

Curriculum Vitae

Paul, Wai-Ching WONG, *D.Psyc.(Clinical), M.Psyc.(Clinical), B.Soc.Sci.(Psyc.)(Hons),
B.Soc.Sci.(Psyc.)*

Associate Professor, The Department of Social Work and Social Administration, The
University of Hong Kong, Hong Kong SAR. (since 2013)

Clinical Psychologist and Training Consultant, Centre for Suicide Research and Prevention,
The University of Hong Kong, Hong Kong SAR. (2003-2010)

2 May 2017

Summary of the Curriculum Vitae (data is updated on 5 May 2017)

1. h-index: **20** (Google Scholar)
2. i10-index: **36** (Google Scholar)
3. Number of times cited: **1252** (Google Scholar)
4. Publications appeared in International peer-reviewed journals: **65** (published/In press), **2** (submitted), & **3** (in progress)
5. Academic prizes and awards: **3**
 - **Outstanding Research Output in 2012-13 (Applied Research)** awarded by the Faculty of Social Sciences, The University of Hong Kong;
 - **Outstanding Project and Presentation** awarded by the HKEC Symposium in Community Engagement (2010), organized by the Hong Kong East Cluster, Hospital Authority (Role: Principal Investigator and presenter); and
 - Asian Silver Innovation Award awarded by the Asian Wall Street Journal (2005). “**Ten Healthy Websites**” and “**Most Creative Website Award**”, 2006, 2007, 2008 and 2009 **Meritorious Websites Award** awarded by the Office for Film, Newspaper and Article Administration, HKSAR. “Little Prince is Depressed” website. (Role: Lead content provider and editorial committee member).
6. Editorial board membership: **3**
 - British Journal of Interdisciplinary studies (2014-present);
 - International Journal of Social Issues (2013-present);
 - Suicidology (2010-1012)
7. Keynote, Plenary, and Invited Speeches in International Conferences (since 2006): **8**

- **2 Keynote** speeches in Korea and Thailand, **2 Plenary** speeches in Korea and Taiwan, and **4 Invited** speeches in Hong Kong, SAR

8. Research grant record (2006 - present)

- Peer-reviewed external competitive grants (since 2010): 10
 - General Research Fund: **1 award as PI** in 2011 on aborted suicide attempt; **3 awards as Co-Is** in 2013 on postnatal depression, in 2011 on application of Blog mining technique in suicide and attempted suicide cases, in 2010 on depression prevention and promotion.
 - Health Care and Promotion Fund: **1 award as PI** (on community-based suicide prevention programme); **1 as Co-I** (on e-learning mental health promotion game through Facebook)
 - Health Care Research Fund: **1 award as Co-I** (on post-natal depression intervention using telephone-based cognitive-behavioural therapy)
 - Jockey Club Charity Trust: **1 award as PI** on ethnic minority young people in Hong Kong and **2 award as Co-Is** on parental well-being of people with Autistic Spectrum Disorders; and mental health of elderly people in Hong Kong
- Internal grants funded by HKU (since 2010): **7 (HKD493,206)**
 - Seed Funding for Basic/Applied Research: **3 awards as PI** (on suicide notes, non-suicidal self-injury, pet loss bereavement) ; **4 awards as Co-Is** (youth mental health related issues)
- Other research grants and contract research (from 2006): **15 (HKD57,027,016)**
 - **1 award as PI** (on dementia caregiving), **1 award as Co-PI** (on mental health issues among working population), and **13 awards as Co-Is** (on mental health related issues)

9. Mentoring of junior staff

- Post-doctoral fellows: **2** as co-supervisors (since 2014)

Key achievements in Teaching and Learning

Teaching models: Experiential Learning and Evidence-Based Practices

10. Involvement in curriculum development and teaching innovations:

- As **Programme Coordinator** of the **Bachelor of Social Sciences (BSS, Counselling and Social Work and Social Administration)**: no. of students majoring or minoring = 240 (as of 14 August 2015) (since 2013)
- As **Deputy Director** of the **Master of Social Sciences (MSS, Counselling)**: no. of enrolling students = 128 (as of 18 August 2015) (since 2010)

11. Pedagogical development in undergraduate and postgraduate courses:

- **Revamped** the BSS (Counselling) programme structure to better match with the needs and expectations of the students (since 2013)
- **Developed** the “Practice Research in Human Services” course of the MSS (Counselling) programme and introduced more evidence-based practices information and training in the curriculum (since 2011)
- **Included an Experimental Learning** component in the “Journey into Madness” common core course (since 2015)

12. Primary teaching responsibilities:

- Core course for BSS (major in Counselling): SOWK1012 “*Communication and Counselling Skills in Everyday Life*” with about 120 students per year
- Common Core Course for undergraduate students from all faculties: CCHU9022 “*Journey into Madness*” with about 120 students per year
- Core Course for MSS (Counselling): SOWK6040 “*Practice Research in Human Services*” with about 70 students per year
- **Teaching effectiveness of the above courses:** $\bar{x} = 76.2$ (record for 2013-2015; no. of students per course = 94.5; Department’s average was 76.5)

13. Academic supervision:

- Research postgraduate students: **7**
 - As primary supervisor: **3 full-time** (1 graduated in August 2015 and have taken up a Postdoctoral Fellowship at LKS faculty of Medicine of The University of Hong Kong; 2 are expecting to graduate in 2016, 2017)
 - As co-supervisor: **2 full-time** and **2 part-time** (all continuing)

Key achievements in Professional and Community Services

Service profession and areas: Suicide Prevention, Mental Health, and Clinical and Counselling Psychology

14. Service responsibilities to the Department, the Faculty, and the University

- Member, Strategic Research Theme (SRT)’s Psychosocial Study of Ageing (since 2014)
- University Information Technology Taskforce (2012-13)
- Department Management Committee & Research Postgraduate Committee (since 2012)
- Academic advisor for BSS undergraduate and MSS postgraduate students (since 2010)

15. Services to the profession and community

- National Representative (Hong Kong) of the International Association for Suicide Prevention (2010-2015)
- Honorary Research Fellow of The Hong Kong Police College, The Hong Kong Police Force (since 2015)
- Council Member of the Hong Kong Psychological Society (since 2010)
- Research Fellow of the Centre for Suicide Research and Prevention (since 2010), and Centre on Ageing (since 2013), The University of Hong Kong

Academic Qualifications

1. Doctor of Psychology (Clinical), Bond University, Australia, 2006 (Thesis Title - Risk factors for suicide in adults 30-49: a case-controlled psychological autopsy study in Hong Kong.)
2. Master of Psychology (Clinical), Bond University, Australia, 2003 (Thesis Title - The relationships of attachment, caregiving, and sexuality in adult romantic relationships.)
3. Bachelor of Social Sciences in Psychology (Honours), Bond University, Australia, 1998, Scholarship awarded (Thesis Title - An investigation of the relationship between coping strategies, hopelessness, loneliness and suicidal ideation)
4. Bachelor of Social Sciences in Psychology, Bond University, Australia, 1996, Scholarship awarded, Awarded for Vice-Chancellor's List three times and Dean's List three times and for academic excellence.

Professional Qualifications

1. Associate Fellow and Approved Supervisor, The Hong Kong Professional Counselling Association (HKPCA) (since 2012).
2. Member, The Australian Psychological Society's (APS) College of Clinical Psychologists (since 2006) and The Hong Kong Psychological Society's (HKPS) Division of Clinical Psychology (since 2015).
3. Associate Fellow and Registered Psychologist - The Hong Kong Psychological Society (HKPS) (since 2005).
4. Member, The Australian Psychological Society (APS) (since 2003).
5. Australian Board of Psychologist - Registered Psychologist (since 2000).

Post-qualification Training

1. Animal Assisted Therapy Distance Learning Programme, Consortium for Animal Assisted Therapy, University of North Texas (to be completed by end of 2015)
2. Certificate of Teaching and Learning in Higher Education (stage I and II), by Centre for the Advancement of University Teaching, The University of Hong Kong (2007-08).

3. Loving Outreach to Survivors of Suicide International Training Seminar, Catholic Charities of the Archdiocese of Chicago, United States (October, 2006).
4. Summer Research Institute in Suicide Prevention, Centre for the Study and Prevention and Prevention of Suicide, University of Rochester, United States (June, 2004).

Professional Work Experience

1. Clinical Psychologist and Training Consultant, The HKJC Centre for Suicide Research and Prevention, The University of Hong Kong, Hong Kong S.A.R. (2003-2010).
2. Clinical Psychologist (Full-time Internship), Acute Psychoses Young Adult Ward, Gold Coast Hospital - Robina Campus, Gold Coast, Australia. (2002).
3. School Psychologist (Part-time Internship), Education Department Queensland Government, Queensland, Australia. (Aug 2001 to Nov 2001).
4. Clinical Psychologist (Part-time Internship), Palm Beach Currumbin Private Hospital Queensland, Australia. (Jan 2001 to Dec 2001).
5. Clinical Psychologist (Part-time Internship) Bond University Psychology Clinic, Bond University, Queensland, Australia. (May 2000 to May 2001).

Academic and Professional Work Experience

1. Assistant Professor, Department of Social Work and Social Administration, The University of Hong Kong, Hong Kong SAR. (2010-2016).
2. Programme Co-ordinator of B.Soc.Sci (Social Work and Social Administration, and Counselling) program, The University of Hong Kong, Hong Kong SAR. (Since 2013).
3. Deputy Director of M.Soc.Sci. (Counselling) program, The University of Hong Kong, Hong Kong SAR. (Since 2010).

RESEARCH and SCHOLARSHIP

A. Journal Publications

All of my 63 publications appeared in peer-reviewed academic journals with impacts factors, mainly in the psychiatry field. All of them were generated from about HKD60 million research funds. There are 8 invited speeches and 30 conference presentations.

There are 4 awards. I am the primary supervisor for 2 PhD students and secondary supervisor for 4 PhD students.

Please note that in the following list, postgraduate PhD student co-author is underlined, post-doctoral fellow co-author is indicated by asterisk (), graduate student co-author is indicated by hash (#). Corresponding or senior authorship is italicised.*

A1. Published

- A1.1. Ngai, F. W., Wong, P. W. C., Chung, K. F., & Leung, K. Y. (2017). The effect of a telephone-based cognitive behavioral therapy on quality of life: a randomized controlled trial. Archives of Women's Mental Health (on line first).
- A1.2. Wong, P. W., Kwok, N. C., Michel, K., & Wong, G. K. (2017). The Methodology and Research Participation Experiences of Participants in the Aborted Suicide Attempt Study. Psychology, 8, 59-76.
- A1.3. Li, T. M., Liu, L., & Wong, P. W. (2017). Withdrawal experience and possible way-outs from withdrawal behavior in young people. Qualitative Social Work, 1473325016688369.
- A1.4. Arat, G., & Wong, P. W. C. (2017). The relationship between physical activity and mental health among adolescents in six middle-income countries: A cross-sectional study. Child & Youth Services, (just-accepted).
- A1.5. Arat, G., & Wong, P. W. (2016). The relationship between parental involvement and adolescent mental health in six sub-Saharan African countries: findings from Global School-based Health Surveys (GSHS). International Journal of Mental Health Promotion, 18(3), 144-157.
- A1.6. Zhu, S., Tse, S., Goodyear-Smith, F., Yuen, W., & Wong, P. W. (2016). Health-related behaviours and mental health in Hong Kong employees. Occupational Medicine, kqw137.
- A1.7. Zhu, S., Tse, S., Tang, J., & Wong, P. (2016). Knowledge, attitudes and behaviors associated with mental illness among the working population in Hong Kong: a cross-sectional telephone survey. International journal of culture and mental health, 9(3), 313-325.
- A1.8. Huen, J. M., Lai, E. S., Shum, A. K., So, S. W., Chan, M. K., Wong, P. W., ... & Yip, P. S. (2016). Evaluation of a Digital Game-Based Learning Program for Enhancing Youth Mental Health: A Structural

Equation Modeling of the Program Effectiveness. *JMIR Mental Health*, 3(4).

- A1.9. Arat, G., Liu, L. L., & **Wong, P. W.** (2016). Culturally Relevant Protective and Risk Factors of Youth Risk Behaviors Among Pakistani and Indian Students in Hong Kong A Focus Group Study. *Journal of Transcultural Nursing*, 1043659616668397.
- A1.10. Law, Y. W., Yip, P. S., Lai, C. C., Kwok, C. L., **Wong, P. W.**, Liu, K. S., ... & Wong, T. W. (2016). A Pilot Study on the Efficacy of Volunteer Mentorship for Young Adults With Self-Harm Behaviors Using a Quasi-Experimental Design. *Crisis*.
- A1.11. **Wong, P.W.C.**, Yu, R.W.M., Li, T.M.H., Lai S.L.H., Ng H.Y.H., Fan W.T.W. (accepted). Efficacy of a multicomponent intervention program with or without animal-assisted therapy for enhancing self-esteem, employability, and reducing interaction anxiety of socially withdrawn youths in Hong Kong – a pilot study. *Society and Animals, (Impact factor – ; No. of times cited 0; Contribution 25%)*
- A1.12. Ngai, F. W., **Wong, P. W. C.**, Chung, K. F., & Leung, K. Y. (2016). The effect of telephone-based cognitive-behavioural therapy on parenting stress: A randomised controlled trial. *Journal of Psychosomatic Research*, 86, 34-38. *(Impact factor – 2.736; No. of times cited 0; Contribution 20%)*
- A1.13. **Wong P.W.C.**, Lau, K.C.T., Liu, L. *, Yuen, G.S.N., & Poon, W.L. (2016). Beyond recovery: Understanding the post-bereavement growth from companion animal loss. *Omega. (Impact factor – 0.414; No. of times cited 0; Contribution 40%)*
- A1.14. Eliza S.Y. Lai, Chi-Leung Kwok, **Wong, P.W.C.**, King-wa Fu, Yik-Wa Law, & Paul, S.F. Yip. (2016). Effectiveness and sustainability of a universal school-based programme for preventing depression in Chinese adolescents: a follow-up study. *PLoS ONE 11(2): e0149854. doi:10.1371/journal.pone.0149854 (Impact factor – 1.098; No. of times cited 0; Contribution 40%)*
- A1.15. Li, Lili[#], Shimin Zhu^{*}, Nick Tse, Samson Tse, & **Wong, P.W.C.** (2016). Effectiveness of motivational interviewing for adolescents with illicit drug use: Systematic review and meta-analysis. *Addiction, 11(5), 795-805. (Impact factor – 4.829; No. of times cited 0; Contribution 25%)*
- A1.16. Lipinski, K[#]., Liu, L. *, & **Wong, P.W.C.** (2016). The effectiveness of psychosocial interventions implemented after the Indian Ocean

- Tsunami: A systematic review. *International Journal of Social Psychiatry*, 62(3), 271-280. (Impact factor – 1.098; No. of times cited 0; Contribution 40%)
- A1.17. King-wa Fu, **Wong, P.W.C.**, FYW Law, & Paul SF, Yip. (2016). Building a typology of young people’s conventional and online political participation: a randomized mobile phone survey in Hong Kong, China. *Journal of Information Technology and Politics*. (Impact factor – ; No. of times cited 0; Contribution 20%)
- A1.18. Ngai, V. & **Wong, P.W.C.** Leung, K. Y., Chau, P. H., & Chung, K. F (2015). The effect of a telephone-based cognitive-behavioral intervention on postnatal depression: a randomized controlled trial. *Psychotherapy and Psychosomatic*, 84(5), 294-303. (Impact factor – 9.916; No. of times cited 1; Contribution 30%)
- A1.19. Li, T. M. H., & **Wong, P.W.C.** (2015). Pathological social withdrawal during in adolescence: a cultural-specific or a global phenomenon? *Journal of Child Psychology and Psychiatry*, 50(10), 1039-1041. (Impact factor – 6.459; No. of times cited 0; Contribution 40%)
- A1.20. Li, T.M.H., & **Wong, P.W.C.** (2015). Youth social withdrawal behavior (hikikomori): a systematic review of qualitative and quantitative studies. *Australian and New Zealand Journal of Psychiatry*, 49(7), 595-609. Retrieved from <http://dx.doi.org/10.1177/0004867415581179>. (Impact factor 3.765; SSCI2013; No. of times cited 0; Contribution 40%)
- A1.21. Li, T. M. H., **Wong, P.W.C.**, Chan, M., Law, Y. W., Fu, K. W., Chau, M., & Yip, P. S. F. (2015). Sexual and mental health in compensated dating in youth in Hong Kong: An exploratory quantitative study. *Jacobs Journal of Epidemiology and Preventive Medicine*, 1(1):006. (Impact factor -; No. of times cited 0; Contribution 30%)
- A1.22. Li, T. M. H., Chau, M., Sung, W. K., Lee, A., **Wong, P.W.C.**, & Yip, P. S. F. (2015). Design and evaluation of a Facebook game for self-directed e-learning. *Knowledge Management & E-Learning: An International Journal (KM&EL)*. (Impact factor – 1.052; No. of times cited 0; Contribution 30%)
- A1.23. Zhang, Y., Yip, P.S.F., Chang, S.S., **Wong, P.W.C.**, & Law, Y.W. (in press). Associations of changes in risk factors statuses with the incidence and recovery of suicidal ideation. *Crisis: Journal of Crisis Intervention and Suicide Prevention*, 36, 390-398. (Impact factor 1.762; SSCI2013; No. of times cited 0; Contribution 20%)

- A1.24. Tse, S.S.K., Zhu, S.M.*, Chong, H.Y., **Wong, P.W.C.**, & Tsang, S.K.M. (2015). An ecological analysis of secondary school students? Drug use in Hong Kong: A case-control study. *International Journal of Social Psychiatry*, 62(1), 31-40. (Impact factor 1.098; SSCI2013; No. of times cited 0; Contribution 20%)
- A1.25. Law, Y.W., **Wong, P.W.C.**, & Yip, P.S.F. (2015). Health and psychosocial service use among suicides with psychiatric illness. *Social Work*, 60(1), 65-74. (Impact factor 0.877; SSCI2013; No. of times cited 0; Contribution 20%)
- A1.26. Hui A, **Wong, P.W.C.**, Fu KW. (2015). Evaluation of an Online Campaign for Promoting Help-Seeking Attitudes for Depression Using a Facebook Advertisement: An Online Randomized Controlled Experiment. *JMIR Mental Health*, 2(1), e5. (Impact factor: Nil; No. of times cited 0; Contribution 30%)
- A1.27. Tse, S., Tang, J., & **Wong, P.W.C.** (2014). Fortune or foe: the fatal harm caused by a gambling disorder. *Addiction*, 109(12), 2135. (Impact factor 4.894; SSCI2013; No. of times cited 0; Contribution 50%)
- A1.28. **Wong, P.W.C.**, Li, T.M.H., Chan, M., Law, Y. W., Chau, M., Cheng, C., Fu, K. W., Bacon-Shone, J., & Yip, P. S. F. (2014). The prevalence and correlates of severe social withdrawal (hikikomori) in Hong Kong – A cross-sectional telephone-based survey study. *International Journal of Social Psychiatry*. Retrieved from <http://dx.doi.org/10.1177/0020764014543711>. (Impact factor 1.333; SSCI2013; No. of times cited 4; Contribution 45%)
- A1.29. Cheung, K.S.L., Lau, B., **Wong, P.W.C.**, Leung, A.Y.M., Lou, V.W.Q., Chan, G.M.Y., & Schulz, R. (2014). Multicomponent Intervention on Enhancing Dementia Caregiver Well-Being and Reducing Behavioral Problems among Hong Kong Chinese: A translational study based on REACH II. *International Journal of Geriatric Psychiatry*, 30(5), 460-469. (Impact factor 3.086; SSCI2013; No. of times cited 3; Contribution 30%)
- A1.30. Wang C.-W., Chan C. L. W., Mak K.-K., **Wong, P.W.C.**, Ho D., & Ho R. T. H. (2014). Prevalence and correlates of video gaming addiction among Hong Kong adolescents: A pilot study. *The Scientific World Journal*. Retrieved from <http://dx.doi.org/10.1155/2014/874648>. (Impact factor 1.219; SSCI2013; No. of times cited 4; Contribution 20%)

- A1.31. **Wong, P.W.C.** (2014). Active engagement for people bereaved by suicide. *The Lancet Psychiatry*, 1(2), 109. (Impact factor -; SSCI2013; No. of times cited 0; Contribution 100%)
- A1.32. **Wong, P.W.C.**, Lau, H.P.B., Kwok, N.C.F., Leung, A., Chan, M.Y.G., Chan, W.M., & Cheung, S.L.K. (2014). The Well-Being of Community-Dwelling Near-Centenarians and Centenarians in Hong Kong – A Qualitative Study. *BMC Geriatrics*, 14, 63. Retrieved from <http://dx.doi.org/10.1186/1471-2318-14-63>. (Impact factor 2.00; SSCI2013; No. of times cited 0; Contribution 45%)
- A1.33. **Wong, P.W.C.**, Kwok, N.C.F., Tang, J.Y.C., Blaszcznski, A. and Tse, S. (2014). Suicidal ideation and familicidal-suicidal ideation among individuals presenting to problem gambling services: a retrospective data analysis. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 35(4), 219. (Impact factor 1.762; SSCI2013; No. of times cited 1; Contribution 45%)
- A1.34. Hui, A.K.Y, **Wong, P.W.C.**, Fu, K.W. (2014). Building a model for encouraging help-seeking for depression: a qualitative study in a Chinese society. *BMC Psychology*, 2(1), 9. Retrieved from <http://dx.doi.org/10.1186/2050-7283-2-9>. (Impact factor -; SSCI2013; No. of times cited 2; Contribution 30%)
- A1.35. **Li, T.M.H.**, Chau, M, Yip P.S.F., & **Wong, P.W.C.** (2014). Temporal and computerized psycholinguistic analysis of the blog of a Chinese adolescent suicide. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 35(3), 167-175. (Impact factor 1.762; SSCI2013; No. of times cited 3; Contribution 25%)
- A1.36. Pompili, M., Innamorati, M., Di Vittorio, C., **Wong, P.W.C.**, Lester, D., Yip, P. S. F., Girardi, P. and Amore, M. (2014). Unemployment as a risk factor for completed suicide: a psychological autopsy study. *Archives of Suicide Research*, 18(2), 181-192. (Impact factor 1.639; SSCI2013; No. of times cited 4; Contribution 15%)
- A1.37. **Wong, P.W.C.**, Caine, E. D., Lee, C. K., Beautrais, A., & Yip, P. S.F. (2014). Suicide by jumping from a height in Hong Kong: a review of coroner court files. *Social Psychiatry and Social Epidemiology*, 49(2), 211-219. (Impact factor 2.575; SSCI2013; No. to times cited 3; Contribution 50%)
- A1.38. Fu, K.W., Cheng, Q., **Wong, P.W.C.**, and Yip, P.S.F. (2013). Responses to a self-presented suicide attempt in social media. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 34(6), 406.

(Impact factor 1.762; SSCI2013; No. of times cited 6; Contribution 30%)

- A1.39. Yousuf, S. Beh, P., and **Wong, P.W.C.** (2013). Attitudes towards suicide following an undergraduate suicide prevention module – Experience of medical students in Hong Kong. *Hong Kong Medical Journal*, 19(5), 377-385. (Impact factor 0.872; SSCI2013; No. of times cited 1; Contribution 40%)
- A1.40. **Li, T.M.H.**, Chau, M., **Wong, P.W.C.**, Lai, Eliza, & Yip, P. (2013). Evaluation of the efficacy of a web-based social network electronic game in enhancing mental health literacy for young people. *Journal of Medical Internet Research*, 15(5), 80e. (Impact factor 4.669; SSCI2013; No. of times cited 7; Contribution 40%)
- A1.41. Cheung, Y.T.D. **Wong, P.W.C.**, Lee, A., Lam, T.H., Fan, Y.S.S., and Yip, P. S. F., (2013). Non-suicidal self-injury and suicidal behavior: prevalence, co-occurrence, and correlates of suicide among adolescents in Hong Kong. *Social Psychiatry and Psychiatric Epidemiology*. (Impact factor 2.575; SSCI2013; No. of times cited 7; Contribution 35%)
- A1.42. **Wong, P.W.C.**, Fu, K. W., Yau, R. S. P., Ma, H. H. M., Law, Y. W., Chang, S. S., & Yip, P. S. F. (2013). Accessing suicide-related information on the internet: a retrospective observational study of search behavior. *Journal of Medical Internet Research*, 15(1). (Impact factor 4.669; SSCI2013; No. to times cited 11; Contribution 45%)
- A1.43. **Wong, P.W.C.**, Fu, K. W., Chan, K. Y., Chan, W. S., Liu, P. M., Law, Y. W., & Yip, P. S. (2012). Effectiveness of a universal school-based programme for preventing depression in Chinese adolescents: A quasi-experimental pilot study. *Journal of Affective Disorders*, 142(1), 106-114. (Impact factor 3.705; SSCI2013; No. of times cited 11; Contribution 40%)
- A1.44. Law, Y.W., **Wong, P.W.C.**, & Yip, P.S.F. (2010). Suicide with psychiatric diagnosis and without utilization of psychiatric service. *BMC Public Health*, 10(1), 431. (Impact factor 2.32; SSCI2013; No. of times cited 12; Contribution 30%)
- A1.45. **Wong, P.W.C.**, Cheung, D. Y., Conner, K. R., Conwell, Y., & Yip, P. S. F. (2010). Gambling and completed suicide in Hong Kong: a review of coroner court files. *Primary Care Companion to the Journal of Clinical Psychiatry*, 12(6), e1-e7. (Impact factor -; No. to times cited 15; Contribution 60%)

- A1.46. **Wong, P.W.C.**, Chan, W.S.C., Beh, P.S.L., Yau, F.W.C., Yip, P.S.F., & Hawton, K (2010). Research participation experiences of informants of suicide and control cases: taken from a case-control psychological autopsy study of people who died by suicide. *Crisis: Journal of Crisis Intervention and Suicide Prevention*, 31(5), 238-246. (Impact factor 1.762; SSCI2013; No. of times cited 4; Contribution 45%)
- A1.47. Fu, K. W., **Wong, P.W.C.**, & Yip, P. S. F. (2010). What Do Internet Users Seek to Know about Depression from web searches? A descriptive study of 21 million web queries. *Journal of Clinical Psychiatry*, 71(9), 1246-1247. (Impact factor 5.139; SSCI2013; No. of times cited 1; Contribution 30%)
- A1.48. Fu, K. W., Chan, W. S., **Wong, P.W.C.**, & Yip, P. S. F. (2010). Internet addiction: prevalence, discriminant validity and correlates among adolescents in Hong Kong. *The British Journal of Psychiatry*, 196(6), 486-492. (Impact factor 7.343; SSCI2013; No. of times cited 119; Contribution 20%)
- A1.49. Yip, P. S., Law, C. K., Fu, K. W., Law, Y. W., **Wong, P.W.C.**, & Xu, Y. (2010). Restricting the means of suicide by charcoal burning. *The British Journal of Psychiatry*, 196(3), 241-242. (Impact factor 7.343; SSCI2013; No. of times cited 51; Contribution 20%)
- A1.50. **Wong, P.W.C.**, Chan, W. S., Conwell, Y., Conner, K. R., & Yip, P. S. (2010). A psychological autopsy study of pathological gamblers who died by suicide. (2010). *Journal of Affective Disorders*, 120(1), 213-216. (Impact factor 3.705; SSCI2013; No. of times cited 28; Contribution 45%)
- A1.51. **Wong, P.W.C.**, Chan, W.S.C., Lau, G.T.K., and Yip, P.S.F. (2009). Suicides by jumping from iconic bridges in Hong Kong. *Crisis: Journal of Crisis Intervention and Suicide Prevention*, 30(2), 79-84. (Impact factor 1.762; SSCI2013; No. of times cited 6; Contribution 70%)
- A1.52. **Wong, P.W.C.**, Liu, P.M.Y., Chan, W.S.C., Law, F.Y.W, Li, H.S.H., Tso, M.K. Yip, P.S.F., & Beautrais, A.L. (2009) An integrative suicide prevention program for visitor charcoal burning suicide and suicide pact. *Suicide and Life-Threatening Behavior*, 39(1), 82-90. (Impact factor 1.403; SSCI2013; No. of times cited 10; Contribution 55%)
- A1.53. **Wong, P.W.C.**, Yeung, A., Chan, W.S.C., Yip, P.S.F., & Tang, A.K.H. (2009). Suicide notes in Hong Kong in 2000. *Death Studies*, 33(4), 372-381. (Impact factor 0.674; SSCI2013; No. of times cited 11;

Contribution 50%)

- A1.54. Chan, S. S., Chiu, H. F., Chen, E. Y., Chan, W. S., **Wong, P.W.C.**, Chan, C. L., et al. (2009). Population-attributable risk of suicide conferred by axis I psychiatric diagnoses in a Hong Kong Chinese population. *Psychiatric services*, 60(8), 1135-1138. (*Impact factor 1.987; SSCI2013; No. of times cited 15; Contribution 15%*)
- A1.55. Chan, W.S.C., Law, C.K., Liu, K.Y., **Wong, P.W.C.**, Law, Y.W., Yip, P.S.F. (2009). Suicidality in Chinese adolescents in Hong Kong: The role of family and cultural influences. *Social Psychiatry and Psychiatric Epidemiology*, 44(4), 278-284. (*Impact factor 2.575; SSCI2013; No. of times cited 34; Contribution 30%*)
- A1.56. Law, C. K., Yip, P. S. F., Chan, W. S. C., Fu, K.W., **Wong, P.W.C.**, & Law, Y. W. (2009). Evaluating the effectiveness of barrier installation for preventing railway suicides in Hong Kong. *Journal of Affective Disorders*, 114(1), 254-262. (*Impact factor 3.705; SSCI2013; No. of times cited 51; Contribution 20%*)
- A1.57. Chan, S. S., Chiu, H. F., Chen, E. Y., Chan, W. S., **Wong, P.W.C.**, Chan, C. L., Law, Y. W., & Yip, P. S. F. (2009). What does psychological autopsy study tell us about charcoal burning suicide—a new and contagious method in Asia? *Suicide and Life Threatening Behavior*, 39(6), 633-638. (*Impact factor 1.403; SSCI2013; No. of times cited 11; Contribution 15%*)
- A1.58. Yip, P.S.F., **Wong, P.W.C.**, Cheung, Y. T. D., Chan, K.S., and Beh, P.S.L. (2009). An empirical study of characteristics and types of homicide–suicides in Hong Kong, 1989–2005. *Journal of Affective Disorders*, 112(1), 184-192. (*Impact factor 3.705; SSCI2013; No. of times cited 19; Contribution 40%*)
- A1.59. Cheung, M.W.L., **Wong, P.W.C.**, Liu, K.Y., Yip, P.S.F., Fan, S.Y.S., & Lam, T.H. (2008). A study of sexual satisfaction and frequency of sex among Hong Kong Chinese couples. *Journal of Sex Research*, 45(2), 129-139. (*Impact factor 2.730; SSCI2013; No. of times cited 23; Contribution 35%*)
- A1.60. **Wong, P.W.C.**, Chan, W.S.C., Chen, E.Y.H., Chan, S.S.M., Law, Y.W., and Yip, P.S.F. (2008). Suicide among adults aged 30–49: a psychological autopsy study in Hong Kong. *BMC Public Health*, 8(1), 147. (*Impact factor 2.32; SSCI2013; No. of times cited 35; Contribution 45%*)
- A1.61. **Wong, P.W.C.**, Chan, W.S.C., & Beh, P.S.L. (2007). What can we do

to help and understand survivors of suicide in Hong Kong? *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 28(4), 183-189. (Impact factor 1.762; SSCI2013; No. of times cited 20; Contribution 50%)

- A1.62. Chan, W.S.C., Yip, P. S. F., **Wong, P.W.C.**, & Chen, E. Y. H. (2007). Suicide and unemployment: what are the missing links? *Archives of Suicide Research*, 11(4), 327-335. (Impact factor 1.639; SSCI2013; No. of times cited 36; Contribution 30%)
- A1.63. Chen, E. Y. H., Chan, W.S.C., Chan, S. S., Liu, K. Y., Chan, C. L., Wong, P. W., **Wong, P.W.C.**, Law, Y.W., & Yip, P. S. F. (2007). A cluster analysis of the circumstances of death in suicides in Hong Kong. *Suicide and Life-Threatening Behavior*, 37(5), 576-584. (Impact factor 1.403; SSCI2013; No. of times cited 24; Contribution 20%)
- A1.64. Chen, E. Y. H., Chan, W.S.C., **Wong, P.W.C.**, Chan, S. S., Chan, C. L., Law, Y. W., Beh, Philip S. L., Chan, K. K., Cheng, Joanne W. Y., Liu, Ka Y., & Yip, P. S. F. (2006). Suicide in Hong Kong: a case-control psychological autopsy study. *Psychological Medicine*, 36(06), 815-825. (Impact factor 5.428; SSCI2013; No. of times cited 88; Contribution 35%)

A2. Submitted or In Progress

- A2.1. Li, T.M.H., Liu, L. * & **Wong, P.W.C.** (in progress). Engaging Socially Withdrawn Youth: Their Perspectives on Withdrawal and Motivation to abstain from Social Withdrawal.
- A2.2. **Wong, P.W.C.**, Kwok, N., Conrad, M., & Wong, G. (submitted). Aborted suicide attempt: a methodological paper.

B. Scholarly Books, Monographs and Chapters

- B1. **Wong, P.W.C.**, Fu, K.-W., & Yip, P. S. F. (2009). A Potential source for data in understanding youth suicide – Instant messages. In L. Sher, and A. Vilens (Eds.), *Internet and Suicide* (pp. 137-152). New York: Nova Science Publishers.
- B2. Fu, K.-W., **Wong, P.W.C.**, & Yip, P. S. F. (2009). Internet and emerging suicide method: A case study of contagion of charcoal burning suicides via the Internet. In L. Sher, and A. Vilens (Eds.), *Internet and Suicide* (pp. 153-168). New York: Nova Science Publishers.

C. Editorship, Invited Lectures, and Keynote Speeches

C1. Editorship

C1.1. Editorial Board Member, British Journal of Interdisciplinary studies (since 2014).

C1.2. Editorial Board Member, International Journal of Social Issues (since 2013).

C1.3. Editorial Board Member, Suicidology (2010-1012).

C2. Keynote speech

C2.1. **Wong, P.W.C.** (17th June 2017). Youth social withdrawal behavior in Asia and Hong Kong. Hong Kong Psychological Society Annual Conference 2017. Invited by the Conference Committee

C2.2. **Wong, P.W.C.** (9th November, 2010). An empirical study of characteristics and types of homicide-suicides in Hong Kong in 1989-2005. 2010 International Conference on Family at risk, invited by the Social Policy Research Centre, National Taiwan University, Taiwan.

C2.3. **Wong, P.W.C.** (10th September, 2008). Why and how setting up a suicide survivor project in Hong Kong? International Symposium of Korean Association Suicide Prevention, invited by the Korean Association Suicide Prevention and Ministry of Health and Welfare, South Korea

C3. Plenary Speech

C3.1. **Wong, P.W.C.** (18th June 2016). What are we doing and lacking of in helping young people bereaved by suicide in Hong Kong? Hong Kong Psychological Society Annual Conference 2016. Invited by the Conference Committee.

C3.2. **Wong, P.W.C.** (10th January 2014). An evaluation study of a universal, Internet-based mental health enhancement programme for adolescents with parental involvement in Hong Kong. Asia Pacific Conference on Applied Positive Psychology 2014. Invited by the Conference Committee.

C3.3. **Wong, P.W.C.** (25th July 2012). Suicide Prevention: The Public Health Approach. International World Suicide Prevention Day Conference, invited by the Khon Kaen Rajanagarindra Psychiatric Hospital, Thai Ministry of Public Health's Department of Health, Thailand.

C3.4. **Wong, P.W.C.** (10th September 2010). Youth suicide and its prevention in Hong Kong. International Conference for Youth Suicide Prevention, invited by the Anyang Youth Suicide Prevention Centre, Anyang, Korea.

C.4. Invited Speech

C4.1. **Wong, P.W.C.** (22nd October 2016). Parenting in the Digital World. International Conference on parenting in the 21st Century. Tung Wah Group of Hospitals. Invited by the Conference Committee.

C4.2. **Wong, P.W.C.** (4th July 2012). School-based programmes for youth depression prevention. The First International Conference on School Guidance in the Chinese Communities, Invited by the HKSAR Education Bureau, Hong Kong.

C4.2. **Wong, P.W.C.** (9 October 2006). Suicide prevention in Hong Kong: a bird's eye view. International Forum on Community Psychological Medicine. Invited by the Conference Committee.

D. Conference Presentations

D1. **Wong, P.W.C.** (July 2017). Recent studies on pathological social withdrawal (a.k.a. hikikomori) during in adolescence and young adulthood in Asia and Hong Kong: do they have any values in other regions? 17th International Congress of European Society for Child and Adolescent Psychiatry. Geneva, Switzerland.

D2. **Wong, P.W.C.** (May 2017). An Assignment-Based Curriculum to Teach Practice Research in Counselling through Systematic Review and Proposal Writing: A Case Study. 4th International Conference on Practice Research, the Polytechnic University of Hong Kong, Hong Kong.

D3. **Wong, P.W.C.** (October 2016). Parenting in the ICT era. International Conference on Parenting in the 21st Century at the University of Hong Kong, Hong Kong.

D4. **Wong, P.W.C.** (November 2016). School dropout: prevention, intervention. And school resuming. Special invitation by the Education Bureau.

D5. **Wong, P.W.C.** (June 2016). From suicidal risk identification to intervention for promoting psychological well-being. 2016 Annual General Meeting Seminar of the Division of Educational Psychology of the Hong Kong Psychological Society.

D6. **Wong, P.W.C.** (June 2015). Understanding Aborted Suicide Attempts: A Mixed-Methods Approach. Paper presented at the XXVIII World Congress of The International Association for Suicide Prevention at University of Quebec, Montreal, Canada.

- D7. **Wong, P.W.C.** (June 2015). A Multidisciplinary Programme to Care People with Suicide and Attempted Suicide in the Eastern District. Paper presented at the XXVIII World Congress of The International Association for Suicide Prevention at University of Quebec, Montreal, Canada.
- D8. **Wong, P.W.C.** (June 2015). Completed Suicide and Suicidal Behaviour among People with Heavy Gambling Behaviours. Paper presented at the XXVIII World Congress of The International Association for Suicide Prevention at University of Quebec, Montreal, Canada.
- D9. **Wong, P.W.C., Li, T. M. H.** (March, 2015). The prevalence and correlates of severe social withdrawal (hikikomori) in Hong Kong –A cross-sectional telephone-based survey study. Paper presented at the World Congress of Asian Psychiatry, Fukuoka, Japan.
- D10. **Li, T. M. H., Yu, R.W.M. & Wong, P.W.C.** (March, 2015). Efficacy of a multicomponent intervention with the inclusion of animals for enhancing self-esteem, employability, and reducing interaction anxiety of social withdrawn youths in Hong Kong –a pilot evaluation study. Paper presented at the World Congress of Asian Psychiatry, Fukuoka, Japan.
- D11. **Wong, P.W.C., & Yousuf, S.** (December, 2014). Self-injurious behavior in Asia. Paper presented at the World Psychiatric Association Regional Congress 2014 at Hong Kong, SAR China.
- D12. **Wong, P.W.C., & Tse, S.S.K.** (December, 2014). Examination of Mental Health Status, Mental Health–related Knowledge, Attitudes, and Behaviours among the Working Population in Hong Kong. Paper presented at the World Psychiatric Association Regional Congress 2014 at Hong Kong, SAR China.
- D13. **Wong, P.W.C., Fu, K.W., Yau, R., Ma, H., Chang, S.S., Law, F., and Yip, P.S.F.** (September, 2013). Accessing suicide-related information on the internet: a retrospective observational study of search behavior. Paper presented at The XXVII World Congress of The International Association for Suicide Prevention at University of Oslo, Norway.
- D14. **Zhang, Y., Yip, P.S.F, Chang, S.S., and Wong, P.W.C.** (September, 2013). Associations of Change in Risk Factor between The Baseline and follow-up assessments with the incidence of suicidal ideation. Paper presented at The XXVII World Congress of The International Association for Suicide Prevention at Oslo, Norway.
- D15. **Law, F., Lai, C., Wong, P.W.C., and Yip, S.F.** (September, 2013). The effectiveness of volunteer mentorship program for young adults with deliberate self-harm behaviors. Paper presented at The XXVII World

- Congress of The International Association for Suicide Prevention at Oslo, Norway.
- D16. Chan, M.K.Y., Law, F., Yip, P.S.F. **Wong, P.W.C.**, Fu, K.W., Li, M.H.T., Chak, G. S., and So, W.K.S. (September, 2013). Evaluation of a pilot online outreach and engagement of at risk youths project in Hong Kong. Paper presented at The XXVII World Congress of The International Association for Suicide Prevention at Oslo, Norway.
- D17. Lai, C., Law, F., **Wong, P.W.C.**, and Yip, P.S.F. (September, 2013). Self-efficacy of volunteer mentors of helping patients with deliberate self-harm behaviors. Paper presented at The XXVII World Congress of The International Association for Suicide Prevention at Oslo, Norway.
- D18. Law, F., Yip, P.S.F, Lai, C., Chow, S.L., Kwok, R.C.L., **Wong, P.W.C.**, and Chang, S.S. (September, 2013). The efficacy of community-based intervention for suicide prevention – a pilot project in Hong Kong. Paper presented at The XXVII World Congress of The International Association for Suicide Prevention at Oslo, Norway.
- D19. Lai, S.Y., Chan, M.K.Y., So, W.K.S, **Wong, P.W.C.**, Law, F., and Yip, P.S.F. (September, 2013). An evaluation study of a universal, internet-based mental health enhancement programme for adolescents with parental involvement in Hong Kong. Paper presented at The XXVII World Congress of The International Association for Suicide Prevention at Oslo, Norway.
- D20. **Wong, P.W.C.**, et al. (Jul 2012). Universal programmes for youth mental health promotion. Paper presented at the 1st International Conference on School Guidance in the Chinese. Hong Kong SAR, P.R. China.
- D21. **Wong, P.W.C.**, et al. (Sep 2011). Suicide by jumping from different sites in Hong Kong from 2002-2009. Paper presented at the World Congress of Suicide Prevention, Beijing, P.R. China.
- D22. **Wong, P.W.C.**, Fu K.W., Yip, S.F. Yip. (Sep 2011). A potential source of data in understanding youth suicide – Instant messages. Paper presented at the World Congress of Suicide Prevention, Beijing, P.R. China.
- D23. Yip, P.S.F., **Wong, P.W.C.**, Cheung, D., Chan, K.S., and Beh, P.S.L. (September, 2010). An empirical study of Homicide-Suicide in Hong Kong 1980-2005. Paper presented at the 2010 International Conference on Family-at-Risk, Taiwan.
- D24. Law, C.K., Yip, P.S.F., Chan, W.S.C., Fu, K.W., and **Wong, P.W.C.** (October, 2008). Evaluating effectiveness of barrier installation for preventing railway suicides in Hong Kong. Paper presented at the 3rd Asia

Pacific Regional Conference of International Association for Suicide Prevention: IASP at Hong Kong Convention and Exhibition Center, Hong Kong.

- D25. **Wong, P.W.C.**, Chan, W.S. C., Lau, G.T.K., and Yip, P.S.F. (October, 2008). Suicides by jumping from iconic bridges for suicide in Hong Kong. Paper presented at the 3rd Asia Pacific Regional Conference of International Association for Suicide Prevention: IASP at Hong Kong Convention and Exhibition Center, Hong Kong.
- D26. **Wong, P.W.C.**, Chan, K.Y.Y., Yau, F.W.S., Law, F.Y.W., and Yip, P.S.F. (October, 2008). A research-intervention project for people bereaved by suicide (PBS) in Hong Kong. Paper presented at the 3rd Asia Pacific Regional Conference of International Association for Suicide Prevention: IASP at Hong Kong Convention and Exhibition Center, Hong Kong.
- D27. Fu, K.W., **Wong, P.W.C.**, Chan, K., and Yip, P.S.F. (October, 2008). Efficacy of a school-based psycho-educational programme using cognitive-behavioral approach: a pilot case-control study in secondary schools. Paper presented at the 3rd Asia Pacific Regional Conference of International Association for Suicide Prevention: IASP at Hong Kong Convention and Exhibition Center, Hong Kong.
- D28. Chan, Y.K., and **Wong, P.W.C.** (October, 2008). Impact of a pilot psycho-educational group based on cognitive-behavioral therapeutic (CBT) approach for people bereaved by suicide in Hong Kong. Paper presented at the 3rd Asia Pacific Regional Conference of International Association for Suicide Prevention: IASP at Hong Kong Convention and Exhibition Center, Hong Kong.
- D29. **Wong, P.W.C.**, Kam, C.P.M., and Yip, P.S.F. (August 2008). Suicide and pathological and problem gambling. Paper presented at the 12th European Symposium on Suicide and Suicidal Behaviour at Glasgow, Scotland.
- D30. **Wong, P.W.C.** (August 2008). What can we do to help and understand people bereaved by suicide in Hong Kong? Paper presented at the 12th European Symposium on Suicide and Suicidal Behaviour at Glasgow, Scotland.
- D31. **Wong, P.W.C.**, Chan, W.S.C., & Beh, P.S.L. (August 2008). The post experience of the psychological autopsy study of suicide in Hong Kong. Paper presented at the 12th European Symposium on Suicide and Suicidal Behaviour, Glasgow, Scotland.
- D32. **Wong, P.W.C.**, Chan, W.S.C., & Beh, P.S.L. (August 2008). What can we do to help and understand survivors of suicide in Hong Kong? Paper

presented at the 12th European Symposium on Suicide and Suicidal Behaviour, Glasgow, Scotland.

- D33. Chan, W.S.C., Law, C.K., Liu, K.Y., **Wong, P.W.C.**, & Yip, P.S.F. (September, 2005). Personal and situational correlates of adolescent suicidal ideation in Hong Kong. Implications of the findings into suicide and its prevention. Symposium conducted at the meeting of the World Suicide Prevention Day, Hong Kong.
- D34. **Wong, P.W.C.**, Liu, P.M.Y., Chan, W.S.C., Law, F.Y.W, Li, H.S.H., Tso, M.K. Yip, P.S.F., & Beautrais, A.L. (2005, September). An integrative community-based prevention programme for charcoal burning suicide and suicide pact. Paper presented at the meeting of the International Association of Suicide Prevention, Durban, South Africa.
- D35. Chen, E.Y.H., Chan, W.S.C., **Wong, P.W.C.**, Chan, S.S.M., Chan, C.L.W., Law, Y.W., Beh, P.S.L., Chan, K.K., Cheng, J.W.Y., Liu, K.Y., & Yip, P.S.F. (2005, August). Suicide in Hong Kong: A case-control psychological autopsy study. Paper presented at the meeting of the International Association of Forensic Sciences, Hong Kong.

E. Creative and Literary Works, Consulting Reports and Case Studies

- E1. **Wong, P.W.C.**, So, H.T.V., Lum, T.Y.S., Cheung, K.S.L., and Chan, G. M.Y. (2015). Practitioner manual for good practice in dementia caregiver services in Hong Kong. (In Traditional Chinese and English). The Hong Kong Council of Social Service.
- E2. As lead content provider and editorial committee member of a deliberate self-harm intervention manual for attempters, and their families. (Since 2013). (In Traditional Chinese). Available at http://csrp.hku.hk/files/70_2502_387.pdf
- E3. As lead content provider and editorial committee member of a depression prevention Facebook game “Ching Adventure) (since 2011). Available at Facebook.
- E4. **Wong, P.W.C.** et al (2010). Viewing the body may not necessarily bring harm to the families of the deceased: an exploratory analysis, British Medical Journal, Rapid Response, accessed at <http://www.bmj.com/rapid-response/2011/11/02/viewing-body-due-suicide-may-not-necessarily-bring-harm-families-deceased->
- E5. As content provider and editorial committee member of a mental health information hub website (since 2009). (In Traditional and Simplified Chinese, and English). Mindmap. Available at www.mindmap.hk

- E6. **Wong, P.W.C.** One of the many people bereaved by suicide in Hong Kong. International Association of Suicide Prevention, Postvention Taskforce Newsletter, 2(5), 2008.
- E7. **Wong, P.W.C.** Suicide survivorship in Hong Kong 101. American Association of Suicidology Newsletter, 20(4), 2008.
- E8. Ng, L.G.C., **Wong, P.W.C.**, & Fu, K.W. (2007). The Belated Dialogues between the Suicides and their Families. (in Traditional Chinese) 留給最愛的話. Hong Kong: Breakthrough
- E9. As lead content provider and editorial committee member of a depression awareness book. (in Traditional Chinese) 憂鬱小王子. Hong Kong: Breakthrough.
- E10. As lead content provider and editorial committee member of a suicide bereavement manual and website for people bereaved by suicide (since 2006). (in Traditional Chinese) Available at <http://csrp.hku.hk/sos/survivor/index.html>
- E11. As lead content provider and editorial committee member of a depression prevention website (since 2003). Little Prince is Depressed. (In Traditional and Simplified Chinese, and English). Available at www.depression.edu.hk

F. Prize and Awards

- F1. Outstanding Research Output in 2012-13 (Applied Research) by the Faculty of Social Sciences, The University of Hong Kong. **Wong, P.W.C.**, Fu, K. W., Chan, K. Y., Chan, W. S., Liu, P. M., Law, Y. W., & Yip, P. S. (2012). Effectiveness of a universal school-based programme for preventing depression in Chinese adolescents: A quasi-experimental pilot study. *Journal of Affective Disorders*, 142(1), 106-114.
- F2. Outstanding Project and Presentation by the HKEC Symposium in Community Engagement (2010), organized by the Hong Kong East Cluster, Hospital Authority (Role: Principal Investigator and presenter).
- F3. Asian Silver Innovation Award by the Asian Wall Street Journal (2005). “Little Prince is Depressed” website. (Role as lead content provider and editorial committee member).
- F4. “Ten Healthy Websites” and “Most Creative Website Award”, 2006, 2007, 2008 and 2009 Meritorious Websites Award. “Little Prince is Depressed” website. (Role as lead content provider and editorial committee member).

G. Research Grants

No.	Project Title	PI/Co-I	Funding source	Funding amount	Period/Status
Externally-funded Research Grants and Projects					
G1.	Project Bridge: 5-Step Method for Promoting the Wellbeing of the Family Members of Substance Abusers and for Motivating Hidden Substance Abusers to Seek Treatment	Co-I	Beat Drugs Fund Association	HK\$1.73 million	Ongoing
G2.	Social Inclusion: Ethnicity – Positive Youth Development for Ethnic Minority Youth in Hong Kong	PI	HK Jockey Club Charities Trust	HK\$3.4 million	Ongoing
G3.	Evaluation Study of “Youth Outreach Jockey Club: Youth Cultural Front Line”	PI	Youth Outreach	HK\$496,981	Ongoing
G4.	JC-Connect: Family Support for People with Autism Spectrum Disorders	Co-I	HK Jockey Club Charities Trust	HK\$3.2 million	Ongoing
G5.	Understanding Aborted Suicide Attempts: A Mixed-Methods Approach	PI	General Research Fund	HK\$618,311	Jan 2012 – June 2015/ Completed
G6.	The effect of a father inclusive psychoeducation program on postnatal depression: a randomized controlled trial	Co-I	General Research Fund	HK\$739,920	Jan 2014 – Dec 2016/ Ongoing
G7.	Applying Blog Mining Techniques in Suicide Research and Prevention	Co-I	General Research Fund	HK\$360,815	Nov 2012 – April 2015/ Completed
G8.	The effect of a telephone-based cognitive-behavioral intervention on postnatal depression: a randomized controlled trial	Co-I	Health Care Research Fund	HK\$756,676	Feb 2012 – Jan 2015/ Completed
G9.	Development and evaluation of a theory-guided mental health promotion program for	Co-I	General Research Fund	HK\$413,187	Nov 2010 – Oct 2013/ Completed

	enhancement of help-seeking behavior and attitude in Hong Kong				
G10.	Promoting mental well-being in youths through an interactive online game on a social networking website	Co-I	Health Care and Promotion Fund	HK\$300,000	May 2010 – Aug 2012/ Completed
G11.	A multidisciplinary and integrated programme to promote and care for suicide and attempted suicide within the Eastern District	PI	Health Care and Promotion Fund	HK\$303,000	May 2010 – Aug 2012/ Completed
Internally-funded Research Grants and Projects Funding Scheme					
G12.	Luck or effort: What shapes young people's attitude toward future-An experimental study	Co-I	Small Project Funding	HK\$42,223	Feb 2015 – April 2016/ On-going
G13.	Discovering hidden youth in Shanghai through the eyes of social workers: An exploratory mixed-methods study	Co-I	Small Project Funding	HK\$44,216	March 2015 – May 2016/ On-going
G14.	Self-injurious behaviors in Asia: A systematic synthesis of available evidence	PI	Small Project Funding	HK\$35,800	June 2014 – May 2015/ Completed
G15.	Pet bereavement in Hong Kong - an exploratory qualitative study using semi-structured interviews	PI	Small Project Funding	HK\$80,000	June 2013 – May 2014/ Completed
G16.	Prevalence and correlates of problematic online gaming and online social networking addiction and their linkage to sleep disturbance and mental health problems among Hong Kong adolescents	Co-I	Small Project Funding	HK\$51,007	May 2013 – April 2014/ Completed
G17.	Unravelling the mysteries of suicide - A study of the last words of suicides in Hong Kong	PI	Seed Funding Programme for Basic Research	HK\$119,960	June 2011 – May 2012/ Completed
G18.	The Study on Health Status and Health Care Needs of Oldest-Old and Centenarians in Hong Kong	Co-I	Seed Funding programme	HK\$120,000	Oct 2010 – April 2012/ Completed

			for Basic Research		
Contract Research Agreements					
G19.	Holistic support for children with autistic spectrum disorders and families	Co-I	Hong Kong Jockey Club	HK\$36,030,000	September 2015 – August 2018
G20.	Evaluate Study on Three Pilot Cyber Youth Outreaching Projects	Co-I	Lotteries Fund	HK\$951,000	Nov 2011 – May 2015/ Completed
G21.	Knowledge of and Attitudes toward mental illness, and Mental Health Status of the Working Population in Hong Kong	Co-PI	Joyful (Mental Health) Foundation	HK\$117,648	March 2014 – Sept 2014/ Completed
G22.	A Pilot Project on Community-based Intervention to Suicide Clusters in North District	Co-I	Social Welfare Department (Government)	HK\$5,139,000	July 2011 – June 2014/ Completed
G23.	An Evaluative Study of Three Pilot Cyber Youth Outreaching Projects (PCYOPs) for the SWD	Co-I	Social Welfare Department (Government)	HK\$789,000	Nov 2011 – Nov 2014/ Completed
G24.	Reaching out Dementia Caregiver Support Project	Co-I	The Hong Kong Council of Social Service	HK\$489,257	Aug 2011 – July 2013/ Completed
G25.	REACH research report and practitioner manual for good practice sharing on dementia caregiver services in Hong Kong	PI	The Hong Kong Council of Social Service	HK\$95,000	April 2014 – Sep 2014 / Completed
G26.	Mental health awareness project	Co-I	Max Creation Technology (Jiangsu) Limited	HK\$1,389,235	Jan 2010 – March 2013/ Completed
G27.	A Web-Based Mental Health Programme For Adolescents With Parental Involvement	Co-I	Quality Education Fund, Education	HK\$2,936,200	Oct 2010 – Aug 2013/ Completed

			Bureau, HKSAR		
G28.	A study on drug abuse among youths and family relationship	Co-I	Central Policy Unit, HKSAR Government	HK\$590,588	May 2010/ Completed
G29.	A study on understanding our young generation	Co-I	Central Policy Unit, HKSAR Government	HK\$570,588	Feb 2010/ Completed
G30.	School-based Mental Health Enhancement Programme in Hong Kong	Co-I	Quality Education Fund, Education Bureau, HKSAR	HK\$2,000,000	Feb 2009 – 2013
G31.	School based mental health enhancement programme based on a cognitive - behavioral approach : featuring the comic character of “Little Prince is Depressed”	Co-I	Quality Education Fund, Education Bureau, HKSAR	HK\$929,500	Jul 2006 – Dec 2008
G32.	Efficacy study on helping survivors of suicide in Hong Kong	Co-I	Private Donation (Mr. K. K. Lee, Henderson Land Group)	HK\$3,500,000	2007 - 2009
G33.	A randomized-controlled trail – using volunteers in preventing deliberate self-harm behaviors	Co-I	Private Donation (Mr. K. K. Lee, Henderson Land Group)	HK\$1,500,000	2009 - 2012
			<u>In Total</u>	<u>HK\$60,917,131.00</u>	

H. Leadership and Mentoring of Junior Staff or Thesis/Dissertations Supervision

H1. Research-postgraduate students

No.	Name	Country of Origin	Role of Supervisor	PhD/M .Phil.	FT/ PT	Topic	Status of Study	Admission Year
H1.1.	Li Man Ho	Hong Kong SAR, China	Primary	PhD	FT	Youth social withdrawal	Graduated	2013
H1.2.	Arat Gizem	Turkey	Primary	PhD	FT	Mental health of ethnic minorities students in Hong Kong	Continuing	2013
H1.3.	Yousuf Saman	Pakistan	Primary	PhD	FT	Suicide attempt in Pakistan	Continuing	2010
H1.4.	Chang Qingsong	China	Secondary	PhD	FT	Aging and Social Welfare	Continuing	2015
H1.5.	Tang Suqin	China	Secondary	PhD	PT	Bereavement and grief	Continuing	2014
H1.6.	Tse Ka Wo	Hong Kong SAR, China	Secondary	PhD	PT	Motivational interviewing for people with drug use behavior	Continuing	2014
H1.7.	Yu Wai Man Rose	Hong Kong SAR, China	Secondary	PhD	PT	Animal assisted therapy for different populations	Continuing	2010

H2. Post-doctoral fellows

No.	Name	Role as supervisor	Field of Study	Year of appointment
H2.1	Dr. Jasmine Zhu	Co-supervisor	Mental health and possible self	2014
H2.2	Dr. Lucia Liu	Co-supervisor	Youth problems	2014

H3. Taught postgraduate thesis supervision

No.	Year	Name	Program	Role as supervisor	Thesis Topic
H3.1	2014	Li Lili	M.Soc.Sci (Counselling), HKU	Primary	Motivational interviewing for drug users in Asia: A systematic review and meta-analysis
H3.2	2013	Kyle Lipinski	M.Soc.Sci (Counselling), HKU	Primary	The effectiveness of psychosocial interventions implemented after the Indian Ocean Tsunami : A systematic review
H3.3	2011	Clifford Chan	MSW, HKU	Primary	Transgendered Suicides in Hong Kong
H3.4	2011	Carine Chan	MSW, HKU	Primary	Psychological autopsy study of young people died by suicide aged 15-24 in Hong Kong

Teaching and Learning

I have been involved in pedagogy development as Coordinator of the Bachelor of Social Sciences (Counselling) and Deputy Director of the Master of Social Sciences (Counselling). In the past five years, I have taught courses on Cognitive Behavioural Therapy, Abnormal Psychology, Self-Reflective Journey, Research Methods in Human Service Settings, and Common Core Course called Journey into Madness. The average class sizes of my classes in the past three years was about 90 and my teaching effectiveness was about 75 out of 100.

I. Curriculum Development and Program Directorship

II. Courses Taught in the Past Three Years

II.1. 2010 – present M.Soc.Sc. (Counseling) program:

II.2. 2013 – present B.Soc.Sci. (Counseling) program:

Year	Course (Program)	No. of students	Teaching hours	Students' Rating of Teaching Effectiveness	
				My score	Department average
2014/15	Practice Research in Human Services (SOWK 6040, M.Soc.Sci.in Counselling)	72	36	85.9	80.5

	Journey into Madness Conceptions of Mental Health and Mental Illness (Common Core Course, CCHU9022)	180	36	74.8	72.3
	Communication and Counselling Skills in Everyday Life (SOWK 1012, All Bachelor degrees across the university)	120	36	74.5	80.5
2013/14	Practice Research in Human Services (SOWK 6040, M.Soc.Sci.in Counselling)	53	36	77.4	77.9
	Journey into Madness Conceptions of Mental Health and Mental Illness(Common Core Course, All Bachelor degrees across the university CCHU9022)	120	36	76.3	72.2
2012/13	Practice Research in Human Services (SOWK 6040, M.Soc.Sci.in Counselling)	66	36	61	78.2
	Journey into Madness Conceptions of Mental Health and Mental Illness(Common Core Course, All Bachelor degrees across the university CCHU9022)	120	36	75	73.6
	Abnormal Psychology (SOWK 6040, M.Soc.Sci.in Counselling)	25	36	83	80.8
Average per course		94.5	36	76.2	76.5

I2. Other courses taught before the past three years

I2.1. Assistant Professor. (Summer 2011 – 2012). SOWK 0116 & SOWK 6225: A self-refactory journey (A compulsory course for full-time undergraduate counseling students of the Bachelor of Social Sciences (Counselling) and an elective course for postgraduate students of the

Master of Social Work)). Department of Social Work and Social Administration, The University of Hong Kong.

- I2.2. Assistant Professor. (Autumn 2010 – 2012). SOWK 6190/6127: Cognitive Behavioural Therapy/Cognitive Behavioural Intervention (A selective course for part-time students of the Master of Social Work degree, Master of Social Sciences (Counselling), and Master of Social Sciences (Mental Health). Department of Social Work and Social Administration, The University of Hong Kong.
- I2.3. Course Coordinator. (Spring 2005 – Summer 2010). YSRP0001: Stress, Depression, and Suicide (A 3 credits Broadening course for 250 undergraduate students). Centre for Suicide Research and Prevention, and Department of Social Work and Social Administration, The University of Hong Kong.
- I2.4. Honorary Lecturer. (2009). Suicide Prevention for Disciplinary forces in Hong Kong. Hong Kong Management Association.
- I2.5. Honorary Lecturer. (2009). Psychology Workshops of the Advanced Diploma in Applied Social Sciences (Psychology). College of Humanities and Law, HKU Space.
- I2.6. Lecturer and Course Coordinator. (2006, 2011, 2014). Suicide and its Prevention for Medical Practitioners (Special Study Module of the Bachelor of Medicine and Bachelor of Surgery (MBBS). Li Ka Shing Faculty of Medicine, The University of Hong Kong.

SERVICE AND KNOWLEDGE TRANSFER

Before being an assistant professor at HKU, I worked as a training consultant for the Centre for Suicide Research and Prevention, and hence, together with the past five years, I have been invited to deliver presentations and training workshops for a wide range of audiences. Below are some of the selected representative speeches I have delivered. It is because of my expertise in suicide prevention, and mental health, I have been invited to provide expert opinions in the media and courts.

J. Workshops, Trainings, and Seminars (Selected) for local professionals and community

- J1. Seminar Speaker. (21st March 2014). Using Information Technology for parenting. Tung Wah Group of Hospitals, Hong Kong.
- J2. Panel Speaker. (18th November 2014). Social withdrawal in Hong Kong. Social Welfare Department, Hong Kong
- J3. Seminar Speaker. (27th April 2013). Academic achievement and mental

- health: Is there a link? Diocesan Boys' School, Hong Kong
- J4. Keynote address. (17th November 2012). Suicide survivorship – A public health approach. Samaritans Multilingual, Hong Kong.
- J5. Plenary Speech. (31st October 2012) Suicide and the Internet. The Hong Kong Council of Social Service, Hong Kong
- J6. Invited Guest Speaker. (19th July 2012). Internet addiction: Does it really exist? Social Sciences Summer Programme 2012 – Youth, Citizenship and Cyberspace, Faculty of Social Sciences, The University of Hong Kong
- J7. Invited Guest Speaker. (October 2011). Youth mental health promotion in Hong Kong. Education Bureau, HKU SAR Government
- J8. Plenary Speech. (December 2010). Evidences for helping suicide attempters. Counseling Symposium 2010. The University of Hong Kong.
- J9. Invited Guest Speaker. (December 2010). Taking your own life. The Chinese University of Hong Kong
- J10. 6 Trainings for Hospital Authority, Hong Kong. (September – December 2010, n=1200). Mental health at work. Hospital Authority, Hong Kong SAR.
- J11. Invited Guest Speaker. (June 2010). Suicide in Hong Kong. Life and Death Education Association, Hong Kong SAR.
- J12. Plenary Speaker. (January 2010). From research to practice – suicide prevention in Hong Kong. Family Medicine, Department of Health, Hong Kong SAR.
- J13. Invited Guest Speaker. (January 2010). Enhancing the mental health of staff at the hospital. United Hospital, Hong Kong SAR.
- J14. Keynote Speaker for its Anniversary Seminar. (June 2009). Youth suicide and its postvention. Hong Kong Association of Child and Adolescent Psychiatry and Psychology, Hong Kong SAR.
- J15. Invited Guest Speaker. (September 2008). Suicide prevention in the police force. The Hong Kong Police. Hong Kong SAR.
- J16. Two-day workshop for the Macao SAR Government. (June 2008). Suicide prevention in Hong Kong. Macao SAR Government.
- J17. Invited Guest Lecturer. (July 2007). Elderly depression and suicide. Family Welfare Association, Hong Kong SAR.
- J18. Training for KCRC staff. (April 2007). Work-life balance. KCRC, Hong Kong SAR.
- J19. Invited Guest Lecturer (2006 to 2007). Suicide assessment and intervention for community care patients. Community Psychiatric Nurse Unit, Castle Peak Hospital, Hong Kong SAR.

- J20. Invited Speaker. (July 2006). Risk and protective factors for suicide in Hong Kong. Pathology Service Unit, Department of Health, Hong Kong SAR.
- J21. Keynote speaker. (June 2006). Tired cops – helping your co-coworkers. Carelink Cadre, Hong Kong Police, Hong Kong SAR.
- J22. Training for CSSA Social Workers. (June 2006). Handling emotional outburst of your clients. Social Welfare Department, HK SAR.
- J23. Training for Cheung Chau Island citizens. (December 2005). Community effort in spotting depressed and suicidal individuals. Hong Kong SAR.

K. Public Relations and Media Appearances (Selected)

- K1. TV News commentary on Radio and Television Hong Kong (June 2014). Pet bereavement.
- K2. TV News commentary on Now TV (September 2014). Suicide bereavement.
- K3. Invited Columnist on Hong Kong Economic Times. (Jan to April 2014). 12 articles regarding suicide prevention.
- K4. TV News commentary on Hong Kong Cable TV News (3rd January 2010). Regarding Cyber-bullying and cyber-culture in Hong Kong.
- K5. Invited Columnist on Mingpao Weekly Magazine (August to December 2009). 12 articles regarding mental and suicide during the Economic Tsunami
- K6. TV News commentary on Australian Broadcasting Company (22nd May 2009): Regarding Suicide and Mental Health of Mainland Chinese Students in China.
- K7. TV News commentary on 3TV, Russia (20th September 2007): Regarding Mental Health and Suicide in a Concrete Jungle – Hong Kong.
- K8. TV News commentary on Pearl, Hong Kong (August 2007): Regarding Mental Health at Work.
- K9. TV News commentary on Al Jazeera English TV (June 2007): Regarding Suicide Prevention in Asia.
- K10. Personal Feature on South China Morning Post (October 2006): Title “Breaking Down the Wall – HKU Clinical Psychologist and Researcher in Suicide Prevention.”
- K11. TV News commentary on Radio and Television Hong Kong (9th June 2005): Regarding Mental Health in Hong Kong.

GOVERNANCE AND OTHER SERVICES

Although I was at a junior level as an academic in the past five years, I was honoured to provide services to the department and university at different levels. I am particular thankful to the colleagues at the department for their trust to involve me as a member of the Department's Management Committee since 2013.

L. University and Faculty Services

- L1. Committee member of the University Information Technology Development, The University of Hong Kong (2012-2013)
- L2. Committee member of the Board of the Faculty of Social Sciences, The University of Hong Kong (2010 to present)
- L3. Academic advisor of the Faculty of Social Sciences' Social Innovation Internship (2011-2012)
- L4. Board of Examiners (BoE), Faculty of Social Science, The University of Hong Kong

M. Department Services

- M1. Programme Coordinator of the Bachelor of Social Sciences (Social Work and Social Administration and Counselling), the University of Hong Kong (July 2013 to present)
- M2. Deputy Director of the Master of Social Sciences (Counselling) programme, The University of Hong Kong (Jan 2011 to present)
- M3. Committee member of the Management Committee (Sep 2013 to present)
- M4. Committee member of the Departmental Research Postgraduate Committee (Sep 2010 – present)
- M5. Reviewer of ethics approvals for taught postgraduate students' dissertation proposals (June 2011- present)
- M6. Research Seminars Series Coordinator (2012 to present)
- M7. Committee member of the SWSA Counselling Centre

PROFESSIONAL ACTIVITIES AND SERVICES

N. Professional Services

- N1. Syndicate Head of the Hong Kong Police – HKU Joint Symposium 2016 (2016)
- N2. Assessor of the Chief Executive's Award for Teaching Excellence (2016/2017)

- N3. National Representative of the International Association for Suicide Prevention (2011-2015)
- N4. Honorary Research Fellow, Hong Kong Police College (since 2015)
- N5. Conference Chair. Animal-assisted therapy: Where are we now in Hong Kong? Co-organized by the M.Soc.Sci. (Counselling), SWSA, HKU and the Hong Kong Animal Therapy Foundation. (June 2015).
- N6. Member of the Advisory Group of the New Zealand's Development of the guidelines for managing suicide contagion and cluster (since 2014).
- N7. Member of the psychosocial study of ageing of the Strategic Research Theme (SRT), The University of Hong Kong (since 2013).
- N8. Scientific Coordinator (2013). Hong Kong Psychological Society Annual Conference (2013).
- N9. Honorary Fellow of the Centre on Ageing, the University of Hong Kong (since 2013).
- N10. Assessment Panelist of the Chief Executive's Award for Teaching Excellence (2012/2013) on the Guidance and Discipline, The Education Bureau, The HK SAR Government.
- N11. Committee Member of the 2012 Hong Kong Psychological Society Annual Conference (2012).
- N12. Committee Member of the 2012 2nd Counselling Conference of the HKU Master of Social Science (Counselling) Programme.
- N13. Judge, Clinical Case Competition Presentation, The Hong Kong College of Family Physicians Hong Kong Primary Care Conference (12 June 2012).
- N14. Conference Chair of the 2011 Hong Kong Psychological Society Annual Conference (2011).
- N15. Honorary Research Fellow of the HKJC Centre for Suicide Research and Prevention, the University of Hong Kong (since 2010)
- N16. Expert witness for Hong Kong Police, Coroner's Court, and Department of Justice on suicide and attempted suicide cases (since 2005)
- N17. Member of the Multidisciplinary Community-based suicide and deliberate self-harm prevention of the Eastern District of Hong Kong (since 2009)
- N18. Member of the Postvention Taskforce, The International Association for Suicide Prevention (since 2006)

O. Community services

- O1. Consultant of the Joyful Mental Health Foundation, Hong Kong (since

- 2013).
- O2. Psychological Consultant of the Samaritans Multilingual, Hong Kong (since 2013).
 - O3. Advisory member of Emotion Support Service Sub-committee of Suicide Prevention Services (since 2012).
 - O4. Council Member of the Hong Kong Psychological Society (since 2010).
 - O5. Honorary consultant of Chinese elderly suicide prevention at Long Island, New York, the United States. A programme developed under the NYS Office of Mental Health Grant (since 2008).
 - O6. Co-opt member of Suicide Prevention Service, Hong Kong (since 2006).

P. Peer Reviewing Activities

- P1. Manuscripts Reviewer for BMC Public Health.
- P2. Manuscripts Reviewer for British Journal of Psychiatry.
- P3. Manuscripts Reviewer for British Journal of Sociology.
- P4. Manuscripts Reviewer for Crisis.
- P5. Manuscripts Reviewer for Research on Ageing.
- P6. Manuscripts Reviewer for Social Science and Medicine.
- P7. Manuscripts Reviewer for Social Work and Mental Health.
- P8. Manuscripts Reviewer for Suicide and Life Threatening Behaviour.