Admission Requirement
Candidates are required to have a Bachelor’s degree or the equivalent, and preferably a minimum of two years of relevant post-qualification working experience. An academic and work background in a field related to healthcare is preferred.

Tuition Fee*
- 1-year full-time
  - HK$135,100 per annum (local)
  - HK$218,200 per annum (non-local)

- 2-year part-time
  - HK$77,550 per annum (local)

*subject to the University’s approval

Deadline of Application
Round 1: noon, 30 November 2023
Round 2: noon, 31 January 2024
Round 3: noon, 6 May 2024 (part-time only)

Enquiry
Programme Secretary
Ms. Mona Chan
Tel: (852) 2831 5166
Email: channmona@hku.hk

Website
http://www.socialwork.hku.hk/bh
Objectives
The aim of the programme is to provide a systematic and comprehensive training in behavioral health with a solid, culturally relevant and holistic orientation. It is tailored for healthcare and social service professionals who aspire to develop an evidence-based and integrative model of clinical practice in their workplace. The curriculum covers Eastern and Western health philosophies and intervention approaches for the betterment of body-mind-spirit well-being at both individual and community levels.

Compulsory Courses
- Integrative approaches to holistic well-being
- Introduction to behavioral health
- Scientific inquiry and research methods in behavioral health
- Spirituality in clinical practice

Elective Courses
- Abnormal psychology
- Assessment in clinical setting
- Contemplative practices in human services
- Contemporary perspectives on death, dying and bereavement
- Counselling and psychotherapy
- Fundamentals of art therapy
- Fundamentals of dance and movement therapy
- Fundamentals of drama therapy
- Fundamentals of music therapy
- Play therapy
- Theories and practices in positive psychology and strength-based interventions

Practicum or Dissertation
No less than 120 hours of prescribed work in relation to behavioral health under the guidance of a supervisor.

Practicum
Students have to complete a practicum group work relevant to the field of behavioral health. Attendance of clinical training sessions, practicum group supervisions, and practicum sharing session are required.

Dissertation
Students have to complete a research project relevant to the field of study. Attendance of clinical training sessions and dissertation sharing session are still required.

Note: All electives listed above will necessarily be offered in a given year and may subject to change.

Who Will Benefit from Our Programme?
Medical doctors, nurses, social workers, psychologists, counselors, psychiatrists, dietitians, occupational therapists, physiotherapists, educators, Chinese medicine practitioners, and other complementary and alternative medicine practitioners.

"...a very enjoyable programme. You meet students from different professions and there is magical chemistry arises from the group work. The programme not only enlightens me on the integrative approach but also the new appreciation of Chinese culture. I look forward to more BMS projects contributed by the students of coming years."  
Angela Lo  
Programme Director

"...the best part of this programme was the inspiring and wholesome environment provided by a team of dedicated faculty for students to learn and grow... The innovative curriculum aligned with my academic goals and career development of becoming a therapist. This is a place that allows you to express your thoughts, enhance creativity within intellectual discourse, and seek empowerment."  
Angie Chua  
(US Registered Dance/Movement Therapist)

"The diversified health philosophies and practices learned in the course offers me great insight on how to achieve personal well-being... the study inspires me to see the world and my life in a wider perspective, which is truly invaluable."  
Rhonda Chua  
ACUPUNCTURIST