

**REGULATIONS FOR THE DEGREE OF  
MASTER OF SOCIAL SCIENCES  
(MSocSc)**

*(See also General Regulations and Regulations for Taught Postgraduate Curricula)*

*These regulations apply to candidates admitted to the Master of Social Sciences in the academic year 2022-23 and thereafter.*

Any publication based on work approved for a higher degree should contain a reference to the effect that the work was submitted to the University of Hong Kong for the award of the degree.

The degree of Master of Social Sciences (MSocSc) is a postgraduate degree awarded for the satisfactory completion of a prescribed course of study in one of the following fields: Behavioral Health; Clinical Psychology; Counselling; Criminology; Educational Psychology; Gerontology; Media, Culture and Creative Cities; Mental Health; Nonprofit Management; Psychology; Social Service Management; Social Work; and Sustainability Leadership and Governance. These fields of study will not necessarily be offered every year.

**Admission requirements**

MSS 1. To be eligible for admission to the courses leading to the degree of Master of Social Sciences, candidates

- (a) shall comply with the General Regulations and the Regulations for Taught Postgraduate Curricula;
- (b) shall hold
  - (i) a Bachelor's degree of this University; or
  - (ii) another qualification of equivalent standard from this University or from another University or comparable institution accepted for this purpose;
- (c) for a candidate who is seeking admission on the basis of a qualification from a university or comparable institution outside Hong Kong of which the language of teaching and/or examination is not English, shall satisfy the University English language requirement applicable to higher degrees as prescribed under General Regulation G2(b);
- (d) shall satisfy any other admission requirements which may be specified for individual fields of study in the regulations below; and
- (e) shall satisfy the examiners in a qualifying examination if required.

MSS 1.1 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the fields of Behavioral Health, Counselling, Gerontology, Mental Health, Social Service Management and Social Work, candidates shall preferably have had a minimum of two years of post-qualification experience in the relevant fields, in addition to the requirements set out in Regulation MSS 1.

MSS 1.2 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Clinical Psychology, candidates

- (a) shall hold a Bachelor's degree with a major in Psychology, or a recognized equivalent qualification;
- (b) shall have demonstrated empirical research experience in the form of a dissertation completed in the Bachelor's degree programme or another equivalent programme in psychology, or first-authorship in published journal article;
- (c) shall be eligible for the Graduate Membership of the Hong Kong Psychological Society; and
- (d) shall preferably have relevant working experience, in addition to the requirements set out in Regulation MSS 1.

MSS 1.3 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Criminology, candidates

- (a) shall hold a Bachelor's degree preferably with a major in the social sciences or humanities discipline; or
- (b) shall preferably have working experience in the criminal justice system, social welfare agencies, or in other work with offenders,

in addition to the requirements set out in Regulation MSS 1.

MSS 1.4 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Educational Psychology, candidates

- (a) shall hold a Bachelor's degree with a major in Psychology, or a recognized equivalent qualification;
- (b) shall be eligible for the Graduate Membership of the Hong Kong Psychological Society; and
- (c) shall preferably have relevant working experience in educational or related settings,

in addition to the requirements set out in Regulation MSS 1.

MSS 1.5 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Nonprofit Management, candidates shall preferably have three years of relevant working experience, in addition to the requirements set out in Regulation MSS 1.

MSS 1.6 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Psychology, candidates

- (a) shall preferably have more than one year of work experience; and
- (b) shall satisfy the examiners in a qualifying examination and interview if shortlisted,

in addition to the requirements set out in Regulation MSS 1.

MSS 2. An application for exemption from the above requirements shall be considered on a case by case basis.

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### **Qualifying examination**

MSS 3.

- (a) A qualifying examination may be set to test the candidates' formal academic ability or their ability to follow the courses of study prescribed. It shall consist of one or more written papers or their equivalent and may include a project report.
- (b) Candidates who are required to satisfy the examiners in a qualifying examination shall not be permitted to register until they have satisfied the examiners in the examination.

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### **Award of degree**

MSS 4. To be eligible for the award of the degree of Master of Social Sciences, candidates

- (a) shall comply with the General Regulations and the Regulations for Taught Postgraduate Curricula; and
- (b) shall complete the programme as prescribed in the syllabuses and satisfy the examiners in accordance with the regulations set out below.

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### **Period of study**

MSS 5. The curriculum shall normally extend over one academic year of full-time study; or two academic years of part-time study, with a maximum period of registration of two academic years of full-time study or three academic years of part-time study, unless otherwise specified for individual fields of study in the regulations below.

MSS 5.1 In the field of Clinical Psychology, the programme shall normally extend over two academic years of full-time study, with a maximum period of registration of four academic years of full-time study.

MSS 5.2 In the field of Counselling, the programme shall normally extend over two or three academic years of part-time study, with a maximum period of registration of three academic years for the two-year part-time study or four academic years for the three-year part-time study.

MSS 5.3 In the field of Criminology, the programme shall normally extend over one academic year of full-time study or two academic years of part-time study, with a maximum period of registration of two academic years of full-time study or four academic years of part-time study.

MSS 5.4 In the field of Educational Psychology, the programme shall normally extend over two academic years of full-time study or three academic years of part-time study, with a maximum period of registration of four academic years for both full-time and part-time study.

MSS 5.5 In the fields of Media, Culture and Creative Cities, the programme shall normally extend over one academic year of full-time study or two academic years of part-time study, with a maximum period of registration of two academic years of full-time study or four academic years of part-time study.

MSS 5.6 In the field of Nonprofit Management, the programme shall normally extend over one academic year (three semesters) of full-time study or two academic years of part-time study, with a maximum period of registration of two academic years of full-time study or three academic years of part-time study.

MSS 5.7 In the fields of Mental Health, Social Service Management, and Social Work, the programme shall normally extend over two academic years of part-time study, with a maximum period of registration of three academic years of part-time study.

MSS 6. Candidates shall not be permitted to extend their studies beyond the maximum period of registration specified in the above regulations, unless otherwise permitted or required by the Board of the Faculty.

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### **Advanced Standing**

MSS 7. Advanced Standing may be granted to candidates in recognition of studies completed successfully before admission to the curriculum. Candidates who are awarded Advanced Standing will not be granted any further credit transfer for those studies for which Advanced Standing has been granted. The amount of credits to be granted for Advanced Standing shall be determined by the Board of the Faculty, in accordance with the following principles:

- (a) a candidate may be granted a total of not more than 20% of the total credits normally required under a curriculum for Advanced Standing unless otherwise approved by the Senate; and
- (b) credits granted for Advanced Standing shall not normally be included in the calculation of the GPA unless permitted by the Board of the Faculty but will be recorded on the transcript of the candidate.

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### **Exemption**

MSS 8. Candidates may be exempted, with or without special conditions attached, from the requirement prescribed in the regulations and syllabuses governing the curriculum with the approval of the Board of the Faculty, except in the case of a capstone experience. Approval for exemption of a

capstone experience may be granted only by the Senate with good reasons. Candidates who are so exempted must replace the number of exempted credits with courses of the same credit value.

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### **Progression in curriculum**

MSS 9. Candidates may, with the approval of the Board of the Faculty, transfer credits for courses completed at other institutions during their candidature. The number of transferred credits may be recorded in the transcript of the candidate, but the results of courses completed at other institutions shall not be included in the calculation of the GPA. The combined total number of credits to be granted for Advanced Standing and credit transfer shall not exceed half of the total credits normally required under the curricula of the candidates during their candidature at the University.

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### **Completion of curriculum**

MSS 10. To complete the curriculum, candidates

- (a) shall satisfy the requirements prescribed in TPG 6 of the Regulations for Taught Postgraduate Curricula;
  - (b) shall follow courses of instruction and complete satisfactorily all prescribed written work and field work;
  - (c) shall complete and present a satisfactory dissertation or capstone project as prescribed in the syllabuses; and
  - (d) shall satisfy the examiners in all prescribed courses and in any prescribed form of examination.
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### **Dissertation and Capstone project**

MSS 11. Subject to the provisions of Regulation MSS 10(c), the title of the dissertation or capstone project shall be submitted for approval by not later than March 31 of the final academic year in which the teaching programme ends and the dissertation or capstone project shall be presented by a date as prescribed in the syllabuses for each field of study; candidates shall submit a statement that the dissertation or capstone project represents their own work (or in the case of conjoint work, a statement countersigned by their co-worker(s), which show their share of the work) undertaken after registration as candidates for the degree.

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### **Assessment**

MSS 12. Candidates shall be assessed for each of the courses for which they have registered, and assessment may be conducted in any combination of continuous assessment of coursework, written examinations and/or any other assessable activities. Only passed courses will earn credits.

MSS 13.

- (a) Where so prescribed in the syllabuses, coursework or a dissertation or a capstone project shall constitute part or whole of the examination for one or more courses.
- (b) An assessment of the candidates' coursework during their studies, including completion of written assignments and participation in field work or laboratory work, as the case may be, may be taken into account in determining the candidates' result in each written examination paper; or, where so prescribed in the syllabuses, may constitute the examination of one or more courses.

MSS 14. Candidates shall not be permitted to repeat a course for which they have received a passing grade for the purpose of upgrading.

MSS 15. Candidates who have failed to satisfy the examiners at their first attempt in not more than

half of the number of courses to be examined, whether by means of written examination papers or coursework assessment, during any of the academic years of study, may be permitted to make up for the failed course(s) in the following manner:

- (a) undergoing re-assessment/re-examination in the failed course; or
- (b) re-submitting failed coursework, without having to repeat the same course of instruction; or
- (c) repeating the failed course by undergoing instruction and satisfying the assessments; or
- (d) for elective courses, taking another course in lieu and satisfying the assessment requirements.

MSS 16. Subject to the provision of Regulation MSS 10(c), candidates who have failed to present a satisfactory dissertation or capstone project may be permitted to submit a new or revised dissertation or capstone project within a specified period.

MSS 17. Candidates who have failed to satisfy the examiners in any prescribed field work/practical work/internship may be permitted to present themselves for re-examination in field work/practical work/internship within a specified period.

MSS 18. Candidates who are unable because of their illness to be present at the written examination of any course may apply for permission to present themselves at a supplementary examination of the same course to be held before the beginning of the following academic year. Any such application shall be made on the form prescribed within seven calendar days of the first day of the candidate's absence from any examination. Any supplementary examination shall be part of that academic year's examinations, and the provision made in the regulations for failure at the first attempt shall apply accordingly.

MSS 19. There shall be no appeal against the results of examinations and all other forms of assessment.

MSS 20. Candidates who

- (a) are not permitted to present themselves for re-assessment/re-examination in any failed course(s) or to repeat the failed course(s) or take another course in lieu under Regulation MSS 15; or
- (b) have failed to satisfy the examiners in any course(s) at a second attempt; or
- (c) are not permitted to submit a new or revised dissertation or capstone project under Regulation MSS 16; or
- (d) have failed to submit a satisfactory new or revised dissertation or capstone project under Regulation MSS 16; or
- (e) have exceeded the maximum period of registration.

may be required to discontinue their studies.

MSS 20.1 In the field of Clinical Psychology, candidates who have failed two external placements or the second attempt of either the external placement or internal practicum may be required to discontinue their studies.

MSS 20.2 In the field of Educational Psychology, candidates who have failed any two practicum courses may be required to discontinue their studies.

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## **Grading systems**

MSS 21. Individual courses shall be graded according to the one of the following grading systems:

- (a) Letter grades, their standards and the grade points for assessment as follows:

<i>Grade</i>		<i>Standard</i>	<i>Grade Point</i>
A+	}	Excellent	4.3
A			4.0
A-			3.7
B+	}	Good	3.3
B			3.0
B-			2.7
C+	}	Satisfactory	2.3
C			2.0
C-			1.7
D+	}	Pass	1.3
D			1.0
F		Fail	0

or

(b) 'Pass' or 'Fail'.

Courses graded according to (b) above shall not be included in the calculation of the GPA.

### **Classification of awards**

MSS 22. On successful completion of the curriculum, candidates who have shown exceptional merit may be awarded a mark of distinction, and this mark shall be recorded in the candidates' degree diploma.

## **SYLLABUSES FOR THE DEGREE OF MASTER OF SOCIAL SCIENCES**

### **BEHAVIORAL HEALTH**

The Department of Social Work and Social Administration offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Behavioral Health. The programme provides systematic and comprehensive training in behavioral health with the integration of Eastern and Western holistic orientation for healthcare professionals such as medical doctors, nurses, social workers, psychologists, physiotherapists, occupational therapists, counsellors, counselling teachers, sports and fitness instructors, dieticians, Chinese medicine practitioners and complementary and alternative medicine (CAM) practitioners. The programme shall extend over not less than one and not more than two academic years of full-time study; or not less than two and not more than three academic years of part-time study, inclusive of intervening vacations.

## EXEMPTION

Candidates may be granted exemption of up to three courses in recognition of studies completed in related areas. Exemption will only be considered in special circumstances and each application for exemption will be considered on its own merit. Candidates with exemption granted are required to take an additional elective course to replace the exempted course to meet the degree requirements.

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## ASSESSMENTS

To complete the programme, candidates shall satisfy the examiners in the assessment of courses as prescribed in the programme. Assessments of the courses may be conducted either by course assignments, by presentations, or by written tests, or a combination of both methods. The grading system follows the standard practice in the Faculty of Social Sciences.

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## CURRICULUM

The programme shall extend over not less than one and not more than two academic years of full-time study; or not less than two and not more than three academic years of part-time study, inclusive of intervening vacations.

Candidates are required to complete 60 credits, including 4 compulsory courses (6 credits each), 4 elective courses (6 credits each) and a practicum or dissertation (12 credits). Each course comprises the equivalent of at least 36 contact hours. They are expected to devote 220 hours on the practicum or dissertation and are required to present a progress report on their practicum or dissertation.

Candidates may be approved to enroll up to two courses offered by other postgraduate programmes of the Faculty as substitutes of elective courses in this programme. The substitute must be relevant to behavioral health and comprise the equivalent of at least 36 contact hours.

### Compulsory Courses

Candidates shall complete the following courses.

- MSBH6104. Spirituality in clinical practice (6 credits)
- MSBH7001. Introduction to behavioral health (6 credits)
- MSBH7005. Scientific inquiry and research methods in behavioral health (6 credits)
- MSBH7008. Integrative approaches to holistic well-being (6 credits)

### Elective Courses

Candidates shall complete four of the following courses.

- MSBH6101. Counselling and psychotherapy (6 credits)
  
- MSBH6106. Abnormal psychology (6 credits)
- MSBH6117. Working with special target populations (6 credits)
- MSBH6118. Selected topics (6 credits)
  
- MSBH7009. Contemplative practices in human services (6 credits)
- EXAT7101. Fundamentals of music therapy (6 credits)
- EXAT7102. Fundamentals of drama therapy (6 credits)
- EXAT7103. Fundamentals of art therapy (6 credits)
- EXAT7104. Fundamentals of dance and movement therapy (6 credits)
- EXAT7105. Assessment in clinical setting (6 credits)
  
- SOWK6206. Play Therapy (6 credits)

- SOWK6259. Contemporary perspectives on death, dying and bereavement (6 credits)  
SOWK6274. Theories and practices in positive psychology and strength-based interventions (6 credits)

**Capstone Experience Course**

Candidates shall complete one of the following courses.

- MSBH6201. Practicum (12 credits)  
MSBH6202. Dissertation (12 credits)

(Note: not all courses will necessarily be offered in a given year.)

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**COURSE DESCRIPTIONS**

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***Compulsory Courses***

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**MSBH6104. Spirituality in clinical practice (6 credits)**

Illness is a subject experience that suggests malfunctioning of not just the physical body, but the mind and the spirit. This subjective understanding of illness calls for the re-examination of our existence, both materially and non-materially. As such, clinical intervention should extend its target beyond the physical realm and into the area of spirituality. Spirituality comes from the Latin word *spiritus*, which means soul, courage, vigor, and breath. Nowadays, the word has taken on the meaning of a quest for an ultimate/sacred meaning, an examination of one's experience on a sacred dimension. Understanding and acknowledging the spiritual meaning of one's illness experience has proven to be a vital component in restoring holistic well-being. Aside from theoretical knowledge, personal reflection and experience in spiritual practices are also emphasized in this course.

Assessment: 100% coursework

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**MSBH7001. Introduction to behavioral health (6 credits)**

The course aims at orientating the students to the arts and science of behavioral health as well as the integrative body-mind-spirit approach in holistic health care. It covers the history, rationale, research, development and policy in behavioral health. Developments in both the East and the West will be briefly reviewed. This course is intended to introduce graduate students to the variety of intervention approaches and techniques in behavioral health. The theoretical framework and clinical efficacy of the approaches will be examined. Implications and practical applications for helping professionals will be deliberated.

Assessment: 100% coursework

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**MSBH7005. Scientific inquiry and research methods in behavioral health (6 credits)**

This course covers the nature and logic of scientific inquiry, and fundamental concepts like truth, reality, knowledge, and theory. Basic quantitative and qualitative research methods and research ethics are covered; advanced research methods and specific approaches in behavioral health e.g. social network analysis, use of images and movement in research, etc will also be introduced. Students will learn to be critical consumers of the scientific literature. Towards the end of the course, students are required to prepare a research proposal in which classroom learning can be applied to practical examples in behavioral health.

Assessment: 100% coursework



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**MSBH7008. Integrative approaches to holistic well-being (6 credits)**

This course aims at cultivating the students' confidence and competence in developing holistic care practice in an integrative manner. A 3-day experiential learning workshop will provide students the direct experience of the integrative approach, as well as the chance to reflect and develop the competence in adopting a holistic care approach. The theoretical framework and philosophical underpinning of the intervention design will then be reviewed. Students are expected to develop a deeper understanding and competence in developing their holistic care practice models through integrating what they have learnt in all preceding modules with their direct experience and new theoretical integration acquired in this course.

Assessment: 100% coursework

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*Elective Courses*

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**MSBH6101. Counselling and psychotherapy (6 credits)**

This course examines the basic tenets and therapeutic processes of the major counselling and psychotherapy treatments available to modern-day practitioners. It covers basic counselling skills and core issues in clinical practice, such as values, ethics and therapeutic alliance. Major psychological treatments are introduced, including psychodynamic therapy, behavioural treatment, cognitive-behavioural therapy, humanistic/existential approaches and mind-body approach. Students are expected to be active knowledge seekers. They are encouraged to participate actively in group discussion and role-play. Emphasis is placed on the cultivation of independent, critical, and reflective thoughts through reading, discussion and experiential learning.

Assessment: 100% coursework

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**MSBH6106. Abnormal psychology (6 credits)**

This graduate level course will discuss past and current research regarding theoretical, clinical and experimental perspectives of the study of psychological abnormality. Emphasis is on classification, etiology, assessment and accepted treatment of major categories of mental disorders described in the Diagnostic and Statistical Manual (DSM) of the American Psychiatric Association, Version 5. In addition, the course also aims to provide an appreciation for the incomplete nature of our understanding of mental illness. A variety of in-class exercises – including small group discussions and video tapes are used to understand mental disorders. Controversial and culturally-relevant issues, especially with reference to the Chinese context, in abnormal psychology will also be explored and discussed. Case examples will be shared to enhance students' learning.

Assessment: 100% coursework

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**MSBH6117. Working with special target populations (6 credits)**

This course covers selected topics that pertain to special populations or problems (e.g., cancer, AIDS, smoking, addictive gambling).

Assessment: 100% coursework

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**MSBH6118. Selected topics (6 credits)**

This course covers selected topics that meet acute societal needs, or are of current interest or on the cutting edge of knowledge advancement in behavioral health. Examples are prevention and coping with pandemic crises; reproductive health; gender, sexuality, and well-being; domestic violence.  
Assessment: 100% coursework

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**MSBH7009. Contemplative practices in human services (6 credits)**

This course aims at providing students with a basic understanding of contemplative practices, including the historical roots and the scientific evidence, as shown in its application in healthcare, education, and other human service contexts in the past 40 years. Both theoretical and experiential learning will be included. Students will partake in a four-week mindfulness training program with in-class exercises and home practices. The potential risks and ethical considerations for application among different target groups will be examined. Students will then be guided to develop their approach in integrating the contemplative practice in their professional settings based on their personal experiences, understanding of the theoretical background, and adherence to the ethical guidelines.  
Assessment: 100% coursework

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**EXAT7101. Fundamentals of music therapy (6 credits)**

Through both listening to and actively making music, the intentional application of sound and music in therapy has been used for a variety of purposes. Expressive arts therapists who wish to use music in treatment have to become aware of how the properties of rhythm, pitch, and tempo affect all levels of healing from expression to relaxation. By increasing comfort with a variety of musical instruments, genres and styles, students can identify when to offer specific interventions to advance therapy and healing. In becoming secure in the history and foundational theories of the field of music therapy, practitioners can locate their work in a larger theoretical context, while being mindful of cultural variances and considerations. Assessment: 100% coursework

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**EXAT7102. Fundamentals of drama therapy (6 credits)**

Theatre and dramatic activity have often been used to communicate essential truths and to express particular values. Within the context of therapy, drama allows clients to recreate life experiences, imagine new ones, and experiment with alternate endings and choices. Through re-enactment or witnessing others tell one's story, acting is essential modality of healing. Understanding the history and theory of the fields of drama therapy while taking into consideration such activities as improvisation or pantomime can learn to offer drama in therapeutic and educational settings. Developing cultural sensitivity, self-awareness and critical appreciation will allow students to be competent in offering drama activities with clients.  
Assessment: 100% coursework

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**EXAT7103. Fundamentals of art therapy (6 credits)**

This course is designed for helping service professionals, educators, and artists to learn about the practice and profession of art therapy. Content area covered includes history, theory and application of art therapy processes and approaches with various populations and settings. In addition to lectures, discussions, guest and audiovisual presentations, students will participate in experiential art workshops to facilitate their learning. Although this course does not qualify students to practice art therapy, students will gain awareness of art in therapeutic settings and how to ethically apply art making in their work settings.  
Assessment: 100% coursework

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**EXAT7104. Fundamentals of dance and movement therapy (6 credits)**

As one of the modalities engaged by creative and expressive arts therapists, dance and movement allow individuals to express, communicate, and engage in healing through their bodies. Engaged in a variety of clinical and educational settings, dance and movement can be engaged as effective nonverbal interventions. In order to be able to use it effectively, practitioners must be grounded in the comfortability with their own body awareness, and attuned to the artistic, social, and cultural influences that affect movement. By exploring the history of the field of dance and movement therapy and the various ways to involve the body in therapy, students will be able to use dance and/or movement as a way to help facilitate the process during interventions with clinical and non-clinical populations.

Assessment: 100% coursework

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**EXAT7105. Assessment in clinical setting (6 credits)**

The course equips students with a range of knowledge and core skills in conducting clinical assessment, such as history-taking, mental state examination, and professional issues related to assessment in the clinical setting, informed by current evidence-based practice and research. The focus of this course goes beyond the medical model of assessment to address the multidimensionality nature of mental health issues from a systemic, bio-psycho-social perspective by paying attention to factors predisposing, precipitating, and perpetuating the presenting problems. The course emphasizes on strengthening students' competence in conducting clinical assessment, deriving multidimensional case formulation and deploying strategic-holistic treatment plan for common mental health issues. To broaden the students understanding of clinical assessment, the state-of-the-art and evidence-based assessment practices using different art modalities will be introduced. In addition, the course also focuses on enhancing students' awareness and critical appraisals of current issues related to assessment in clinical setting.

Assessment: 100% coursework

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**SOWK6206. Play Therapy (6 credits)**

The objective of the module is to introduce the student to the principles and practice of play therapy and its application to the counseling and psychotherapy for children, adolescents and families. At the end of the course, the students will have an introduction of the history and development of play therapy, an understanding of various theoretical models of play therapy, rationale for the use of play in therapy, and phrase of the client's progress in play therapy. Practice material will be provided including how to development therapeutic rapport, conduct a play based assessment, setting up of a playroom and the selection of therapeutic play materials. Best practice tips on engaging the client, recording keeping and other ethical issues will be discussed.

Assessment: 100% coursework

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**SOWK6259. Contemporary perspectives on death, dying and bereavement (6 credits)**

Death is an inevitable life experience for everyone. Death-related problem is one of the commonest issues that clients brought to counseling, but is also rated as the most uncomfortable scenario by beginning counselors. This course offers a basic orientation to the knowledge and intervention approaches in working with death-related situations, including end of life care and bereavement counseling. Major theories and models related to death, dying and bereavement would be introduced. Corresponding clinical implications and practical work approaches would also be highlighted. Apart from the knowledge and skills, the course also emphasizes on personal exploration and review on one's attitudes toward life and death issues. It is hoped that students are better equipped with knowledge competence, practice competence as well as self competence in working with death, dying and

bereavement.

Assessment: 100% coursework

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**SOWK6274. Theories and practices in positive psychology and strength-based interventions (6 credits)**

Positive Psychology emphasizes the discovery and cultivation of human strengths and potential for a flourishing life, and strength-based interventions include counseling and therapy models that foster psychological well-being and reduce distress and symptoms in clients. This course critically reviews the theory and practice of positive psychology, including the study of happiness, character strengths, optimism, resilience, compassion, meaning, goals, flow, creativity and hope and their relevance to psychological health and psychotherapy, as well as strength-oriented interventions which include mindfulness-based, compassion-based and valued-based models. The cultural relevance of Positive Psychology and strength-based interventions will also be examined.

Assessment: 100% coursework

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***Capstone Experience Course***

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**MSBH6201. Practicum (12 credits)**

The practicum comprises 200 hours of prescribed work in healthcare settings under guidance by a supervisor, plus at least 20 hours of tutorials. A practicum report of not more than 10,000 words shall be submitted by not later than May 31 of the final academic year of study.

Assessment: 100% coursework

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**MSBH6202. Dissertation (12 credits)**

The dissertation shall demonstrate the student's ability to apply sound research methodology to investigate problems relevant to the field of study. It shall not exceed 20,000 words in length. The title of the dissertation shall be submitted for approval by not later than March 31 of the final academic year of study, and the dissertation shall be presented by not later than August 1 of the final academic year of study.

Assessment: 100% coursework

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**CLINICAL PSYCHOLOGY**

The Department of Psychology offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Clinical Psychology. The programme aims to train competent and professional clinical psychologists and has an emphasis on science-based practices.

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**STRUCTURE AND EVALUATION**

The programme shall extend over two years and the intervening term breaks. The full-time programme consists of a total of 162 credits. Candidates are required to complete 21 compulsory courses, including 15 taught courses (6 credits each) (a total of 90 credits), 5 practicum courses, Practicum I to V with a total of 60 credits, and a dissertation research course given 12 credits (PSYC8006 Dissertation). Each credit-unit is roughly equivalent to 20 hours of student learning activities (including both contact hours and all other forms of student learning activities) for the taught courses and the dissertation, or 30 hours

of work for practicum, under supervision of a clinical supervisor. Whereas the first year of the programme shall focus on the theoretical foundations and basic skills training in Clinical Psychology, the second year shall extend to include the application of the theories and assessment and treatment models to special populations in various clinical settings. The courses are as follows:

First year

- PSYC7024. Induction Programme (6 credits)
- PSYC7029. Practicum I (12 credits)
- PSYC7030. Practicum II (12 credits)
- PSYC7002. Assessment of personality and psychopathology (6 credits)
- PSYC7003. Individual psychotherapy I (6 credits)
- PSYC7004. Individual psychotherapy II (6 credits)
- PSYC7005. Psychopathology I (6 credits)
- PSYC7006. Psychopathology II (6 credits)
- PSYC7018. Cognitive assessment (6 credits)
- PSYC7019. Research methods and statistics I (6 credits)
- PSYC7020. Research methods and statistics II (6 credits)
- PSYC7009. Clinical seminar I (6 credits)

Second year

- PSYC8011. Practicum III (12 credits)
- PSYC8012. Practicum IV (12 credits)
- PSYC8013. Practicum V (12 credits)
- PSYC8001. Clinical seminar II (6 credits)
- PSYC8003. Family and group therapy (6 credits)
- PSYC8004. Clinical neuropsychology (6 credits)

First and/or Second year

- PSYC8002. Community and health psychology (6 credits)
- PSYC8005. Ethics and professional issues (6 credits)

***Capstone Experience Course***

- PSYC8006. Dissertation (12 credits)

The courses listed above may be offered at a different year of study.

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## **EXAMINATIONS**

Examinations of the courses followed by a candidate may be either by a written paper in the examination held in December or May of the academic year of study, or by continuous assessment of the candidates' performance in completing the requirements of these courses, or by a combination of these methods.

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## **COURSE DESCRIPTIONS**

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### **PSYC7024. Induction Programme (6 credits)**

This course aims at engaging trainees in a number of orientation activities designed to provide them with a preliminary understanding of the theoretical and practical issues addressed in the programme and to prepare them for their first placement beginning in December of the year of training.

Assessment: 100% coursework

This course will be assessed on a pass/fail basis and will not be counted in the calculation of the GPA.

However, grades will be recorded on the official transcript

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**PSYC7029. Practicum I (12 credits)**

Practicum I is the first of the five practicum courses. It consists of a minimum of 44 days of on-site clinical placement. In addition, students will start their 2-year long, minimum 30 days, in-house supervised clinical activities with the Psychological Services Unit. Through the on-site clinical placements, students will have the opportunity to learn and work under the direct supervision of experienced clinical psychologists who are providing services in different settings such as public hospitals, social services agencies, and government departments. They will gain practical experience in working with a variety of client groups with different problems across the life span. The training includes supervised practice in assessment, case formulation, and treatment. Involvement in case conferences, workshops, seminars, or projects within the placement settings may also form part of the training. Students will learn the professional ethics, service contexts and rules in different settings, and acquire knowledge and skills to work effectively in different teams or structures.

Assessment: 100% practicum

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**PSYC7030. Practicum II (12 credits)**

Practicum II is the second of the five practicum courses. It consists of a minimum of 44 days of on-site clinical placement. In addition, students will continue their 2-year long, minimum 30 days, in-house supervised clinical activities with the Psychological Services Unit. Through the on-site clinical placements, students will have the opportunity to learn and work under the direct supervision of experienced clinical psychologists in different settings such as public hospitals, social services agencies, and government departments. They will gain practical experience in working with a variety of client groups with different problems across the life span. The training includes supervised practice in assessment, case formulation, and treatment. Involvement in case conferences, workshops, seminars, or projects within the placement settings may also form part of the training. Students will learn the professional ethics, service contexts and rules in different settings, and acquire knowledge and skills to work effectively in different teams or structures.

Assessment: 100% practicum

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**PSYC8011. Practicum III (12 credits)**

Practicum III is the third of the five practicum courses. It consists of a minimum of 44 days of on-site clinical placement. In addition, students will continue their 2-year long in-house supervised clinical activities with the Psychological Services Unit and plan to complete a minimum of 30 days of the in-house training by the end of the 2-year training. Through the on-site clinical placements, students will have the opportunity to learn and work under the direct supervision of experienced clinical psychologists in different settings such as public hospitals, social services agencies, and government departments. They will gain practical experience in working with a variety of client groups with different problems across the life span. The training includes supervised practice in assessment, case formulation, and treatment. Involvement in case conferences, workshops, seminars, or projects within the placement settings may also form part of the training. Students will learn the professional ethics, service contexts and rules in different settings, and acquire knowledge and skills to work effectively in different teams or structures.

Assessment: 100% practicum

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**PSYC8012. Practicum IV (12 credits)**

Practicum IV is the fourth of the five practicum courses. It consists of a minimum of 44 days of on-site

clinical placement. In addition, students will continue their 2-year long in-house supervised clinical activities with the Psychological Services Unit and work towards completing a minimum of 30 days of the in-house training by the end of the 2-year training. Through the on-site clinical placements, students will have the opportunity to learn and work under the direct supervision of experienced clinical psychologists in different settings such as public hospitals, social services agencies, and government departments. They will gain practical experience in working with a variety of client groups with different problems across the life span. The training includes supervised practice in assessment, case formulation, and treatment. Involvement in case conferences, workshops, seminars, or projects within the placement settings may also form part of the training. Students will learn the professional ethics, service contexts and rules in different settings, and acquire knowledge and skills to work effectively in different teams or structures.

Assessment: 100% practicum

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### **PSYC8013. Practicum V (12 credits)**

Practicum V is the fifth of the five practicum courses. It consists of a minimum of 44 days of on-site clinical placement. In addition, students will have to complete their 2-year long, minimum 30 days, in-house supervised clinical activities with the Psychological Services Unit within this period. Through the on-site clinical placements, students will have the opportunity to learn and work under the direct supervision of experienced clinical psychologists in different settings such as public hospitals, social services agencies, and government departments. They will gain practical experience in working with a variety of client groups with different problems across the life span. The training includes supervised practice in assessment, case formulation, and treatment. Involvement in case conferences, workshops, seminars, or projects within the placement settings may also form part of the training. Students will learn the professional ethics, service contexts and rules in different settings, and acquire knowledge and skills to work effectively in different teams or structures.

Assessment: 100% practicum

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### **PSYC7002. Assessment of personality and psychopathology (6 credits)**

This course focuses on the theoretical, practical, and cross-cultural issues related to the assessment of psychopathology and personality. Trainees will be exposed to a variety of clinical evaluation protocols in order to evaluate the level of functioning and symptomatology of an individual. They will also be exposed to the application of these techniques to a wide range of psychiatric problems as stipulated in DSM-5. These include mental state examination, test administration and interpretation, diagnostic decision making, integration of material derived from patient history and other relevant sources, and comprehensive case conceptualization.

Assessment: 100% coursework

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### **PSYC7003. Individual psychotherapy I (6 credits)**

This course introduces the common principles and skills of psychotherapies. In addition to reviewing the theoretical rationale and recent research and clinical literature, this course also focuses on the application of the empirically-supported therapeutic techniques to clinical and special populations.

Assessment: 100% coursework

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### **PSYC7004. Individual psychotherapy II (6 credits)**

The course focuses on the application of evidence-based psychotherapeutic approaches to the treatment of specific psychological disorders in both adults and children. Cultural issues in the practice of psychotherapy will be discussed when appropriate. Experienced clinicians are invited to introduce

common treatment approaches applied to different populations in Hong Kong. In addition, new developments and contemporary issues in psychotherapy will be critically examined.

Assessment: 100% coursework

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**PSYC7005. Psychopathology I (6 credits)**

In this first course of Psychopathology, students will learn important theoretical concepts in the definition, aetiology, features and classification of mental disorders. Major disorders across the life span will be examined. Significant paradigms, such as biological, psychodynamic, cognitive – behavioural and relevant psychosocial theories will be discussed, together with special issues in the diagnosis and conceptualisation of specific mental disorders.

Assessment: 100% coursework

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**PSYC7006. Psychopathology II (6 credits)**

This second course of Psychopathology uses a developmental psychopathology perspective to discuss major topics of mental health problems across the life span. It aims to enhance the conceptualisation and case formulation skills of trainees as scientist–practitioners. The topics will be examined in depth, with special emphasis on the integration of theoretical conceptualisation, research findings and clinical practice. Special attention will be given to current issues of concern in both the Eastern and Western contexts.

Assessment: 100% coursework

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**PSYC7018. Cognitive assessment (6 credits)**

This course provides an introduction to the assessment of cognitive functioning. Students learn to administer, score, and interpret a number of commonly used cognitive tests. Students also learn to present test results in professional psychological reports. Related psychometric principles, professional ethics, and cultural issues will be discussed.

Assessment: 100% coursework

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**PSYC7019. Research methods and statistics I (6 credits)**

The topics in this course include intermediate research methods and statistics. This course is designed to extend the knowledge and skills of students on research design and quantitative methods, using empirical examples in psychology to illustrate the key concepts and statistical reasoning involved. Students learn to become more intelligent consumers of research findings and more independent in conducting their own empirical studies.

Assessment: 100% coursework

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**PSYC7020. Research methods and statistics II (6 credits)**

The topics in this course include intermediate research methods and statistics. This course is designed to extend the knowledge and skills of students on research design and quantitative methods, using empirical examples in psychology to illustrate the key concepts and statistical reasoning involved. Students learn to become more intelligent consumers of research findings and more independent in conducting their own empirical studies. At the end of this course, each student will have developed a viable research proposal in preparation for his/her thesis according to standards of the American Psychological Association.

Assessment: 100% coursework



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**PSYC7009. Clinical seminar I (6 credits)**

A series of skill-training workshops will be offered to prepare students for further practical training in clinical placements. The course is composed of two arms: Assessment and Intervention. The Assessment arm covers core principles and strategies for intake interview with both adult and children populations. Intellectual assessment in the local context will be covered and commonly used tools for assessing a broad range of cognitive, behavioural, emotional, and social functions in children will also be introduced. The Treatment arm covers basic attitude and skills in counselling and forming therapeutic alliance, as well as specific skills used in cognitive and behavioural therapies.

Assessment: 100% coursework

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**PSYC8001. Clinical seminar II (6 credits)**

The seminar provides in-depth clinical case discussions, with a focus on contemporary approaches to treatment planning and execution for a range of complex psychological problems. Emphasis is placed on integration of psychological theories and clinical practice, as well as training on therapeutic skills and treatment strategies for effective implementation. Students will get the chance to learn advanced knowledge and skills in specialist areas of psychological practice. Experienced clinicians and scholars will be invited to share their expertise on specialized topics.

Assessment: 100% coursework

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**PSYC8002. Community and health psychology (6 credits)**

This course provides an overview of the history, context, and development of community psychology and health psychology. Students will be exposed to key concepts and values associated with the fields. They will also explore the application of community psychology and health psychology in the local context. The course provides ample opportunities for students to collectively develop and examine community-based initiatives to tackle mental health problems. Special emphasis is given to multicultural and diversity issues.

Assessment: 100% coursework

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**PSYC8003. Family and group therapy (6 credits)**

This course provides an overview of the theories and practice of family and group interventions. For Family Intervention, it covers fundamental concepts, theories and frameworks in working with families and couples. Students will be able to develop basic knowledge and different theories of family therapy and how it can be applied in special populations. The course will be conducted in didactic lectures with case illustrations, videos and/or exercises.

The Group Intervention component aims to familiarize the trainees with the major theories, principles and techniques of group interventions through reading, discussion, videos and role plays. Group development, dynamics and different stages in the group processes will be examined. The empirical basis for efficacy of group interventions and group interventions for different populations and different psychological disorders will be addressed.

Assessment: 100% coursework

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**PSYC8004. Clinical neuropsychology (6 credits)**

This course aims to provide an overview of basic functional neuroanatomy and clinical neuropathology.

Literature in neuroscience and clinical neuropsychology will be reviewed and discussed. Neuropsychological assessment approaches will be introduced.

Assessment: 100% coursework

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### **PSYC8005. Ethics and professional issues (6 credits)**

The focus of this course is on the process of ethical decision making in the professional practice of clinical psychology. Models of ethical decision making will be introduced, discussed, and applied. In addition to the Code of Professional Conduct published by local professional bodies (e.g. the Hong Kong Psychological Society), a number of ethical codes, guidelines, and standards of practice will be reviewed.

Assessment: 100% coursework

This course will be assessed on a pass/fail basis and will not be counted in the calculation of the GPA. However, grades will be recorded on the official transcript.

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### **Capstone Experience Course**

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### **PSYC8006. Dissertation (12 credits)**

While in residence, each student proposes and completes a substantive, scholarly work relevant to clinical psychology. The dissertation must represent a student's individual work. The examiners may also prescribe an oral examination on the subject of the dissertation. The title of the dissertation shall be submitted for approval on March 31 of the final academic year of study, and the dissertation shall be submitted by June 30 of the final academic year of study.

Assessment: 100% coursework

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## **COUNSELLING**

The Department of Social Work and Social Administration offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Counselling for professionals in the human services, such as social workers, teachers, managers, nurses, physiotherapists, occupational therapists, speech and hearing therapists and other related professionals who are interested in counselling. The programme shall extend over two academic years for the two-year part-time study or three academic years for the three-year part-time study. Candidates shall not be permitted to extend their studies beyond the maximum period of registration of three academic years for the two-year part-time study, or four academic years for the three-year part-time study, inclusive of intervening vacations.

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## **EXEMPTION**

Candidates may be granted exemption of up to two compulsory courses in recognition of studies completed in related areas. Exemption will only be considered in special circumstances and each application for exemption will be considered on its own merit. Candidates with exemption granted are required to take an additional elective course(s) to replace the exempted course(s) to meet the degree requirements.

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## **EXAMINATIONS**

To complete the programme, candidates shall satisfy the examiners in the assessment of courses and a

practice-based project report as prescribed in the programme. Assessments of the courses may be conducted by ongoing coursework assignments, or by written tests, or by a combination of both.

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## **CURRICULUM**

Candidates are required to complete 66 credits, including 5 compulsory courses (6 credits each), and 3 elective courses (6 credits each) or 1 elective course (6 credits) with a dissertation (12 credits), a skills training laboratory (6 credits each) and a practicum (12 credits) that includes a practice-based project report. Elective courses are so designed that they can provide a focused study in one of three service settings: welfare, education, and health care. By selecting a particular combination of courses, candidates may (1) specialize in one stream from these three service settings; or (2) choose a more broad-based curriculum; or (3) choose to complete 1 elective course with a dissertation (equivalent to two courses) if candidates are interested in advancing their research skills.

Candidates can take a maximum of one elective course from the Master of Buddhist Counselling programme. Teachers from the Master of Buddhist Counselling programme may also serve as the co-supervisor in the Capstone Experience Courses if the area of study is relevant. The selection of cross-listed courses and co-supervision of Capstone Experience Courses shall be subject to the approval of the Programme Director/Chairman of the two respective programmes.

### **(A) *Compulsory courses***

Candidates shall complete the following courses.

- SOWK6040. Practice research in human services (6 credits)
- SOWK6158. Critical issues in human development (6 credits)
- SOWK6159. Abnormal psychology (6 credits)
- SOWK6160. Assessment and testing (6 credits)
- SOWK6161. Theories and practices in counselling and professional ethics (6 credits)

### **(B) *Elective courses***

Dissertation option: Candidates shall complete one of the following courses.

Non-dissertation option: Candidates shall complete three of the following courses.

- SOWK6022. Emotion-focused interventions: theory and practice (6 credits)
- SOWK6062. The Satir model and family reconstruction (6 credits)
- SOWK6127. Cognitive-behavioral interventions (6 credits)
- SOWK6162. Counselling in the welfare setting (6 credits)
- SOWK6163. Counselling in the health care setting (6 credits)
- SOWK6164. Counselling in the educational setting (6 credits)
- SOWK6166. Substance abuse counselling (6 credits)
- SOWK6168. Group counselling (6 credits)
- SOWK6188. The fundamentals of art therapy (6 credits)
- SOWK6204. Hypnotherapy (6 credits)
- SOWK6206. Play therapy (6 credits)
- SOWK6274. Theories and practices in positive psychology and strength-based interventions (6 credits)
- SOWK6299. Applied motivational interviewing in addiction recovery (6 credits)
- SOWK6314. Theories and practices in coaching in the workplace (6 credits)
- SOWK6317. Theories and practices in mindfulness, compassion and valued-based psychotherapies (6 credits)
- SOWK6330. Special topics in counselling I (6 credits)
- SOWK6331. Special topics in counselling II (6 credits)
- SOWK6349. Mental health recovery: Narrative and strengths-based practices (6 credits)
- SOWK7009. Online counselling and psychosocial interventions for digital generations (6 credits)
- SOWK7010. Bowen family systems theory and clinical applications (6 credits)

(Note: not all elective courses will necessarily be offered in a given year.)

- (C) **Skills training (Compulsory)**  
Candidates shall complete the following course.  
SOWK6170. Skills training laboratory (6 credits)

### **Capstone Experience Courses**

- (D) **Practicum (Compulsory)**  
Candidates opt for either dissertation or non-dissertation option shall complete the following course.  
SOWK6171. Practicum and practice-based project report (12 credits)
- (E) **Dissertation (Elective)**  
Candidates opt for dissertation option shall complete the following course.  
SOWK6264. Dissertation (12 credits)

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## **COURSE DESCRIPTIONS**

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### **Compulsory Courses**

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#### **SOWK6040. Practice research in human services (6 credits)**

Social workers, teachers, nurses and counselors are guided by theories, research and practice wisdom in their work. It is important for students to be able to appraise, utilize, participate and contribute to research. In order to build evidenced and indigenous practice knowledge appropriate to local settings, this course aims to introduce students to principles and procedures of evidence-based practice. Specifically, it aims to help students in tracing research foundations in clinical practice, examining critical issues associated with evidence-based practice, accessing and evaluating new information related to practice and ultimately evaluating critically their practices. Through carrying out a mini-practice research as ongoing assignments, the students are expected to equip with hand-on experiences in planning, designing, implementing research and presenting its findings.  
Assessment: 100% coursework

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#### **SOWK6158. Critical issues in human development (6 credits)**

This course examines factors affecting human development through an exploration of the normal patterns of growth from infancy to old age. Individual, social, and familial conditions affecting growth at different stages in the life cycle will be studied, together with related problems of adaptation and adjustment, with particular foci on current thinking in the field of developmental psychology.  
Assessment: 100% coursework

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#### **SOWK6159. Abnormal psychology (6 credits)**

This course provides a broad exposure to both theory and practice in the understanding of mental disorders. A wide array of types of mental disorders will be examined. Important themes will be emphasized such as the continuum in behavior from normal behavior to mental illness, issues in diagnosis and classification, and the diathesis-stress and nature-nurture models of abnormal behaviour.  
Assessment: 100% coursework

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**SOWK6160. Assessment and testing (6 credits)**

This course surveys the major concepts and techniques in the field of psychometrics and provides students with some hands-on experience with commonly used tests. Topics covered include: the context of testing and measurement, the testing process, test standardization, reliability and validity, the nature of intelligence and its appraisal, personality assessment, special domain testing, occupational applications, and ethics in testing.

Assessment: 100% coursework

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**SOWK6161. Theories and practices in counselling and professional ethics (6 credits)**

This course provides a theoretical foundation for the practice of counselling. Topics covered include the major approaches in counselling, counsellor dimensions, working with various clinical and non-clinical populations, professional ethics and limitations of counselling.

Assessment: 100% coursework

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*Elective Courses*

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**SOWK6022. Emotion-focused interventions: theory and practice (6 credits)**

Social work practice recognizes the importance of the role of emotions in therapeutic change. This course will begin with a review of current theories and research on emotion-focused interventions before focusing on the application of these theories in the local setting. This is followed by an examination of the awareness, the arousal, and reorganization of the emotions in counselling and psychotherapy. Commonly encountered emotions in casework and groupwork practice like anger, fear, guilt, shame, sadness and grief will be examined. Moreover, the course aims to enhance students' self-awareness and competence in handling critical incidents in clinical practice.

Assessment: 100% coursework

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**SOWK6062. The Satir model and family reconstruction (6 credits)**

Human behaviour is heavily influenced by family upbringing and socialization. This course, based on a marathon experiential training mode, aims to help students to achieve an understanding of their family. Virginia Satir's concepts of family rules, communication patterns, family mapping and self-esteem will be used to guide students through a process of self-discovery. Active participation will be essential.

Assessment: 100% coursework

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**SOWK6127. Cognitive-behavioral interventions (6 credits)**

The course introduces students to the Beck's cognitive-behaviour therapy model in working with people with depression and anxieties. A case process approach will be adopted to provide a stage-by-stage and step-by-step understanding of the theory and practice of Beck's CBT. Other CBT models for working with people with psychosis, OCD, pathological gambling, substance abuse and etc. will also be discussed in class.

Assessment: 100% coursework

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**SOWK6162. Counselling in the welfare setting (6 credits)**

This course introduces the various macro and micro intervention approaches in working with disadvantaged individuals who are users of social services in Hong Kong. Through a systems perspective, students will have the opportunity to examine various intervention approaches in helping disadvantaged groups, such as new arrivals, elderly people, at-risk youth, and mentally and physically handicapped persons to deal with their intra-personal, interpersonal and environmentally-induced difficulties. The course emphasizes the integration of micro and macro intervention approaches.

Assessment: 100% coursework

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### **SOWK6163. Counselling in the health care setting (6 credits)**

Counselling approaches used in health care, such as crisis intervention, grief work, cognitive behavioural intervention, support groups, art therapy, psycho-education skills, bereavement counselling, pastoral care and peer counselling, will be examined. Students will be provided with experiential training on skills/ techniques in working with patients in hospitals and in the community.

Assessment: 100% coursework

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### **SOWK6164. Counselling in the educational setting (6 credits)**

This course offers an understanding of the developmental characteristics, needs and struggles of students in schools (children and adolescents). To understand the counselling process and acquire necessary skills in offering counselling to students are the main foci, such that students may be helped to cope better with their school life.

Assessment: 100% coursework

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### **SOWK6166. Substance abuse counselling (6 credits)**

This course examines the drug scene in Hong Kong and gives an overview of the problem of substance abuse in society. The different theoretical conceptualizations of substance abuse and theories of addiction are then reviewed as a prelude to devising intervention approaches to help drug-addicted persons.

Assessment: 100% coursework

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### **SOWK6168. Group counselling (6 credits)**

This course provides an overview of the theories and practice of group counselling approaches. Applications include working with families, children, the elderly people, and medical/psychiatric patients. Cultural issues, current research and developments in group counselling will also be discussed.

Assessment: 100% coursework

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### **SOWK6188. The fundamentals of art therapy (6 credits)**

This course introduces students to the philosophy and practice of Art Therapy, and how Art Therapy activities can be modified and used with potential clients under careful working guidelines. Students will also experience different art activities/philosophies, which are designed according to the various needs of potential clients. Lectures, participation in group workshops, and video and case presentations will form a part of this course.

Assessment: 100% coursework

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#### **SOWK6204. Hypnotherapy (6 credits)**

This course gives an overview of the historical development and domain of hypnosis, as well as contemporary approaches in hypnosis. A particular emphasis is placed on the fundamentals of hypnotherapy where particular skills will be of use in the counselling process. Lecture topics include the art of hypnotizing, styles of hypnotic suggestion, clinical applications, professional ethics and limitations of hypnotherapy.

Assessment: 100% coursework

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#### **SOWK6206. Play therapy (6 credits)**

The objective of the module is to introduce the student to the principles and practice of play therapy and its application to the counseling and psychotherapy for children, adolescents and families. At the end of the course, the students will have an introduction of the history and development of play therapy, an understanding of various theoretical models of play therapy, rationale for the use of play in therapy, and phrase of the client's progress in play therapy. Practice material will be provided including how to development therapeutic rapport, conduct a play based assessment, setting up of a playroom and the selection of therapeutic play materials. Best practice tips on engaging the client, recording keeping and other ethical issues will be discussed.

Assessment: 100% coursework

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#### **SOWK6274. Theories and practices in positive psychology and strength-based interventions (6 credits)**

Positive Psychology emphasizes the discovery and cultivation of human strengths and potential for a flourished life, and strength-based interventions include counseling and therapy models that foster psychological well-being and reduce distress and symptoms in clients. This course critically reviews the theory and practice of positive psychology and positive interventions, including the study of happiness, character strengths, optimism, resilience, compassion, meaning, goals, flow, creativity and hope and their relevance to psychological health and psychotherapy, as well as strength-oriented interventions which include mindfulness-based, compassion-based and valued-based models. The cultural relevance of Positive Psychology and strength-based interventions will also be examined.

Assessment: 100% coursework

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#### **SOWK6299. Applied motivational interviewing in addiction recovery (6 credits)**

This course provides an overview of Motivational Interviewing (MI), an evidence-based counselling strategy for promoting behavioural change. MI originates from treating alcohol dependence, and was further extended to other settings, including health care, the criminal justice system, correctional and education, to mention just a few. Over 30 decades of evolution, MI has spread widely across many settings and cultures.

MI was developed from clinical observation, rather than theory. However, there are numbers of social psychology and counselling theories that can be used to explain the underlying mechanism of motivating strategies in the process of motivational interviewing, such as cognitive dissonance theory, self-determination theory, etc. Students are required to learn different social psychology theories and counselling theories to deconstruct MI. In addition, multifaceted unfolding of the concepts of addiction and recovery-oriented approach toward addiction treatment will be covered.

Students can be equipped with not only the knowledge and conceptual framework of motivational interviewing, but also practical experiences through group exercises and role-play. Active participation is expected in order to cultivate mutual learning communities and achieve better learning outcomes.

Assessment: 100% coursework

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**SOWK6314. Theories and practices in coaching in the workplace (6 credits)**

This course aims to introduce the basic theories and practices in coaching. Students will be able to distinguish coaching from other learning and development approaches such as mentoring, counselling, consulting, training, facilitating etc. Various theoretical approaches to coaching will be covered. This course also encourages students to evaluate the various coaching models and develop their own coaching model to be applied in their own coaching practice. The emphasis is also on using coaching as a management tool and conversational tool to enhance performance at work for higher motivation and retention. The topic on cross cultural coaching is also a relatively imminent area for further research.

Assessment: 100% coursework

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**SOWK6317. Theories and practices in mindfulness, compassion and valued-based psychotherapies (6 credits)**

This course will cover the most representative psychotherapies of such kind, including mindfulness-based psychotherapies, acceptance and commitment therapy, and compassion-focused therapy. All these therapies are transdiagnostic capable of treating different mental disorders and are evidence-based with proven treatment efficacy. They have a very different understanding of the nature of psychopathologies and human suffering from the traditional psychotherapies. Their theoretical frameworks, treatment principles and strategies, case conceptualization, and intervention skills will be demonstrated in this course, and the commonalities and differences among these therapy models will be reviewed. The benefits of practicing these therapies on the therapist and the therapeutic relationship will also be discussed. The students learning these contemporary psychotherapy models are expected to have advanced personal growth and gains in psychological well-being as well.

Assessment: 100% coursework

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**SOWK6330. Special topics in counselling I (6 credits)**

This course aims to walk with students through the latest knowledge on counselling practices individuals with mental health issues and the promotion of wellbeing. It will provide you with the evidence- and experienced-based knowledge of non-pharmacological approaches and practical skills relevant to counselling practices You will be guided to see how these practices are not only applicable to counselling in mental health context but also to working with people coping with other issues and challenges in life.

Assessment: 100% coursework

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**SOWK6331. Special topics in counselling II (6 credits)**

This course aims to walk with students through the latest knowledge on counselling practices individuals with mental health issues and the promotion of wellbeing. It will provide you with the evidence- and experienced-based knowledge of non-pharmacological approaches and practical skills relevant to counselling practices You will be guided to see how these practices are not only applicable to counselling in mental health context but also to working with people coping with other issues and challenges in life.

Assessment: 100% coursework

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**SOWK6349. Mental health recovery: Narrative and strengths-based practices (6 credits)**



Recovery is “A deeply personal, unique process of changing one’s attitudes, values, feelings, goals, skills and roles. It is a way of living a satisfying, hopeful and contributing life even with the limitation caused by illness.” (Anthony, 1993). Recovery-oriented practices are empowering approaches that embrace person-centered alternatives for promoting hope, self-determination, self-management, wellbeing and social inclusion of people in face of mental distress. Such humanistic approaches have been gaining international credence among mental health service users, service providers, professionals and policy makers in recent years.

Grounding on the recovery paradigm, this course aims to walk you through the re-authoring elements of recovery, and the latest knowledge on recovery-oriented practices for mental health counselling and the promotion of wellbeing. It will provide you with the evidence- and experienced-based knowledge of non-pharmacological approaches and postmodern practices including story-telling, narrative therapy, the strengths model assessment and intervention, Wellness Recovery Action Plan etc. You will be guided to see how these practices are not only applicable to counseling in mental health context but also to working with people coping with other issues and challenges in life. You will also have the opportunities to learn and practise the various conversation maps of narrative therapy through experiential exercises during the course.

Assessment: 100% coursework

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### **SOWK7009. Online counselling and psychosocial interventions for digital generations (6 credits)**

This course brings together cutting-edge knowledge and discussions related to the online world, its impact on digital generations’ health and mental health, and the use of technology in psychosocial services both in the unique local and international contexts. Students will learn essential theories and research of cyberpsychology and online counselling. The content includes basic principles, assessment and evidence-based practices of professional counselling and psychosocial interventions for individuals and groups over the Internet, focusing on understanding and practising online counselling and crisis intervention with high-risk groups. Ethical practices are highly emphasized throughout the entire course. Our goal is to help students with background training in “human services (e.g., counselling, social work, academic advising, support for caregivers) to be capable of helping people with various psychosocial needs or mental health conditions and distress through both synchronous and asynchronous e-platforms.

Assessment: 100% coursework

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### **SOWK7010. Bowen family systems theory and clinical applications (6 credits)**

This course will teach the fundamentals of Bowen family systems theory (or Bowen theory) and its application to clinical work. Bowen theory is one of the most well-established family therapy approaches. It views the family as an emotional unit and an emotional system, regulated by emotional processes found also in other living organisms. It adopts systems thinking (versus linear thinking) to viewing human behaviour, thus seeing symptoms not as the pathology of the individual, but as reflection of the dysfunctions of a family system.

Treatment is aimed at ameliorating the dysfunctional family relationship patterns and interaction processes.

Students will learn to make multigenerational and systemic assessment of families, to take a broad view, to practice objectivity and neutrality, to identify multigenerational relationship patterns and to work towards differentiation of self, a crucial factor for resilience, in their counselling work. Instructions on the theoretical concepts will be supported with ample illustrations of case examples with individual, couples and families facing problems such as eating disorder, marital difficulty, depression, and child behaviour/emotional problems. There will be videos, case presentations and discussions, and practice of questioning.

Assessment: 100% coursework

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## *Skills training*

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### **SOWK6170. Skills training laboratory (6 credits)**

This laboratory provides training on basic relationship building strategies and methods. Counselling relies on an establishment of therapeutic relationship. Characteristics and dimensions related to such counsellor-client relationship will be introduced, and strategies and methods for building rapport will be practiced in the laboratory setting. Further, the course will also cover basic skills related to case and group counselling. Teaching is done via an experiential learning approach. Students are required to participate actively in class and complete practice assignments.

Assessment: 100% coursework

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## *Practicum (Capstone Experience Course)*

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### **SOWK6171. Practicum and practice-based project report (12 credits)**

All students will have to be engaged in a total of 250 hours of clinical work, and to complete a practice-based project report of no more than 10,000 words. A practicum teacher will be assigned to supervise the student's clinical work and to facilitate his/her completion of the practice-based project report. The report should essentially be an evaluation of the clinical work performed by the student. Individual and group supervision will be provided. *Students must hand in their reports not later than June 30 of the same year when the practicum is undertaken.*

Prerequisite: Students who have completed and passed the following courses

- SOWK6158. Critical issues in human development (6 credits)
- SOWK6159. Abnormal psychology (6 credits)
- SOWK6160. Assessment and testing (6 credits)
- SOWK6161. Theories and practices in counselling and professional ethics (6 credits)
- SOWK6170. Skills training laboratory (6 credits)

are permitted to take the practicum and practice-based project report course.

Assessment: 100% coursework

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## *Dissertation (Capstone Experience Course)*

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### **SOWK6264. Dissertation (12 credits)**

The dissertation is offered to students who have proven record to show their ability to conduct research. The dissertation shall be a critical study that demonstrates the application of sound research methodology to the investigation of problem(s) relevant to the field of counselling. The proposed topic of investigation has to be substantially different from the issues or problems covered in the practice-based project report (SOWK6171). The dissertation option is subject to approval of the Head of Department and relevant dissertation supervisor. The dissertation must represent a student's individual work and should not exceed 20,000 words in length. The title of the dissertation shall be submitted for approval not later than March 31 of the same academic year of study. The dissertation shall be presented by not later than **August 1** of the same academic year of study.

Assessment: 100% coursework

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The Department of Sociology offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Criminology.

## ASSESSMENT

Candidates are assessed for each compulsory course by way of a 3-hour written examination that accounts for 30-40% of total marks and 60-70% by coursework assignments. However, candidates are assessed for each elective course by 100% coursework and that may include presentations, projects, essays and written tests.

## CURRICULUM

The degree programme extends over not less than one and not more than two academic years of full-time study or not less than two and not more than four academic years of part-time study. All courses are offered on both part-time and full-time basis. Classes are conducted during evenings and occasional weekends.

The compulsory courses provide candidates with a broad, integrated understanding of the social science approach to the study of crime and deviance. The elective courses, building upon that foundation, introduce the candidates to a variety of contemporary developments in criminology and related social policy issues.

To receive the award of the degree of Master of Social Sciences in the field of Criminology, candidates must complete 8 courses (6 credits each) plus a dissertation (12 credits), with a total of 60 credits. As a rule, full-time candidates are expected to do an individual dissertation, while part-time candidates are expected to do a group dissertation. Consideration may be given to part-time candidates to do an individual dissertation but requires approval by the department coordinator. The 8 courses include 4 compulsory courses and 4 courses from the list of elective courses.

The programme structure is summarized as follows:

Duration of Study	Part-time	Full-time
<b>Year 1</b>		
Semester 1	2 Compulsory courses	2 Compulsory courses 2 Elective courses plus SOCI8021 Individual dissertation
Semester 2	2 Compulsory courses	2 Compulsory courses 2 Elective courses plus SOCI8021 Individual dissertation
<b>Year 2</b>		
Semester 1	2 Elective courses plus SOCI8022 Group dissertation	
Semester 2	2 Elective courses plus SOCI8022 Group dissertation	

### *Compulsory courses*

Candidates shall complete all courses from the following list:

- SOCI7001. Criminal justice: process and politics (6 credits)
- SOCI7002. Methods of research for criminology (6 credits)

- SOCI7004. Theoretical criminology (6 credits)
- SOCI7009. Global and comparative criminology (6 credits)

***Elective courses***

Candidates shall complete 4 courses from the following list:

- SOCI8002. Economic and organized crime (6 credits)
- SOCI8003. Law and society (6 credits)
- SOCI8004. Punishment and society (6 credits)
- SOCI8006. Youth and delinquency (6 credits)
- SOCI8008. Special topics in criminology (6 credits)
- SOCI8011. Media and crime (6 credits)
- SOCI8013. Gender, crime and social control (6 credits)
- SOCI8015. Crime and deviance in PR China (6 credits)
- SOCI8017. Cultural criminology (6 credits)
- SOCI8018. Policing in comparative perspective (6 credits)
- SOCI8019. Issues in police reform (6 credits)
- SOCI8020. White collar and corporate crime (6 credits)
- SOCI8024. Digital media, moralities and cultures (6 credits)
- SOCI8032. Drugs and society (6 credits)
- SOCI8033. Co-presence: Human-animal Relationships in Modern Cities (6 credits)
- SOCI8034. Special topics in criminology II (6 credits)

***Capstone Experience course (Compulsory)***

Full-time candidates shall complete Individual dissertation and part-time candidates shall complete Group dissertation.

- SOCI8021. Individual dissertation (12 credits)
- SOCI8022. Group dissertation (12 credits)

There are no prerequisites of all compulsory or elective courses. Not all the courses listed will necessarily be offered every year. While we try to ensure as broad a course offering to students as possible, courses offered each year do vary based on availability of teaching staff, departmental resources and student demand. In exceptional instances, it may be necessary to cancel a course at short notice because of insufficient student enrolment or other resource issues.

Candidates may apply to substitute for a listed course or courses in the syllabus of this programme with a course or courses offered by another Department in the University. Candidates may: (a) select courses from a list of pre-approved courses issued by the Department of Sociology; or (b) apply to be granted permission to take other postgraduate courses which are not listed as pre-approved courses. In both cases, the courses will have been approved by the Department and the Faculty as being of equivalent standard to that of those listed for the syllabus of this programme. Candidates shall normally be permitted to take not more than one course from another Department in the University. Permission normally will be granted only to take postgraduate courses, and only for those courses which can be shown to have relevance to the candidates' overall course of study. Permission shall not be granted to substitute any other course for a required course in the syllabus of this programme.

**COURSE DESCRIPTIONS**

***Compulsory Courses***

**SOCI7001. Criminal justice: process and politics (6 credits)**

This course critically reviews the process of law enforcement from initial contact with suspects through

to prosecution and sentencing. The focus is on the ways criminal justice policies are developed and the problems and issues arising from the implementation of different approaches to crime control. Topics include: policing models (including private policing and crime prevention strategies); the effectiveness of policing; discretion and bias; due process and legal constraints in law enforcement; adjudication and sentencing; and policies toward victims.

Assessment: 60% coursework, 40% examination

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#### **SOCI7002. Methods of research for criminology (6 credits)**

A robust understanding of the principles and practice of social research methods is central to postgraduate-level study in criminology. An ability to critically analyse previous academic research, identify gaps in the literature, and design novel and rigorous new studies are vital to a criminologists tool-kit – these skills form a foundation for a deeper knowledge and understanding of the discipline. In this course, students will learn core concepts and skills in research methods, and become equipped with the skills to pursue independent study.

Assessment: 70% coursework, 30% examination

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#### **SOCI7004. Theoretical criminology (6 credits)**

This course comprises an introduction to major historical and contemporary theories of crime and deviance. The course covers: classical and positivist theories of crime; biological and psychological influences; social structural and social process theories of crime; Marxist and neo-Marxist explanations of crime and law; the emergence of neoclassic theories of crime (e.g., rational choice and routine activities); postmodern and restorative approaches to crime control.

Assessment: 60% coursework, 40% examination

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#### **SOCI7009. Global and comparative criminology (6 credits)**

In recent years, increasing attention has been paid to the ‘global’ question in criminology. As people, money, culture and technology circulate and cross-cut the globe on a daily basis, so the traditional borders of criminology have become merged and blurred. Just as ‘global’ issues – human trafficking, the international drug trade, corporate harm and cyber-crime – must be understood in an international context, so too must traditionally ‘local’ arenas of criminological interest – youth gangs, policing, sex-work – be located within a comparative perspective, in particular those beyond traditional Anglo-American bases of power. This course discusses the concept of globalisation and its implications for the study of criminology, introducing students to key theoretical and methodological debates in the field of global and comparative criminology through analysis of both global and local case-study examples.

Assessment: 60% coursework, 40% examination.

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### *Elective Courses*

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#### **SOCI8002. Economic and organized crime (6 credits)**

The course focuses on a range of criminal activities that occur within an organizational setting or are in accordance with established organizational goals, and which harms individuals or society at large. More specifically, the course will devote attention to such topics as economic and organized crime and discuss the ways in which they are interrelated and frequently overlap with political crime. Special consideration will be given to the ways in which the state may organize crime.

Assessment: 100% coursework

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**SOCI8003. Law and society (6 credits)**

This course will examine the relationship between law and society. It looks at the history and development of law in different cultures, examining the form and content of 'law' found in pre-industrial society, capitalist society and socialist society. Particular legal concepts such as the law of contract and the public/private distinction are placed in their socio-historic setting. Specific topics (e.g. law and domestic relations, rape in marriage, child abuse, homosexuality, artificial reproduction, and restrictions on pornography) are examined insofar as they are related to the application of these concepts.

Assessment: 100% coursework

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**SOCI8004. Punishment and society (6 credits)**

The course aims to explain punishment and society in a comparative and historical context. Popular conceptions and professional evidence about punishment will be compared. The social institution of punishment is in many ways a mirror of society and its norms. The course will look at the different functions of punishment, like retribution, deterrence, incapacitation, rehabilitation, and restoration. We will trace those functions historically and culturally, mapping vast cultural and social differences in the way in which punishment is practiced in America, Europe, the Islamic world, and in China.

Assessment: 100% coursework

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**SOCI8006. Youth and delinquency (6 credits)**

The problem of juvenile delinquency has influenced the formation of law and social policy in many societies. This course will use a wide variety of historical and comparative materials to analyze the response of social service agencies and the criminal justice system to juvenile delinquency. It will also examine various theoretical approaches that have been used in studying juvenile delinquency.

Assessment: 100% coursework

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**SOCI8008. Special topics in criminology (6 credits)**

A lecture and seminar programme designed to provide students with a course of study in current or newly emerging topics in criminology and criminal justice. The course enables, for example, new subject or sub-specialist areas to be offered. This may *inter alia*, include:

cyber crime and e-commerce crime  
crime prevention  
criminal intelligence analysis  
criminal justice system administration and management  
computer forensics  
security and terrorism studies  
criminal profiling  
victimology (including trafficking, stalking and "hate" crimes)

Assessment: 100% coursework

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**SOCI8011. Media and crime (6 credits)**

The media plays an extremely influential role in the public's conceptions of crime and order. This course aims to provide students with a better understanding of theories about the media's impact on

crime, the news making process in relation to crime, and how the media shapes our ideas and responses to crime. The course also focuses on the representation of crime in popular culture, particularly in films and novels.

Assessment: 100% coursework

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### **SOCI8013. Gender, crime and social control (6 credits)**

Understanding women's experiences with crime and the criminal justice system requires an analysis of the normative ideas about gender that are constructed and utilized by the criminal justice system. Criminological research on women in crime and the criminal justice system have argued that interventions for women's criminal offending are about regulating gender norms (or producing 'good women') as much as they are about responding to crime. This course examines these blurred boundaries between managing crime and managing gender. We will also explore the construction and treatment of gendered bodies as well as gendered forms of work, institutions and social processes. The gendered dimensions of central criminological processes such as criminalization, victimization, policing and the criminal justice system will also be examined, with a particular focus on the blurred boundaries between victimization and criminalization.

Assessment: 100% coursework

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### **SOCI8015. Crime and deviance in PR China (6 credits)**

The course offers an overview and introduction to the developments of crime and deviance in China. The emphasis will be historical, comparative and contemporary. We look at Chinese definitions of deviance and crime from the past, the Communist period, and with a particular emphasis on the recent period of rapid modernization. The course will also review issues and problems in the control of crime and public order in the People's Republic of China. The content covers theories and practices of deviance, crime, discipline, policing, and punishment.

Assessment: 100% coursework

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### **SOCI8017. Cultural criminology (6 credits)**

Cultural criminology comes as a reaction and interpretive alternative to normative analyses of social problems. Rather than ask questions about root causes of crime, cultural criminologists seek to explore the processes through which ascriptions of crime and criminality, and reactions to these ascriptions are promulgated within particular social and cultural contexts. The course will offer a comparative perspective contrasting North American 'cultures of control', with other 'welfare' and 'disciplinary welfare' contexts, including Hong Kong.

Assessment: 100% coursework

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### **SOCI8018. Policing in comparative perspective (6 credits)**

This course examines policing in a broad social and cultural perspective. Our focus is the concept of the "police function": under what sorts of historical and socio-cultural conditions does the idea of the police function make sense? With this question as our guide, we will examine the maintenance of order in stateless societies, look at various historical moments in the emergence of police as an element of modern government, and finally take a survey of the novel policing formations emerging from the processes of decolonization, globalization and neo-liberalism.

Assessment: 100% coursework

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**SOCI8019. Issues in police reform (6 credits)**

When, why and how do police forces change? This course takes up these questions through case studies of exemplary events of police reform, such as: Robert Peel's formation of the London Metropolitan Police in 1829; William Parker's reform of the Los Angeles Police Department in the 1950s; William Bratton's reform of the New York Police Department in the 1990s; post-apartheid policing in South Africa; and post-Maoist policing in the People's Republic of China. Through comparative study and in-depth analysis, students will draw lessons about the general dynamics underlying police reform. Assessment: 100% coursework

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**SOCI8020. White collar and corporate crime (6 credits)**

This course examines the topic of white-collar and corporate crime. Classic theoretical works will be considered as well as more contemporary writings. To illustrate these points we will explore important international case studies that shed light on how and why these offenses occur. We will begin with a general introduction to the field, including definitions, conceptual, and theoretical issues from the social sciences, law, and criminology regarding what has become known as white-collar, occupational, organizational, and corporate crime. Following this, we will discuss various forms of white-collar crime including: consumer crime, environmental crime, governmental crime, official corruption, computer crime, health care fraud, and financial fraud. The course will guide students in studying important questions, to critically think about issues, to research the topics discussed, and to become familiar with the literature on white-collar and corporate crime, through assigned readings, presentations, class discussion, a writing assignment and an in-class exam.

Assessment: 100% coursework

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**SOCI8024. Digital media, moralities and cultures (6 credits)**

The growth of digital media is fundamentally reshaping our culture. But how can we start to analyse and understand these changes sociologically? This course will attempt to address these issues through an examination of the moral and ethical issues underpinning a wide array of digital communications technologies. Morality provides a powerful tool for understanding technology, as it is able to encompass both the mundane (e.g., whether a 'selfie' is judged to be tasteful or crude) and the exceptional (i.e., the laws and regulations governing specific aspects of internet use). We examine how morality, social norms and behaviours are shaping technology use and how technology is, in turn, redefining the moral frameworks that exist in society. A broad range of existing theoretical standpoints for understanding the ethics of digital media will be introduced. These perspectives will be critiqued and challenged through reference to existing case studies and on-going innovative research projects from different academics and practitioners. This course adopts a truly global outlook, examining case studies from around the world to consider the moral dimensions of technology comparatively.

Assessment: 100% coursework

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**SOCI8032. Drugs and society (6 credits)**

Drug use is a significant feature of contemporary society and is a cause of concern in view of its impact on individuals and society, and its connectedness with crime. The overall objective of this course is to provide students with a better understanding of the ways in which drugs and society are interconnected. The aim of the course is to provide students with an integrative arena for the social understanding of drug use, why people use drugs, and the key epistemological (criminological, sociological and psychological) debates relating to the subject. It also focuses on the social, political and health factors that shape the control and treatment of drugs.

Assessment: 100% coursework



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**SOCI8033. Co-presence: Human-animal Relationships in Modern Cities (6 credits)**

In a globalised world amidst environmental crisis, consumption ethics and justice, the entanglement and future of human-animal relationships have become an increasingly urgent topic of inquiry. This course covers the manifold of human-relationships from our food choices, pet-keeping practices, animals in media to violence and protection of animals.

Assessment: 100% coursework

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**SOCI8034. Special topics in criminology II (6 credits)**

A lecture and seminar programme designed to provide students with a course of study in current or newly emerging topics in criminology and criminal justice. The course enables, for example, new subject or sub-specialist areas to be offered. This may *inter alia*, include:

cyber crime and e-commerce crime  
crime prevention  
criminal intelligence analysis  
criminal justice system administration and management  
computer forensics  
security and terrorism studies  
criminal profiling  
victimology (including trafficking, stalking and “hate” crimes)

Assessment: 100% coursework

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***Capstone Experience course***

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**SOCI8021. Individual dissertation (12 credits)**

The individual dissertation is a component of the curriculum designed to foster independent research for full-time students. Consequently, in addition to successfully completing eight taught courses, candidates must write a dissertation not exceeding 20,000 words on an approved topic. A dissertation topic is selected by the end of the first semester in the current academic year. The dissertation is prepared under the direction of a supervisor appointed by the Department. The final title of the dissertation shall be submitted for approval not later than March 31 of the same academic year and dissertation shall be presented not later than June 30 of the same academic year.

Assessment: 100% coursework

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**SOCI8022. Group dissertation (12 credits)**

The group dissertation is a component of the curriculum designed to foster small group research for part-time students. Consequently, in addition to successfully completing eight taught courses, candidates must write a dissertation of a reasonable length (pending on actual group size) on an approved topic. A dissertation topic is selected by the end of the second semester in the first year. The group dissertation is prepared under the direction of a supervisor appointed by the Department. The final title of the dissertation shall be submitted for approval not later than March 31 of the second academic year of study and dissertation shall be presented not later than June 30 of the same year.

Assessment: 100% coursework

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## EDUCATIONAL PSYCHOLOGY

The Department of Psychology offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Educational Psychology. The programme is designed to provide instruction and training in the theory and practice of educational psychology. To this end, emphasis will be placed on both academic studies and related practical experience in the field.

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### STRUCTURE AND EVALUATION

The period of study extends over two years full-time or three years part-time, commencing in September and including the intervening vacations. Throughout the programme, in both its theoretical and practical aspects, special attention will be paid to the needs and issues concerning educational psychology in the local setting.

The full time programme consists of a total of 156 credits. The quantitative value of a credit is equivalent to 20 hours of student learning activities (including both contact hours and all other forms of student learning activities) for taught course or 27 hours of work for practicum, under supervision of an experienced psychologist. Candidates are required to complete 21 compulsory courses, including 15 taught courses (6 credits each) (a total of 90 credits), 5 practicum courses (a total of 54 credits) and a 2-year dissertation research course (12 credits). 10 of the taught courses are normally taken in the first year and the remaining 5 in the second year. Duration of each taught course is normally one semester and consists of three hours of weekly lectures, discussions, seminars or workshops. The courses are as follows:

#### First year courses

PSYC6002.	Research methods & statistics I (6 credits)
PSYC6003.	Research methods & statistics II (6 credits)
PSYC7010.	Psychoeducational assessment I (6 credits)
PSYC7011.	Psychoeducational assessment II (6 credits)
PSYC7026.	Children with special needs I (6 credits)
PSYC7027.	Children with special needs II (6 credits)
PSYC7014.	Psychoeducational intervention I (6 credits)
PSYC7015.	Psychoeducational intervention II (6 credits)
PSYC7016.	Skills training seminar I (6 credits)
PSYC7017.	Skills training seminar II (6 credits)
PSYC6012.	Practicum I (9 credits)
PSYC6013.	Practicum II (3 credits)
PSYC6014.	Practicum III (6 credits)

#### *Capstone Experience Course*

PSYC7028.	Dissertation research (12 credits)
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#### Second year courses

PSYC6004.	Curriculum and instruction (6 credits)
PSYC6019.	Professional ethics and issues in educational psychology (6 credits)
PSYC8010.	Skills training seminar III (6 credits)
PSYC8007.	Applied developmental psychology (6 credits)
PSYC8008.	Motivation and learning (6 credits)
PSYC6015.	Practicum IV (18 credits)
PSYC6016.	Practicum V (18 credits)

#### *Capstone Experience Course*

PSYC7028.	Dissertation research (12 credits)
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The part-time programme consists of the same 15 compulsory courses, five practicum courses and a 2-year dissertation research course. Of the taught courses, seven are normally taken in the first year, five in the second and three in the third year. The courses are as follows:

#### First year courses

PSYC7010.	Psychoeducational assessment I (6 credits)
PSYC7011.	Psychoeducational assessment II (6 credits)
PSYC7026.	Children with special needs I (6 credits)
PSYC7027.	Children with special needs II (6 credits)
PSYC7014.	Psychoeducational intervention I (6 credits)
PSYC7015.	Psychoeducational intervention II (6 credits)
PSYC7016.	Skills training seminar I (6 credits)
PSYC6012.	Practicum I (9 credits)
PSYC6013.	Practicum II (3 credits)
PSYC6014.	Practicum III (6 credits)

#### Second year courses

PSYC8007.	Applied developmental psychology (6 credits)
PSYC8008.	Motivation and learning (6 credits)
PSYC6004.	Curriculum and instruction (6 credits)
PSYC6019.	Professional ethics and issues in educational psychology (6 credits)
PSYC7017.	Skills training seminar II (6 credits)
PSYC6015.	Practicum IV (18 credits)

#### *Capstone Experience Course*

PSYC7028.	Dissertation research (12 credits)
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#### Third year courses

PSYC6002.	Research methods & statistics I (6 credits)
PSYC6003.	Research methods & statistics II (6 credits)
PSYC8010.	Skills training seminar III (6 credits)
PSYC6016.	Practicum V (18 credits)

#### *Capstone Experience Course*

PSYC7028.	Dissertation research (12 credits)
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The part-time programme may not be offered. An announcement would be made whenever it is available.

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## EXAMINATIONS

Examinations of the courses followed by a candidate may be either by a written paper in the examination held in December or May of the academic year of study, or by continuous assessment of the candidates' performance in completing the requirements of these courses, or by a combination of these methods.

A candidate's performance in the programme, whether full-time or part-time, is evaluated in three parts: (1) formal courses on the basis of written examination and/or continuous assessment of all written and practical work carried out during the year; (2) dissertation research and (3) practical training as set out below. Candidates must pass all three components of the programme.

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## COURSE DESCRIPTIONS

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### **PSYC6002. Research methods and statistics I (6 credits)**

The topics in this course include intermediate research methods and statistics. This course is designed to extend the knowledge and skills of students on research design and quantitative methods, using empirical examples in psychology to illustrate the key concepts and statistical reasoning involved. Students learn to become more intelligent consumers of research findings and more independent in conducting their own empirical studies.

Assessment: 100% coursework

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### **PSYC6003. Research methods and statistics II (6 credits)**

The topics in this course include intermediate research methods and statistics. This course is designed to extend the knowledge and skills of students on research design and quantitative methods, using empirical examples in psychology to illustrate the key concepts and statistical reasoning involved. Students learn to become more intelligent consumers of research findings and more independent in conducting their own empirical studies. At the end of this course, each student will have developed a viable research proposal in preparation for his/her thesis according to standards of the American Psychological Association.

Assessment: 100% coursework

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### **PSYC7010. Psychoeducational assessment I (6 credits)**

This course provides students with theoretical foundations of psychoeducational assessment and basic concepts in measurement. Starting with standards related to professional conduct and ethics in assessment, the course introduces students to formal and informal techniques and instruments used most frequently in the local setting. Focus will be put on the assessment of intelligence, achievement, and learning disabilities. The assessment of infants and young children is a special topic. The integration of assessment data into a comprehensive psychological report with associated recommendations for intervention is an essential component of this course.

Assessment: 100% coursework

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### **PSYC7011. Psychoeducational assessment II (6 credits)**

The focus of this course is on the assessment of behavioural and adjustment problems in children and adolescents. Using the problem-solving and systems approach as framework, students will be introduced to important concepts, procedures and instruments associated with the assessment of behaviour, personality, and social-emotional functioning in the school context.

Assessment: 100% coursework

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### **PSYC7026. Children with special needs I (6 credits)**

This course introduces some basic concepts and issues on educating students with special educational needs with focus on the characteristics, identification and intervention strategies for students with intellectual and learning related disabilities. The course covers the following topics: Historical background; inclusive education; early identification and early intervention; provisions for students with intellectual disability and learning disability.

Assessment: 100% coursework

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**PSYC7027. Children with special needs II (6 credits)**

This course focuses on the basic characteristics, identification and intervention measures for students with emotional and behavioural related disabilities. Topics include different classification systems, general remediation strategies and specific training programmes in mainstream and special educational settings for students with emotional and behavioural problems.

Assessment: 100% coursework

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**PSYC7014. Psychoeducational intervention I (6 credits)**

The nature and basic principles of psychoeducational intervention are introduced. The first half of the course will cover the fundamentals of counselling and guidance. It focuses on the process and stages of counselling in a pan-theoretical way. The second half of the course will cover some of the major approaches in counselling and intervention (e.g., person-centred therapy and behavior modification). It aims at equipping the students with specific and useful techniques and procedures derived from these approaches. Students are expected to master both theories and practical skills. Practical training is an indispensable component of this course.

Assessment: 100% coursework

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**PSYC7015. Psychoeducational intervention II (6 credits)**

Major approaches and different levels of psychoeducational intervention are covered. The course emphasizes both direct and indirect intervention. Students are encouraged to go beyond the remedial model and are expected to work as an active agent with broader perspective in preventive intervention. Practical training is an indispensable component of this course. The students are expected to apply the acquired knowledge and practical skills to their work in educational settings. Topics include cognitive-behavioural intervention, systems and ecological approaches, school consultation, family work, psychodynamic approaches, alternative forms of therapy with children and adolescents, and career and vocational counselling.

Assessment: 100% coursework

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**PSYC7016. Skills training seminar I (6 credits)**

This course is the first in a series of practical skills training seminars. It provides an initial orientation programme immersing students into settings related to roles and functions of educational psychologists. Subsequently more intensive discussion and hands-on practice of assessment skills and intervention programmes are provided. Students observe and practise skills related to consultation and interviewing, observational techniques, testing procedures, reporting test results and recommending interventions.

Assessment: 100% coursework

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**PSYC7017. Skills training seminar II (6 credits)**

This course is the second in a series of practical skills training. It is offered when the students start their first practicum. It provides a platform for the students to polish the micro-skills that are required in their first practicum. These are the skills in assessment, counselling, consultation, inter-disciplinary collaboration, and systems-intervention. This course also provides a forum in which experienced educational psychologists from the field can share their specialities and expertise with the students.

Assessment: 100% coursework

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**PSYC8010. Skills training seminar III (6 credits)**

This course is the last in a series of practical skills training seminars. It is offered in the second year when the students are immersed in practicums. It provides a platform for them to further polish the micro-skills that are required in field work. It also provides them with opportunities to seek support and guidance for the challenges they come across in practicum. In addition, it is a forum in which educational psychologists and allied professionals from the field can share with the students their experience in difficult cases and latest development in intervention.

Assessment: 100% coursework

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**PSYC6004. Curriculum and instruction (6 credits)**

This course helps students understand and enact the principles of curriculum design, teaching, and assessment of learning, as they apply to the contexts and issues educational psychologists are likely to meet. A systemic view of children's learning problems will be emphasized. Curriculum and instructional issues for both mainstream and special schools in Hong Kong will be reviewed.

Assessment: 100% coursework

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**PSYC6019. Professional ethics and issues in educational psychology (6 credits)**

This course prepares students for professional practice in educational psychology by examining the organizational, ethical, and legal considerations as well as current issues related to such practice in Hong Kong. Ethical and legal guidelines pertinent to the delivery of school psychological services will be introduced to enable students to make well-informed choices in resolving professional problems and ethical dilemmas when they occur. Students will also engage in discussion and analysis of contemporary issues related to educational psychology practice. Topics covered are broad and diversified and are highly relevant to the local context.

Assessment: 100% coursework

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**PSYC8007. Applied developmental psychology (6 credits)**

This course focuses on an integrated study of human development across the life span with implications for educational psychology. It aims at familiarizing students with current state of knowledge and major theories of human development with particular emphasis on childhood and adolescence. The interrelationship among biological, cognitive, social, and educational factors that influence human development will be examined. In particular the influence of Chinese culture and context on development during the childhood and adolescence will be discussed.

Assessment: 100% coursework

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**PSYC8008. Motivation and learning (6 credits)**

This course aims at familiarizing students with theories, research, and practices in the field of motivation and learning. It focuses on how educational psychologists can use existing knowledge in motivation and learning to enhance teachers' instruction and students' learning. Topics include theories of motivation and learning; their application in educational settings; effects of social cognitions on motivation; instructional environment that fosters motivation; and biological, cultural and contextual factors of learning.

Assessment: 100% coursework

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- PSYC6012. Practicum I (9 credits)**  
**PSYC6013. Practicum II (3 credits)**  
**PSYC6014. Practicum III (6 credits)**  
**PSYC6015. Practicum IV (18 credits)**  
**PSYC6016. Practicum V (18 credits)**

The programme considers practicum an important and indispensable part of the training and whenever possible tries to integrate theories discussed at the University with that of fieldwork practice. All students are required to do fieldwork for a total of 180 days in five practicums.

PSYC6012	Practicum I (9 credits)
PSYC6013	Practicum II (3 credits)
PSYC6014	Practicum III (6 credits)
PSYC6015	Practicum IV (18 credits)
PSYC6016	Practicum V (18 credits)

Each credit is equivalent to 27 hours of practical work. The total duration of the five practicum courses is 180 days (1,458 hours). Each practicum aims at providing the students with:

- (a) exposures to a broad spectrum of work of an EP working in a particular setting;
- (b) adequate hands-on experiences at different levels (such as individual casework, group work, consultations to parents and teachers, in-service training for teachers, etc.) in the development of the necessary practical knowledge and skills;
- (c) knowledge of different types of provisions and systems accessible to children with special educational needs and referral procedures; and
- (d) opportunities for collaborative work with other professionals.

Assessment: 100% practicum

Prerequisite requirements:

PSYC6014 – prerequisite: PSYC6013

PSYC6015 – prerequisite: PSYC6012

PSYC6016 – prerequisite: PSYC6012

### Capstone Experience Course

#### **PSYC7028. Dissertation research (12 credits)**

The dissertation should be a critical study within the field, normally including an empirical element, and should not exceed 20,000 words in length. Where appropriate, studies involving qualitative methodology and other approaches may also be included. The title of the dissertation shall be submitted for approval on March 31 of the final academic year of study, and the dissertation shall be presented by July 15 of the final academic year of study. The candidate shall submit a statement that the dissertation represents his own work (or in the case of conjoint work, a statement countersigned by his co-worker, which shows his share of the work) undertaken after registration as a candidate for the degree. The examiners may also prescribe an oral examination on the subject of the dissertation.

Assessment: 100% coursework

### GERONTOLOGY

The Department of Social Work and Social Administration offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Gerontology. This programme is designed for professionals who are interested in developing a career specialized in working with the elderly and who

engage in elderly-related policy research. Applicants from a variety of professional backgrounds may apply for the programme which is designed to meet the diverse training needs of different professional disciplines including social workers, nurses, occupational therapists, physiotherapists and other health related workers who are interested in aged care policies and practices. The programme shall extend over not less than one and not more than two academic years of full-time study; or not less than two and not more than three academic years of part-time study, inclusive of intervening vacations.

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## **EXEMPTION**

Candidates may be granted exemption of up to three compulsory courses in recognition of studies completed in related areas. Exemption will only be considered in special circumstances and each application for exemption will be considered on its own merit. Candidates with exemption granted are required to take an additional elective course to replace the exempted compulsory course to meet the degree requirements.

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## **ASSESSMENTS**

To complete the programme, candidates shall satisfy the examiners in the assessment of courses as prescribed in the programme. Assessments of the courses may be conducted either by course assignments, by presentations, or by written tests, or a combination of both methods. The grading system follows the standard practice in the Faculty of Social Sciences.

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## **CURRICULUM**

Candidates are required to complete 60 credits, including 6 compulsory courses (6 credits each), and 4 elective courses (6 credits each) or 2 elective courses (6 credits each) with a dissertation (12 credits). Candidates can take elective courses from courses in other fields of study under the Master of Social Sciences (Behavioral Health, Mental Health, Nonprofit Management, Social Service Management, Social Work) programmes. Special approval from the respective Programme Directors for the courses in the above-mentioned fields of study is needed.

### **(A) *Compulsory courses***

Candidates shall complete the following courses.

- SOWK6139. Theoretical foundation of human service practices (6 credits)
- SOWK6193. Social gerontology (6 credits)
- SOWK6207. Social policy and ageing (6 credits)
- SOWK6282. Social work intervention with the elderly (6 credits)
- SOWK6334. Comprehensive assessment for psychogeriatric care (6 credits)

### **(B) *Elective courses***

Dissertation option: Candidates shall complete two of the following courses.

Non-dissertation option: Candidates shall complete four of the following courses.

- SOWK6201. Mental health problems in old age (6 credits)
- SOWK6259. Contemporary perspectives on death, dying and bereavement (6 credits)
- SOWK6291. Advanced gerontological seminars (6 credits)
- SOWK6292. Ageing and health (6 credits)
- SOWK6293. Evidence-based programmes in global ageing contexts (6 credits)
- SOWK6318. Advanced gerontological seminars II (6 credits)
- SOWK6319. Advanced gerontological seminars III (6 credits)
- SOWK6320. Advanced gerontological seminars IV (6 credits)
- SOWK6335. A care management approach in support family carers (6 credits)



- SOWK6336. Clinical consultation in psychogeriatric care (6 credits)  
SOWK6337. Evidence-based interventions and care for people with dementia (6 credits)  
SOWK6338. Programme evaluation (6 credits)

and any other courses offered under Master of Social Sciences (Behavioral Health, Mental Health, Nonprofit Management, Social Service Management, Social Work) programmes

(Note: not all elective courses will necessarily be offered in a given year.)

### *Capstone Experience Courses*

**(C) *Compulsory course***

Candidates opt for either dissertation or non-dissertation option shall complete the following course.  
SOWK6265. Research methods in human service (6 credits)

**(D) *Dissertation (Elective)***

Candidates opt for dissertation option shall complete the following course.  
SOWK9002. Dissertation (12 credits)

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## **COURSE DESCRIPTIONS**

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### *Compulsory Courses*

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**SOWK6139. Theoretical foundation of human service practices (6 credits)**

The knowledge base of human service practices comes from a wide spectrum of social science disciplines including psychology, sociology and political science. This course will provide the philosophical and conceptual basis for analyzing social problems and issues and translating these theoretical constructs into human service practices.

Assessment: 100% coursework

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**SOWK6193. Social gerontology (6 credits)**

This course provides a comprehensive, holistic view of ageing that considers the implications for an older person's interactions with their social and physical environments, including the immediate environment of family, friends, and home, as well as the larger social structure of community, organizations, and society. It also aims to impart knowledge to students about the most important social theories on ageing and the time dimension in the ageing process and its relation to the evolution of larger society.

Assessment: 100% coursework

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**SOWK6207. Social policy and ageing (6 credits)**

The course is designed to examine the concepts of social policy and ageing, and the various models available for the analysis of social policy. By analyzing local and foreign services and policy regarding the elderly people, students will become familiar with the roles of government and non-government organizations in implementing public policies. This should further the understanding of the development of social services to meet the needs of the elderly in the context of economic and social change. Basic concepts of social planning, problem identification and programme implementation will be examined.

Assessment: 100% coursework

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**SOWK6282. Social work intervention with the elderly (6 credits)**

This course focuses on intervention with older people at micro and macro levels. In macro level, it covers both administrative and community intervention strategies to engage older people in their communities, to empower older people and their communities for independent living, to promote choices, quality of care, and quality of life in elderly services. In micro level, it covers intervention strategies for intake, comprehensive assessment, treatment and termination involved in working with older clients and their families. It equips students with skills to reach out, engage reluctant or impaired elders, and work in a multidisciplinary team in elderly settings.

Assessment: 100% coursework.

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**SOWK6334. Comprehensive assessment for psychogeriatric care (6 credits)**

This course provides students with competence, including values knowledge and skills in conducting comprehensive assessment on frail older people for psychogeriatric care. A government adopted assessment tool interRAI Home Care will be introduced to illustrate four interrelated area of assessment, consisting of functional well-being, cognitive and mental well-being, social well-being, and clinical well-being, together with popularly used clinical assessment in corresponding areas. Students will be introduced to understand rational, contents, assessment procedures, and comprehension of assessment results for clinical intervention.

Assessment: 100% coursework

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*Elective Courses*

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**SOWK6201. Mental health problems in old age (6 credits)**

This course explores the types of mental illnesses among the elderly in Hong Kong. Attention will be put towards the understanding of the causes and treatments of mental illness in the elderly population. A critical review of medical, psychological and social services for the elderly with mental illness will be conducted.

Assessment: 100% coursework

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**SOWK6259. Contemporary perspectives on death, dying and bereavement (6 credits)**

Death is an inevitable life experience for everyone. Death-related problem is one of the commonest issues that clients brought to counseling, but is also rated as the most uncomfortable scenario by beginning counselors. This course offers a basic orientation to the knowledge and intervention approaches in working with death-related situations, including end of life care and bereavement counseling. Major theories and models related to death, dying and bereavement would be introduced. Corresponding clinical implications and practical work approaches would also be highlighted. Apart from the knowledge and skills, the course also emphasizes on personal exploration and review on one's attitudes toward life and death issues. It is hoped that students are better equipped with knowledge competence, practice competence as well as self competence in working with death, dying and bereavement.

Assessment: 100% coursework

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**SOWK6291. Advanced gerontological seminars (6 credits)**

Globally, aging population leads to both threats and opportunities for social development. New issues relating to gerontology emerge from time to time. This course will bring students one or two emerging gerontological issues each time. For example, social security, housing, health and social care integration, mental health, community empowerment, death, dying and bereavement. Focuses will be put on cutting edge knowledge on selected issues, perspectives from policy, service delivery, and/or program levels. Assessment: 100% coursework

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**SOWK6292. Ageing and health (6 credits)**

According to the WHO, health is a “complete state of physical, mental, and social well-being, and not merely the absence of disease or infirmity.” As people age, they are increasingly facing challenges in their physical and mental health and in their social wellbeing. A better integrated health and social care system will help older people to better adjust to their aging processes and to minimize the negative impacts of aging to their wellbeing. This course is designed to help students from diverse academic backgrounds to understand the core values, conceptual models, intervention strategies, and service delivery systems of the integrated health and social care model. Building on the foundation values and knowledge of their own disciplines, students will learn how to effectively develop and implement a multi-disciplinary team in geriatric care settings. Assessment: 100% coursework

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**SOWK6293. Evidence-based programmes in global ageing contexts (6 credits)**

This course aims to help students understand the implications of population ageing and increasing life expectancy in both developed and developing countries although countries in the Asia-Pacific region will be our focus. Cross-national evidence-based programs will be selected from North America, Europe, Africa, Asia, and South America. Specifically, we will illustrate how population ageing varies across the globe and how it affects family support, living arrangements, and intergenerational transfer and relationships. Moreover, the policy and practice implications of population ageing in social, political, and economic dimensions will be discussed. Assessment: 100% coursework

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**SOWK6318. Advanced gerontological seminars II (6 credits)**

Globally, aging population leads to both threats and opportunities for social development. New issues relating to gerontology emerge from time to time. This course will bring students one or two emerging gerontological issues each time. For example, social security, housing, health and social care integration, mental health, community empowerment, death, dying and bereavement. Focuses will be put on cutting edge knowledge on selected issues, perspectives from policy, service delivery, and/or program levels. Assessment: 100% coursework

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**SOWK6319. Advanced gerontological seminars III (6 credits)**

Globally, aging population leads to both threats and opportunities for social development. New issues relating to gerontology emerge from time to time. This course will bring students one or two emerging gerontological issues each time. For example, social security, housing, health and social care integration, mental health, community empowerment, death, dying and bereavement. Focuses will be put on cutting edge knowledge on selected issues, perspectives from policy, service delivery, and/or program levels. Assessment: 100% coursework

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**SOWK6320. Advanced gerontological seminars IV (6 credits)**

Globally, aging population leads to both threats and opportunities for social development. New issues relating to gerontology emerge from time to time. This course will bring students one or two emerging gerontological issues each time. For example, social security, housing, health and social care integration, mental health, community empowerment, death, dying and bereavement. Focuses will be put on cutting edge knowledge on selected issues, perspectives from policy, service delivery, and/or program levels. Assessment: 100% coursework

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**SOWK6335. A care management approach in support family carers (6 credits)**

Family carers provide continuous care support to older adults with acute, transitional, and chronic impairments. However, family carers are twice as likely to suffer ill-health, both physically and mentally, compared to non-carers. Moreover, family carers with ill-health are more likely to be abusive, leading to family tragedy. Better support for family carers is associated with better health outcomes for frail older adults, family functioning, and the well-being of carers. This course examines profile, well-being, and needs of family carers globally and in Hong Kong. A critical evaluation of carer support services will be conducted. A clinical care management approach in supporting family carers will be introduced including assessment, ethics, care planning and intervention, and evaluation.

Pre-requisite: SOWK6193. Social gerontology

Assessment: 100% coursework

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**SOWK6336. Clinical consultation in psychogeriatric care (6 credits)**

The course provides opportunities to students to integrate knowledge gained over the course of the program and apply various psychotherapy models learned in working with clients under psychogeriatric care. Through case presentations by students, clinical feedbacks will be given in terms of case conceptualization, treatment direction, and actual application of psychotherapeutic techniques. The course will be conducted in didactic lectures, case illustrations, role plays exercises and/or demonstrations.

Assessment: 100% coursework

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**SOWK6337. Evidence-based interventions and care for people with dementia (6 credits)**

Dementia care and interventions can improve cognition, behavioural and psychological symptoms, and other outcomes in people with dementia and wellbeing of carers. This course equips current and future practitioners with the fundamental understanding and skills in delivering evidence-based non-pharmacological interventions in dementia, covering the entire course of illness from mild to severe, including Cognitive Stimulation Therapy (CST), Tailored Activity Program (TAP), multicomponent carer support programmes, and dementia care management; as well as case identification and evaluation of intervention outcomes.

Pre-requisite: SOWK6201. Mental health problems in old age

Assessment: 100% coursework

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**SOWK6338. Programme evaluation (6 credits)**

This course is designed to equip you with knowledge and skills necessary to systematically develop, implement, and evaluate social policies and programs. Social program funders, providers, consumers, policymakers, and the general public are increasingly focused on assessing the costs, quality, and outcomes of social services. At the same time, social service systems are becoming more complex,

servicing increasingly diverse populations, and facing multiple and conflicting demands from various stakeholders. Calls for “empirically-based practice” are becoming strong determinants of the types of services that will, or will no longer, be provided as part of the delivery of human services in the world. Thus, evidence-based program development is potentially powerful in helping to legitimize and advance psychosocial practice and program in health and social services. This course will enhance students’ ability to provide leadership in advancing these issues in the practice communities where they may find themselves working. It will be imperative for them to be able to (1) conduct needs assessment, (2) plan and develop evidence-based intervention programs, (3) monitor the implementation of intervention programs, (4) evaluate the effectiveness and efficiency of intervention programs, and (5) analyse research results as a basis in advocating for programs delivered by human service practitioners. Assessment: 100% coursework

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### *Capstone Experience Courses*

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#### **SOWK6265. Research methods in human service (6 credits)**

This course covers the whole research process from the development of research questions and hypotheses to the analysis of data as well as presentation of findings. Different data collection methods including qualitative data collection such as case study, interviews and focus groups; and quantitative data collection such as survey and experiment will be discussed. Data analysis on various types of data including secondary data will be examined. Students will be expected to integrate and apply the knowledge and skills they acquired through the programme by attending the - integrated seminars organized by the end of the first semester of the final academic year of study.

Assessment: 100% coursework

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#### **SOWK9002. Dissertation (12 credits)**

The title of the dissertation shall be submitted for approval not later than three months before the formal submission of the dissertation **or** not later than March 31 of the same academic year of study. The dissertation shall be presented by not later than **August 1** of the same academic year of study. The dissertation shall be a critical study that demonstrates the application of research methodology to the investigation of problems relevant to the field of study, and shall not exceed 20,000 words in length.

Assessment: 100% coursework

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### **MEDIA, CULTURE AND CREATIVE CITIES**

The Department of Sociology offers a postgraduate programme leading to the degree of Master of Social Sciences degree in the field of Media, Culture and Creative Cities. The programme shall extend over not less than one and not more than two academic years of full-time study or not less than two and not more than four academic years of part-time study, inclusive of intervening vacations. All courses are offered on both full-time and part-time basis. Classes are conducted during evenings and occasional weekends.

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### **ASSESSMENT**

Candidates are assessed the courses by way of (1) a 2-hour written examination that accounts for 40% of total marks and 60% by coursework assignments or (2) by 100% coursework and may include written tests.

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## CURRICULUM

To receive the award of Master of Social Sciences degree in the field of Media, Culture and Creative Cities, candidates have to complete 8 courses (6 credits each) and a capstone project (12 credits), with a total of 60 credits. The compulsory courses provide candidates with a broad, integrated understanding of the social science approach to the study of media, culture, and creative cities. The elective courses, building upon that foundation, introduce the candidates to a variety of contemporary developments in creative industries and related media and cultural issues.

Candidates shall complete all compulsory courses of the following list:

- SOCI7005. Theories of media, culture and creative cities (6 credits)
- SOCI7006. Research methods in media, culture and creative cities (6 credits)
- SOCI7007. Globalization and the cultural mosaic: an Asian perspective (6 credits)
- SOCI7008. Critical issues of media, culture and creative cities (6 credits)

Candidates shall complete 4 of the following elective courses:

- SOCI8011. Media and Crime (6 credits)
- SOCI8023. Media and popular culture in East Asian cities (6 credits)
- SOCI8024. Digital media, moralities and cultures (6 credits)
- SOCI8025. Consumer cultures and everyday life (6 credits)
- SOCI8026. Culture and Identity - Reflexivity and Narratives in Late-modern Society (6 credits)
- SOCI8027. Body, intimacy and sexuality: Media Narratives and Lived Experience in Modern Society (6 credits)
- SOCI8028. Cultural policies and global cities (6 credits)
- SOCI8029. Creative industries and creative cities (6 credits)
- SOCI8031. Special topics in media, culture and creative cities (6 credits)
- SOCI8033. Co-presence: Human-animal Relationships in Modern Cities (6 credits)
- SOCI8035. Special topics in media, culture and creative cities II (6 credits)

and to complete the following capstone experience course:

- SOCI8030. Capstone project in Media, Culture and Creative Cities (12 credits)

There are no prerequisites of all compulsory or elective courses. Not all the courses listed will necessarily be offered every year. While we try to ensure as broad a course offering to students as possible, courses offered each year do vary based on availability of teaching staff, departmental resources and student demand. In exceptional instances, it may be necessary to cancel a course at short notice because of insufficient student enrolment or other resource issues.

Candidates may apply to substitute for a listed course or courses in the syllabus of this programme with a course or courses offered by other departments in the University. Candidates may: (a) select courses from a list of pre-approved courses issued by the Department of Sociology; or (b) apply to be granted permission to take other postgraduate courses which are not listed as pre-approved courses. In both cases, the courses will have been approved by the Department and the Faculty as being of equivalent standard to that of those listed for the syllabus of this programme. Candidates shall normally be permitted to take not more than two courses from other departments in the University. Permission normally will be granted only to take postgraduate courses, and only for those courses which can be shown to have relevance to the candidates' overall course of study.

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## COURSE DESCRIPTIONS

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## *Compulsory Courses*

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### **SOCI7005. Theories of media, culture and creative cities (6 credits)**

This compulsory course introduces the key thinkers, traditions, and current debates in the sociology and cultural studies of media and culture in the world city context. It explores the centrality of the role of media, culture, and creativity in contemporary social life and its intricate relationships with the city at an advanced level. You will comprehend media and culture as an industry or institution with specific modes of production and ownership, consumption patterns and practices, and rules of control and regulation. You will examine media and cultural representations, as well as socially constructed identities. You will explore media and culture as a “way of life” comprised of social reflective practices that entail creativity and pleasure, as well as politics and resistance. In other words, this course will look into the key issues of political economy, representation, politics, and practices of media and culture, addressing the power dynamics and complexities of the city, and examining the importance of creativity in the context of globalization. This course serves as a roadmap to other courses in this programme.

Assessment: 60% coursework, 40% examination

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### **SOCI7006. Research methods in media, culture and creative cities (6 credits)**

This course offers you the chance to look at different ways of researching media, culture, and creative cities through a range of disciplines, most notably sociology, anthropology, and media and cultural studies. It examines the whole research process, starting from research methodology, to research design, sampling and methods used, to data collection, data analysis and report writing. In particular, various methods will be introduced such as survey, content analysis, ethnography, in-depth interview, life history, reception studies, textual analysis, and deconstruction. Key debates in research methodology such as representation, legitimation, and reflexivity will be discussed. Students will learn the methods for analyzing the media, cultural industries and their products, studying audiences and consumers, charting broader cultural trends, and examining the cultural environment of creative cities. The course helps students put theory “to work” and trains students to become independent researchers who are well-informed at both the theoretical and methodological level.

Assessment: 100% coursework

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### **SOCI7007. Globalization and the cultural mosaic: an Asian perspective (6 credits)**

Globalization refers to the increasing flow of people, goods, commodities, economic activity, technologies, media, values, and belief systems on a global scale. People are becoming more aware of the global connectivity of economic, cultural, political, and social activities in different parts of the world. Recent studies focus on the dynamics of this global flow in shaping the emerging world order. This course aims to provide students with a broader and deeper understanding of the issues related to globalization from an Asian perspective. It takes a serious look at this emerging global map by examining the social, cultural, and creative interface of global, domestic, and trans-border cultures in Asia. The discussions are arranged under three major themes, which included (1) city and state; (2) new communities and cultural exchanges; and (3) globalization vs. regionalization. Specific Asian cities such as Hong Kong, Beijing, Taipei, Seoul, Tokyo, and Singapore will be investigated.

Assessment: 100% coursework

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### **SOCI7008. Critical issues of media, culture and creative cities (6 credits)**

This course examines critical issues of media, culture, and creative cities, with a particular focus on Hong Kong city. The purpose is to shed light on relevant issues of modern life by drawing on some of the key concepts and findings in the related fields. While the issues to be discussed will vary from year

to year, they will all touch upon important facets of media operation, cultural dynamics, city regeneration, and creative development. In particular, the course will look at media regulation and freedom of speech, heritage and urban planning, time and collective memory, post-colonial identity and nationalist imaginations, youth cultures and lifestyles, global consumption and local community, new forms of intimacy, the beauty myth and diet culture, creative industries, city branding, the West Kowloon Cultural District, and Disneyland. Selected topics will be taught by different instructors with relevant special expertise. Students will form small groups to work on the presentation of a chosen topic. Emphasis will be put on using contemporary media, cultural, and urban theories to interpret and understand social and cultural phenomena in Hong Kong, and extend discussions to other Asian cities such as Beijing, Taipei, Seoul, Tokyo, and Singapore.

Assessment: 100% coursework

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### *Elective Courses*

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#### **SOCI8011. Media and crime (6 credits)**

The media plays an extremely influential role in the public's conceptions of crime and order. This course aims to provide students with a better understanding of theories about the media's impact on crime, the news making process in relation to crime, and how the media shapes our ideas and responses to crime. The course also focuses on the relationship between crime and cultural dynamics with a focus on representations of crime in popular culture, particularly in films and novels.

Assessment: 100% coursework

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#### **SOCI8023. Media and popular culture in East Asian cities (6 credits)**

This course addresses the social, political, cultural, and creative dynamics of the modern communication media – TV, film, music, radio, the press, and other new media technologies – and their impacts on popular culture in Hong Kong and other Asian cities such as Beijing, Shanghai, Taipei, Seoul, Tokyo, and Singapore. It enables you to critically examine how media and popular culture construct our identities, shape everyday life, and generate public debates. Topics include the media; sex and violence; consumption and youth cultures, romance and gender identity; regimes of body management; desire and social identities; lifestyle distinctions and social hierarchy; on-line communication and cyber personas; media events and imagined communities; new media and technologies; and the commercialization of arts.

Assessment: 100% coursework

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#### **SOCI8024. Digital media, moralities and cultures (6 credits)**

The growth of digital media is fundamentally reshaping our culture. But how can we start to analyse and understand these changes sociologically? This course will attempt to address these issues through an examination of the moral and ethical issues underpinning a wide array of digital communications technologies. Morality provides a powerful tool for understanding technology, as it is able to encompass both the mundane (e.g., whether a 'selfie' is judged to be tasteful or crude) and the exceptional (i.e., the laws and regulations governing specific aspects of internet use). We examine how morality, social norms and behaviours are shaping technology use and how technology is, in turn, redefining the moral frameworks that exist in society. A broad range of existing theoretical standpoints for understanding the ethics of digital media will be introduced. These perspectives will be critiqued and challenged through reference to existing case studies and on-going innovative research projects from different academics and practitioners. This course adopts a truly global outlook, examining case studies from around the world to consider the moral dimensions of technology comparatively.

Assessment: 100% coursework



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**SOCI8025. Consumer cultures and everyday life (6 credits)**

Consumption is an important part of modern life. This course examines the role of consumer culture in the modern commodity economy. It offers you a chance to revisit classical theorists in the context of consumption (e.g., Marx, Weber, Campbell, Veblen, Simmel), as well as some more contemporary thinkers (e.g., Marcuse, Bourdieu, Baudrillard). It will look at the changing roles of street culture, department stores and shopping malls, theme parks, and urban and suburban ways of life in the context of recent discussions regarding the interactive media and global consumption politics. In particular, the course will show how consumption in everyday life generates a fascinating mix of homogeneity, difference, hybridity, commerce, and democratization for modern people in major creative cities. Assessment: 100% coursework

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**SOCI8026. Culture and Identity - Reflexivity and Narratives in Late-modern Society (6 credits)**

This course traces the rise of the notion of self-identity in the modern era and follows it through to contemporary times. Various notions of identity and their relationships will be discussed: personal identity, social identity, cultural identity, collective identity, national identity, etc. We will explore the changing experiences and meanings of collective and personal identities in late modern culture in domains such as work, family, religion, society, and the nation. We pay particular attention to the emergence of various contemporary identities in relation to the formation of creative class and creative culture. This will enable us to rethink the distinction between the public and the private, explore the social construction of the life course, the notion of cultural identity, the relationship between identity and creativity, and the dynamics of identity politics and new social movements in terms of age, body, class, religion, gender, sexuality, race, ethnicity, and more. The focus is on contemporary Hong Kong and Chinese experiences as well as other cities in the Asia/Pacific region, such as Singapore, Seoul, and Tokyo.

Assessment: 100% coursework

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**SOCI8027. Body, intimacy and sexuality: Media Narratives and Lived Experience in Modern Society (6 credits)**

This course aims to investigate the significant changes happening in the private sphere of intimacy in late-modern times, paying particular attention to Chinese cities such as Hong Kong, Beijing, Shanghai, Shenzhen, and other Asian cities such as Seoul, Taipei, Tokyo, Bangkok, and Singapore. Drawn from various disciplines such as feminism, gay and lesbian studies, queer theory, and contemporary theory of body, this course critically reviews a number of key issues: the debate of biological drive/social force in shaping sexual identity, gender difference and intimate behavior; the dynamics of agency/structure in understanding sexual performances and body practices; the development of sexual politics and movements; mainstreaming of sexuality and media representation; and commercialization of desires. This course also pays more attention to the newly emerging scripts that seem to shape femininity/masculinity, romantic love, intimate relationship, and family patterns.

Assessment: 100% coursework

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**SOCI8028. Cultural policies and global cities (6 credits)**

This course covers three different scopes of cultural policy, beginning with government supports for the arts, then the invention of creative industry policies and finally cultural citizenship. There has been an international trend of introducing entrepreneurialism into cultural policies in recent decades. Policies, involving both the government and civic organizations thus are formulated in order to enhance the

competitiveness of nations and cities through various cultural projects. Global cities such as London, New York, Paris, Brussels, and Tokyo are seen to be capable of assuming a leading role in the cultural development and promotion of urban entrepreneurialism. This course examines comparatively how different policies evolve under different social and historical conditions, and how global cities redevelop their urban and cultural resources in order to sharpen their competitiveness in the context of the inter-city competition of a global economy, and explores how such experiences could be applied to Hong Kong. Topics to be covered in this course include entrepreneurialism, strategies of urban redevelopment, urban culture, and urban competitiveness. Students will also reflect on the problems associated with cultural, urban and creative development.

Assessment: 100% coursework

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### **SOCI8029. Creative industries and creative cities (6 credits)**

This course explores the structures, processes, and cultural artifacts of the creative industries (performing arts, film and television, publishing, art and antique markets, music, architecture, digital entertainment, computer software development, animation production, fashion, and product design) and how they figure in the strategic repositioning of the city. It offers students a chance to critically examine the political economy and spatial organization of these industries of culture in different creative cities of the world. It also opens up debates generated by the intersection between culture, economy, and the city, such as high and low culture, innovation and standardization, capitalist dominance and democratic pluralism, authenticity and mechanical reproduction, power and resistance, the role of the creative class in city growth and regeneration, engineering and imagineering creative cities, cultural planning, and the city as a marketplace, sustaining the livable city.

Assessment: 100% coursework

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### **SOCI8031. Special topics in media, culture and creative cities (6 credits)**

This course provides students with a comprehensive understanding of current or newly emerging topics in media, culture and creative city. The course enables new subject or sub-specialist areas to be offered. It also facilitates innovative modes of teaching and learning. Subjects may inter alia, include:

Visual sociology and anthropology  
Sensory cultures  
Emotion and affect  
Posthumanities and ethics  
Biomedicine and biotechnology  
New media, subjectivity and performativity  
New thinkers in cultural studies  
Risk, reflexivity and sustainable development  
Critical pedagogy in media and culture  
Body, place and flow – new directions in cultural studies  
Private self and public sphere  
Workshops in presenting and representing culture

Assessment: 100% coursework

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### **SOCI8033. Co-presence: Human-animal Relationships in Modern Cities (6 credits)**

In a globalised world amidst environmental crisis, consumption ethics and justice, the entanglement and future of human-animal relationships have become an increasingly urgent topic of inquiry. This course covers the manifold of human-relationships from our food choices, pet-keeping practices, animals in media to violence and protection of animals.

Assessment: 100% coursework

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**SOCI8035. Special topics in media, culture and creative cities II (6 credits)**

This course provides students with a comprehensive understanding of current or newly emerging topics in media, culture and creative city. The course enables new subject or sub-specialist areas to be offered. It also facilitates innovative modes of teaching and learning. Subjects may inter alia, include:

Visual sociology and anthropology  
Sensory cultures  
Emotion and affect  
Posthumanities and ethics  
Biomedicine and biotechnology  
New media, subjectivity and performativity  
New thinkers in cultural studies  
Risk, reflexivity and sustainable development  
Critical pedagogy in media and culture  
Body, place and flow – new directions in cultural studies  
Private self and public sphere  
Workshops in presenting and representing culture

Assessment: 100% coursework

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***Capstone Experience Course (Compulsory)***

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**SOCI8030. Capstone project in Media, Culture and Creative Cities (12 credits)**

This course aims to teach students how to integrate and apply the knowledge and skills they acquired through the programme. Students will conduct a research project in collaboration with community partners in the field of media, culture, and creative cities. Students have to develop a research topic and work on it over two semesters. The topics will relate to a variety of analytical, practical, and policy issues in the field. Sample topics may include: assessing the use of the web platform for preserving local history, the role of public engagement in cultural conservation projects, funding an international film festival, independent film making in the age of media convergence, radio broadcast after digitalization, gender identity and consumer culture in South China, the application of new media art in commercial settings, cultural clusters and art districts in Asia, a proposal for setting up a crafts museum in Hong Kong, and cultural policy after the West Kowloon Cultural District.

Students will work in groups under a designated academic supervisor from the Department, with the support of Community Partners. Assessment of the capstone project will be based on progress report, oral presentation and a final written report. The final written report shall be submitted not later than July 31 of the final academic year of study.

\*Individual project will only be considered on an exceptional basis and approved by the programme director.

Assessment: 100% coursework

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**MENTAL HEALTH**

The Department of Social Work and Social Administration offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Mental Health for social workers, nurses, occupational therapists, physiotherapists and other health related workers who are interested in mental health issues and practices. The programme shall extend over not less than two and not more than three academic years of part-time study, inclusive of intervening vacations.

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## **EXEMPTION**

Candidates may be granted exemption of up to three compulsory courses in recognition of studies completed in related areas. Exemption will only be considered in special circumstances and each application for exemption will be considered on its own merit. Candidates with exemption granted are required to take an additional elective course to replace the exempted compulsory course to meet the degree requirements.

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## **ASSESSMENTS**

To complete the programme, candidates shall satisfy the examiners in the assessment of courses as prescribed in the programme. Assessments of the courses may be conducted either by course assignments, or by presentations, or written tests, or a combination of both methods. The grading system follows the standard practice in the Faculty of Social Sciences.

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## **CURRICULUM**

Candidates are required to complete 60 credits, including 5 compulsory courses (6 credits each), and four to five courses (6 or 12 credits each) or three elective courses (6 credits each) with a dissertation (12 credits). In the first year of study, students will acquire most current knowledge about the contexts, policies and practices in mental health. They will also be introduced to advanced and practical knowledge and skills in psychiatric assessment and mental health counselling. In the second year, students can choose to specialize in **four areas** in mental health (i.e. Integrative Mental Health, Children and Youth Mental Health, Psychogeriatric Care and Cognitive-Behaviour Therapy). Candidates can take courses in other fields of study under the Master of Social Sciences (Behavioral Health, Gerontology, Nonprofit Management, Social Service Management, Social Work) programmes. Special approval from the respective Programme Directors for the courses in the above-mentioned fields of study is needed.

### **(A) *Compulsory courses***

Candidates shall complete the following courses.

SOWK6309. Mental health: policies and practices (6 credits)

SOWK6310. Psychosocial approaches in mental health care (6 credits)

SOWK6328. Theory and practice in mental health counselling (6 credits)

SOWK6329. Assessment in mental health: A bio-psychosocial approach (6 credits)

### **(B) *Elective courses***

Dissertation option: Candidates shall complete three of the following courses.

Non-dissertation option: Candidates shall complete five courses. If interested, candidates can choose courses to make up one of the four areas of concentration: (1) Integrative Mental Health (2) Children and Youth Mental Health, (3) Psychogeriatric Care and (4) Cognitive-Behaviour Therapy.

SOWK6084. Intervention in health care settings (6 credits)

SOWK6022. Emotion-focused interventions: theory and practice (6 credits)

SOWK6127. Cognitive-behavioral interventions (6 credits)

- SOWK6201. Mental health problems in old age (6 credits)
- SOWK6214. Children and youth mental health (6 credits)
- SOWK6311. Cognitive-behaviour therapy skills training (6 credits)
- SOWK6315. Neuropsychiatric assessment and interventions (6 credits)
- SOWK6316. Practical issues in mental health care (6 credits)
- SOWK6321. Mental health in contemporary China (6 credits)
- SOWK6322. Special topics in mental health I (6 credits)
- SOWK6323. Special topics in mental health II (6 credits)
- SOWK6345. Mental health economics & policy (6 credits)
- SOWK6346. Cognitive-behaviour therapy supervised practice - Counsellor stream (12 credits)
- SOWK6347. Cognitive-behaviour therapy supervised practice - Practitioner stream (12 credits)
- SOWK7011. Narrative therapy: A post-structuralist approach to life challenges (6 credits)

and any other courses offered under Master of Social Sciences (Behavioral Health, Gerontology, Nonprofit Management, Social Service Management, Social Work) programmes

(Note: not all elective courses will necessarily be offered in a given year.)

### ***Capstone Experience Courses***

#### **(C) *Compulsory course***

Candidates opt for either dissertation or non-dissertation option shall complete the following course.

SOWK6265. Research methods in human service (6 credits)

#### **(D) *Dissertation (Elective)***

Candidates opt for dissertation option shall complete the following course.

SOWK9003. Dissertation (12 credits)

## **COURSE DESCRIPTIONS**

### ***Compulsory Courses***

#### **SOWK6309. Mental health: policies and practices (6 credits)**

As part of practice competence, mental health workers should be able to take a critical stance in understanding and analyzing the policy contexts that affect their practice. The first half of the course will provide a general understanding of selected social policies in Hong Kong. It will also offer students an understanding of certain policy analysis frameworks. The second half of the course focuses on critically examining policy issues relating to mental health care. Topics such as policy trends in mental health care, legal contexts of mental health care, stigma and discrimination, rights of persons with mental illness and etc. will be explored. Overseas examples in mental health policies will be used for comparison.

Assessment: 100% coursework

#### **SOWK6310. Psychosocial approaches in mental health care (6 credits)**

This course critically examines current models of prevention, rehabilitation and treatments for people with mental illness. Topics such as prevention and rehabilitation, hospital and community care, models

of social and vocational rehabilitation, models of psychological intervention, culture and mental health, multidisciplinary teamwork in mental health service, core competences of mental health workers/social workers and etc. By comparing these to overseas models of psychosocial approaches in mental health care, students can appreciate the strengths and weaknesses of the models that are at work in Hong Kong. Assessment: 100% coursework

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**SOWK6328. Theory and practice in mental health counselling (6 credits)**

This course provides an overview on professional ethics and a theoretical foundation for the practices in mental health counselling. It has two major objectives: First, it intends to discuss key ethical issues in counselling, and to critically examine counsellors as persons guided by their value orientation, intentionality, and reflexivity. Second, it attempts to present a range of current evidence-based bio-psycho-social intervention approaches for working with people in face of mental distress and for nourishing people's positive mental health. As an overview, it covers some of the current and contemporary approaches stemming from various theoretical orientations such as body and mind, cognition and behavior, constructivism and post-modernism, and family systems. Their application and evidence of effectiveness in mental health counselling will be discussed. Some lectures may also involve reflection exercises, experiential learning and skills training.

Assessment: 100% coursework

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**SOWK6329. Assessment in mental health: A bio-psychosocial approach (6 credits)**

This course provides students with knowledge and skills in conducting psychiatric and psychosocial assessments on people with mental illness. Assessments on individual illnesses such as depression and psychosis will be taught using a bio-psychosocial perspective. The first 5 lectures cover the genetic and neurological bases of certain types of mental illness and the other 5 lectures will focus on the psychosocial factors in the etiology and development of certain types of mental illness. Students will be introduced to selected neurological, psychological and psychosocial assessment tools that are commonly used in measuring the mental health characteristics and statuses of a person with mental health concerns. Practical skills in using these assessment tools will be taught during classes.

Assessment: 100% coursework.

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*Elective Courses*

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**SOWK6022. Emotion-focused interventions: theory and practice (6 credits)**

Social work practice recognizes the importance of the role of emotions in therapeutic change. This course will begin with a review of current theories and research on emotion-focused interventions before focusing on the application of these theories in the local setting. This is followed by an examination of the awareness, the arousal, and reorganization of the emotions in counselling and psychotherapy. Commonly encountered emotions in casework and groupwork practice like anger, fear, guilt, shame, sadness and grief will be examined. Moreover, the course aims to enhance students' self-awareness and competence in handling critical incidents in clinical practice.

Assessment: 100% coursework

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**SOWK6084. Intervention in health care settings (6 credits)**

This course introduces students to a variety of current intervention approaches that are effective for working with people with health and mental health problems. These may include narrative therapy, solution focused therapy, art and music therapies, mindfulness-based intervention, body-mind-spirit

approach, Satir family therapy and etc. Candidates will be provided with experiential training on skills/techniques in working with patients in hospitals and in the community.

Assessment: 100% coursework.

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### **SOWK6127. Cognitive-behavioral interventions (6 credits)**

The course introduces students to the Beck's cognitive-behaviour therapy model in working with people with depression and anxieties. A case process approach will be adopted to provide a stage-by-stage and step-by-step understanding of the theory and practice of Beck's CBT. Other CBT models for working with people with psychosis, OCD, pathological gambling, substance abuse and etc. will also be discussed in class.

Assessment: 100% coursework

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### **SOWK6201. Mental health problems in old age (6 credits)**

This course explores the types of mental illnesses among the elderly in Hong Kong. Attention will be put towards the understanding of the causes and treatments of mental illness in the elderly population. A critical review of medical, psychological and social services for the elderly with mental illness will be conducted.

Assessment: 100% coursework

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### **SOWK6214. Children and youth mental health (6 credits)**

This course focuses on an understanding of the mental health issues found among children and youth in Hong Kong. While it will introduce the developmental perspectives on child and adolescent development, it will also provide an overview of the prevalence and general features of different childhood and adolescent mental health problems. The course will also bear a practice focus and introduce to students the assessment, treatment and skills in engaging children and youth suffering from various mental health problems.

Assessment: 100% coursework

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### **SOWK6311. Cognitive-behaviour therapy skills training (6 credits)**

This course adopts a CBT case process model and provides step-by-step intensive and hands-on training of cognitive-behaviour therapy skills for students who are interested in practicing CBT. Cognitive-oriented techniques such as thought stopping, cognitive restructuring, cognitive continuum and pie chart will be taught, while behavioural techniques such as activity ruler, activity chart, behavioural experiment and exposure will also be introduced to the students. It is expected that students would actively participate by practicing the various skills, engaging in role plays and other activities in class. Students who intend to enroll in this course must have taken SOWK6127 Cognitive-behavioral interventions or an equivalent. As it is an intensive skill-oriented training, the optimum class size is 12 students.

Assessment: 100% coursework

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### **SOWK6315. Neuropsychiatric assessment and interventions (6 credits)**

This course introduces a range of assessment and intervention approaches commonly used in complex neuropsychiatric conditions. With a focus on psychotic disorders and neurocognitive disorders and their core features such as delusions, hallucination, cognitive impairment and insight, the course will cover

concepts and practices in screening and case identification, assessment of psychopathology and staging, pharmacological and nonpharmacological interventions, and outcome measurement. Students will be expected to gain some very basic neuroscience understanding of these conditions, which will lay the foundation for appreciating the assessment and intervention approaches used by helping professionals.  
Assessment: 100% coursework

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**SOWK6316. Practical issues in mental health care (6 credits)**

This course covers the theoretical knowledge and practical skills on practice issues mental health workers face in their daily professional practices including handling psychiatric crises such as suicide and psychiatric relapse; providing practical advice to clients and families such as medication compliance and handling disturbing behaviours and emotions; working with other professionals; documenting services rendered to clients and the families; and dealing with legal issues. A case study approach is adopted.

Assessment: 100% coursework

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**SOWK6321. Mental health in contemporary China (6 credits)**

The course offers an overview of mental health system, social development and mental health services in contemporary China, and equips students with an integrative and multi-dimensional understanding, classification and management of mental disorders (e.g., severe psychoses, depression, dementia, substance abuse, and anxiety, etc.). The students will be familiar with the key issues in mental health service and research, and be able to discuss their relevance in evidence-informed social work practice and service in contemporary China.

Assessment: 100% coursework

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**SOWK6322. Special topics in mental health I (6 credits)**

Mental health is an integral and essential component of health. There is no health without mental health. Various psychological, emotional, biological and socioeconomic factors determine the level of mental health of a person at any point of time. Mental well-being is associated with our rapid changing society. This course will introduce students to mental health topics or issues in our contemporary society. For example, mental health policy and services, maternal and child mental health, neurological issues and problems in mental health, and suicide prevention.

Assessment: 100% coursework

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**SOWK6323. Special topics in mental health II (6 credits)**

Mental health is an integral and essential component of health. There is no health without mental health. Various psychological, emotional, biological and socioeconomic factors determine the level of mental health of a person at any point of time. Mental well-being is associated with our rapid changing society. This course will introduce students to mental health topics or issues in our contemporary society. For example, mental health policy and services, maternal and child mental health, neurological issues and problems in mental health, and suicide prevention.

Assessment: 100% coursework

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**SOWK6345. Mental health economics & policy (6 credits)**

Mental health is closely associated with our rapidly changing society. This course will introduce students to mental health topics and issues in our contemporary society – including public policy;



causes and prevention; treatment and support; resource allocation challenges; discrimination and stigma; and inequalities. These issues will be covered at different points across the life-course, with examples covering topics such as maternal mental health; child and adolescent mental illness and its adulthood consequences; recovery; workplace issues; family impacts and roles; suicide; and dementia. Students will gain in-depth understanding about mental health challenges and policy responses, especially from an economic perspective; risk factors for mental illness; economic evaluation of mental health interventions and policies, including methods and applications of cost-effectiveness and cost-utility analyses; policy analysis. Illustrative real-world examples will be used throughout the course, such as mental health policy in England today, economic evaluation of medication and nonpharmacological interventions for common mental disorders and severe mental illnesses, projection and other modelling to inform national dementia care policy.

Assessment: 100% coursework

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**SOWK6346. Cognitive-behaviour therapy supervised practice – Counsellor stream (12 credits)**

The course adopts a case-study format in which students are required to provide counselling clients using cognitive-behavior interventions, over a period of two semesters. Students are required to complete 120 hours of direct client contact, 52 hours of individual and group supervision, 4 hours of briefing sessions and 32 hours of skill-based workshops. Students will have to report in class the progress of their treatment sessions. Through case discussion and group supervision, students will learn the process and techniques of cognitive-behavior interventions. Students who intend to enrol in this course must have taken SOWK6127 “Cognitive-behavioral interventions”, and SOWK6311 “Cognitive-behaviour therapy skills training”. As it is an intensive skills-oriented training, the optimum class size is 18 students. Upon completion of this course, students may be eligible for the membership of Hong Kong Professional Counselling Association.

Assessment of student practicum performance will mainly make reference to the student’s rating in (1) practicum assessment form and (2) Beck’s Cognitive Therapy Rating Scale, so as to assess the student’s ability in using CBI to guide the case assessment and intervention. The assessment will be conducted at mid-term and end of practicum, so that more concrete feedbacks and suggestions can be given to students to facilitate their learning and improvement.

Pre-requisite: SOWK6127 Cognitive-behavioral interventions or an equivalent, and SOWK6311 Cognitive-behaviour therapy skills training.

Assessment: 100% coursework

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**SOWK6347. Cognitive-behaviour therapy supervised practice – Practitioner stream (12 credits)**

The course adopts a “case-study” format in which students are required to provide counselling for up to five clients using cognitive-behavior interventions, over a period of two semesters. Students will have to report in class the progress of their treatment sessions. Through case discussions and group supervision, students will learn the process and techniques of cognitive-behavior interventions. Upon completion of this course, students will be awarded a certificate equivalent to Level I Certificate Training in Cognitive Behaviour Therapy from Institute of Cognitive Therapy of Hong Kong.

Pre-requisite: SOWK6127 Cognitive-behavioral interventions or an equivalent, and SOWK6311 Cognitive-behaviour therapy skills training.

Assessment: 100% coursework

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**SOWK7011. Narrative therapy: A post-structuralist approach to life challenges (6 credits)**

The course introduces students to the philosophical foundations and practice of narrative therapy for working with individuals, families, groups and communities. Students will have a chance to be engaged with narrative ideas and its application in counselling and human services contexts.

Assessment: 100% coursework

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### *Capstone Experience Courses*

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#### **SOWK6265. Research methods in human service (6 credits)**

This course covers the whole research process from the development of research questions and hypotheses to the analysis of data as well as presentation of findings. Different data collection methods including qualitative data collection such as case study, interviews and focus groups; and quantitative data collection such as survey and experiment will be discussed. Data analysis on various types of data including secondary data will be examined. Students will be expected to integrate and apply the knowledge and skills they acquired through the programme by attending the integrated seminars organized by the end of the first semester of the final academic year of study.

Assessment: 100% coursework.

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#### **SOWK9003. Dissertation (12 credits)**

The title of the dissertation shall be submitted for approval not later than five months before the formal submission of the dissertation **or** not later than March 31 of the same academic year of study. The dissertation shall be presented by not later than **August 1** of the same academic year of study. The dissertation shall be a critical study that demonstrates the application of research methodology to the investigation of problems relevant to the field of study, and shall not exceed 20,000 words in length.

Assessment: 100% coursework

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### **NONPROFIT MANAGEMENT**

This programme provides an opportunity for leaders in the nonprofit sector in the Greater China and the world to develop enhanced capacity to lead the future development in civil society and the nonprofits sector. Our comprehensive and rigorous programme situates nonprofit management in a broader arena to include social, political and economic dimensions that will enable graduates to act as agents of change through policy advocacy, innovation, and other strategic actions as well as allow graduates to take on leadership positions in the sector. Through this programme, we will:

- extend students' knowledge of current critical issues in governance and leadership in the nonprofit sector, across sectors, as well as within relevant social services and public policy areas;
- enhance the capacity of the students in navigating the complex and dynamic social-economic-policy context to create positive changes in the sector;
- empower students with the state of art of innovations in the government, private and the nonprofit sectors, and create innovative competence in the sector;
- prepare students to integrate academic and professional knowledge to enhance their intellectual abilities and professional practice in order to achieve more effective and efficient leadership in the nonprofit sector; and
- create value for organisations as their staff members who join this programme can reflect on challenges and issues facing their organisations as well as apply newly developed competencies to mobilize resources and build new networks to transform their

organisation.

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## **ASSESSMENT**

To complete the programme, candidates shall satisfy the examiners in the assessments of courses. Candidates may be assessed by continual coursework assessment, written examinations, or a combination of both. The grading system with fine grades (i.e. A+, A, A-, B+, B, B-, C+, C, C-, D+, D and F) will be adopted for this programme.

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## **CURRICULUM**

Candidates are required to complete 60 credits, including 8 courses (6 credits each) and one capstone project (12 credits) in order to receive the Master of Social Sciences in the field of Nonprofit Management degree. Of the 8 courses needed to complete this degree, candidates are required to take 4 core courses then may choose the remaining four courses from a list of pre-approved electives. Candidates can take elective courses, with a maximum limit of two electives, from courses in other fields of study under the Master of Social Sciences (Behavioral Health, Gerontology, Mental Health, Social Service Management and Social Work) programmes. Special approval from the MNPM Programme Director and respective Programme Directors for the courses in the above-mentioned fields of study is needed.

### **Compulsory courses**

Candidates shall complete the following courses.

- MNPM7001. Public governance, structure and dynamics of the nonprofit sector in Greater China (6 credits)
- MNPM7002. Foundations of the nonprofit sector in comparative perspective (6 credits)
- MNPM7003. Managing nonprofit organisations: issues, tools and challenges (6 credits)
- MNPM7004. Performance measurement, assessment and programme evaluation (6 credits)

### **Capstone experience course**

Candidates shall complete the following course.

- MNPM7013. Capstone in nonprofit management (12 credits)

### **Elective courses**

Candidates shall complete four courses from the following list.

- MNPM7005. Strategic management of nonprofit organisations (6 credits)
  - MNPM7006. The law, nonprofit and philanthropy (6 credits)
  - MNPM7007. Talent management and strategic leadership for nonprofit organisations (6 credits)
  - MNPM7008. NGO Board governance and development (6 credits)
  - MNPM7009. Contemporary issues in effective philanthropy (6 credits)
  - MNPM7010. Fund development and financial management for nonprofit organisations (6 credits)
  - MNPM7011. Social entrepreneurship and innovation (6 credits)
  - MNPM7012. Brand building and social marketing (6 credits)
  - MNPM7014. Organizational analysis and strategic development in changing context (6 credits)
  - MNPM7015. Current topics in nonprofit management (6 credits)
  - MNPM7016. Working toward sustainable development goals through experiential learning (6 credits)
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## **COURSE DESCRIPTIONS**

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### ***Compulsory Courses***

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**MNPM7001. Public governance, structure and dynamics of the nonprofit Sector in Greater China (6 credits)**

This course provides an overview of the major issues in public governance, structure and dynamics of civil society and nonprofit sector in Greater China. The different modes of public governance and public-private interface through the development of civil society in Hong Kong, Mainland China and Taiwan will be reviewed. The existence, functions and contributions of nonprofit organisations to public governance will be examined. Students will gain a broader understanding of the nature of current social issues in Greater China, such as the widening income disparity gap, aging, poverty and migrant workers, in the context of recent reforms. The course also provides an analysis of how civil society and nonprofit organisations shape the social and public policy agenda under different regimes.

Assessment: 100% coursework

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**MNPM7002. Foundations of the nonprofit sector in comparative perspective (6 credits)**

This course examines the theories and concepts, roles and development of nonprofit organisations, voluntary associations, philanthropic organisations and social enterprises from an historical, political, social and economic perspective. It also examines the distinct scope, theories and functions of such organisations, and how they operate and impact on society, to equip students with a deep understanding of the complexity of the sector and its relationship to public governance.

Assessment: 100% coursework

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**MNPM7003. Managing nonprofit organisations: issues, tools and challenges (6 credits)**

A major challenge facing the nonprofit sector today is to attain effective management in a complex, rapidly changing environment. This course provides an overview of the broad range of management tools, principles and practices on which nonprofit organisations rely as they seek to meet mission objectives, frame messages to attract public support, motivate volunteers, plan effectively, develop strong board leadership, connect with the other sectors, and set and meet performance objectives. The course also looks toward future trends and developments in the management of nonprofit organisations. Topics covered range from developing organisational capacity to leveraging stakeholder and community engagement.

Assessment: 100% coursework

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**MNPM7004. Performance measurement, assessment and programme evaluation (6 credits)**

This course introduces on data collection, assessment, impact and performance appraisal systems that nonprofit can implement to measure and assess efficacy of policies and programmes. Performance measurement and programme evaluation are critical to improving the overall quality of programmes and services, gaining credibility with donors and demonstrating accountability and transparency to stakeholders. Topics also include: Social impact assessment (SIA) process, models and social variables for measuring social returns or social outputs especially in the fields of impact investing and social entrepreneurship, setting key performance indicators (KPIs); performance evaluation from a human capital perspective; and developing appropriate methods for communicating assessment results.

Assessment: 100% coursework

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*Elective Courses*

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**MNPM7005. Strategic management of nonprofit organisations (6 credits)**

This course focuses on leadership and management of nonprofit organisations in the current context of resource scarcity and the blurring of boundaries between the private, public and nonprofit sectors. As there is increasing emphasis on corporate social responsibilities and collective share holding in for-profit businesses, case studies of effective businesses and witnessing transformation of corporations will empower students to appreciate Change Management in an ever changing socio-economic environment. The course aims to provide the necessary perspectives and tools for executing high-impact strategy, including the conceptual frameworks for understanding high-impact organisations and the role of strategic leadership; analytical tools for developing and evaluating strategy; issues around succession planning; risk assessment; systems thinking and sustainability; approaches to working with stakeholders to mobilise commitment; and methods for leading change and achieving goals.

Assessment: 100% coursework

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**MNPM7006. The law, nonprofit and philanthropy (6 credits)**

This course covers the range of legal issues affecting civic engagement, volunteerism, human rights, international standards, nonprofit organisations and philanthropy. It examines and compares the evolution of the legal systems pertaining to those underlying policies and regulatory issues contained in constitutional, tax, contract, and trust laws that affect the set up and operation of charities, foundations, social enterprises and other philanthropic endeavours in Greater China with a comparison to Western legal frameworks. International best practices in policies, legal framework and systems on civil society, philanthropy, fund management, impact investing and NPOs will be examined.

Assessment: 100% coursework

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**MNPM7007. Talent management and strategic leadership for nonprofit organisations (6 credits)**

Talent management has emerged in the field of human resources as a key strategy for improving how an organisation functions. It is a set of processes designed to manage, recruit, develop, motivate and retain a workforce with the goal of creating a sustainable, highly responsive and performance driven organisation. Topics covered include identifying a competency-based, integrated talent management system, volunteer recruitment and management, and promoting organisational values-based behavioral themes.

Assessment: 100% coursework

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**MNPM7008. NGO Board governance and development (6 credits)**

This course presents an overview of nonprofit governance and issues of accountability that affect organisational performance from the structure, functions and composition of Boards to the individual fiduciary responsibility of each member. Topics covered include best practices on Board selection based on competency modelling; Board training and development, including working with cross-sectoral partners; collaboration and consensus building, how to assess Board performance and transformation of Boards.

Assessment: 100% coursework

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**MNPM7009. Contemporary issues in effective philanthropy (6 credits)**

With international trends of establishing individual, corporate, family and community foundations,

nonprofit and philanthropic organisations mushroom, especially in the Asia-Pacific area which share a culture of communal altruism and enjoy a steady economic development. The core values of modern philanthropy are examined along with the effects of ecological, historical, and social processes that influence traditions of giving in contemporary societies. The course delves into current issues and tensions around accountability, legitimacy, and the effectiveness of philanthropic institutions with consideration towards future trends. Effective philanthropy looks for impactful investments with a desire for genuine social change. This course examines the ways in which donors can distribute money through the analysis of different strategies, concepts and frameworks, along with implications for grantees and ultimately those funding recipients. Topics covered include high-impact philanthropy; developing metrics for measuring impact; strategic philanthropy; and the ethics of giving.  
Assessment: 100% coursework

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### **MNPM7010. Fund development and financial management for nonprofit organisations (6 credits)**

A major priority for nonprofit organisations is securing funds in support of noble goals and programmes. This course covers the fundamentals of fund development and diversifying sources of income as part of an organisation's strategy to build up capacity for sustainable, long-term growth. The use of financial information in organisational planning, implementation, control, reporting, and analysis are essential to the smooth operation of nonprofit organisations. Topics to be covered include techniques for developing successful fundraising strategies and campaigns; examination of donor behaviour and giving methodologies; assessing various potential sources and types of support; prospecting and building relationships; ethics and fund stewardship; and understanding external issues with potential to impact fund development and organisational performance; as well as accounting, budgeting, preparing and analysing financial statements, and using analytical tools in financial-decision making to improve organisational performance.

Assessment: 100% coursework

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### **MNPM7011. Social entrepreneurship and innovation (6 credits)**

Social entrepreneurship is about advancing long-term social change through technological innovative solutions and is a rapidly developing and changing field that constitutes different activities and goals depending on whether one is from the private, nonprofit or public sector. This course analyses the strengths and limitations of social entrepreneurship and social businesses, from a comparative perspective, as a tool for achieving significant lasting social change within nonprofit organisations. It explores the different theories, concepts, frameworks, guidelines and measurement tools, such as impact investing and SORI for effective social entrepreneurship and innovation with an eye towards sustainability of such solutions.

Assessment: 100% coursework

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### **MNPM7012. Brand building and social marketing (6 credits)**

Nonprofit organisations rely heavily on community good-will and public engagement to attain desirable social goals. Brand building and public relations can attract financial support, consumer and organisation loyalty, as well as credibility and talents. Social marketing is the application of marketing concepts and techniques to influence specific behaviors for social good. This course adopts a mode of professional practicum to cover the concepts and tools for nonprofit to design, implement and manage marketing strategies consistent with the social values and positioning of the organisation and supporting brand building. Students will learn how to conduct competitive analyses and market segmentation; understand target audience needs; develop and launch new offerings; explore opportunities for social entrepreneurship and product development; and understand and adapt marketing philosophies to threats

and opportunities in the current environment.

Assessment: 100% coursework

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#### **MNPM7014. Organizational analysis and strategic development in changing context (6 credits)**

This course targets at middle and senior managers of non-profit organizations, foundations and corporate social responsibility programs to be equipped with the core knowledge and cutting edge trends in strategizing organizational management and development. In confronting global challenges of rapid changes in public, business and social sectors, this course will offer deep analysis on organizational changes and learning to enhance students' knowledge and skills of multidisciplinary management. Topics may include change management, quality and performance monitoring systems, digital accountability and governance, strategic leadership, risk management, social economy and organizational innovations, etc.

Assessment: 100% coursework

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#### **MNPM7015. Current topics in nonprofit management (6 credits)**

Effective nonprofit management requires students to be familiar with the often-complex issues created by a rapidly changing global environment and to understand the approaches being taken to address those challenges. This course provides the students with an opportunity to explore current and emerging issues in nonprofit management from both a theoretical and practical perspective.

The specific issues addressed will vary from year to year but may include such areas as nonprofit law and regulation; civic engagement, volunteering and volunteer management; new institutional forms and the blurring boundaries of the nonprofit sector; collaboration, networking and acquisition; interorganizational relations and public private partnership; challenges and opportunities in a digital environment; and the policy environment.

Assessment: 100% coursework

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#### **MNPM7016. Working toward sustainable development goals through experiential learning (6 credits)**

This credit-bearing Experiential Learning course coalesces scholars and expert practitioners to offer a unique learning experience through a study trip that aims to empower students with strong entrepreneurial and humanitarian spirit to work towards the Sustainable Development Goals with new insight, skills, knowledge, and leadership. Specifically, the study trip will examine successful social innovation and startup models, conservation and development struggles, and other critical topics that harness social innovation, local and international nonprofits, and public-private partnerships for social good in developing countries. Students will also learn to solve problems using a set of tools, including design thinking, project management and leadership, and marketing. Students will also learn how to design and lead similar types of experiential learning in the future.

Pre-requisite: MNPM7001.Public governance, structure and dynamics of the nonprofit sector in Greater China; and MNPM7002.Foundations of the nonprofit sector in comparative perspective; and MNPM7003.Managing nonprofit organisations: issues, tools and challenges

Assessment: 100% coursework

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#### ***Capstone Experience Course***

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#### **MNPM7013. Capstone in nonprofit management (12 credits)**

The capstone project enables students to integrate what they have learned from the programme and demonstrate their ability to analyse critical issues, mobilise resources and build creative synergy in strategic nonprofit management. Students will attend a workshop as part of capstone and through active participation with distinguished academics, entrepreneurs and practitioners in the field, will develop expertise in those skills, tools and competencies essential to leading effective and efficient nonprofit organisations. Topics covered in the workshop include managing interpersonal and group conflicts; advocating for social change; information strategy in the digital age; and the art of networking and forming strategic alliances. Students will then work in small groups or on individual basis to complete a professional project. A topic is selected in consultation with relevant teaching staff by the end of the first month of the final academic year of study. The project is then researched, written and submitted for examination by the end of the final academic year.

Assessment: 100% coursework

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## **PSYCHOLOGY**

The Department of Psychology offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Psychology. The mission of this MSocSc programme in Psychology is to provide high quality postgraduate education in psychology. The programme incorporates intensive research training, adopts a fit-for-purpose problem-based learning approach, and makes a capstone experience for every student in this programme so as to better equip our graduates for further studies or future career in psychology.

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## **CURRICULUM**

1. Candidates are required to complete 60 credits. For the “dissertation” option, candidates are required to complete eight courses (6 credits each) and a dissertation (12 credits). For the “non-dissertation” option, candidates are required to complete eight courses (6 credits each), a capstone project in psychology (6 credits) and an elective course (6 credits) from the elective course list of this programme.

### **Compulsory Courses**

- PSYC7301. Introduction to research methods in psychology (6 credits)
- PSYC7302. Research and quantitative methods in psychology (6 credits)
- PSYC7303. Biological psychology (6 credits)
- PSYC7304. Cognitive psychology (6 credits)
- PSYC7305. Developmental psychology (6 credits)
- PSYC7306. Personality psychology (6 credits)
- PSYC7307. Social psychology (6 credits)
- PSYC7309. Abnormal psychology (6 credits)

### **Elective Courses**

- PSYC7310. Human neuropsychology (6 credits)
- PSYC7311. Internship in psychology (6 credits)
- PSYC7312. Introduction to concepts and approaches of therapeutic psychology (6 credits)
- PSYC7313. Introduction to health psychology and wellbeing (6 credits)
- PSYC7314. Professional ethics and issues in psychology (6 credits)
- PSYC7315. Psychological testing and measurement (6 credits)
- PSYC7316. Special topics in psychology (6 credits)

*(Note: Not all the elective courses listed will necessarily be offered every year)*

### **Capstone Experience Courses**



PSYC7308. Dissertation in psychology (12 credits)  
PSYC7317. Capstone project in psychology (6 credits)

2. Dissertation option: Full-time candidates are required to take four courses in each of the 1<sup>st</sup> and 2<sup>nd</sup> semesters, in addition to a full-year dissertation course. Part-time candidates are required to take five courses in the 1<sup>st</sup> year and, in addition to the dissertation course, three courses in the 2<sup>nd</sup> year of study. Any variations from this pattern are subject to the approval of the Programme Director.
3. Non-dissertation option: Full-time candidates are required to take five courses in each of the 1<sup>st</sup> and 2<sup>nd</sup> semesters. Part-time candidates are required to take five courses in the 1<sup>st</sup> year and five courses in the 2<sup>nd</sup> year of study. Any variations from this pattern are subject to the approval of the Programme Director.
4. For the compulsory and elective psychology courses, candidates are required to participate in the problem-based inquiry for each course. In preparation, they should complete the required assigned readings and are encouraged to engage in self-directed learning by reading additional self-selected relevant materials.
5. Candidates who are enrolled in a capstone experience course are required to conduct a capstone project or write a dissertation on an approved topic under the supervision of a faculty member in his/her final year of study. The capstone project report or dissertation shall be presented not later than June 30 of the final academic year of study.
6. Candidates who had taken similar courses in a programme which is designed to bring the degree holder up to the standard of a graduate majoring in psychology may not be approved to take similar courses listed under (1). Candidates may be granted exemption of up to three courses with either one course from each of the following combinations:
  - PSYC7303 / PSYC7304,
  - PSYC7305 / PSYC7309,
  - PSYC7306 / PSYC7307, andno exemption is allowed for the research methods courses, i.e., PSYC7301 and PSYC7302.
7. Exemption will only be considered in special circumstances and each application for exemption will be considered on its own merit. Candidates with exemption granted are required to take one of the postgraduate seminar courses (PSYC7021, PSYC7022, PSYC7023, PSYC6025) or one elective course from the elective course list of this programme in lieu of each exempted course to meet the degree requirements.

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## COURSE DESCRIPTIONS

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### *Compulsory Courses*

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#### **PSYC7301. Introduction to research methods in psychology (6 credits)**

This course adopts a practical approach to teaching the analytical aspects of research techniques in psychology. It is designed to provide students with the basic background in research design and data analysis. The logic of statistical inference and scientific explanation, the merits and limitations of quantitative approaches to the study of psychological phenomena, and research ethics will be discussed. Assessment: 100% coursework.

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#### **PSYC7302. Research and quantitative methods in psychology (6 credits)**

This course is designed to extend students' quantitative and research skills so that they are prepared to conduct their own independent empirical research. It will build on what students already learned in PSYC7301 to cover more advanced quantitative methods commonly used in Psychology.

Assessment: 100% coursework.

Prerequisites: PSYC7301.

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### **PSYC7303. Biological psychology (6 credits)**

This course provides an introduction to biological aspects of behaviour. The topics include: biological bases of behaviour, development, learning, memory, and abnormal psychology; the nervous system; processes of brain maturation; psychophysiology.

Assessment: 100% coursework.

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### **PSYC7304. Cognitive psychology (6 credits)**

This course covers how humans learn to deal with information from the environment in everyday life. Topics include various aspects of perception, attention, memory, and language. Students will be involved in conducting experiments on cognitive functioning as part of the coursework.

Assessment: 100% coursework.

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### **PSYC7305. Developmental psychology (6 credits)**

This course covers current issues in developmental psychology and their applied implications. Students will actively solve problems and conduct mini projects related to selected topics in human development. There will be an emphasis on understanding basic concepts and theories of human development, research methodology and issues in developmental change, as well as biological, environmental and cognitive influences on development.

Assessment: 100% coursework.

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### **PSYC7306. Personality psychology (6 credits)**

This course will critically examine a number of theories. The relationship of specific theories to practical applications, personality assessment and psychotherapeutic techniques may be included. The major aims of the course are to provide a survey of the breadth and complexity of this field and to provide a perspective from which to examine assumptions about human nature and the evaluation of behaviour.

Assessment: 100% coursework.

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### **PSYC7307. Social psychology (6 credits)**

This course gives an overview of the field which studies the behaviour of individuals in social contexts. It covers topics in social thinking (e.g., social perception, social judgement, relationship between attitude and behaviour), social influence (e.g., cultural influence, conformity and obedience, persuasion, and group dynamics), and social relations (e.g., prejudice, aggression, interpersonal attraction, and altruistic behaviour). Current research issues in social psychology will form part of the discussion, and students will be guided to apply the knowledge in real-life situations.

Assessment: 100% coursework.

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### **PSYC7309. Abnormal psychology (6 credits)**

This course provides an introduction to the modern concepts of psychopathology. It covers topics on the core features, conceptualization, and treatment of major groups of mental disorders. Relevance in everyday life, cultural issues and ethical dilemmas will form part of the discussion.

Assessment: 100% coursework.

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### *Elective Courses*

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#### **PSYC7310. Human neuropsychology (6 credits)**

This course introduces basic principles of brain-behaviour relationships. Research methods for investigating brain-behavior relationships are reviewed. The neuro-anatomical and neuropsychological mechanisms underpinning various cognitive and affective processes as well as how these processes are dysregulated in some common brain disorders are discussed. Students will participate in an independent empirical research project.

Assessment: 100% coursework.

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#### **PSYC7311. Internship in psychology (6 credits)**

Students will have an opportunity to i) learn to do research as an intern in ongoing empirical research projects under a teacher's supervision in the Department of Psychology, OR ii) under special circumstances, engage in an approved non-paid student-initiated internship in local organizations that can provide students an experience that is relevant to the skills and knowledge of the discipline of Psychology. The non-paid student-initiated internship is subject to the approval of the Department. For research internship in campus, students are required to spent 10-12 hours per week assisting various research activities. The internship includes participating in lab meetings or meeting individually with the supervisor, reading relevant theoretical and empirical articles, assisting in ongoing empirical research projects, and writing an internship report. Information about research projects offering internship placements and application procedure will be available in the Psychology Department webpage. For internship in local organizations, students are expected to apply psychology knowledge (including models, theories and/or concepts), critical thinking, and analytical skills acquired at the University to analyze real-life situations.

Assessment: 100% coursework.

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#### **PSYC7312. Introduction to concepts and approaches of therapeutic psychology (6 credits)**

This course provides a theoretical and experiential foundation for counselling and further training in the mental health profession. Major theoretical approaches in psychotherapy are surveyed and critiqued. Experiential learning is used to help elucidate some of the course material and facilitate reflection. Topics covered also include basic counseling skills and practice, ethics, diversity and cultural values, indigenous and community-based models, and outcome and process research.

Assessment: 100% coursework.

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#### **PSYC7313. Introduction to health psychology and wellbeing (6 credits)**

This course will provide a critical overview of both the psychological and social aspects of human health and wellbeing. Students will gain some foundations in understanding the role of psychology in the health context. Topics covered in this course include health behaviors, coping with health-related stress, social support and health, psychoimmunology, management of chronic illnesses, and

patient-practitioner interaction etc.  
Assessment: 100% coursework

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**PSYC7314. Professional ethics and issues in psychology (6 credits)**

The purpose of the course is to provide a general ethical guidance to cover typical situations encountered by professional psychologists. Models of ethical decision making will be introduced, discussed, and applied. In addition to the Code of Professional Conduct published by local professional bodies (e.g. the Hong Kong Psychological Society), a number of ethical codes, guidelines, and standards of practice will be reviewed.

Assessment: 100% coursework

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**PSYC7315. Psychological testing and measurement (6 credits)**

This course surveys the major concepts and techniques in the field of psychometrics, and provides students with some hands-on experience with commonly used tests. Topics covered include: the context of testing and measurement; the testing process; test standardization; reliability and validity; intelligence and its appraisal; personality assessment; special domain testing; occupational applications; large-scale measurements; ethics and prospects.

Assessment: 100% coursework.

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**PSYC7316. Special topics in psychology (6 credits)**

This course provides an opportunity to study in some depth an area of psychology of interest to students and a staff member alike. Individual topics may have special requirements for eligibility. Students taking this course may select one topic from a list of topics to be announced in the semester immediately prior to that in which they are taken.

Assessment: 100% coursework.

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*Capstone Experience courses*

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**PSYC7308. Dissertation in psychology (12 credits)**

A candidate should conduct an independent empirical investigation of a psychological problem under the supervision of a faculty member. A successful dissertation should represent the result of the candidate's research which displays some originality and demonstrates a sound understanding of the field of study and the appropriate research methods. The dissertation should be about 8,000 to 10,000 words in length (excluding tables, figures, bibliographies, and appendices). The title of the dissertation shall be submitted for approval not later than March 31 of the final academic year of study, and the dissertation shall be presented not later than June 30 of the final academic year of study. Candidates shall submit a statement that the dissertation represents their own work undertaken after registration as candidates for the degree.

Assessment: 100% coursework

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**PSYC7317. Capstone project in psychology (6 credits)**

This course comprises an independent research study in an area of psychology of the candidates' choice, subject to availability of supervision. Students will conduct a research project or read within an area of study, to be agreed with their instructor, and write an extended essay or research project report. The

essay or project write-up should be about 4,000 to 5,000 words in length (excluding tables, figures, bibliographies, and appendices) and should follow the practice of communication in top psychology journals.

Assessment: 100% coursework.

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### ***Replacement Courses (as replacement for the exempted courses only)***

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#### **PSYC7021. Postgraduate seminar in cognitive psychology (6 credits)**

This seminar course will cover recent developments in the field of Cognitive Psychology, concentrating particularly on theoretical debates and empirical results that are likely to have considerable impact on the field. Theoretical and empirical articles will be read each week, and discussed in class. Discussions will be led by both the instructor and students in the class.

Assessment: 100% coursework.

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#### **PSYC7022. Postgraduate seminar in social psychology (6 credits)**

This seminar course will cover recent developments in the field of Social Psychology, concentrating particularly on theoretical debates and empirical results that are likely to have considerable impact on the field. Theoretical and empirical articles will be read each week, and discussed in class. Discussions will be led by both the instructor and students in the class.

Assessment: 100% coursework.

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#### **PSYC7023. Postgraduate seminar in developmental psychology (6 credits)**

This seminar course will cover recent developments in the field of Developmental Psychology, concentrating particularly on theoretical debates and empirical results that are likely to have considerable impact on the field. Theoretical and empirical articles will be read each week, and discussed in class. Discussions will be led by both the instructor and students in the class.

Assessment: 100% coursework.

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#### **PSYC6025. Postgraduate seminar in scientific writing for psychology (6 credits)**

This seminar course addresses writing skills in relation to Psychological research. Students will engage in a series of assignments designed to improve the fluency and quality of their writing. Particular efforts will be focused on improving the conceptual clarity of writing. Regular feedback will help students improve upon their writing skills.

Assessment: 100% coursework.

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### **SOCIAL SERVICE MANAGEMENT**

The Department of Social Work and Social Administration offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Social Service Management. The programme shall extend over not less than two and not more than three academic years of part-time study, inclusive of intervening vacations.

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### **EXEMPTION**

Candidates may be granted exemption of up to three compulsory courses in recognition of studies completed in related areas. Exemption will only be considered in special circumstances and each application for exemption will be considered on its own merit. Candidates with exemption granted are required to take an additional elective course to replace the exempted compulsory course to meet the degree requirements.

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## ASSESSMENTS

To complete the programme, candidates shall satisfy the examiners in the assessment of courses as prescribed in the programme. Assessments of the courses may be conducted either by course assignments, or by presentation, or written tests, or a combination of both methods. The grading system follows the standard practice in the Faculty of Social Sciences.

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## CURRICULUM

Candidates are required to complete 60 credits, including 6 compulsory courses (6 credits each), and 4 elective courses (6 credits each) or 2 elective courses (6 credits each) with a dissertation (12 credits). Candidates can take elective courses from courses in other fields of study under the Master of Social Sciences (Behavioral Health, Gerontology, Mental Health, Nonprofit Management, Social Work) programmes. Special approval from the respective Programme Directors for the courses in the above-mentioned fields of study is needed.

### (A) *Compulsory courses*

Candidates shall complete the following courses.

- SOWK6139. Theoretical foundation of human service practices (6 credits)
- SOWK6156. Financial planning and management for social service organizations (6 credits)
- SOWK6217. Current social welfare policy issues (6 credits)
- SOWK6289. Organizational analysis and strategic organizational management (6 credits)
- SOWK6339. Human resources management and development in social service organizations (6 credits)

### (B) *Elective courses*

Candidates shall complete four of the following courses.

- SOWK6185. Qualitative research methods (6 credits)
- SOWK6263. Quantitative research methods and statistical analysis (6 credits)
- SOWK6290. Social innovation and enterprise (6 credits)
- SOWK6324. Special topics in social service management I (6 credits)
- SOWK6325. Special topics in social service management II (6 credits)
- SOWK6340. Marketing strategies and applications for social service organizations (6 credits)
- SOWK6341. Fundraising and resources development: Effective strategies and practice (6 credits)
- SOWK6342. Corporate governance and leadership for future leaders in social service (6 credits)
- SOWK6348. Information and communication technology in human service organizations (6 credits)

and any other courses offered under Master of Social Sciences (Behavioral Health, Gerontology, Mental Health, Nonprofit Management, Social Work) programmes

(Note: not all elective courses will necessarily be offered in a given year.)

### *Capstone Experience Courses*

(C) ***Compulsory course***

Candidates opt for either dissertation or non-dissertation option shall complete the following course.

SOWK6265. Research methods in human service (6 credits)

(D) ***Dissertation (Elective)***

Candidates opt for dissertation option shall complete the following course.

SOWK9004. Dissertation (12 credits)

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## **COURSE DESCRIPTIONS**

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### ***Compulsory Courses***

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#### **SOWK6139. Theoretical foundation of human service practices (6 credits)**

The knowledge base of human service practice comes from a wide spectrum of social science disciplines including psychology, sociology and political science. This course will provide the philosophical and conceptual basis for analyzing social problems and issues and translating these theoretical constructs into human service practice.

Assessment: 100% coursework

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#### **SOWK6156. Financial planning and management for human service organizations (6 credits)**

The course introduces and examines concepts and practices critical to good financial planning and management. The objective is to enable students to learn skills and strategies for budgeting. Emphasis will be given to the understanding of the financial activities and reports essential to management, as well as analysis and use of financial information in planning, budgeting and measuring results to promote the organization's mission and goals.

Assessment: 100% coursework

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#### **SOWK6217. Current social welfare policy issues (6 credits)**

This course provides a framework of analyzing and formulating social policy in the current social, political and economic environment. Current social welfare policy issues including social welfare planning mechanisms, welfare blue print, strategic framework for social welfare, district planning, and other relevant issues will be examined.

Assessment: 100% coursework

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#### **SOWK6289. Organizational analysis and strategic organizational management (6 credits)**

This course aims at helping managers of human service organizations to be equipped with the knowledge in strategic management to deal with the current challenges arising from the rapidly changing public and social service scene. Topics may include strategic planning, quality management, risk management, change management, business process re-engineering, etc.

Assessment: 100% coursework

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**SOWK6339. Human resources management and development in social service organizations (6 credits)**

The course aims to equip students with knowledge and skills in managing and developing human resources in social service organizations, and examining related current issues, and to stimulate applications in local context. Issues related to the human resources management and development including recruitment, selection, performance management, training and development, and succession planning will be covered, and topics on personal efficacy as a leader will also be examined with practical examples. Upon completion of the course, students will be able to master the basic principles of HR management and development and apply them in social service context.

Assessment: 100% coursework

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*Elective Courses*

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**SOWK6185. Qualitative research methods (6 credits)**

This course is designed for students with an interest in understanding all aspects of social life and social relations especially those who will undertake a dissertation study. Starting with the question what is reality, the course begins with an introduction to different perspectives on approaching reality, followed by an assessment of the general strengths and weaknesses of qualitative research in comparison with other conventions such as quantitative surveys. The lectures will focus on introducing the general process of ethnographic research and the variety of methods for data collection and analysis including ethnography, grounded theory, observation, interviewing, focus groups and narrative analysis, etc. Various cases will be used to demonstrate how qualitative research helps make meaningful policy and social work practice. Seminars will be organized around practical methodological issues with the objective of helping students proceed with their own research projects. Hands-on experience of a range of research techniques will also be provided.

Assessment: 100% coursework

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**SOWK6263. Quantitative research methods and statistical analysis (6 credits)**

This course covers various statistical analyses include single variable, bivariate, and multivariate analyses. Appropriate analyses for different types of data will be discussed and various techniques in scale development including reliability and factor analysis will be introduced. Apart from various multivariate linear modeling and path analysis, non-parametric analyses will also be introduced.

Assessment: 100% coursework

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**SOWK6290. Social innovation and enterprise (6 credits)**

The Hong Kong society and the world at large have unfolded multifarious new social phenomena that pose new challenges to professional social work practice. The social work professional community has to develop new insights in understanding the nature of such problems and challenges, and to accordingly devise timely and appropriate intervention to address these issues. This course aims at introducing the concept of social entrepreneurship and how it creates social change. We will examine the current global development of social entrepreneurship as well as local development and its development in Greater China and South East Asian countries. We will inspire our students to become an active agent in addressing the pressing social issues and making social change.

Assessment: 100% coursework

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**SOWK6324. Special topics in social service management I (6 credits)**



There are emerging new issues and problems as well as challenges in the social service sector that require managers and practitioners to be equipped with updated knowledge and skills in tackling such problems and facing such challenges. This course will bring in the most contemporary issues, problems and challenges, with reference to updated research findings and innovative practices in the field, to enable students to be well prepared for performing their managerial duties in the social service sector.  
Assessment: 100% coursework

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**SOWK6325. Special topics in social service management II (6 credits)**

There are emerging new issues and problems as well as challenges in the social service sector that require managers and practitioners to be equipped with updated knowledge and skills in tackling such problems and facing such challenges. This course will bring in the most contemporary issues, problems and challenges, with reference to updated research findings and innovative practices in the field, to enable students to be well prepared for performing their managerial duties in the social service sector.  
Assessment: 100% coursework

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**SOWK6340. Marketing strategies and applications for social service organizations (6 credits)**

Social service organisations operate in an environment with various stakeholders, like service users, service purchasers, volunteers, donors, funders, neighbours, policymakers and press, etc., who have different exchange relationships with them. Marketing is about the effective management of an organisation's exchange relationships with its various markets and publics. This course provides students with the theoretical concepts and skills in marketing that are applicable in the social service sector with an emphasis both on using traditional and digital techniques. Upon completion of the course, students will be able to master the basic and latest principles of marketing and apply them in social service context.  
Assessment: 100% coursework

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**SOWK6341. Fundraising and resources development: Effective strategies and practice (6 credits)**

Resource is necessary for an NGO to support its means and services in actualizing the mission. Securing funds have become more and more competitive and NGOs have attempted to diversify sources of funding. Raising funds, writing proposals and developing innovative ways to generate resources have become regular activities of NGOs. This course covers topics such as understanding of giving behaviour and the current trend of philanthropy, cost-effectiveness of various fundraising activities, effective strategies including building a prospective relationship, essential elements in a grant proposal and pitching, presentation of results and impacts, accountability and report, handling of ethical issues and risk management etc.  
Assessment: 100% coursework

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**SOWK6342. Corporate governance and leadership for future leaders in social service (6 credits)**

This course introduces concepts, system and practice of corporate governance for better understanding of social service organization receiving public funding. It emphasizes, under this system, particularly on the leadership of board and senior management/social work professionals for effective service and achievement of mission of the organization. It takes reference to real life cases and issues. It stimulates development of a framework to understand perspectives of different stakeholders and for ongoing application and developing effective intervention.

Assessment: 100% coursework

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**SOWK6348. Information and communication technology in human service organizations (6 credits)**

This course aims to equip students with knowledge and skills in handling and utilizing information and communication technology in managing social service organizations and service delivery. The course content includes: Trends and issues of technological development in society and human services, process of developing and managing IT projects, use of ICT and social media in direct services, Assistive technology and gerontechnology, Security and ethical use of ICT and social media, and Emerging trends and its future use in human services.

Assessment: 100% coursework

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***Capstone Experience Courses***

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**SOWK6265. Research methods in human service (6 credits)**

This course covers the whole research process from the development of research questions and hypotheses to the analysis of data as well as presentation of findings. Different data collection methods including qualitative data collection such as case study, interviews and focus groups; and quantitative data collection such as survey and experiment will be discussed. Data analysis on various types of data including secondary data will be examined. Students will be expected to integrate and apply the knowledge and skills they acquired through the programme by attending the integrated seminars organized by the end of the first semester of the final academic year of study.

Assessment: 100% coursework

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**SOWK9004. Dissertation (12 credits)**

The title of the dissertation shall be submitted for approval not later than five months before the formal submission of the dissertation **or** not later than March 31 of the same academic year of study. The dissertation shall be presented by not later than **August 1** of the same academic year of study. The dissertation shall be a critical study that demonstrates the application of research methodology to the investigation of problems relevant to the field of study, and shall not exceed 20,000 words in length.

Assessment: 100% coursework

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**SOCIAL WORK**

The Department of Social Work and Social Administration offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Social Work. The programme offers two specialist streams, namely: Family work; and Integrated practice with young people. Candidates shall take relevant core courses under the stream. The programme shall extend over not less than two and not more than three academic years of part-time study, inclusive of intervening vacations.

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**EXEMPTION**

Candidates may be granted exemption of up to three compulsory/core courses in recognition of studies completed in related areas. Exemption will only be considered in special circumstances and each application for exemption will be considered on its own merit. Candidates with exemption granted are

required to take an additional elective course to replace the exempted compulsory/core course to meet the degree requirements.

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## ASSESSMENTS

To complete the programme, candidates shall satisfy the examiners in the assessment of courses as prescribed in the programme. Assessments of the courses may be conducted either by course assignments, or by presentations, or written tests, or a combination of both methods. The grading system follows the standard practice in the Faculty of Social Sciences.

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## CURRICULUM

Candidates are required to complete 60 credits, including 2 compulsory courses (6 credits each) and 3-4 core courses, plus 4 elective courses (6 credits each) or 2 elective courses (6 credits each) with a dissertation (12 credits). Candidates can take elective courses from courses in other fields of study under the Master of Social Sciences (Behavioral Health, Gerontology, Mental Health, Nonprofit Management, Social Service Management) programmes. Special approval from the respective Programme Directors for the courses in the above-mentioned fields of study is needed.

### (A) *Compulsory courses*

Candidates shall complete the following course.

SOWK6139. Theoretical foundation of human service practices (6 credits)

### (B) *Core courses*

Candidates shall complete courses from one of the following streams.

#### Family work stream

SOWK6216. Professional supervision in human service practices (6 credits)

SOWK6219. Family policy and service planning (6 credits)

SOWK6277. Family systems and family therapy I & II (12 credits)

#### Integrated practice with young people stream

SOWK6164. Counselling in the educational setting (6 credits)

SOWK6214. Children and youth mental health (6 credits)

SOWK6287. Children and youth services and social policies (6 credits)

SOWK6343. Case management and clinical supervision: Child and youth cases (6 credits)

### (C) *Elective courses*

Dissertation option:

Candidates shall complete two of the following courses.

Non-dissertation option:

Candidates shall complete four of the following courses.

SOWK6022. Emotion-focused interventions: theory and practice (6 credits)

SOWK6062. The Satir model and family reconstruction (6 credits)

SOWK6102. Violence in intimate relationships (6 credits)

SOWK6127. Cognitive-behavioral interventions (6 credits)

SOWK6136. Adventure-Based Counselling: theory and practice (6 credits)

SOWK6145. Marital counseling (6 credits)

SOWK6206. Play therapy (6 credits)

SOWK6261. Social work in school settings (6 credits)

SOWK6274. Theories and practices in positive psychology and strength-based interventions (6 credits)

SOWK6285. Advanced social work practice with children and youth (6 credits)

SOWK6313. Knowledge and intervention for SEN children (6 credits)

- SOWK6326. Special topics in children and youth I (6 credits)
- SOWK6327. Special topics in children and youth II (6 credits)
- SOWK6344. Interdisciplinary cooperation in services for children and youth (6 credits)

and any other courses offered under Master of Social Sciences (Behavioral Health, Gerontology, Mental Health, Nonprofit Management, Social Service Management) programmes

(Note: not all elective courses will necessarily be offered in a given year.)

***Capstone Experience Courses***

**(D) *Compulsory courses***

Candidates opt for either dissertation or non-dissertation option shall complete the following course.

- SOWK6265. Research methods in human service (6 credits)

**(E) *Dissertation (Elective)***

Candidates opt for a dissertation option shall complete one of the following course.

- SOWK9001. Dissertation (12 credits)

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**COURSE DESCRIPTIONS**

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***Compulsory Courses***

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**SOWK6139. Theoretical foundation of human service practices (6 credits)**

The knowledge base of human service practices comes from a wide spectrum of social science disciplines including psychology, sociology and political science. This course will provide the philosophical and conceptual basis for analyzing social problems and issues and translating these theoretical constructs into human service practices.

Assessment: 100% coursework

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***Core Courses***

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**Family work stream**

**SOWK6216. Professional supervision in human service practices (6 credits)**

This course offers to students the knowledge and skills for practicing supervision in human services to meet the need of the beginning professionals in developing their knowledge and skills. This course focuses on the supporting and training functions of supervision. Students are expected to participate actively in class using their own experience to integrate the knowledge and skills in class.

Assessment: 100% coursework

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**SOWK6219. Family policy and service planning (6 credits)**

This course provides a framework of analyzing and formulating social policy in the current social, political and economic environment. Current issues of family policies and the planning of family services will be examined.

Assessment: 100% coursework

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**SOWK6277. Family systems and family therapy I & II (12 credits)**

The practice of family therapy grew out of diverse influences within mental health, marital counseling and social sciences. The movement criticized "traditional mental health as placing too much emphasis on the individual as the site of the problem, too much emphasis on history to explain causality, too much emphasis on pathology to construct treatment strategies, and too much emphasis on objectivity." The history and classic family therapy models will be introduced in the first semester of this course. In addition to the general system theory, the postmodern movement continues to gain momentum within family therapy in early 90s. Solution-oriented brief family therapy and narrative therapy are the two major family therapy approaches deprived from the postmodern shift. In the second part of this course, the assumptions, concepts and hallmark techniques of these social constructionist family therapies will be intensively examined and drilled. The application and conceptual underpinnings of different family therapy approaches relevant to Hong Kong will also be examined.

Assessment: 100% coursework

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**Integrated practice with young people stream**

**SOWK6164. Counselling in the educational setting (6 credits)**

This course offers an understanding of the developmental characteristics, needs and struggles of students in schools (children and adolescents). To understand the counselling process and acquire necessary skills in offering counselling to students are the main foci, such that students may be helped to cope better with their school life.

Assessment: 100% coursework

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**SOWK6214. Children and youth mental health (6 credits)**

This course focuses on an understanding of the mental health issues found among children and youth in Hong Kong. While developmental perspectives on child and adolescent development will be introduced, the course will also provide an overview of the prevalence and general features of different childhood and adolescent mental health problems. The course will also bear a practice focus and introduce to students the assessment, treatment and skills in engaging children and youth suffering from various mental health problems.

Assessment: 100% coursework.

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**SOWK6287. Children and youth services and social policies (6 credits)**

This course will begin with a critical review of the current state of theory and cutting edge research on child development, youth development and delinquency. It will then go on to evaluate existing policies and services directed at child, youth and youth at risk. Finally it will explore current issues in the field of youth policy. Special emphasis will be given to the relevance of these issues and programmes within the Hong Kong context.

Assessment: 100% coursework

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**SOWK6343. Case management and clinical supervision: Child and youth cases (6 credits)**

The case nature of children and youth cases is more diversified and social workers need to handle cases related to special educational needs, family problems, study motivation and career planning, emotional

and behavioral issues. This course aims at providing the most hands-on skills and knowledge for cases. Students are divided into active participants and observers. Active participants bring their own cases for clinical supervision. The clinical supervisors are experienced clinical social workers, counselors or experts in clinical practice. The supervision areas include the clinical skills related to the particular domains and related case management.

Assessment: 100% coursework

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### *Elective Courses*

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#### **SOWK6022. Emotion-focused interventions: theory and practice (6 credits)**

Social work practice recognizes the importance of the role of emotions in therapeutic change. This course will begin with a review of current theories and research on emotion-focused interventions before focusing on the application of these theories in the local setting. This is followed by an examination of the awareness, the arousal, and reorganization of the emotions in counselling and dynamics and personal reflections, students will reexamine the impact of their families on them, to shape and reshape their current and future family life to their greater satisfaction, and to unlock the treasure of this great resource, which has become the first and last emotional refuge in modern living.

Assessment: 100% coursework

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#### **SOWK6062. The Satir model and family reconstruction (6 credits)**

Human behaviour is heavily influenced by family upbringing and socialization. This course, based on a marathon experiential training mode, aims to help students to achieve an understanding of their family. Virginia Satir's concepts of family rules, communication patterns, family mapping and self-esteem will be used to guide students through a process of self-discovery. Active participation will be essential.

Assessment: 100% coursework

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#### **SOWK6102. Violence in intimate relationships (6 credits)**

The issue of violence in intimate relationships (e.g. domestic violence & violence in dating) is examined through multi-lenses. The course introduces the nature of the different kinds of violence in intimate relationships. The knowledge and skills necessary to understand the dynamics of violent behavior are taught. How to assess violence, how to identify appropriate intervention strategies, and how to apply such related skills are examined. A particular emphasis is given to the relationship between violence and gender issues.

Assessment: 100% coursework.

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#### **SOWK6127. Cognitive-behavioral interventions (6 credits)**

The course introduces students to the Beck's cognitive-behaviour therapy model in working with people with depression and anxieties. A case process approach will be adopted to provide a stage-by-stage and step-by-step understanding of the theory and practice of Beck's CBT. Other CBT models for working with people with psychosis, OCD, pathological gambling, substance abuse and etc. will also be discussed in class.

Assessment: 100% coursework

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#### **SOWK6136. Adventure-Based Counselling: theory and practice (6 credits)**

Adventure-Based Counselling (ABC) is a popular contemporary approach employed to work with people in order to assist their building and/or promoting of a positive self-concept, improve their interpersonal relationship and enhance their problem-solving abilities. Although it is especially popular among working with young people, it can also be used in working with different age groups, families and couples. This course aims to introduce the basic theories and practices of ABC. Besides introducing the theoretical base of the approach, how to design and run sessions of ABC will also be taught. Some micro skills in conducting ABC sessions will be introduced. Last, but not least, the quality of an ABC facilitator and the ethical considerations in employing ABC to work with people will be discussed in the course. The format of the course includes lectures, seminars and ABC workshops for candidates to participate and experience the process.

Assessment: 100% coursework.

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#### **SOWK6145. Marital counseling (6 credits)**

This course will examine the various issues brought up by couples as they work towards conciliation or reconciliation in their marriage. The psychodynamic, social learning and system approaches will provide the basic foundation concepts. These will be examined for their assessment and intervention focus and strategies, for their contribution in work with marriage difficulties whether they arise from personal vulnerabilities, reciprocal and intergenerational concerns and clashes, communication impasses or intimacy issues.

Assessment: 100% coursework

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#### **SOWK6206. Play therapy (6 credits)**

The objective of the module is to introduce the student to the principles and practice of play therapy and its application to the counseling and psychotherapy for children, adolescents and families. At the end of the course, the students will have an introduction of the history and development of play therapy, an understanding of various theoretical models of play therapy, rationale for the use of play in therapy, and phrase of the client's progress in play therapy. Practice material will be provided including how to development therapeutic rapport, conduct a play based assessment, setting up of a playroom and the selection of therapeutic play materials. Best practice tips on engaging the client, recording keeping and other ethical issues will be discussed.

Assessment: 100% coursework

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#### **SOWK6261. Social work in school settings (6 credits)**

The objective of school counselling is to enhance students' whole person development through the provision of remedial, preventive and developmental services in school settings. Phenomena such as students' suicide, physical and sexual abuse, mental health issues, study problems and school violence pose great challenges to a school counsellor. Adopting the ecological perspective, this course will examine: the service provision of school guidance and counselling service in Hong Kong, the multiple roles of a school counsellor, the establishment of collaborative relationship with school personnel, the application of practice theories and intervention strategies to individual and school-based family counselling, and the implementation of comprehensive school guidance and counselling programmes. By participating in this course, social work students will be equipped with the knowledge and skills to be a competent school counsellor.

Assessment: 100% coursework.

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#### **SOWK6274. Theories and practices in positive psychology and strength-based interventions (6 credits)**

Positive Psychology emphasizes the discovery and cultivation of human strengths and potential for a flourishing life, and strength-based interventions include counseling and therapy models that foster psychological well-being and reduce distress and symptoms in clients. This course critically reviews the theory and practice of positive psychology, including the study of happiness, character strengths, optimism, resilience, compassion, meaning, goals, flow, creativity and hope and their relevance to psychological health and psychotherapy, as well as strength-oriented interventions which include mindfulness-based, compassion-based and valued-based models. The cultural relevance of Positive Psychology and strength-based interventions will also be examined.

Assessment: 100% coursework

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### **SOWK6285. Advanced social work practice with children and youth (6 credits)**

This course will focus on the various approaches in working with young people experiencing different issues in their development. To facilitate the skill development, emphasis will be placed on experiential learning through the use of simulated services, games and role-play. Advanced social work practice includes motivational interviewing, debriefing, youth development intervention protocol design, and multi-disciplinary cooperation for various youth problems.

Assessment: 100% coursework

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### **SOWK6313. Knowledge and intervention for SEN children (6 credits)**

In light of increasing number of special educational needs (SEN) children in school settings, this course provides basic knowledge and intervention strategies for social workers working in family services, schools and integrated youth services settings. Attention is drawn to the assessments and the needs of these children, the needs of families, and the roles of different professionals with related multi-disciplinary collaboration. Students are expected to understand the social workers' roles in working with SEN children. More importantly, various types of interventions, such as applied behavioral analysis, social story and learning strategies are discussed.

Assessment: 100% coursework

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### **SOWK6326. Special topics in children and youth I (6 credits)**

Globally, there are many issues related to youth development. New issues relating to youth development emerge from time to time. This course bring students one or two emerging issues each time. For example, internet addiction, career planning, peer relationships, mental health. Focuses will be put on cutting edge knowledge of selected issues, perspectives from service delivery and programme levels.

Assessment: 100% coursework

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### **SOWK6327. Special topics in children and youth II (6 credits)**

Globally, there are many intervention strategies related to youth and social systems such as families/schools and peers. New intervention strategies relating to youth development emerge from time to time. This course brings students one or two emerging intervention strategies each time. For example, motivation interviewing, harm reduction model, multiple family group intervention, peer mediation and post-traumatic debriefing. Focuses will be put on cutting edge knowledge of selected intervention strategies.

Assessment: 100% coursework

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### **SOWK6344. Interdisciplinary cooperation in services for children and youth (6 credits)**



Children and youth cases are getting more complicated nowadays. Social workers working with children and youth have to work with multiple professionals, namely educational psychologists, clinical psychologists, occupational therapists, speech therapists, nurses, teachers, audiologists, psychiatrists, and police. This course aims at facilitating students to understand the underlying working paradigms of various professionals, the skills and related knowledge in working with these professionals. Social workers at the best position to mediate the various professionals for the sake of the welfare of the child, youth and their families.

Assessment: 100% coursework

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### *Capstone Experience Courses*

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#### **SOWK6265. Research methods in human service (6 credits)**

This course covers the whole research process from the development of research questions and hypotheses to the analysis of data as well as presentation of findings. Different data collection methods including qualitative data collection such as case study, interviews and focus groups; and quantitative data collection such as survey and experiment will be discussed. Data analysis on various types of data including secondary data will be examined. Students will be expected to integrate and apply the knowledge and skills they acquired through the programme by attending the integrated seminars organized by the end of the first semester of the final academic year of study.

Assessment: 100% coursework

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#### **SOWK9001. Dissertation (12 credits)**

The title of the dissertation shall be submitted for approval not later than five months before the formal submission of the dissertation **or** not later than March 31 of the same academic year of study. The dissertation shall be presented by not later than **August 1** of the same academic year of study. The dissertation shall be a critical study that demonstrates the application of research methodology to the investigation of problems relevant to the field of study, and shall not exceed 20,000 words in length.

Assessment: 100% coursework

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### **SUSTAINABILITY LEADERSHIP AND GOVERNANCE**

The Centre for Civil Society and Governance offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Sustainability Leadership and Governance. This programme aims to equip students with the knowledge and skills required for understanding complex sustainability challenges, and managing sustainability issues in their daily work. Embodied in the aims and curriculum of the programme are the key vision and mission of the Centre, which emphasize the importance of cross-sector collaboration and collective action. Specifically, the programme focuses on building the capacity of actors in the public, business and social sectors to engage in dialogue and partnerships to develop innovative solutions to the challenges set out by the 17 UN SDGs.

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### **CURRICULUM**

The programme shall extend over not less than one and not more than two academic years of full-time study; or not less than two and not more than three academic years of part-time study. Each course consists of 36 hours of teaching and 84 hours student-based learning time. Each course consists of a

total of 120 hours of study. Candidates are required to complete 60 credits, including 6 compulsory courses (6 credits each), 4 elective courses (3 credits each) and a capstone (12 credits).

### **Compulsory courses**

Candidates shall complete all courses from the following list:

- SLGP7001. Collaborative governance for low carbon transition (6 credits)
- SLGP7002. Corporate environmental management (6 credits)
- SLGP7003. Decision-making in value chain management (6 credits)
- SLGP7004. Environmental economics and analysis (6 credits)
- SLGP7005. Environmental policy and politics (6 credits)
- SLGP7006. Sustainable and responsible investment (6 credits)

### **Electives courses**

Candidates shall complete 4 courses out of 7 courses from the following list:

- SLGP7101. Business ethics and social responsibility (3 credits)
- SLGP7102. Management systems and auditing (3 credits)
- SLGP7103. Social entrepreneurship and social innovation (3 credits)
- SLGP7104. Special topics (3 credits)
- SLGP7105. Sustainability assessment tools for resource management (3 credits)
- SLGP7106. Sustainable cities (3 credits)
- SLGP7107. Transparency, accountability and disclosure (3 credits)

### **Capstone Experience Course**

Candidates shall complete the following course:

- SLGP7201. Capstone (12 credits)

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## **EXAMINATIONS**

There is no written examination and candidates are assessed through coursework only. Most assessments are based on papers/reports prepared by candidates working either individually or in groups. Particular emphasis is placed on the research and analysis elements of assessed work.

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## **COURSE DESCRIPTIONS**

### ***Compulsory courses***

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#### **SLGP7001. Collaborative governance for low carbon transition (6 credits)**

The course adopts the governance framework, examining the issues along the journey towards a low carbon and sustainable community. In particular, the concepts of collaborative governance and self-governance will be explored in detail. The application of these governance approaches in different contexts to address sustainability issues will be investigated through a range of case studies.

The course will also critically review the roles played by organisations in the civil society and private sector in the low carbon transition as well as the ways in which their initiatives contribute towards building a sustainable community. With the aim of training drivers for for-profit or non-profit sustainability initiatives, the course will draw upon tools such as community engagement, business model canvas and provide opportunities to enhance students' skills in proposal writing and impact

assessment.

Assessment: 100% coursework

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### **SLGP7002. Corporate environmental management (6 credits)**

This course examines the various perspectives held by corporations toward the environment including a rationale for business involvement with environmental issues. The course offers an analysis of the strategic reasons for corporations to adopt good environmental practices including competitive advantage, corporate reputation, and cost saving, among others, resulting from a part of its broader commitment to risk management. This course allows students with different backgrounds to come to together and gain a common understanding of the interface between organizations and their relationship with their key stakeholders. This will prepare students for their progression to deeper learning in this programme.

The course introduces and explains tools associated with environmental management that enable a firm to improve its compliance, compliance-plus performance, and risk management strategies alongside the expectations for corporate social responsibility such as stakeholder engagement. A number of marketing, assessment, disclosure and reporting concepts will be covered along with problem identification and further exploration. Environmental management systems and environmental auditing will however be covered in other courses under the programme. Some topics that will be covered in this course include: sustainability challenges and opportunities from the corporate and environmental perspectives; the chronology of this evolving relationship; examples of organizational environmental management tools as reactive or proactive responses to changing expectations; introduction to disclosure, risk management, eco-labelling and green marketing.

Assessment: 100% coursework

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### **SLGP7003. Decision-making in value chain management (6 credits)**

This course aims to familiarise students with the concepts and evolution of global supply chains as well as how organisations perform within, and interact with other stakeholders and partners across supply chains. This course takes a look at sustainability impacts of globalization and trade, and will explore the trends of supply chain globalization (e.g. long-distance outsourcing and offshoring), the implications for international interconnection of trade and production processes, and more specifically, using tools such as news-vendor model, economic order quantity (EOQ) model for inventory management, and mathematical programming tools for optimizing logistics networks, practical approaches for exercising social and environmental responsibility in supply chain management for sustainable and inclusive growth. It will go on to examine approaches including product design, the development of markets, improvements in productivity along supply chains and ways of creating clusters of economic growth that meet targeted social and environmental needs.

Assessment: 100% coursework

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### **SLGP7004. Environmental economics and analysis (6 credits)**

This course aims to equip students with the ability to undertake socio-economic analyses of environmental assets, damage, and policies. It will examine the environment as a component of productive capital that can be combined with other forms of capital (human, social, financial, built) to produce goods and services that contribute to human wellbeing. The course explains the failure of markets to efficiently allocate environmental resources and introduces strategies for internalising the external costs of environmental damage such as pollution and climate change. The course includes an introduction to cost-benefit analysis, social return on investment (SROI) and methodologies for the valuation of environmental impacts and ecosystem services.

There will also be a consideration of alternative policy instruments from an economic perspective.

The aim is to examine ways of managing resources to maximise human welfare, while accounting for ecological limits and externalities. Topics to be included: supply, demand and the optimal allocation of resources, market failure and the environment, economic policy instruments, valuation of environmental impacts, ecosystems services and natural capital, the economics of ecosystems and biodiversity (TEEB), cost-benefit analysis, economics of climate change, natural capital accounting. Assessment: 100% coursework

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**SLGP7005. Environmental policy and politics (6 credits)**

The course introduces students to major theoretical frameworks devised to understand and explain public policy-making which will form important bases for the analysis of environmental policies. Students will develop the ability to critically reflect on why certain policies are made instead of others in relation to the wider context determined by socio-cultural and political factors. The course also provides the opportunity to review debates over the strengths and limitations of conventional and new policy instruments, which encompass regulatory regimes, market-based approaches, and voluntary initiatives. International conventions and protocols will also be examined in terms of their influence on government and business policy. Drawing upon a wide range of case studies from different countries, the roles of stakeholders from all sectors in influencing policy development will be discussed at local, regional, national and international levels.

Assessment: 100% coursework

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**SLGP7006. Sustainable and responsible investment (6 credits)**

Sustainable and responsible finance is a growing field made up of green finance, green bonds, impact investing and responsible investment that require the integration of ESG factors. This is a rapidly emerging field that supports the development of a sustainable, low-carbon, and climate-resilient and inclusive economy.

The main objective of this course is to provide students with the knowledge on international policy, regulatory and market initiatives in support of sustainable finance and investment in general. Specifically, the incorporation of environmental, social and governance (“ESG”) information into investment decision-making will be explored through various technical finance areas including, but not limited to: 1) the relevance of sustainability reporting; 2) the understanding and application of various social impact measurements methodologies and standards (e.g. GIIRS, GRI & SROI); 3) the introduction of socially responsible or impact investment concepts; 4) the incorporation of ESG data into investment decision and 5) the emergence of green and sustainable bond issuances. In addition to financial topics, we will also cover some important corporate and nonprofit governance and the emergence of social enterprises, to provide our students with sound knowledge about the hybrid nature of our global green finance and impact investment market.

Assessment: 100% coursework

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*Elective courses*

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**SLGP7101. Business ethics and social responsibility (3 credits)**

This course complements the core course Corporate Environmental Management by looking at the meaning of corporate responsibility by examining the gap between business compliance and business ethics from the perspective of changing societal expectations. This includes social responsibility and considers ways in which businesses can operate that are consistent with concepts such as corporate social responsibility (CSR), and sustainable development and their various elements. This takes us into a discussion about the study of moral philosophies and ethics and the issues of human rights, labour

practices, and community engagement. International standards and conventions of the United Nations such as International Labour Organisation (ILO), and the declaration of Human Rights will be discussed.

Assessment: 100% coursework

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### **SLGP7102. Management systems and auditing (3 credits)**

This course is dedicated to developing student's analytical skills in collecting relevant data, measuring and tracking the environmental performance of an organization over time. Emphasis will be placed on practical approaches to improving environmental performance over time across organizational functions to support organizations in meeting their environmental and economic goals for multiple sectors.

The course will consider the construction and implementation of an Environmental Management System (EMS) in order to design the integration of environmental interactions that match their specific organizational processes, which lead to the reduction of environmental impacts while increasing operating efficiency of the current internal processes and practices. The course will also explore issues of continuous improvement based on ISO 14001:2015 standard and framework. It will be linked to risk management approaches to monitor and improve environmental performance which will benefit the organization's triple bottom line. Environmental auditing will be dealt with in the context of the systems-based approach and will examine audit methodology, measurement, assurance and reporting issues.

Assessment: 100% coursework

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### **SLGP7103. Social entrepreneurship and social innovation (3 credits)**

This course is founded upon the premise that social innovation and social entrepreneurship play an important role in the building of a sustainable society. The course argues that social innovation should not be merely understood as the introduction of a new product or service which addresses social and environmental needs. The focus should instead be placed on empowerment, capacity building and new forms of partnerships and collaborations, which means that efforts should be targeted at enabling empathy, incubating competencies, building social capital and reimagining allocation of resources to facilitate the development and implementation of innovative solutions and strategies. Social entrepreneurship, being both a construct and an approach that promises value creation for the society, signals the imperative for a new form of institution and organizational structure to identify and deliver social goals. The course investigates how system innovation helps social systems adapt and be transformed, leveraging innovative ideas for greater societal impact. Different incubation models for innovation and an array of social innovation examples will be discussed, along with topics such as practices and principles of social entrepreneurship, blended value and creative problem solving.

Assessment: 100% coursework

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### **SLGP7104. Special topics (3 credits)**

This course will be provided as a unique and separate experience tapping into suitable opportunities to explore special areas of interest and new and emerging topics in the field. This will be undertaken in various ways from field experiences to invited guests from the region or from overseas who are experts on a particular issue. The aim is to either focus on a specific topic of current relevance or to have a practical experience that allows for the consolidation / synthesis of learning. Examples of topics that may be covered include: current issues of energy transition to renewables; field experience on food security; site visits to witness the direct dependencies of livelihoods on local environmental resources; expert instructors on a relevant issue such as design for sustainability, circular economy, community investment programs, among others.

Assessment: 100% coursework

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**SLGP7105. Sustainability assessment tools for resource management (3 credits)**

This course introduces key sustainability assessment tools to assist in resource management. Sustainable resource management requires well-informed decision making based on holistic assessment of the issue on hand. The course aimed to equip students with the practical skill of the applying sustainability assessment tools (Ecological Footprint (EF) and Multi-criteria Decision Aid (MCDA)) to support resource management at both regional and organization level.

The course will teach students to acquire the skills of applying sustainable assessment tools to evaluate Hong Kong's position in the consumption of natural resources. The course will narrow the focus on businesses and upcoming infrastructure projects to enable students to critically assess the implications. The course will consist two key sites heavily involved in Hong Kong's infrastructure developments and a workshop to evaluate these two businesses development overtime affected by the political climate and environmental conditions.

Students will receive the opportunity to reflect on the insights and skills gained from the course and prepare for the (1) Presentation for the Lantau Tomorrow Vision, a highly controversial and upcoming project that touches on progressing human development while remaining uncertain on the extent of its expense on the ecological footprint and (2) an individual assignment undertaken on the ecological footprint analysis at a household level.

Assessment: 100% coursework

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**SLGP7106. Sustainable cities (3 credits)**

This course lays down the challenges and opportunities for cities to become more resilient, inclusive and sustainable. This course highlights urban planning and building design and the related tools and instruments in managing climate change consequences, mitigating environmental impacts and conserving the socio-cultural and ecological systems that cities require for their survival and long-term prosperity. The course begins with an introduction to the various advocacies and debates on the sustainable city ideology and focuses on the fundamental functions and processes of planning in attaining sustainability. Illustrated with real-life cases, the course discusses different planning approaches, such as smart city development, urban regeneration, climatic application in planning and design, planning for walkability and their effectiveness in achieving resource conservation, energy efficiency and community solidarity. Topics may include urban greening, food systems, cultural landscape, low carbon transition, and planning for wise use of resources.

Assessment: 100% coursework

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**SLGP7107. Transparency, accountability and disclosure (3 credits)**

Given the importance of standards and guidelines in supporting organizations to adhere to transparency, accountability and disclosure expectations, this course will provide an exploration of the development of standards, guidelines and frameworks. By exploring the frameworks that have developed in direct response to increased demand for organizational accountability, students will learn about those that have been adopted by organizations that in turn have helped to drive the sustainability agenda. Standards, guidelines and frameworks provide a formula or "way of doing things" that describe or promote continuous learning for best practices and provide a point of reference from which to measure improvements and continuous learning. For example professional standards provide a practical and ethical framework for decision-making by instilling a sense of responsibility and accountability as well as increasing our knowledge base through experience, continuing professional development; standards for products, processes and outcomes provide reliability of materials, products, methods as well as improved workplace safety. Since the demand for an increased demonstration of responsibility by organizations means improvement in performance against environmental, social and governance measures, this course will explore the growth in the disclosure guidelines and frameworks.

Assessment: 100% coursework

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## *Capstone Experience Course*

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### **SLGP7201. Capstone (12 credits)**

The Sustainability Leadership Governance (SLG) programme requires students to complete a substantive piece of research work as a final requirement for graduation; and it is referred to as the Capstone Project. The Capstone Project requires students to take what they have learned in the classroom and apply this knowledge in a real-world situation, by analysing a specific sustainability issue. Building upon a strong research foundation, a capstone project addresses real-life challenges: “How does this research project help to resolve the identified challenge in order to promote ‘sustainable’ practices and positive systemic changes”

The SLG programme focuses on the practical needs of working professionals in the field and the Capstone Project will give students the ability to take their classroom learning and apply it directly to tackling a real-world challenge. This will be done by allowing the students in their group to work with a stakeholder in the community. The Capstone Project is a group-based learning-in-action exercise where you will discover a way of working together by building your group skills. Each Capstone Project is undertaken by a group of four students and will support the development of planning, critical thinking and creativity skills. Project supervision is provided by the course coordinators, who are also core members of the staff in the SLG Programme. The course co-ordinators will guide the capstone project groups through a series of themes and topics from which the groups can choose, and then subsequently the groups will be introduced to the stakeholders in the community with whom they will be working. The project to be submitted by June 30 of the final academic year of study.

Assessment: 100% coursework

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