of fathering behavior among Chinese Fathers in Hong Kong*. International Conference of Social Work and Social Policy, Shanghai, East China University of Science and Technology, China.
11. **Wong, F.K.D.** & He, X.S. (August, 2011). *A comparison of female migrant workers' mental health in four cities in China*. 3rd World Congress of Asian Psychiatry, Melbourne, Australia.

12. **Wong, F.K.D.** (December, 2011). *Knowledge transfer activities in humanities and social sciences: What are they?* Knowledge Exchange Conference, Hong Kong.
13. **Wong, F.K.D.** (2010). *Rural migrant workers in urban China: living a marginalised life*, 2010 Joint World Conference in Social Work, Hong Kong
14. **Wong, F.K.D.** (2010). *The application of cognitive behavioral group treatment for parents with children with disabilities in Hong Kong: A sharing and reflection on our clinical experience*, 2010 Joint World Conference in Social Work, Hong Kong
15. **Wong, F. K. D.** (2010). *Mental health literacy among Chinese-speaking Australians in Melbourne, Australia: Implications for mental health promotion among overseas Chinese*, 6th Conference in Social Work in Health and Mental Health, Dublin, Ireland.
16. **Wong, F. K. D.** (2010). *Children of migrant workers in Shanghai, China: Stresses and strengths*, 6th Conference in Social Work in Health and Mental Health, Dublin, Ireland.
17. **Wong, F. K. D.** (2010). *Evaluating the effectiveness of a randomized waitlist control cognitive-behaviour group treatment for Chinese-speaking parents with children with disabilities in Melbourne, Australia*, 2010 World Cognitive Behavioural Therapy Conference, Boston, USA.
18. **Wong, F. K. D.** (2010). *The process of indigenizing Cognitive Behavioural Therapy for Chinese people: Sharing of our 5 years of experience*, 2010 World Cognitive Behavioural Therapy Conference, Boston, USA.
19. Huang, D. & **Wong, F.K.D.** (2010). *"Factors associated with aged care utilisation among the Chinese-speaking elderly in Australia"*, 8th National Conference of Emerging Researchers in Ageing, Melbourne, Australia.
20. Huang, D. & **Wong, F.K.D.** (2010). *"Older Chinese' attitudes toward ageing and aged care use"*, Federation of Ethnic Communities Councils of Australia (FECCA) 2009 Conference, 29-30 October 2009, Shepparton, Australia.
21. Huang, D., Ozanne, E., Harms, L. & **Wong, F.K.D.** (2010). *Understanding factors associated with the elderly Chinese immigrants' use of aged care services in Australia*, Changing Health Dublin Conference, 28 June- 2 July 2010, Ireland.
22. Tsang, L.Y. P. & **Wong, F.K.D.** (2010). *Evaluating the effectiveness of cognitive-behavioral treatment for Chinese elderly in Hong Kong - A preliminary study*. 18th Annual Congress of Gerontology, November, 27, 2010, Hong Kong.
23. **Wong, F. K.D.** (2009). *Rural-to-urban migrant workers in China: Benefits and costs of moving to the cities*, 2009 Melbourne Conference on China, Melbourne, Australia.
24. **Wong, F. K.D.** (2009). *Evaluating the efficacy of cognitive-behaviour group treatment for Chinese-speaking parents with children with disabilities: A preliminary study*, 2009 AACBT National Conference, Perth, Australia.
25. Leung, S., Mak, Y. W., Chiang, V., Chui, C., Sun, S., & **Wong, F. K. D.** (2008). *Health promotion program for secondary school teachers in managing their work-related stress*, 19th International Nursing Research Congress Focusing on Evidence-Based Practice, Singapore. (Presented by first author)
26. **Wong, F. K. D.** (2008). *Crucial individuals in the help-seeking pathway for Chinese caregivers of relatives with early psychosis in Hong Kong*. 6th International Conference on Early Psychosis, Melbourne, Australia.
27. **Wong, F. K. D.** (2008). *The efficacy of cognitive-behavioral therapy group for a community sample of Chinese people with depression in Hong Kong*, 5th World Congress of Psychotherapy, Beijing, China.
28. **Wong, F. K. D.** (2007). *The effectiveness of cognitive-behavioral therapy group for Chinese people with social anxiety in Hong Kong: Further analysis*, World Congress of Behavioural and Cognitive Therapies, Barcelona, Spain.
29. **Wong, F. K. D.** (2007). *Correlates of mental health of rural-urban migrant workers in Shanghai, China*, World Psychiatric Association International Congress 2007, Melbourne, Australia.

30. **Wong, F. K. D.** (2006). *The effectiveness of cognitive-behavioral therapy group for Chinese people with social anxiety in Hong Kong: A preliminary study*, 1st Asian CBT Conference, Hong Kong, China.
31. **Wong, F. K. D.** (2006). *Crucial individuals in the pathway to care for people with early psychosis in Hong Kong*. World Psychiatric Congress, Istanbul, Turkey.
32. **Wong, F. K. D.** (2006). *Clinical case management for people with depression: A bio-psychosocial stress-vulnerability model*, 5th International Conference on Health and Mental Health, Hong Kong SAR.
33. **Wong, F. K. D.** (2006). Pre-conference skills workshop (3 hours), *Cognitive-behavioral therapy for Chinese people with social phobia in Hong Kong: What and how to do it?*, 5th International Conference on Health and Mental Health, Hong Kong SAR.
34. **Wong, F. K. D.** (2004). *Help-seeking pathway of caregivers with relatives suffering from early psychosis in Hong Kong*, 4th International Conference on Health and Mental Health, Quebec, Canada
35. **Wong, F. K. D.** (2004). *A study on the effectiveness of cognitive therapy for people with emotional disorders: a pre-test and post-test controlled trial*, 4th International Conference on Health and Mental Health, Quebec, Canada.
36. **Wong, F. K. D.** (with Jourbert, L. & Meadows, G., Feb, 2003,). *Caring for the seriously mentally ill: Similarities and differences in Hong Kong and Australia*, International Conference on Mental Health, Melbourne, Australia.
37. **Wong F. K. D.** (July, 2001). *Mental health of mainland Chinese immigrant and local - born youth in Hong Kong: A comparison*. 3rd International Conference on Social Work in Health and Mental Health, Finland. (Poster presentation).
38. **Wong, F. K. D.** & Staff of Medical Social Services, Kwong Wah Hospital (May, 2000). *Factors Affecting Employment of Persons with End Stage Renal Failure*. Hospital Authority Conference, Hong Kong. (Poster presentation)
39. **Wong, F. K. D.** & Tse, J. P. D. (1999). *Prevention in Mental Health: A Profile of Service Users of The Mental Health Telephone Counselling Service in Hong Kong*. Beijing: Maple Women's Association, Beijing, China.
40. Kwok, S., **Wong, F. K. D.**, Ip, B. & Leung, S. (1996). Difficulties and patterns of social support of mature college students in Hong Kong - implications for services. *Conference Proceedings of Joint Work Congress of International Federation of Social Workers and International Association of Social Work*. Hong Kong, 306-308.
41. **Wong, F. K. D.** (1995). A preliminary report on the evaluation of mental health telephone counselling services run by the Mental Health Association of Hong Kong. *Conference Proceedings of Fifth International Conference: Counselling in the 21 Century*. Hong Kong, 189-195.

Invited Lectures/Symposium/Plenary Speech (Conference Invitation = C, Institutional invitation = I)

I was invited as a keynote and plenary speaker and a clinical specialist by 51 academic institutions and conferences to present my works on CBT and mental health issues in Australia, China, Hong Kong, Macau, Singapore and the United States. Many of the invitations involved having me as a speaker and a trainer to conduct workshops on CBT and mental health issues.

Overseas

1. Mental Health Professional Network, Melbourne, Australia (June, 2015). Invited speaker, “Are Chinese carers different from other carers: Examining it through a cultural lens (I)
2. Chinese Community Social Service Centre, Melbourne, Australia (November, 2013). **Invited speaker**, 2 days training in CBT in Melbourne, Australia. (I)
3. Chinese Workers’ Network, Melbourne, Australia (September, 2013). **Invited speaker**, “Resilience in Chinese families”, Melbourne, Australia. (I)
4. Chinese Community Social Service Centre, Melbourne, Australia (August, 2011). **Invited speaker**, 3 days training in CBT for Chinese mental health workers in Melbourne, Australia. (I)
5. Chinese Community Social Service Centre, Melbourne, Australia (August, 2011). **Invited speaker**, 3 days training in CBT in Melbourne, Australia. (I)
6. Sun Yat-sen Center for Migration Health Policy and The United Nation Research Institute for Social Development, Guangzhou, China (June, 2011). **Invited speaker**, 2 day workshop on “Migration and Health in China”. (C)
7. Chinese Community Social Service Centre, Melbourne, Australia (December, 2010). **Invited speaker**, 2 days training in CBT for Chinese mental health workers in Melbourne, Australia. (I)
8. Chinese Workers’ Network, Melbourne, Australia (July, 2009). **Invited speaker** to talk about “Mental health literacy of Chinese-speaking Australians, Australian and the Japanese people: A comparative study”. (I)
9. Southern Health Social Workers In-Service Training (July, 2009). **Invited speaker** on “Cognitive-therapy for Chinese people”, Melbourne, Australia. (I)
10. St. Vincent’s Hospital Social Work Unit, Melbourne, Australia (September, 2009). **Invited speaker** on “Cultural issues in working with Chinese people: Their clinical implication”. (I)
11. Manningham Council, Melbourne, Australia (October, 2008). **Invited speaker** on “Mental health of Chinese people: Implications for cultural sensitive practice, Melbourne, Australia”. (I)
12. UC-Berkeley, California, USA (April-May, 2005). **Invited speaker**, as a Fulbright scholar, to give a series of lectures to staff and students on “Chinese cultural values and mental health and Help-seeking pathway of Chinese caregivers with relatives suffering from mental illness”. (I)
13. The University of Melbourne, Victoria, Australia (May-June, 2002). **Invited speaker**, as a Universitas 21 fellowship holder, invited to give a series of lectures to staff and students on “How cultural issues such as health beliefs of the Chinese people affect family burdens and mental health of carers and the strengths and limitations of conducting cross-cultural comparison study”. (I)
14. ASEAN Inter-University Seminar (June, 2001). **Invited speaker**, to give a lecture on “Culture and Mental Illness”. (C)

Hong Kong

1. Caritas Social Services (May, 2013). **Invited speaker**, workshop on “Application of cognitive-behavioural therapy for handling of stressful emotion for parents with special needs children in Conference on Visioning the Future – Partnership in Building a Relational Society. (C)
2. Baptist Oi Kwan Social Services (November, 2012). **Invited speaker**, Symposium of Child and Youth Mental Health in Conference on Mental Health in the City – Making Impact. (C)
3. Mental Health Association of Hong Kong, Hong Kong (November, 2011). **Invited speaker**, counseling theories for mental health first aid instructors. (I)

4. Advanced Institute of Cross-Disciplinary Studies, City University of Hong Kong, Hong Kong (June, 2011). **Invited speaker**, “Mental health across disciplines”. (C)
5. School Social Work, Lutheran Social Services of Hong Kong, Hong Kong (October – November, 2011). **Invited speaker**, case management for adolescents with mental health problems in the school settings, 3 consecutive talks. (I)
6. Hong Kong Wide Caregivers Forum 2010 (November, 2010). **Invited speaker**, given a lecture to family members and professionals on the “Quality of Life of Chinese Caregivers with Relatives Suffering from Mental Illness”. (C)
7. Joint World Conference on Social Work and Social Development (June, 2010). **Invited speaker**, half day workshop for professionals on —Theoretical and practice issues in indigenizing cognitive therapy for use with Chinese people: reflection and implications for practice. (C)
8. Conference on Promoting Community Mental Health, Caritas Social Services, Hong Kong (December, 2009). **Invited plenary speaker**, in the plenary session on — Early identification of mental health problems. (C)
9. Conference on Promoting Community Mental Health, Caritas Social Services, Hong Kong (December, 2009). **Invited speaker**, half day workshop for professionals on —The indigenization of cognitive therapy for Chinese people: reflection and implications for practice. (C)
10. The First Joint International Conference of the Hong Kong College of Psychiatrists and the Royal College of Psychiatrists (UK) (December, 2008). **Invited speaker**, in the symposium on — Mood Disorders and Suicide. (C)
11. The World Federation on Mental Health, (August, 2007). **Invited plenary speaker** of — Cultural Conception of Mental Illness among Chinese in Hong Kong: Stability versus Fluidity, Hong Kong, China. (C)
12. The World Federation on Mental Health (August, 2007). **Invited speaker** on evaluating a case management model for people with serious mental illness in Hong Kong. (C)
13. Department of Psychiatry, The University of Hong Kong, (January, 2007). **Invited speaker**, a talk on Cognitive therapy for people with social phobia: preliminary findings. (I)
14. Third Hong Kong Wide Conference for Carers of the Mentally Ills, Baptist Oi Kwan Social Service (October, 2007). **Invited speaker** on carers of the mentally ill. (C)
15. 5th International Conference in Health and Mental Health (December, 2006). **Plenary speaker** at the parallel symposium of the 5th International Conference in Health and Mental Health. The topic is —Changing Chinese cultural conceptions of mental health and mental illness: Implications for cultural sensitive practices. (C)
16. 5th International Conference in Health and Mental Health (December, 2006). **Invited discussant** of the **plenary session** on —Synergetic integration of policy and practice in health and mental health presented by Professor Peter Huxley of the University of Wales, UK and Professor Zhang Xiu Lan of Beijing Normal University, China. (C)
17. Number One Psychiatric Hospital in Shanghai (2006). **Invited speaker** on — Community mental health service models: Overseas and Hong Kong experiences. Presented to psychiatrists, nurses and social workers at the Number One Psychiatric Hospital in Shanghai, China. (I)
18. International Forum on Community Psychological Medicine (October, 2006). **Invited speaker**, on mental disorders and social problems in Hong Kong, China. (C)
19. Hong Kong Wide Caregivers Forum (November, 2003). **Invited speaker**, given a lecture to family members and professionals on the Changing roles of caregivers with relatives suffering from mental illnesses in Hong Kong. (C)
20. The Annual Scientific Symposium 2003 of the Hong Kong Schizophrenia Research Society (November, 2003). **Invited speaker**, given a lecture to psychiatrists and mental

- health professionals on —A study of the factors influencing the help-seeking behaviours of caregivers with relatives suffering from early psychosis in Hong Kong. (C)
21. Hospital Authority (April, 2002). **Invited speaker and organizer**, coordinated and taught a 2-day workshop on — Suicide prevention for professional social workers. (I)
 22. Social Welfare Department (February, 2002). **Invited speaker and organizer**, coordinated and taught a 3-days workshop on — Suicide prevention for professional social workers. (I)
 23. Social Welfare Department (2001-2004). **Invited speaker and organizer** — Certificate course for welfare workers working in the rehabilitation service settings in Hong Kong. (I)

China

1. 5th Asian Cognitive Behaviour Therapy Conference, Nanjiang (May, 2015). **Invited speaker**, CBT for Chinese: its applications and cultural adaptations. (I)
2. 5th Asian Cognitive Behaviour Therapy Conference, Nanjiang (May, 2015). **Invited trainer**, Master Clinician, CBT for Chinese people. (I)
3. United International College, Beijing Normal University and Baptist University (May, 2013). **Invited speaker**, CBT for youths with emotional problems. (I)
4. Sixth Hospital of Hebei Province, Hebei, China (August, 2012). **Invited speaker**, 3 day training in CBT for psychiatrists and counselors to provide cognitive therapy training. (I)
5. Remin University, Beijing, China (January, 2012). **Invited speaker**, 2 day training for social work teaching staff on designing and implementing courses on “Clinical Social Work Practice” and CBT. (I)
6. General hospital, Chengdu, China (January, 2012). **Invited speaker**, 2 day training for nursing staff on the use of CBT for women with antenatal depressive symptoms. (I)
7. Columbia University (International Association of Cognitive Behavioural Therapists) and Beijing Suicide Prevention Centre, Beijing, China (February, 2011). **Invited speaker**, 3 day training in CBT for psychiatrists, psychologists and counselors in Beijing to provide cognitive therapy training. Trainees came from different parts of China. (I)
8. Remin University, Suzhou Campus, China (June, 2011). **Invited speaker**, on “Clinical Social Work Practice”. (I)
9. East China University of Science and Technology, Shanghai, China (October, 2010). **Invited speaker**, 2 days training in CBT for social work students and counsellors in Shanghai. (I)
10. (May, 2009), **invited speaker**, a one-week training course to train health care professionals in Shanghai to use cognitive therapy to work with their clients, *East China University of Science and Technology*, Shanghai, China. (I)
11. East China University of Science and Technology, Shanghai, China, (August, 2008). **Invited speaker**, a 2-day workshop to train health care professionals in Shanghai to use cognitive therapy to work with their clients. (I)
12. 5th World Congress for Psychotherapy, Beijing, China. (October 2008). **Invited speaker**, a 3-evening workshop on —Cognitive-behavioural for Chinese with depression. (I)
13. International Association of Cognitive Behavioural Therapists (August, 2007). **Invited trainer** to provide cognitive therapy training for psychiatrists and psychotherapists at Beijing, China. Trainees came from different parts of China. (I)
14. East China University of Science and Technology, Shanghai, China (October, 2007). **Invited keynote speaker** at the symposium on social work in mental health of the

International Conference on: “Knowledge, Policy and Service: A Dialogue between East and West on Social Work” October 28 ~ 29, 2007. (C)

Macau

1. Macau Psychological Association, Macau (June, 2009). **Invited speaker**, one and a half day workshop to train probation officers in Macau to use cognitive therapy to work with people with emotional problems. (I)
2. Richmond Fellowship, Macau (June, 2009). **Invited speaker**, one and a half day workshop to train mental health workers of the Richmond Fellowship of Macau to use cognitive therapy to work with people with emotional problems. (I)
3. Macau Psychological Association, Macau (December, 2008). **Invited speaker**, 3-day workshop to train health care professionals in Macau to use cognitive therapy to work with people with emotional problems. (I)

Other academic activities

<p>I have been quite involved in mental health academic activities and served as chair, coordinator and scientific committee chair and member of various mental health and CBT conferences and symposiums. I had also been an associate editor of Social Work in Mental Health for 7 years. Since 2007, I have been invited for about 40 times by refereed journals and academic bodies to review articles and research proposals, such Social Science and Medicine, BMC Psychiatry, and British Journal of Social Work.</p>
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International and regional conference organizing

1. **Symposium Chair**, 5th Asian Cognitive Behaviour Therapy Conference, Nanjiang (May, 2015). CBT in action in Hong Kong (II)
2. **Local advisor**, 8th International Congress of Cognitive Psychotherapy, June, 2013
3. **Program Organizer and Chair**, symposium on “Knowledge Transfer and Social Enterprise”, April, 2012 (separate the local from the international)
4. **Program Chair**, 2-day workshop on CBT for Psychosis delivered by Professor Philippa Garety, Institute of Psychiatry, London, England, co-run with Institute of Cognitive Therapy, November, 2011
5. **Program Chair**, 1 day workshop on low intensity CBT for people with depression and anxieties, delivered by Professor David Richards of Exeter University, April, 2011
6. **Plenary Chair**, Mental Health Across Nations, International Conference of Social Work and Social Policy, Shanghai, East China University of Science and Technology, China, June, 2011
7. **Program coordinator**, symposium on social work in mental health of the International Conference on Knowledge, Policy and Service: A Dialogue between East and West on Social Work, October 28 – 29, 2007, East China University of Science and Technology, Shanghai, China, 2007
8. **Core member**, International Network of Health and Mental Health, 2003-2007
9. **Co-Chairman, Scientific Committee**, 5th International Conference on Health and Mental Health, Hong Kong, December, 2006
10. **Scientific Committee Member**, CRN 10th Anniversary Conference (Facilitating the vetting of papers submitted to the conference), 2005
11. **Scientific Committee Member**, CRN, 5th Anniversary Conference (Facilitating the vetting of papers submitted to the conference), 2000

Editorial or editorial board membership

1. **Associate Editor**, Social Work in Mental Health, USA (2005-2012)
2. **Editorial Board member**, Hong Kong Journal of Social Work, HK (2009)
3. **Invited Joint Editor** of the special issue of the 2006 Health and Mental Health conference articles (2009)
4. **Invited Editor** for the special issue of the Newsletter of the Academy of Cognitive Therapists (Mid 2009).

Guest reviewers of articles/book/thesis (Since 2007)

1. Journal of Social Work, UK
2. British Journal of Social Work, UK
3. Hong Kong Journal of Social Work, Hong Kong
4. Social Psychiatry and Psychiatric Epidemiology, USA
5. Clinical Social Work Journal, USA
6. Reviewer of a book —International Social Health Care Policy, Programs and Studies, published by The Haworth Press, USA
7. Demography, USA
8. International Journal of Geriatric Psychiatry, UK
9. BMC Health Services Research, UK
10. Behavioural and Cognitive Psychotherapy, UK
11. Vulnerable Children and Youth Studies, UK
12. Acta Psychiatrica Scandinavica, Scandinavia
13. Public Health, UK
14. Journal of Immigrant and Minority Health, USA
15. International Journal of Psychology, UK
16. European Psychologist, EU
17. Australian Psychologist, AUS
18. Social Science and Medicine, UK
19. British Journal of Sociology
20. European Child & Adolescent Psychiatry, Europe
21. Polytechnic University of Hong Kong, Department of Applied Social Sciences, PhD thesis, Hong Kong
22. BMC Psychiatry, UK
23. Asian Journal of Psychiatry
24. International Journal of Social Welfare, USA
25. Plos One
26. Social Work in Mental Health
27. Journal of Urban Studies
28. International Perspective in Psychology
29. Journal of Ethic and Cultural Diversity in Social Work
30. Culture, Medicine and Psychiatry

Grant reviewers for competitive grants:

1. GRF grant proposal, 2010-11
2. Health and Health Service Research Grant, 2011
3. Public Policy Research, 2011-12

Teaching

I enjoy and am good at teaching. I received The Outstanding Teaching Award from the Department of Social Work and Social Administration, the University of Hong Kong in 2000. In my past few years of teaching at City University of Hong Kong, my average teaching scores always ride on the “Excellent” range (an average 6.2 out of 7). I facilitated 12 students to complete their PhD and MPhil theses. Six of them are now teaching at various universities in China, Hong Kong and Singapore. A few of them received fellowships and awards during their studies.

Primary teaching responsibilities

1. Advanced (Clinical) Social Work Practice (Bachelor of Social Work)
2. Issues and Interventions in Mental Health (Bachelor and Master of Social Work)
3. Community Mental Health Policies and Practices (Master of Social Sciences, Mental Health)
4. Assessment and Interventions in Mental Health (Master of Social Sciences, Mental Health)
5. Cognitive-Behavioural Interventions (Master of Social Work and Master of Social Sciences, Mental Health)
6. Problem-based Learning (Master of Social Work)
7. Social Work Practice Research (Bachelor and Master of Social Work, University of Melbourne)
8. Social Work with Mental Health (Bachelor and Master of Social Work, University of Melbourne)
9. Social Work Research and Evaluation (Current, City University of Hong Kong)
10. Cognitive-Behavioural Interventions (Current, City University of Hong Kong)
11. Mental Health Counselling/Issues and Interventions in Mental Health (Current, City University of Hong Kong)

Mphil and PhD Student Supervision

1. PhD student, Miss Dolly Huang (Current), Chinese elderly’s access to health care services in Melbourne, Australia (as supervisor and co-supervisor, University of Melbourne)
2. PhD student, Miss Zhuang Xiao Yu, (Completed, 2015), Mental health and adolescent migrants. **Recipient of the Best Research Student Award, City University of Hong Kong, 2013.**
3. PhD student, Mr Lu Nan (Completed, 2013), Elderly in China (as co-supervisor, HKU)
4. PhD student, Miss Catherine Chung Lai Ping (Completed, 2012). Gambling research (as supervisor and co- supervisor, HKU)
5. PhD student, Miss Chang Ying Li (Completed, 2011). Mental health and work stress of rural-urban migrant workers (as supervisor and co-supervisor, HKU)
6. Mphil student, Miss Chen Hao (Completed, 2010). Mental health of caregivers in mainland China (as supervisor and co-supervisor)
7. PhD student, Miss Pan Jiayan (Completed, 2009). Mental health of mainland postgraduate students in Hong Kong (as thesis advisor). **Recipient of the Endeavor Fellowship, 2008** (as supervisor)
8. PhD student, Miss Lau Ying (Completed, 2006). Depression during pregnancy and postpartum in Hong Kong Chinese population. **Recipient of the Sir Edward Youde Scholarship, Hong Kong, 2005** (as supervisor)
9. PhD student, Mr. Tim Sim (Completed, 2005). The dynamics of family relationship in male adolescent drug rehabilitation (as supervisor)

10. Mphil student, Miss Fong Kit Wah (Completed, 2004). How parenting stress and social support affect the demand of respite care services of caregivers having children with mental handicaps in Hong Kong (as supervisor)
11. Mphil student, Miss Phyllis Wong (Completed, 2004). Evaluating a staff development programme using an interpersonal-environment approach in facilitating self-determination of adults with intellectual disabilities in Hong Kong - A pretest-posttest control group design (as supervisor)
12. PhD student, Mr. He Xuesong (Completed, 2004) Dynamics of social networks: The personal experiences of female Chinese immigrants in their first year of resettlement in Hong Kong (**Associate Dean, Faculty of Social Science, east China University of Science and Technology**) (as supervisor)
13. PhD student, Miss Wu Xiang Shu (Completed, 2002) Illness perception and coping among older adults with coronary heart disease: a study at acute and convalescent stage (co-supervisor)
14. PhD student, Miss Li Hong (Completed, 2002) College stress and psychological well-being: vision in life as coping resource (co-supervisor)

Knowledge Transfer

Since the establishment of a CBT research and training unit in 2007, my colleagues and I have been engaging in running CBT training workshops and clinical supervision for professionals in the fields of social work, occupational therapy, nursing and physiotherapy. The objectives of this research and training unit are: (1) develop evidence-based and culturally relevant CBT models for Chinese clients, (2) set standards for clinical competence in CBT practice for Chinese clients, (3) train practitioners in acquiring culturally-attuned CBT theories and techniques. As we are the only organization in Hong Kong which is providing such culturally attuned CBT practice, our training and clinical supervision have been well sought after. Over 30 training workshops (one to three days in duration) have been organized. In addition, we have also been providing one to two years clinical supervision for agency staff and professionals who are interested in pursuing a certification as a cognitive behaviour therapist. Professionals who completed the training are issued certificates in CBT (Level I and II). Such workshop and clinical supervision have been run in Australia, China, Hong Kong and Macau by our unit or through agency sponsorship. Lastly, between 2010 and 2013, we have provided 12 public seminars in Hong Kong with about 2000 participants benefitting from these seminars. Over 200 clients have received individual and/or group counselling from our unit during the same period of time.

Professional training in CBT (workshops)

1. Education Department (July, 2015): This is a group of educational psychologists in the Education Department who are interested in applying CBT to work the school-aged children and youth (35 professionals)
2. Education Department (July, 2014): This is a group of educational psychologists in the Education Department who are interested in applying CBT to work the school-aged children and youth (30 professionals)
3. Hospital Authority (September, 2013) – 1-Day CBT workshop for nurses undertaking training in community psychiatric nursing (60 professionals)
4. Caritas Social Services – Pre-school section of The Rehabilitation Division (September, 2013), book launch and sharing of CBT skills in working with parents with children with disability (90 professionals)

5. Hong Kong Counseling Association (September, 2013), CBT for people with emotional problems (21 professionals)
6. Social Welfare Department, Training Section (February, 2013), this is a group of colleagues of different agencies who are interested in applying CBT to work the elderly in variety of settings (60 professionals)
7. Education Department (February, 2013): This is a group of educational psychologists in the Education Department who are interested in applying CBT to work the school-aged children and youth (100 professionals)
8. Boys and Girls Club of Hong Kong (January, 2013): This is a group of colleagues of the agency who are interested in applying CBT to work the children and youth in variety of settings (40 professionals)
9. Hospital Authority (November, 2012) – 2-Day CBT workshop for nurses undertaking training in community psychiatric nursing (83 professionals)
10. The Friends of Scouts Hong Kong – Youth Division (September, 2012), CBT for working with youths (2012)
11. Hospital Authority (November, 2011) – 2-Day CBT workshop for nurses undertaking training in community psychiatric nursing (80 professionals)
12. Institute of Advanced Nursing Studies, Hospital Authority (November – December, 2011) – 3-Day CBT workshop for registered nurses (psychiatric) (45 professionals)
13. Caritas Social Services – Pre-school section of The Rehabilitation Division (April, 2011), Sharing/report-back on the use of CBT in working with parents with children with disability in their service units (40 professionals)
14. Caritas Social Services – Elderly Division (June, 2010), Sharing/report-back on the use of CBT in working with elderly in their service units (40 professionals)
15. Yan Oi Tong – Elderly and Youth services (October, 2010), CBT theories and skills – Refresher course, 2 day workshop (45 professionals)
16. Caritas Social Services –Elderly Division (June, 2009), —The use of cognitive therapy to work with elderly with emotional problems, 2 day workshop (85 professionals)
17. Caritas Social Services - Open forum for all professionals (June, 2009), CBT group on emotional management for stressful parents with or without disabled children, half-day forum (80 professionals)
18. Yan Oi Tong, (2008), — CBT in working with the elderly with emotional problems – work in progress, Hong Kong, (45 professionals)
19. Caritas Social Services –Elderly Division (December, 2008) —The use of cognitive therapy to work with elderly with emotional problems, 2 day workshop
20. Tung Wah Groups of Hospital (2007), — CBT for working with people with compulsive buying (25 professionals)
21. Tung Wah Groups of Hospital (2007), — CBT for working with youth in school setting, 1 day workshop (30 professionals)
22. Salvation Army (2007), — CBT for working with youth (40 professionals)
23. Caritas Hong Kong (2007, 2008), — CBT for working with people with depression, (40 professionals)
24. Yan Oi Tong, (2004, 2006), — CBT in working with the elderly with emotional problems, Hong Kong (40 professionals)
25. Salvation Army (February, 2004), — Cognitive Therapy for treating elderly with depression, for social workers (40 professionals)
26. Mental Health Association of Hong Kong (February, 2004), — Cognitive Therapy for treating people with schizophrenia, for social workers (60 professionals)
27. Hospital Authority (February, 2003), —Cognitive therapy and chronic mental patients, lectures for Psychiatric nurse (80 professionals)

28. Hong Kong Occupational Therapy Association (October, 2003), — A two-day workshop on the applications of cognitive therapy for persons with mental illness (60 professionals)
29. Tung Wah Groups of Hospitals, Social Services (December, 2003), — Cognitive Behavioral Interventions for social workers (45 professionals)
30. Hong Kong Social Workers' Association (August, October, December, 2003), "Clinical applications of cognitive therapy in working with clients" (40 professionals)
31. Hong Kong Social Workers' Association (August, 2001), "Clinical applications of cognitive therapy in working with clients" (60 professionals)

Certificate training (China, Hong Kong, Macau, 9-month to 1 year training, including supervision)

Hong Kong

1. Trainee group (2015, Level II), This is the third batch of the 12-month training on CBT – ongoing
2. Trainee group (2015, Level II), This is the first batch of the 12-month training on CBT for trainees with Master in Counselling degree – ongoing
3. Trainee group (2015, Level I), This is the fifth batch of the 12-month training on CBT – ongoing
4. Trainee group (2014, Level I), This is the fourth batch of the 12-month training on CBT – completed
5. Trainee group (2014, Level II), This is the second batch of the 12-month training on CBT – ongoing
6. Trainee group (2013, Level I), This is the third batch of the 12-month training on CBT – completed
7. Trainee group (2012, Level I), This is the second batch of the 12-month training on CBT – completed
8. Trainee group (2012, Level II), This is the first batch of the 12-month training, on CBT – completed
9. Trainee group (2011, Level I): This is the first batch of the 12-month training on CBT – completed
10. Trainees group (2010), This is the first batch of the trainees of our 9-month training programme on CBT – completed
11. Trainees group (2009), This is the 2nd batch of the trainees of our 9-month training programme on CBT - completed
12. Trainees group (2009), This is the 3rd of the trainees of our 9-month training programme on CBT - completed
13. Trainees group (2008), This is the fourth batch of the trainees of our 9-month training programme on CBT - completed
14. Trainees group (2008), This is the fifth batch of the trainees of our 9-month training programme on CBT - completed
15. Trainees group (2007), This is the sixth batch of the trainees of our 9-month training programme on CBT – completed

16. Trainees group (2007), This is the seventh batch of the trainees of our 9-month training programme on CBT – completed
17. Trainees group (2006), This is the eighth batch of the trainees of our 9-month training programme on CBT – completed

China

1. Beijing Trainees group: These are professionals in psychiatry and psychotherapy in Beijing. Ongoing individual supervision was provided for them (5 professionals, 2013, completed)

Macau

1. Macau Trainees group (#3): This is the second batch of trainees of our 9-month training programme on CBT in Macau. (10 professionals, 2012, completed)
2. Macau Trainees group (#2): This is the second batch of trainees of our 9-month training programme on CBT in Macau (10 professionals, 2011, completed)
3. Macau Trainees group (#1): This is the first batch of trainees of our 9-month training programme on CBT in Macau. (10 professionals, 2010, completed)

Australia, Melbourne

1. Chinese Australian professionals who are interested to take our Level I CBT training in Melbourne, and are receiving monthly supervision via webcam (6 professionals, 2015, ongoing)
2. Chinese Australian professionals who had completed our CBT training in Melbourne, and had received monthly supervision via webcam (5 professionals, 2012, completed)

Clinical supervision (agency sponsorship)

1. Baptist Oi Kwan Social Services (rehabilitation division). This is a group of colleagues of Baptist Oi Kwan who are interested in applying recovery model and CBT to work with their clients with mental health problems. (2014-2015, ongoing)
2. Hong Kong Federation of Youth Groups (outreaching social work team). This is a group of colleagues who are interested in applying CBT to work with adolescents with delinquent behaviours (2013-2014, ongoing)
3. Hong Kong Children and Youth Services. This is a group of colleagues who are interested in applying CBT to work with adolescents (2014, ongoing)
4. Community Rehabilitation Network. This is a group of colleagues who are interested in applying CBT to work with adolescents with delinquent behaviours (2014, ongoing)
5. Tung Wah group (school social work). This is a group of colleagues who are interested in applying CBT to work with children and adolescents with anxiety problems, 2014-2015, ongoing)
6. Lutheran Social Services (school social work): This is a group of colleagues of the agency who are interested in applying CBT to work the youth in school setting (2013, completed)
7. Down's Syndrome Association. This is a group of colleagues who are interested in applying CBT to work with parents with disabled children (2012-2013, completed)

8. Mental Health Association of Hong Kong, Wellness Centre (psychiatric rehabilitation). This is a group of colleagues who are interested in applying CBT to work with their clients with mental health problems (2012-2013, completed)
9. Baptist Oi Kwan Social Services. This is a group of colleagues of Baptist Oi Kwan who are interested in applying CBT to work with their clients with mental health problems. (2011-2013, completed)
10. Caritas Social Services (elderly services): This is a group of colleagues who are interested in applying CBT to work with the depressed elderly (2011-2013, completed)
11. Yan Oi Tong Social Services (school social work). This is a group of colleagues of Yang Oi Tong Social Services who are interested in applying CBT to work with youth with emotional concerns in schools (2011-2013, completed)
12. Caritas group (rehabilitation division): This is a group of colleagues of Caritas Social Services who are interested in applying CBT to work with parents with disabled children. (2008-2012, completed)
13. Yan Oi Tong Social Services (elderly services). This is a group of colleagues of Yang Oi Tong Social Services for the Elderly who are interested in applying CBT to work with the depressed elderly (2007-2013, completed)

Public seminars (Since 2010)

1. Centre for Holistic Health, Melbourne, Australia, public seminar on Health and Mental Health (March, 2015, around 30 participants)
2. Centre for Holistic Health, Melbourne, Australia, workshop on CBT for emotion management (May to June, 2015, 3 sessions, around 25 participants)
3. Institute of Cognitive Therapy of Hong Kong, CBT for emotional problems (July, 2014, 3 sessions, around 30 participants)
4. Polytechnic University of Hong Kong, Student Affairs Office, CBT for youth with emotional problems (February, 2013, 120 participants)
5. Family Welfare Society of Hong Kong – Integrated CBT and Positive Psychology Practice for the general public (January – March 31, 2012) – 3 workshops, each one is 4 sessions, 3 hourly per session (25 participants per workshop)
6. CBT on emotion management for parents (January 2011, 240 participants)
7. CBT on emotion management for parents (April 2011, 50 participants)
8. CBT on emotion management for parents (April 2011, 108 participants)
9. CBT on emotion management for teachers (November 2010, 210 participants)
10. CBT on emotion management for teachers (December 2010, 150 participants)
11. CBT on emotion management for people with chronic illnesses (June, 2011, 120 participants)
12. CBT on emotion management for parents and teachers (March 2010, 250 participants)
13. CBT on emotion management for parents and teachers (April 2010, 180 participants)
14. CBT on depression for the general public (October 2010, 220 participants)
15. CBT on anxiety disorders for the general public (October 2010, 160 participants)

Community consultancy

1. Advisor, “Smiley Activation Project”—Community/Home-Based Treatment for the Elderly, Hong Kong Family Welfare Society (2015-2017)

2. Chairman, Institute of Cognitive Therapy (Hong Kong) Limited, ongoing
3. Chairman, Centre for Holistic Health (Australia), ongoing
4. Clinical consultant, Community Rehabilitation Network (Giving advice and supervision on designing and implementing cognitive-behavioural therapy for chronic patients), ongoing
5. Founding member, The Hong Kong Early Psychosis Intervention Society, ongoing
6. Member, Mental Health Review Tribunal (Assessing suitability of discharge of mental patients from hospitals), completed
7. Executive Committee Member, The Mental Health Association of Hong Kong (Providing consultancy to policy and service development of the agency), completed
8. Convenor, Supported Housing Project for the Ex-mentally Ills (Establishing this new service model in Hong Kong), completed
9. Committee Member, Community Education and Counseling Services, The Mental Health Association of Hong Kong, completed
10. Advisor, Happy-Together Self-Help Group For People with Depression, completed

Press conference/newspaper column (Since 2010)

1. (July, 2014), Mental health first aid, 1 news coverage
2. (April, 2014), Mental health and positive attitudes of carers with relatives suffering from serious mental illnesses, 5 news coverage
3. (June, 2014), Mental health and positive attitudes of carers with relatives suffering from dementia and other old age problems, 3 news coverage
4. (September, 2013), Anxieties of children of junior primary schools in Hong Kong, 7 news coverage in the newspapers
5. (June, 2013), Parenting stress and CBT, Hong Kong Radio Broadcast
6. (September, 2011), Axe murders raise doubts over China's mental healthcare system, The National, UAE
7. (May, 2011), Mental health literacy of Hong Kong Chinese, newspaper, http://video.mingpao.com/cfm/heal4.cfm?File=20110526/head01/HET20110511_512x288.txt
8. (May, 2011), Parental stress and CBT, Economic Daily
9. (March, 2011), Mental health of Chinese and mental health services in Hong Kong, BBC Radio Broadcast, <http://www.bbc.co.uk/programmes/p002vsvw>
10. (November, 2010), Caregivers' burdens and the New ICCMW centres, Hong Kong Radio Broadcast
11. (October, 2010), Quality of life of caregivers with relative suffering from severe mental illness in Hong Kong, newspapers and ATV news

Professional Memberships

1. Certified Cognitive Therapist at the Academy of Cognitive Therapist, USA
2. Registered Social Worker, Hong Kong, Hong Kong
3. Registered Social Worker, AASW, Australia
4. Accredited Mental Health Social Workers, AASW, Australia
5. Registered Clinical Psychologist, New Zealand
6. Registered Clinical Psychologist, Australia

7. Registered Clinical Psychologist, Association of Hong Kong Doctors of Clinical Psychologists, Hong Kong

Dated: September 2015