

Master of Social Sciences (Mental Health)



Mind - Our Business

Student Handbook

2024 Intake

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I. Message from Programme Director

Welcome to the HKU MSocSc in Mental Health programme—a community for professionals passionate about advancing mental health care.

Our programme offers a transformative learning experience through a dynamic network of students and educators from diverse professional backgrounds, including social work, health care, psychology, and law. Despite our varied experiences, we are united by a shared commitment to enhancing mental health in both local and global communities through cutting-edge knowledge and practice.

In Hong Kong, we are at the forefront of addressing mental health challenges through services and interventions that are supported by research evidence and driven by scientific knowledge. Our vision is to cultivate leaders in the field who can collaboratively develop impactful solutions spanning interventions, service systems, and policy. By integrating insights from both local and international experts, we aim to make a meaningful and sustainable difference in mental health care.

As director, I am committed to listening to your feedback and ensuring your learning journey is both effective and rewarding. Together, let's strive to make your time at HKU enriching and transformative.

Sincerely,

Huang Yu-Te

Program Director, Master of Social Sciences (Mental Health), HKU

Associate Professor, Department of Social Work and Social Administration, HKU

II. Introduction

The Master of Social Sciences in the field of Mental Health is a self-funded two-year part-time postgraduate programme for medical doctors, nurses, social workers, psychologists, counsellors, psychiatrists, dietitians, occupational therapists, physiotherapists, speech therapists, Chinese medicine practitioners, and other complementary and alternative medicine practitioners who are interested in mental health issues and practices.

This student handbook aims to provide important information to facilitate the learning process of a student studying in the Master of Social Sciences degree in the field of Mental Health.

III. Calendar

First Semester: September 1 to December 23, 2024

| Sep-24 | | | | | | |
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| 29 | 30 | 31 | | | | |

19 Aug – 13 Sept: Course Enrolment & Add/Drop Period (starts at 9:00am of Aug 19 and ends at 4:00pm of Sept 13)

2 Sept : First Day of Teaching

10 Sept, 11 Sept, 14 Sept, 17 Sept, 19 Sept Library Workshop

18 Sept : Public Holiday (The day following Mid-Autumn Festival)

1 Oct: Public Holiday (National Day)

11 Oct: Public Holiday (Chung Yeung Festival)

14 - 19 Oct: Reading Week

30 Nov: Last Day of Teaching

2 - 6 Dec: Revision Period

24 - 26 Dec: Public Holidays (Christmas)

31 Dec: University Holiday (afternoon only)

Second Semester: January 13 to May 18, 2025

| Jan-25 | | | | | | |
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| Feb-25 | | | | | | |
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| Mar-25 | | | | | | |
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| Apr-25 | | | | | | |
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| 27 | 28 | 29 | 30 | | | |

1 Jan: Public Holiday (New Year's Day)

13 Jan: First Day of Teaching

13 Jan - 24 Jan: Course Enrolment & Add/Drop Period (starts at 9:00am of 13 Jan and ends at 4:00pm of 24 Jan)

28 Jan: University Holiday (afternoon only)

29 Jan - 31 Jan: Public Holiday (Lunar New Year)

29 Jan - 4 Feb: Class Suspension Period for the Lunar New Year

10 - 15 Mar : Reading Week

16 Mar: University Holiday (HKU Foundation Day)

Mar 29: Public Holiday (Good Friday)

Mar 30: Public Holiday (Day following Good Friday)

4 Apr: Public Holiday (Tomb Sweeping Day)

18 - 21 Apr: Public Holiday (Easter)

Summer Semester: May 19 to Aug 23, 2025

| May-25 | | | | | | |
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| Aug-25 | | | | | | |
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| 31 | | | | | | |

1 May: Public Holiday(Labour Day)

5 May: Public Holiday(Buddha's Birthday)

3 May: Last Day of Teaching of Second Semester

19 May - 2 June: Course Enrolment & Add/Drop Period
(starts at 9:00am of 19 May and ends at 4:00pm of 2 Jun)

31 May: Public Holiday

1 Jul: Public Holiday(Tuen Ng Festival)

15 Aug: Submission of Dissertation Proposal (PT1, Optional)

23 Aug: Last Day of Teaching

IV. Regulations

Any publication based on work approved for a higher degree should contain a reference to the effect that the work was submitted to the University of Hong Kong for the award of the degree.

The degree of Master of Social Sciences (MSocSc) is a postgraduate degree awarded for the satisfactory completion of a prescribed course of study in one of the following fields: Behavioral Health; Clinical Psychology; Counselling; Criminology; Educational Psychology; Gerontology; Media, Culture and Creative Cities; Mental Health; Nonprofit Management; Psychology; Social Service Management; Social Work; and Sustainability Leadership and Governance. These fields of study will not necessarily be offered every year.

Admission requirements

MSS 1. To be eligible for admission to the courses leading to the degree of Master of Social Sciences, candidates

- (a) shall comply with the General Regulations and the Regulations for Taught Postgraduate Curricula;
- (b) shall hold
 - (i) a Bachelor's degree of this University; or
 - (ii) another qualification of equivalent standard from this University or from another University or comparable institution accepted for this purpose;
- (c) for a candidate who is seeking admission on the basis of a qualification from a university or comparable institution outside Hong Kong of which the language of teaching and/or examination is not English, shall satisfy the University English language requirement applicable to higher degrees as prescribed under General Regulation G2(b);
- (d) shall satisfy any other admission requirements which may be specified for individual fields of study in the regulations below; and
- (e) shall satisfy the examiners in a qualifying examination if required.

MSS 1.1 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the fields of Behavioral Health, Counselling, Gerontology, Mental Health, Social Service Management and Social Work, candidates shall preferably have had a minimum of two years of post-qualification experience in the relevant fields, in addition to the requirements set out in Regulation MSS 1.

MSS 1.2 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Clinical Psychology, candidates

- (a) shall hold a Bachelor's degree with a major in Psychology, or a recognized equivalent qualification;
 - (b) shall have demonstrated empirical research experience in the form of a dissertation completed in the Bachelor's degree programme or another equivalent programme in psychology, or first-authorship in published journal article;
 - (c) shall be eligible for the Graduate Membership of the Hong Kong Psychological Society; and
 - (d) shall preferably have relevant working experience,
- in addition to the requirements set out in Regulation MSS 1.

MSS 1.3 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Criminology, candidates

- (a) shall hold a Bachelor's degree preferably with a major in the social sciences or humanities discipline; or
- (b) shall preferably have working experience in the criminal justice system, social welfare agencies, or in other work with offenders,

in addition to the requirements set out in Regulation MSS 1.

MSS 1.4 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Educational Psychology, candidates

- (a) shall hold a Bachelor's degree with a major in Psychology, or a recognized equivalent qualification;
- (b) shall be eligible for the Graduate Membership of the Hong Kong Psychological Society; and
- (c) shall preferably have relevant working experience in educational or related settings,

in addition to the requirements set out in Regulation MSS 1.

MSS 1.5 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Nonprofit Management, candidates shall preferably have three years of relevant working experience, in addition to the requirements set out in Regulation MSS 1.

MSS 1.6 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Psychology, candidates

- (a) shall preferably have more than one year of work experience; and
- (b) shall satisfy the examiners in a qualifying examination and interview if shortlisted, in addition to the requirements set out in Regulation MSS 1.

MSS 2. An application for exemption from the above requirements shall be considered on a case by case basis.

Qualifying examination

MSS 3.

- (a) A qualifying examination may be set to test the candidates' formal academic ability or their ability to follow the courses of study prescribed. It shall consist of one or more written papers or their equivalent and may include a project report.
 - (b) Candidates who are required to satisfy the examiners in a qualifying examination shall not be permitted to register until they have satisfied the examiners in the examination.
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Award of degree

MSS 4. To be eligible for the award of the degree of Master of Social Sciences, candidates

- (a) shall comply with the General Regulations and the Regulations for Taught Postgraduate Curricula; and
- (b) shall complete the programme as prescribed in the syllabuses and satisfy the examiners in accordance with the regulations set out below.

Period of study

MSS 5. The curriculum shall normally extend over one academic year of full-time study; or two academic years of part-time study, with a maximum period of registration of two academic years of full-time study or three academic years of part-time study, unless otherwise specified for individual fields of study in the regulations below.

MSS 5.1 In the field of Clinical Psychology, the programme shall normally extend over two academic years of full-time study, with a maximum period of registration of four academic years of full-time study.

MSS 5.2 In the field of Counselling, the programme shall normally extend over two or three academic years of part-time study, with a maximum period of registration of three academic years for the two-year part-time study or four academic years for the three-year part-time study.

MSS 5.3 In the field of Criminology, the programme shall normally extend over one academic year of full-time study or two academic years of part-time study, with a maximum period of registration of two academic years of full-time study or four academic years of part-time study.

MSS 5.4 In the field of Educational Psychology, the programme shall normally extend over two academic years of full-time study or three academic years of part-time study, with a maximum period of registration of four academic years for both full-time and part-time study.

MSS 5.5 In the fields of Media, Culture and Creative Cities, the programme shall normally extend over one academic year of full-time study or two academic years of part-time study, with a maximum period of registration of two academic years of full-time study or four academic years of part-time study.

MSS 5.6 In the field of Nonprofit Management, the programme shall normally extend over one academic year (three semesters) of full-time study or two academic years of part-time study, with a maximum period of registration of two academic years of full-time study or three academic years of part-time study.

MSS 5.7 In the fields of Mental Health, Social Service Management, and Social Work, the programme shall normally extend over two academic years of part-time study, with a maximum period of registration of three academic years of part-time study.

MSS 6. Candidates shall not be permitted to extend their studies beyond the maximum period of registration specified in the above regulations, unless otherwise permitted or required by the Board of the Faculty.

Advanced Standing

MSS 7. Advanced Standing may be granted to candidates in recognition of studies completed successfully before admission to the curriculum. Candidates who are awarded Advanced Standing will not be granted any further credit transfer for those studies for which Advanced Standing has been granted. The amount of credits to be granted for Advanced Standing shall be determined by the Board of the Faculty, in accordance with the following principles:

- (a) a candidate may be granted a total of not more than 20% of the total credits normally required under a curriculum for Advanced Standing unless otherwise approved by the Senate; and
- (b) credits granted for Advanced Standing shall not normally be included in the calculation of the GPA

unless permitted by the Board of the Faculty but will be recorded on the transcript of the candidate.

Exemption

MSS 8. Candidates may be exempted, with or without special conditions attached, from the requirement prescribed in the regulations and syllabuses governing the curriculum with the approval of the Board of the Faculty, except in the case of a capstone experience. Approval for exemption of a capstone experience may be granted only by the Senate with good reasons. Candidates who are so exempted must replace the number of exempted credits with courses of the same credit value.

Progression in curriculum

MSS 9. Candidates may, with the approval of the Board of the Faculty, transfer credits for courses completed at other institutions during their candidature. The number of transferred credits may be recorded in the transcript of the candidate, but the results of courses completed at other institutions shall not be included in the calculation of the GPA. The combined total number of credits to be granted for Advanced Standing and credit transfer shall not exceed half of the total credits normally required under the curricula of the candidates during their candidature at the University.

Completion of curriculum

MSS 10. To complete the curriculum, candidates

- (a) shall satisfy the requirements prescribed in TPG 6 of the Regulations for Taught Postgraduate Curricula;
 - (b) shall follow courses of instruction and complete satisfactorily all prescribed written work and field work;
 - (c) shall complete and present a satisfactory dissertation or capstone project as prescribed in the syllabuses; and
 - (d) shall satisfy the examiners in all prescribed courses and in any prescribed form of examination.
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Dissertation and Capstone project

MSS 11. Subject to the provisions of Regulation MSS 10(c), the title of the dissertation or capstone project shall be submitted for approval by not later than March 31 of the final academic year in which the teaching programme ends and the dissertation or capstone project shall be presented by a date as prescribed in the syllabuses for each field of study; candidates shall submit a statement that the dissertation or capstone project represents their own work (or in the case of conjoint work, a statement countersigned by their co-worker(s), which show their share of the work) undertaken after registration as candidates for the degree.

Assessment

MSS 12. Candidates shall be assessed for each of the courses for which they have registered, and assessment may be conducted in any combination of continuous assessment of coursework, written

examinations and/or any other assessable activities. Only passed courses will earn credits.

MSS 13.

- (a) Where so prescribed in the syllabuses, coursework or a dissertation or a capstone project shall constitute part or whole of the examination for one or more courses.
- (b) An assessment of the candidates' coursework during their studies, including completion of written assignments and participation in field work or laboratory work, as the case may be, may be taken into account in determining the candidates' result in each written examination paper; or, where so prescribed in the syllabuses, may constitute the examination of one or more courses.

MSS 14. Candidates shall not be permitted to repeat a course for which they have received a passing grade for the purpose of upgrading.

MSS 15. Candidates who have failed to satisfy the examiners at their first attempt in not more than half of the number of courses to be examined, whether by means of written examination papers or coursework assessment, during any of the academic years of study, may be permitted to make up for the failed course(s) in the following manner:

- (a) undergoing re-assessment/re-examination in the failed course; or
- (b) re-submitting failed coursework, without having to repeat the same course of instruction; or
- (c) repeating the failed course by undergoing instruction and satisfying the assessments; or
- (d) for elective courses, taking another course in lieu and satisfying the assessment requirements.

MSS 16. Subject to the provision of Regulation MSS 10(c), candidates who have failed to present a satisfactory dissertation or capstone project may be permitted to submit a new or revised dissertation or capstone project within a specified period.

MSS 17. Candidates who have failed to satisfy the examiners in any prescribed field work/practical work/internship may be permitted to present themselves for re-examination in field work/practical work/internship within a specified period.

MSS 18. Candidates who are unable because of their illness to be present at the written examination of any course may apply for permission to present themselves at a supplementary examination of the same course to be held before the beginning of the following academic year. Any such application shall be made on the form prescribed within two weeks of the first day of the candidate's absence from any examination. Any supplementary examination shall be part of that academic year's examinations, and the provision made in the regulations for failure at the first attempt shall apply accordingly.

MSS 19. There shall be no appeal against the results of examinations and all other forms of assessment.

MSS 20. Candidates who

- (a) are not permitted to present themselves for re-assessment/re-examination in any failed course(s) or to repeat the failed course(s) or take another course in lieu under Regulation MSS 15; or
 - (b) have failed to satisfy the examiners in any course(s) at a second attempt; or
 - (c) are not permitted to submit a new or revised dissertation or capstone project under Regulation MSS 16; or
 - (d) have failed to submit a satisfactory new or revised dissertation or capstone project under Regulation MSS 16; or
 - (e) have exceeded the maximum period of registration.
- may be required to discontinue their studies.

MSS 20.1 In the field of Clinical Psychology, candidates who have failed two external placements or the second attempt of either the external placement or internal practicum may be required to discontinue their studies.

Grading systems

MSS 21. Individual courses shall be graded according to the one of the following grading systems:

(a) Letter grades, their standards and the grade points for assessment as follows:

| <i>Grade</i> | | <i>Standard</i> | <i>Grade Point</i> |
|--------------|---|-----------------|--------------------|
| A+ | } | Excellent | 4.3 |
| A | | | 4.0 |
| A- | | | 3.7 |
| B+ | } | Good | 3.3 |
| B | | | 3.0 |
| B- | | | 2.7 |
| C+ | } | Satisfactory | 2.3 |
| C | | | 2.0 |
| C- | | | 1.7 |
| D+ | } | Pass | 1.3 |
| D | | | 1.0 |
| F | | Fail | 0 |

Or

(b) 'Pass' or 'Fail'.

Courses graded according to (b) above shall not be included in the calculation of the GPA.

Classification of awards

MSS 22. On successful completion of the curriculum, candidates who have shown exceptional merit may be awarded a mark of distinction, and this mark shall be recorded in the candidates' degree diploma.

V. Programme Syllabus

The Department of Social Work and Social Administration offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Mental Health for social workers, nurses, occupational therapists, physiotherapists and other health related workers who are interested in mental health issues and practices. The programme shall extend over not less than two and not more than three academic years of part-time study, inclusive of intervening vacations.

EXEMPTION

Candidates may be granted exemption of up to three compulsory courses in recognition of studies completed in related areas. Exemption will only be considered in special circumstances and each application for exemption will be considered on its own merit. Candidates with exemption granted are required to take an additional elective course to replace the exempted compulsory course to meet the degree requirements.

ASSESSMENTS

To complete the programme, candidates shall satisfy the examiners in the assessment of courses as prescribed in the programme. Assessments of the courses may be conducted either by course assignments, or by presentations, or written tests, or a combination of both methods. The grading system follows the standard practice in the Faculty of Social Sciences.

CURRICULUM

Candidates are required to complete 60 credits, including 5 compulsory courses (6 credits each), and four to five courses (6 or 12 credits each) or three elective courses (6 credits each) with a dissertation (12 credits). In the first year of study, students will acquire most current knowledge about the contexts, policies and practices in mental health. They will also be introduced to advanced and practical knowledge and skills in psychiatric assessment and mental health counselling. In the second year, students can choose to specialize in **four areas** in mental health (i.e. Integrative Mental Health, Children and Youth Mental Health, Psychogeriatric Care and Cognitive-Behaviour Therapy). Candidates can take courses in other fields of study under the Master of Social Sciences (Behavioral Health, Gerontology, Nonprofit Management, Social Service Management, Social Work) programmes. Special approval from the respective Programme Directors for the courses in the above-mentioned fields of study is needed.

(A) Compulsory courses

Candidates shall complete the following courses.

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|-----------|--|
| SOWK6309. | Mental health: policies and practices (6 credits) |
| SOWK6310. | Psychosocial approaches in mental health care (6 credits) |
| SOWK6328. | Theory and practice in mental health counselling (6 credits) |
| SOWK6329. | Assessment in mental health: A bio-psychosocial approach (6 credits) |

(B) Elective courses

Dissertation option: Candidates shall complete three of the following courses.

Non-dissertation option: Candidates shall complete five courses. If interested, candidates can choose courses to make up one of the four areas of concentration: (1) Integrative Mental Health (2) Children and Youth Mental Health, (3) Psychogeriatric Care and (4) Cognitive-Behaviour Therapy.

| | |
|-----------|--|
| SOWK6022. | Emotionally focused therapy (6 credits) |
| SOWK6127. | Cognitive-behavioral interventions (6 credits) |
| SOWK6201. | Mental health problems in old age (6 credits) |
| SOWK6214. | Children and youth mental health (6 credits) |
| SOWK6311. | Cognitive-behaviour therapy skills training (6 credits) |
| SOWK6322. | Special topics in mental health I (6 credits) |
| SOWK6323. | Special topics in mental health II (6 credits) |
| SOWK6337. | Evidence-based interventions and care for people with dementia (6 credits) |
| SOWK6345. | Mental health economics & policy (6 credits) |
| SOWK6346. | Cognitive-behaviour therapy supervised practice - Counsellor stream (12 credits) |
| SOWK6347. | Cognitive-behaviour therapy supervised practice - Practitioner stream (12 credits) |
| SOWK6349. | Mental health recovery: Narrative and strengths-based practices (6 credits) |
| SOWK7011. | Narrative therapy: A post-structuralist approach to life challenges (6 credits) |
| SOWK7014. | Early intervention in mental health (6 credits) |
| SOWK7015. | Early intervention in mental health for older adult (6 credits) |
| SOWK7016. | Early intervention in mental health for young person (6 credits) |

and any other courses offered under Master of Social Sciences (Behavioral Health, Gerontology, Nonprofit Management, Social Service Management, Social Work) programmes

(Note: not all elective courses will necessarily be offered in a given year.)

Capstone Experience Courses

(C) *Compulsory course*

Candidates opt for either dissertation or non-dissertation option shall complete the following course.

| | |
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| SOWK6265. | Research methods in human service (6 credits) |
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(D) *Dissertation (Elective)*

Candidates opt for dissertation option shall complete the following course.

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|-----------|---------------------------|
| SOWK9003. | Dissertation (12 credits) |
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COURSE DESCRIPTIONS

Compulsory Courses

SOWK6309. Mental health: policies and practices (6 credits)

As part of practice competence, mental health workers should be able to take a critical stance in

understanding and analyzing the policy contexts that affect their practice. The first half of the course will provide a general understanding of selected social policies in Hong Kong. It will also offer students an understanding of certain policy analysis frameworks. The second half of the course focuses on critically examining policy issues relating to mental health care. Topics such as policy trends in mental health care, legal contexts of mental health care, stigma and discrimination, rights of persons with mental illness and etc. will be explored. Overseas examples in mental health policies will be used for comparison.

Assessment: 100% coursework

SOWK6310. Psychosocial approaches in mental health care (6 credits)

This course critically examines current models of prevention, rehabilitation and treatments for people with mental illness. Topics such as prevention and rehabilitation, hospital and community care, models of social and vocational rehabilitation, models of psychological intervention, culture and mental health, multidisciplinary teamwork in mental health service, core competences of mental health workers/social workers and etc. By comparing these to overseas models of psychosocial approaches in mental health care, students can appreciate the strengths and weaknesses of the models that are at work in Hong Kong.

Assessment: 100% coursework

SOWK6328. Theory and practice in mental health counselling (6 credits)

This course provides an overview on professional ethics and a theoretical foundation for the practices in mental health counselling. It has two major objectives: First, it intends to discuss key ethical issues in counselling, and to critically examine counsellors as persons guided by their value orientation, intentionality, and reflexivity. Second, it attempts to present a range of current evidence-based bio-psycho-social intervention approaches for working with people in face of mental distress and for nourishing people's positive mental health. As an overview, it covers some of the current and contemporary approaches stemming from various theoretical orientations such as body and mind, cognition and behavior, constructivism and post-modernism, and family systems. Their application and evidence of effectiveness in mental health counselling will be discussed. Some lectures may also involve reflection exercises, experiential learning and skills training.

Assessment: 100% coursework.

SOWK6329. Assessment in mental health: A bio-psychosocial approach (6 credits)

This course provides students with knowledge and skills in conducting psychiatric and psychosocial assessments on people with mental illness. Assessments on individual illnesses such as depression and psychosis will be taught using a bio-psychosocial perspective. The first 5 lectures cover the genetic and neurological bases of certain types of mental illness and the other 5 lectures will focus on the psychosocial factors in the etiology and development of certain types of mental illness. Students will be introduced to selected neurological, psychological and psychosocial assessment tools that are commonly used in measuring the mental health characteristics and statuses of a person with mental health concerns. Practical skills in using these assessment tools will be taught during classes.

Assessment: 100% coursework.

Elective Courses

SOWK6022. Emotionally focused therapy (6 credits)

Emotionally focused therapy (EFT) is an attachment based approach that utilizes the power of empathic attunement and experiential interventions to facilitate a felt sense of security with oneself and others. In the context of individual therapy in EFT, the therapist tunes into the emotion processes of the client and works to facilitate corrective emotional experiences. These new, healing emotional experiences build capacities in regulating emotions and shape a sense of trust in one's worthiness and competence.

This course provides a theoretical overview of the EFT approach in the context of individual therapy (EFIT) with an emphasis on the experiential practice of empathic attunement and EFT interventions. Students will learn the roadmap of EFT, apply practical interventions on how to attune to the here-and-now emotions, and facilitate processes that promote more secure and flexible models of self and others. Neuroscience is introduced to help students to understand its role played in emotional changes.

Assessment: 100% coursework

SOWK6127. Cognitive-behavioral interventions (6 credits)

The course introduces students to the Beck's cognitive-behaviour therapy model in working with people with depression and anxieties. A case process approach will be adopted to provide a stage-by-stage and step-by-step understanding of the theory and practice of Beck's CBT. Other CBT models for working with people with psychosis, OCD, pathological gambling, substance abuse and etc. will also be discussed in class.

Assessment: 100% coursework

SOWK6201. Mental health problems in old age (6 credits)

This course explores the types of mental illnesses among the elderly in Hong Kong. Attention will be put towards the understanding of the causes and treatments of mental illness in the elderly population. A critical review of medical, psychological and social services for the elderly with mental illness will be conducted.

Assessment: 100% coursework

SOWK6214. Children and youth mental health (6 credits)

This course focuses on an understanding of the mental health issues found among children and youth in Hong Kong. While it will introduce the developmental perspectives on child and adolescent development, it will also provide an overview of the prevalence and general features of different childhood and adolescent mental health problems. The course will also bear a practice focus and introduce to students the assessment, treatment and skills in engaging children and youth suffering from various mental health problems.

Assessment: 100% coursework

SOWK6311. Cognitive-behaviour therapy skills training (6 credits)

This course adopts a CBT case process model and provides step-by-step intensive and hands-on training of cognitive-behaviour therapy skills for students who are interested in practicing CBT. Cognitive-oriented techniques such as thought stopping, cognitive restructuring, cognitive continuum and pie chart will be taught, while behavioural techniques such as activity ruler, activity chart, behavioural experiment and exposure will also be introduced to the students. It is expected that students would actively participate by practicing the various skills, engaging in role plays and other activities in class. Students who intend to enroll in this course must have taken SOWK6127 Cognitive-behavioral interventions or an equivalent. As it is an intensive skill-oriented training, the optimum class size is 12 students.

Assessment: 100% coursework

SOWK6322. Special topics in mental health I (6 credits)

Mental health is an integral and essential component of health. There is no health without mental health. Various psychological, emotional, biological and socioeconomic factors determine the level of mental health of a person at any point of time. Mental well-being is associated with our rapid changing society. This course will introduce students to mental health topics or issues in our contemporary society. For example, mental health policy and services, maternal and child mental health, neurological issues and problems in mental health, and suicide prevention.

Assessment: 100% coursework

SOWK6323. Special topics in mental health II (6 credits)

Mental health is an integral and essential component of health. There is no health without mental health. Various psychological, emotional, biological and socioeconomic factors determine the level of mental health of a person at any point of time. Mental well-being is associated with our rapid changing society. This course will introduce students to mental health topics or issues in our contemporary society. For example, mental health policy and services, maternal and child mental health, neurological issues and problems in mental health, and suicide prevention.

Assessment: 100% coursework

SOWK6337. Evidence-based interventions and care for people with dementia (6 credits)

Dementia care and interventions can improve cognition, behavioural and psychological symptoms, and other outcomes in people with dementia and wellbeing of carers. This course equips current and future practitioners with the fundamental understanding and skills in delivering evidence-based non-pharmacological interventions in dementia, covering the entire course of illness from mild to severe, including Cognitive Stimulation Therapy (CST), Tailored Activity Program (TAP), multicomponent carer support programmes, and dementia care management; as well as case identification and evaluation of intervention outcomes.

Pre-requisite: SOWK6201. Mental health problems in old age

Assessment: 100% coursework

SOWK6345. Mental health economics & policy (6 credits)

Mental health is closely associated with our rapidly changing society. This course will introduce students to mental health topics and issues in our contemporary society – including public policy; causes and prevention; treatment and support; resource allocation challenges; discrimination and stigma; and inequalities. These issues will be covered at different points across the life-course, with examples covering topics such as maternal mental health; child and adolescent mental illness and its adulthood consequences; recovery; workplace issues; family impacts and roles; suicide; and dementia. Students will gain in-depth understanding about mental health challenges and policy responses, especially from an economic perspective; risk factors for mental illness; economic evaluation of mental health interventions and policies, including methods and applications of cost-effectiveness and cost-utility analyses; policy analysis. Illustrative real-world examples will be used throughout the course, such as mental health policy in England today, economic evaluation of medication and nonpharmacological interventions for common mental disorders and severe mental illnesses, projection and other modelling to inform national dementia care policy.

Assessment: 100% coursework

SOWK6346. Cognitive-behaviour therapy supervised practice – Counsellor stream (12 credits)

The course adopts a “case-study” format in which students are required to provide counselling for up to ten to twelve clients using cognitive-behavior interventions, over a period of two semesters. Students are required to complete 120 hours of direct client contact, 52 hours of individual and group supervision, 4 hours of briefing sessions and 32 hours of skill-based workshops. Upon completion of this course, students may be eligible for the membership of Hong Kong Professional Counselling Association.

Pre-requisite: SOWK6127 Cognitive-behavioral interventions or an equivalent, and SOWK6311 Cognitive-behaviour therapy skills training.

Assessment: 100% coursework

SOWK6347. Cognitive-behaviour therapy supervised practice – Practitioner stream (12 credits)

The course adopts a “case-study” format in which students are required to provide counselling for up to five clients using cognitive-behavior interventions, over a period of two semesters. Students will have to report in class the progress of their treatment sessions. Through case discussions and group supervision, students will learn the process and techniques of cognitive-behavior interventions. Upon completion of this course, students will be awarded a certificate equivalent to Level I Certificate Training in Cognitive Behaviour Therapy from Institute of Cognitive Therapy of Hong Kong.

Pre-requisite: SOWK6127 Cognitive-behavioral interventions or an equivalent, and SOWK6311 Cognitive-behaviour therapy skills training.

Assessment: 100% coursework

SOWK6349. Mental health recovery: Narrative and strengths-based practices (6 credits)

Recovery is “A deeply personal, unique process of changing one’s attitudes, values, feelings, goals, skills and roles. It is a way of living a satisfying, hopeful and contributing life even with the limitation caused by illness.” (Anthony, 1993). Recovery-oriented practices are empowering approaches that embrace person-centered alternatives for promoting hope, self-determination, self-management, wellbeing and social inclusion of people in face of mental distress. Such humanistic approaches have

been gaining international credence among mental health service users, service providers, professionals and policy makers in recent years.

Grounding on the recovery paradigm, this course aims to walk you through the re-authoring elements of recovery, and the latest knowledge on recovery-oriented practices for mental health counselling and the promotion of wellbeing. It will provide you with the evidence- and experienced-based knowledge of non-pharmacological approaches and postmodern practices including story-telling, narrative therapy, the strengths model assessment and intervention, Wellness Recovery Action Plan etc. You will be guided to see how these practices are not only applicable to counseling in mental health context but also to working with people coping with other issues and challenges in life. You will also have the opportunities to learn and practise the various conversation maps of narrative therapy through experiential exercises during the course.

SOWK7011. Narrative therapy: A post-structuralist approach to life challenges (6 credits)

The course introduces students to the philosophical foundations and practice of narrative therapy for working with individuals, families, groups and communities. Students will have a chance to be engaged with narrative ideas and its application in counselling and human services contexts.

Assessment: 100% coursework

SOWK7014. Early intervention in mental health (6 credits)

Early intervention in mental health refers to the early identification and treatment/care of people with mental illness, and prevention/delay of illness onset in subclinical populations. For common mental disorders and severe mental illness, early interventions are at the forefront of clinical and scientific advances, including therapy and service designs that improve access to evidence-based interventions. This course provides a systematic introduction to local and international developments in early intervention in mental health from a life course perspective, with a focus on youth and older people to illustrate early intervention modalities, such as the 'third wave' of cognitive behavioural therapy, peer support, digital, and low-intensity psychotherapies.

Assessment: 100% coursework

SOWK7015. Early intervention in mental health for older adult (6 credits)

Mental health problems in old age are common and can have deleterious consequences, including disability and death. Age-appropriate early interventions can be effective in preventing or minimizing mental health problems and their complications in older people. Building on a foundation of knowledge and skills in early intervention in mental health, this course provides further insight into the tailoring, adaptation, and co-creation of interventions with older adults, applying in-depth knowledge about psychological ageing and lifespan development for key psychosocial interventions and care.

Assessment: 100% coursework

SOWK7016. Early intervention in mental health for young person (6 credits)

Most adult mental illnesses onset before age 25 years. Adolescence is a window of opportunity for early interventions, which need to consider age-specific biopsychosocial development, system/context

(family, school, social media), and risk/protective factors (peer relationship, bullying). Building on a foundation of knowledge and skills in early intervention in mental health, this course provides further insight into the tailoring, adaptation, and co-creation of interventions with young people, applying in-depth knowledge about developmental stage and life course determinants for key psychosocial interventions and care.

Assessment: 100% coursework

Capstone Experience Courses

SOWK6265. Research methods in human service (6 credits)

This course covers the whole research process from the development of research questions and hypotheses to the analysis of data as well as presentation of findings. Different data collection methods including qualitative data collection such as case study, interviews and focus groups; and quantitative data collection such as survey and experiment will be discussed. Data analysis on various types of data including secondary data will be examined. Students will be expected to integrate and apply the knowledge and skills they acquired through the programme by attending the integrated seminars organized by the end of the first semester of the final academic year of study.

Assessment: 100% coursework.

SOWK9003. Dissertation (12 credits)

The title of the dissertation shall be submitted for approval not later than five months before the formal submission of the dissertation or not later than March 31 of the same academic year of study. The dissertation shall be presented by not later than **August 1** of the same academic year of study. The dissertation shall be a critical study that demonstrates the application of research methodology to the investigation of problems relevant to the field of study, and shall not exceed 20,000 words in length.

Assessment: 100% coursework

VI. Learning Outcomes

The Master of Social Sciences in the field of Mental Health programme learning outcomes are perfectly aligned with the HKU's TPg curricular educational aims, with the view to achieving the University's mission and vision.

| University TPg Curricular Educational Aims | Programme Learning Outcomes (PLOs) |
|---|---|
| Critical intellectual enquiry and acquiring up-to-date knowledge and research skills in a discipline / profession | Critical intellectual enquiry and acquiring up-to-date knowledge and research skills in mental health |
| Application of knowledge and research skills to practice or theoretical exploration, demonstrating originality and creativity | Application of mental health knowledge and research skills to practice or theoretical exploration, demonstrating originality and creativity |
| Tackling novel situations and ill-defined problems | Tackling novel situations and ill-defined problems in mental health |
| Collaboration and communication of disciplinary knowledge to specialists and the general public | Collaboration and communication of mental health knowledge to specialists in social services and the general public |
| Awareness of and adherence to personal and professional ethics | Awareness of and adherence to personal and professional ethics in mental health |
| Enhancement of leadership and advocacy skills in a profession | Enhancement of leadership and advocacy skills in the mental health profession |

VII. Dissertation & Writing Guidelines

Timeline on writing dissertation (for reference only)

| Date | Task |
|-------------------------------------|--|
| By 15 May 2025 | Submitting a brief proposal of dissertation to the Programme Director |
| By 31 August 2025 | Arranging supervisors for individual students |
| By 31 January 2026 | Having completed the conceptual framework of the study for the dissertation |
| Between 1 January and 31 March 2026 | Submitting the application for ethical approval and the dissertation title Having completed the pilot test and data collection for the dissertation |
| Between 1 April and 31 July 2026 | Analysing the data and writing up the dissertation |
| By 1 August 2026 | Submitting the dissertation to supervisor |

Guidelines on writing dissertation

A. Outline for dissertation proposal

1. Identification of a topic or an area of interest within your specialization that you will write your dissertation on.
2. Give reasons for your choice of this topic or area of interest, and indicate what experience you have had in relation to it.
3. A precise statement of objective(s) and/or hypothesis(es) of your dissertation.
4. A concise summary of pertinent research and literature and its bearing on the study, and a clear outline of the theoretical base which you will use to set parameters and direction for the dissertation.
5. A discussion of the approach to be used including the methodology and the design of the study, how data is to be collected and analyzed. (If you propose to base your dissertation on data from the fieldwork you anticipate to conduct, you should give a description of the proposed fieldwork, and state how the fieldwork relates to your dissertation and how you propose to monitor its progress).
6. A brief (and preliminary) outline of the proposed content of your dissertation, including the scope, limitations and implications.
7. A list of relevant reading already undertaken, and a list of books, articles, etc. identified as relevant but not yet consulted.

Students may consult members/ any departmental staff member to give advice and guidance while preparing a dissertation proposal. Your choice should be guided by the knowledge and experience of the staff member of the topic or subject area selected for your dissertation.

Length of outline - normally between 1,000 and 1,500 words on Size A4 double-spaced typed pages.

B. An acceptable dissertation should conform to the following requirements:

- 1.Length – shall not exceed 20,000 words on Size A4 double-spaced typed pages.
- 2.Students should submit the soft copy of the final version to the Department when no further revision is required.

C. Writing the Dissertation

- 1.Style

Write simply and directly. Avoid unnecessary repetition.

Be consistent in your use of tenses: use the past tense referring to the study itself.

Use an impersonal style without it becoming mechanical or stilted. Avoid colloquialism or the excessive use of professional terminology.

Writing filled with numbers may be very confusing unless the writer adheres strictly to the rules regarding their use:

- (a) Numbers less than one hundred, and round numbers are usually spelled out. Numbers larger than one hundred, except round numbers, are usually given in figures. A fraction is always spelled out for example, one twelfth, unless it is part of a large number.
- (b) No sentence should begin with figures.
- (c) Number with four or more digits, except dates and page numbers, must have commas inserted to point off thousands from millions.
- (d) Numbers indicating percentages are usually given in figures although these may be smaller than one hundred.
- (e) In general no abbreviations should be used in the text though they are frequently called for in footnotes. Exceptions are titles such as Mr., Mrs., Dr.

In case of repeated reference mention the full name first and indicate the nature of abbreviations.

2. Format

The following sequence of items is required:

- (a) Title-page.
- (b) An abstract of the Dissertation: An abstract of one single-spaced typed page must be included in the dissertation to provide a brief description of the research objectives, the methodology and the major research findings.
- (c) Acknowledgements (if desired).
- (d) Table of contents.
- (e) List of Tables (if any).
- (f) List of Figures (if any). This may be subdivided into charts, groups, maps, illustrations, etc.

Chapter One

The first chapter should contain:

- (1) A statement of the problem and its importance.
- (2) Purpose of study.
- (3) Perspective/theory used.
- (4) Definitions of terms used.
- (5) Organization of dissertation.

Chapter Two

Review of previous related studies, and investigations.

Chapter Three

Methods of procedure, data collection and analysis.

Other Chapters

Each of the subsequent chapters should have an introductory paragraph and summary conclusions at the end.

- (1) One or more chapters of research findings.
- (2) The last chapter should be a summary chapter of findings, discussions, or conclusions and recommendations:
This should not be a restatement, but should be a synthesis of the materials already presented.
- (3) Bibliography.
- (4) Appendix or Appendices (if any).

Chapterization represents an important division of the subject investigated. The chapters are numbered with large Roman numerals for example, CHAPTER I, CHAPTER II, etc.

Each chapter must have a title, or heading, and this must tell very clearly what material is contained therein. Furthermore, these chapter headings must indicate definite and logical divisions of the problem. Each chapter must begin on a new page.

References

It follows the body of the text and is preceded by a division sheet containing the single word, REFERENCES. It must include all references which have been cited in the text.

Appendix or Appendices (if any)

If any appendix is needed it follows the bibliography and is preceded by a division sheet marked APPENDIX. Frequently an appendix offers a check upon the reliability of the data of the report, and may include also materials that cannot be reproduced in the text proper, e.g., schedules or questionnaires used.

If your dissertation has more than one appendix, number the appendices with larger Roman numerals for example, APPENDIX I, APPENDIX II, etc.

D. Reference to Sources

The standards of scholarly production require all source material to be acknowledged by the writer, not merely as a matter of common honesty but also as a validation of his own work. Never try to have references just for the sake of having them.

It is important to remember that, unless the contrary is clearly expressed, the quotation of another's opinion or conclusion usually signifies the writer's acceptance of the quoted opinion as also his own.

The following should be treated as general directions for various types of acknowledgements:

1. Quotations

The excerpt can be paraphrased or quoted exactly. Both must be referenced.

Omission may be made freely provided care is taken to preserve the exact meaning of the original passage and to indicate such omission. Three dots alternating with space (...) are employed to show the omission of any amount of matter – a word, phrase, or a clause. "Use double quotation marks to enclose quotations in text. Use single quotation marks within double quotation marks to set off material that in the original source was enclosed in double quotation marks" (APA, 2010, p. 92). For example:

He stated that, "The 'Placebo effect,' ... disappeared when behaviours were studied in this manner" (Smith, 1982, p.276), but he did not clarify which behaviours were studied.

If a quotation is more than three typewritten lines in length or of 40 or more words, it should be set off from the text in a separate paragraph or paragraphs, indented four spaces, and single-spaced. For example:

Smith (1982) found the following:

The "placebo effect," which had been verified in previous studies, disappeared when behaviours were studied in this manner. Furthermore, the behaviours were never exhibited again, even when real drug were administered. Earlier studies (e.g.,, Abdullah, 1984; Fox, 1979) were clearly premature in attributing the results to a placebo effect. (p. 276)

2. Reference Citations in Text

Citation of an author's work in text documents your work, briefly identifies the source for readers, and enables readers to locate the source of information in the alphabetical reference list at the end of the dissertation.

One work by a single author

e.g.,

Smith (1983) compared reaction times.....

In a recent study of reaction times (Smith, 1983).....

One work by two or more authors

e.g.,

Williams, Jones, Smith, Bradner, and Torrington (1983) found [first citation]

Williams et al. (1983) found [subsequent citations]

One work by six or more authors

Cite only the first author followed by et al.

e.g.,

Takac et al. (1982).....

3. Endnotes and their use

Endnotes have four chief purposes:

- (a) To establish the validity of evidence
- (b) To acknowledge your source material
- (c) To amplify the discussion beyond the point permissible in the text.
- (d) To provide cross-reference to various parts of the dissertation.

Each endnote must in practice be required to justify its existence.

Endnotes should be listed at the end of the chapter in which they occur. Each endnote should be numbered, and it should be single-spaced. When two or more endnotes appear at the end of any chapter, a double space should be allowed between them.

Furthermore, the number series should be consecutive throughout each chapter. For example, the following footnote refers to a statement made earlier in the chapter:

For a detailed study on the community system, see Leung (1990), Leung and Deng (1990); Ministry of Civil Affairs (1987); Yang (1988); Feng (1988).

The statements must be identified by numbered superscripts such as:

The lowest government administrative unit in the city is the street office and in the city is the street office and in the rural area, the Xiang/town government l.

Every source cited in a footnote must appear in the bibliography.

4. Reference List

Bibliographical entries must comply with the following formatting instructions:

- (a) Book: Author, Initials. (Year). Title. Place of Publication: Publisher.
e.g.,
Cross, C. (1978). *Ethnic minorities in the inner city*. London, UK: Commission for Racial Equality.

- (b) Article: Author, Initials. (Year). Title. Journal, Volume (Issue), Pages.
e.g.,
Alcock, P. (1989). Why citizenship and welfare rights offer new hope for new welfare in Britain. *Critical Social Policy*, 9(2), 32-44.
- (c) Chapter: Author, Initials. (Year). Title of chapter. In Initials. Author (Ed.), Title of book (pp. xxx-xxx). Place of Publication: Publisher.
e.g.,
Sikkema, M. (1980). Cross-cultural learning: A new dimension in social work education. In P. Hodge (Ed.), *Culture and social work: Education and practice in Southeast Asia* (pp. 276 – 288). Hong Kong: Heinemann Asia.

E. Illustrations of data

Since a table or a figure is used to aid in conveying ideas to the reader, due care should be exercised in the selection of materials to be contained therein. Unnecessary repetition in presentation of facts is to be deprecated.

A dissertation is a report of a scholarly nature, and it is to be read by people who will understand with ease those things that are simple. When a simple statement will suffice, illustrative materials need not be used.

1. Table

Any data collected for the dissertation must be presented as evidence upon which conclusions are based. If these data are of statistical nature, they must be presented for the reader's examination in the form of tabulations. Long strings of figures placed in the body of the dissertation will inevitably defeat any effort to produce smooth writing and the reader may lose the deeper meanings to be drawn from the results reported.

The reader is interested in conclusions and most frequently is not particularly concerned with very minute details regarding findings. Thus, although complete data should be provided at some place in the dissertation for the benefit of those readers who want explicit details, the text should contain the findings or conclusions, stated in comprehensive terms, and it should not be clogged with masses of statistical minutia.

2. Figures

A figure may be a chart, diagram, drawing, graph, photograph, photostat, map, histogram, blueprint or any type of illustration. Most frequently, the total number of all these various kinds of illustration is small. In this case all of them are grouped together as one series and are called Figures. When, however, there is a large number of any one kind, it is proper to call the group by its specific name and to call the other Figures.

3. Placement of table or illustration

Since a table is supposed to contain material that will be discussed in the text, or that is essential to a clear understanding of interpretation of what has been written, the table should be placed as near as possible to the discussion in the manuscript that relates to it.

4. Numbering

The tables should be numbered consecutively throughout the dissertation, from first to last, although some of these may appear in the appendix. The practice is to use Roman numerals in numbering tables. The number is placed one double space above the title, which is typed in capital letters.

In numbering Figures, Arabic numerals are used, even if there is more than one series. The number should be centered below the illustration, and the title should be centered one double space below the number.

5. Captions

Each table and figure in a dissertation must have a title which will tell in a direct and concise manner just what material is contained therein. This caption should be placed above a table but below any other kind of illustration.

6. Omitted Items

When an item must be omitted from its normal place in a table, the omission should be indicated by dashes or dots. A zero should not be placed in such a place unless the value that is supposed to appear at that point is actually zero. If the author wishes to show why the item is missing, he may insert a parenthesized superscript, and in a footnote at the bottom of the table give the necessary explanation.

F. Typing

Pages of the dissertation should be numbered, and double-spacing should be retained throughout except in quotations which are centered in the page, or in the footnotes.

New paragraphs begin with a line indented seven spaces from the left-hand margin. For long, single-spaced quotations, a new margin with a four space indentation is established between the regular left-hand margin of the text and the line of indentation.

Note: For further information, please check

- American Psychological Association (2010). *Publication manual of the American Psychological Association*. Washington, D.C.: American Psychological Association.
- <http://apastyle.apa.org/>

VIII. Policies on Learning

A. Attendance and Absence

Students should explain to the course teachers and programme secretary concerned in advance and in writing, regarding absences from lectures/ tutorials/seminars/workshops. If possible, prior notice should be given for reasonable absences. In case of illness, a medical certificate is required. Absences which are unexplained or unsatisfactorily explained will result in a deduction of marks.

B. Grading Systems

Students will receive the following grades instead of marks for their assignment.

| Grade | Standard | Grade Point |
|-------|--------------|-------------|
| A+ | Excellent | 4.3 |
| A | | 4.0 |
| A- | | 3.7 |
| B+ | Good | 3.3 |
| B | | 3.0 |
| B- | | 2.7 |
| C+ | Satisfactory | 2.3 |
| C | | 2.0 |
| C- | | 1.7 |
| D+ | Pass | 1.3 |
| D | | 1.0 |
| F | Fail | 0 |

Table 1: Grade Descriptors for Group Presentation

| A+ / A / A- | B+ / B / B- | C+ / C / C- | D+ / D | F |
|--|--|---|--|---|
| Clear & logical structure & rich content showing good exploration of the topic | Clear structure & content showing good understanding of the topic | Clear structure & relevant content showing basic understanding of the topic | Weak organization but relevant content | Poor organization & thin content |
| Creative in exploration method | A number of exploration methods adopted | Exploration achieved but methods could be enriched | Not creative / elaborate in exploration strategies | Casual exploration |
| Good facilitation of student participation | Clear facilitation of student participation | Some participation invited | Limited student participation facilitated | Did not invite participation |
| Good time management to allow adequate presentation & student participation | Reasonable time management in presenting own ideas with possible areas for improvement | Use of time need some improvement | Slightly overtime | Poor use of time to present ideas clearly |

Table 2: Grade Descriptors for Individual Paper and Essay

| A+ / A / A- | B+ / B / B- | C+ / C / C- | D+ / D | F |
|---|--|--|---|--|
| Rich and relevant knowledge coverage, showing good mastery of the topic | Adequate knowledge coverage showing good understanding | Limited knowledge coverage showing basic understanding | Very limited coverage of relevant literature showing some understanding | No mention of any relevant literature |
| Logical and rich analysis of different viewpoints | Clear & valid analysis of viewpoints | Limited but valid analysis of viewpoints | Descriptive listing of ideas, not analytical | Ungrounded comments & analysis |
| Systematic presentation of ideas allowing easy reading | Generally clear organization of ideas in the paper | A little jumpy in the certain part of the paper | Loose organization of arguments | Poor organization of arguments |
| Proper referencing and fluent English | Proper referencing & slight errors in English | Showing minor problems in referencing and language use | Showing some problems in referencing and language use | Lack referencing and poor language use |

Table 3: Grade Descriptors for Quizzes

| A+ / A / A- | B+ / B / B- | C+ / C / C- | D+ / D | F |
|---|---|---|--|---|
| Able to apply and integrate theories and own insight to fully address the question in a logical manner. | Able to integrate theories to fully address the question. | Able to apply just sufficient learned materials to address the questions. | Able to apply little learned materials to address the questions. | Unable to show learning in answering the questions. |

Table 4: Grade Descriptors for In-class Participation

| A+ / A / A- | B+ / B / B- | C+ / C / C- | D+ / D | F |
|---|--|---|--|---|
| Extremely active in participation in class exercises, well prepared for discussion and attended at least 90% of classes | Quite active in participation in class exercises, partially prepared for discussion and attended at least 80% of classes | Limited active in participation in class exercises, not well prepared for discussion and attended at least 70% of classes | Poor participation in class exercises, poorly prepared for discussion and attended at least 50% of classes | No participation in class exercises, never prepared for discussion and attended at least 40% of classes |

Table 5: Grade Descriptors for Dissertation

| Area | A+ / A / A- | B+ / B / B- | C+ / C / C- | D+ / D | F |
|--|--|---|---|--|--|
| Identification of research area and formulation of research question | Introduction identifies an important research area and formulates a well-defined research question | Introduction identifies a research area and formulates a well-defined research question | Introduction either identifies a research area or formulates a research question, but limited contextualisation | Weak introduction that fails to justify the research area or identify a clearly-defined question | Very weak introduction, which fails to justify the research area or identify a research question |
| Strategy for addressing question | Develops well-defined research strategy | Identifies clear strategy for addressing question | Identifies research strategy | Research strategy is poorly-identified | Little evidence of a coherent research strategy |

| | | | | | |
|--|---|---|---|--|---|
| Research methodology | Provides clear statement of methods used to obtain data, and shows a good understanding of the strengths and weaknesses of chosen methodology | Identifies methods used to obtain data and makes some attempt to evaluate their strengths and weaknesses | Identifies methods used to obtain data, but may apply these uncritically | Little attempt to explain methods used to obtain data, with little discussion of their strengths or weaknesses | Little or no attempt to explain methods used to obtain data, and little or no attempt to evaluate them |
| Knowledge and understanding of relevant literature | Shows good knowledge and understanding of relevant recent literature | Shows knowledge and understanding of relevant literature | Demonstrates some knowledge and understanding of relevant literature | Limited knowledge or understanding of relevant literature | Very limited knowledge or understanding of relevant literature |
| Use of data | Demonstrates ability to obtain relevant data from appropriate sources; shows competence in way data are used, and awareness of the strengths and weaknesses of the data | Obtains relevant data from appropriate sources, shows some competence in using the data and makes some attempt to evaluate their strengths and weaknesses | Derives some data from sources, but the data obtained may be limited; comparatively little attempt is made to evaluate the strengths and weaknesses of the data | Only derives a limited amount of data, with little attempt to justify the sources or to evaluate their strengths and weaknesses | Derives very little relevant data; little or no attempt to justify sources or evaluate their quality |
| Interpretation of results | Clear and competent interpretation of the evidence presented, with an assessment of the strengths and weaknesses of the methods used to obtain and analyse data | Makes a reasonable attempt to analyse and interpret the results of analysis, shows some awareness of the limitations of the methodology | Makes some attempt to analyse the results, but with some lack of awareness of the limitations of the methodology | Limited analysis of the results and of the weaknesses of the methodology | Very limited analysis of such results as have been obtained with no awareness of the limitations of the analysis |
| Presentation of material | Presents material in a clear and logical manner, with a full reference list; all sources are properly referenced | Material is generally well-organised and clearly-presented. Includes a full bibliography with appropriate referencing | Material is not always clearly-presented or well-organised. Some items may be lacking from the bibliography, and references may not always be cited appropriately | Material may be poorly-presented and badly-organised. The bibliography may be limited or incomplete and references not cited appropriately | Material is poorly-presented and badly-organised. The bibliography is limited or incomplete, and references not cited appropriately |
| Presentation of findings | Clear and accessible presentation of findings | Findings are generally clear and accessible | Findings may not always be presented in a clear or accessible manner | Findings may be poorly-presented and difficult to understand | Findings are poorly-presented and difficult to understand |
| Quality of argument and clarity of conclusions | Clear and logical argument, leading to appropriate and relevant conclusions. A first-class dissertation may also show an awareness of | Clear and logical argument, leading to appropriate and relevant conclusions | Argument may not always be clearly and logically presented; conclusions may not always be supported by evidence on which they are | Argument may be difficult to identify or follow | Failure to develop a clear argument |

| | | | | | |
|--|--|--|----------------------|--|--|
| | ways in which the topic or investigation may be extended further | | supposed to be based | | |
|--|--|--|----------------------|--|--|

C. Distinction list

Distinctions are proposed to be awarded to students who achieved a cumulative grade point average (CGPA) of 3.6 or above without any failed courses, and attained the grade of A- at least in the capstone experience course(s) (e.g., fieldwork practicum, dissertation). The Chief Examiner has the final decision on recommendation for conferment of the degree with a mark of distinction.

D. Submission of Assignments

For most of the courses (subject to the course teachers), students are expected to submit their assignments via Turnitin @ Moodle learning management system (LCS). Moodle learning management system (LCS) is to deliver online teaching and learning activities support for University users. Moodle courses will be automatically created for all academic courses that have been defined in the Student Information System (SIS). Teachers' and students' enrolments for the corresponding Moodle courses will also be automatically handled. Students are required to make regular access on the Moodle to receive course materials and class announcement sent by course teachers. Turnitin will detect any plagiarized materials. More information and training can be obtained in the Turnitin website: <http://lib.hku.hk/turnitin>.

For some courses, teacher may require students to submit the hard copies of their assignments. Please follow the instructions according to the respective course outlines.

E. Penalty of Late Submission

Regarding the **submissions after the original deadline, 10% of mark per working day will be deducted, for up to seven working days**. No marks will be given for assignments that are handed in one week after the original deadline, but the teachers will provide feedback on the paper.

| Late for | % of marks to be deducted |
|------------------|---------------------------|
| 1 day | 10% |
| 2 days | 20% |
| 3 days | 30% |
| 4 days | 40% |
| 5 days | 50% |
| 6 days | 60% |
| 7 days | 70% |
| More than 7 days | No marks will be given |

F. Penalty on Late Submission of Re-assessment of Failed Paper

If a student fails a particular paper, and if re-assessment is allowed by means of a resubmission of assignment, the student must submit the assignment for re-assessment on or before the due date. No mark will be given to late paper unless prior approval is sought from the teacher of the course.

G. Academic Conducts

The University Regulations on academic dishonesty will be strictly enforced! Please check the University Statement on plagiarism on the web: <http://www.hku.hk/plagiarism/>.

Academic dishonesty is behavior in which a deliberately fraudulent mis-representation is employed in an attempt to gain undeserved intellectual credit, either for oneself or for another. It includes, but is not necessarily limited to, the following types of cases:

1. Plagiarism

- (a) According to the HKU policy <http://www.hku.hk/plagiarism/>, "Plagiarism is defined as the unacknowledged use, as one's own, of work of another person, whether or not such work has been published."
- (b) The representation of someone else's ideas as if they are one's own. Where the arguments, data, designs, etc., of someone else are being used in a paper, report, oral presentation, or similar academic project, this fact must be made explicitly clear by citing the appropriate references. The references must fully indicate the extent to which any parts of the project are not one's own work. Paraphrasing of someone else's ideas is still using someone else's ideas and must be **acknowledged**.
- (c) According to the assessment guidelines on Generative AI from the Teaching and Learning Innovation Centre (pp. 16), while citing AI generated language models like ChatGPT, detailed information about the model's specific version, its training data, and the responsible organization should be provided. For in-text citations, it is recommended to include the name of the organization, such as OpenAI, and the year of publication. The language model's title (for instance, ChatGPT), its version number, the responsible organization (like Open AI), and the URL to access the model should all be included in the reference list entry. In order to maintain clients' confidential data and in line with the ethical practice of the profession and the requirements of the personal data (Privacy) Ordinance, 1995, which are reiterated in the social work fieldwork placement handbook (pp.16), it is prohibited to use the AI generated language models for fieldwork courses. Unauthorized Collaboration on Out-of-Class Projects - The representation of work as solely one's own when in fact it is the result of a joint effort. Where a candidate for a degree or other award uses the work of another person or persons without due acknowledgement. Unauthorized Collaboration on Out-of-Class Projects - The representation of work as solely one's own when in fact it is the result of a joint effort. Where a candidate for a degree or other award uses the work of another person or persons without due acknowledgement.
- (d) The following also constitute plagiarism: (i) copying past papers of seniors or classmates without proper referencing, (ii) submission of assignments with similar content by the same student to different courses can also be considered as self-plagiarism.
- (e) Plagiarism is a serious offence in the academic world. This University takes plagiarism seriously. Academically, it is almost certain that the plagiarized work

will receive a fail grade (and most likely a zero mark). There may also be disciplinary action against the student who commits the offence of plagiarism. A warning letter will be issued in case of minor plagiarism. In the more serious cases, the students concerned will be referred to the Vice-Chancellor for referral to the University Disciplinary Committee for disciplinary action (extracted from HKU website <http://www.hku.hk/plagiarism/>).

2. Unauthorized Collaboration on Out-of-Class Projects

The representation of work as solely one's own when in fact it is the result of a joint effort. Where a candidate for a degree or other award uses the work of another person or persons without due acknowledgement.

(a) Dishonesty in collaborative work

Where a candidate for a degree or other award represents his/her work as solely one's own when in fact it is the result of a joint effort of a group of persons constitutes dishonesty and will thus be penalised.

(b) Completing assignments for others

The department does treasure mutual support among students. Yet, it does not mean a student can complete assignment for another classmate. Even the act is of good intention, both students will be penalised for such act.

3. Penalty

(a) The relevant Board of Examiners may impose a penalty in relation to the seriousness of the offence.

(b) The relevant Board of Examiners may report the candidate to the Senate, where there is prima facie evidence of an intention to deceive and where sanctions beyond those in (a) might be invoked.

H. Important note to students sitting tests/quizzes

Students are reminded that “unless the tests/quizzes are allowed to open book or to use electronic materials or to conduct via online, all electronic devices MUST be switched off and put under the chair/on your desk throughout the tests/quizzes in a position visible to the invigilators. Make sure that you do not have any printed/written matter, mobile phone, or any other electronic/communication/sound-making devices in your pocket or on your body throughout the tests/quizzes. Unless you have obtained the prior permission of an examiner or invigilator, you are not allowed to access the content of your bag at any time during the examination/quizzes. Students do not comply with the above-mentioned instructions may be disqualified.

I. All mobile phones or any mobile devices must be switched off or turn on silent mode during lectures, tutorials, seminars, or workshops.

IX. Tips for Studying at the Postgraduate Level

- A. **Time management:** Using time efficiently and effectively in the engagement of different academic and social activities is a big challenge for part-time students like yourself. Try to stick to a planned schedule for studying and completing assignments. Do not procrastinate.
- B. **Find a quiet and stable environment to study:** Assign certain timeslots in the week for studying. The place has to be quiet and provide an environment for you to study. The Library is such a place.
- C. **Writing academic papers:** Students must conform to a consistent style in writing academic papers. An academic paper requires the integration of concepts and theories, and most preferably with an independent and critical view expressed on the topic under examination. Students must also conform to a particular referencing style such as that of the APA format.

X. Student-Staff Consultation

Communication, formal and informal, between students and teachers is important for facilitating mutual understanding and nourishing mutual trust. In order to promote frank exchange and open communication between students and teachers, a student-staff consultative meeting is arranged at least once every semester, as an open forum for sharing between students and teachers on various issues relating to students' learning. Students are encouraged to bring up their concerns in the meetings, while teachers can also share their views on related issues. These meetings are formally arranged. Informal exchanges between students and teachers are also much encouraged.

XI. Typhoon and Black Rainstorm Warnings

When **Tropical Storm Warning Signal No. 8** (or above) or the **Black Rainstorm Warning Signal** is hoisted, the following arrangements will apply:

| For Classes and Examinations NOT Yet Started | |
|---|--|
| If either of the warnings is hoisted or in force <i>at or after 6:00am</i> | All morning classes and examinations commencing <i>before 2:00pm</i> will be cancelled automatically. |
| If either of the warnings is hoisted or in force <i>at or after 11:00am</i> | All afternoon classes and examinations commencing at any time <i>from 2:00pm and before 6:00pm</i> will be cancelled automatically. |
| If either of the warnings is hoisted or in force <i>at or after 3:00pm</i> | All evening classes and examinations commencing <i>from 6:00pm onward</i> will be cancelled automatically. |

| For Classes and Examinations Already Started | |
|--|--|
| When Tropical Storm Warning Signal No. 8 or above is hoisted | All classes will be suspended immediately. All examinations to continue until the end of that examination session. |
| When Black Rainstorm Warning Signal is hoisted | All classes and examinations, except those held outdoors, would continue. For outdoor classes and examinations, the responsible staff members on the spot should suspend the activities immediately, ensure that all students are taken to a safe place, and remain there until it is safe for them to return home. |

The Examinations Unit will re-schedule postponed examinations *to a later date* and inform the candidates of the details as soon as possible.

When Tropical Storm Warning Signal No. 3 or Red Rainstorm Warning Signal is in force, it should be assumed that all classes and examinations will be held as scheduled unless an announcement to the contrary has been made by the University.

XII. Useful Resources

Department of Social Work and Social Administration

<http://socialwork.hku.hk/>

Faculty of Social Sciences

<http://www.socsc.hku.hk/>

JULAC Card: Borrow books from other UGC-funded libraries

<https://lib.hku.hk/cdd/ils-ila.html>

Access to past examination papers

<http://sunzi1.lib.hku.hk/exambase/index.jsp>

Teaching and learning

<http://tl.hku.hk/>

Moodle user guide for student

<https://its.hku.hk/services/moodle-user-guides-for-students/>

HKU E-learning Resource Hub

<https://elearning-resource.hku.hk/>

Copyright in teaching & learning @ HKU

<http://lib.hku.hk/copyright/>

Parking facilities

<https://www.estates.hku.hk/our-services/facility-management/parking>

Campus map

<http://www.maps.hku.hk>

XIII. Supportive Services in the University

A. Academic Resources

1. Libraries

Students are strongly encouraged to familiarize themselves with the library facilities as early as possible in their course of study, as the appropriate use of library facilities is essential for learning. A library orientation programme will be organized for new students during the orientation period of each academic year.

Website: <http://lib.hku.hk/>
Tel: 3917 2202

2. Computer Centre

As a student of this university, you will have access to the Computer Centre. You can open a university e-mail account and have your home computer linked up with the university system. Thus, you can access the university library from home.

Website: <http://www.its.hku.hk/>
Tel: 3917 0123
Email: ithelp@hku.hk

The Computer Centre is located in the Chi Wah Learning Commons, Knowles Building and K.K. Leung Building. It operates a wide variety of computers and provides a wide range of information technology (IT) support services, including the central computers, personal computers and Internet/Intranet services.

Website:
<https://its.hku.hk/services/teaching-learning/classrooms-and-learning-commons/learning-space/>
Tel: 3917 8888 (Service Counter 1, 1/F, Chi Wah Learning Commons)
Tel: 3917 5122 (Room 204, K. K. Leung Building)
Email: askles@hku.hk

B. University Student Services

1. Centre of Development and Resources for Students (CEDARS)

CEDARS – Counselling & Personal Enrichment Unit is located on the third floor of Meng Wah Complex and first & third floor of Main Building. It seeks to facilitate students in their personal development and help them to overcome psychological and learning difficulties. Activities, services, consultation and guidance are provided on matters including

- ✧ Campus Life (Tel: 3917 2305/ Email: cedars@hku.hk)
- ✧ Careers & Placement (Tel: 3917 2317/ Email: careers@hku.hk)
- ✧ Counselling & Person Enrichment (Tel: 3917 8388/ Email: cedars-cope@hku.hk)
- ✧ General Education Team (Tel: 3917 5044/ Email: gened@hku.hk)

Website: <http://www.cedars.hku.hk>

2. Centre for Sports and Exercise (CSE)

The CSE operates two main HKU sports complexes: one sits within the future HKU Pokfield Road Campus (mainly indoor sports facilities) and the Stanley Ho Sports Centre situated at Sandy Bay (mainly outdoor sports facilities). Located within the Pokfield Campus is a large sports hall and a variety of other multi-purpose sports areas such as an indoor swimming pool, several multi-purpose rooms and a fitness room. Sports facilities at the Stanley Ho Sports Centre include a floodlit athletics stadium with 400m synthetic running track, an outdoor basketball court, an Olympic size 50m outdoor swimming pool, one grass pitch, three floodlit artificial turf pitches, six outdoor tennis courts, an indoor fitness centre and table-tennis room, golf driving bays and a softball diamond. Apart from the two sports complexes, CSE also operates two satellite fitness centres - ACTIVE (Centennial Campus) and HKU B-Active (newly opened in February 2021 in Shek Tong Tsui – MTR-HKU station exit B1), both of which are state-of-the-art fitness facilities designed to further promote the health and fitness of the university community. Also located at HKU B-Active is the CSE's Active Health Clinic, which is a specialized health and fitness clinic providing professional advice, health and fitness testing and training in the use of physical activity for chronic disease prevention and management. The Active Health Clinic also offers placement opportunities to students interested in exercise science and fitness.

Website: <https://www.cse.hku.hk/>

General Enquiries

Tel: 2819 5450

Fax: 2855 0344

Email: csehku@hku.hk

3. University Health Service

The University Health Service (UHS) located on the 2nd & 4th Floors of Meng Wah Complex provides primary medical and dental care for students. As a student of this university, you are entitled to the medical services on campus.

Website: <http://www.hku.hk/uhs/>

Tel: 2549 4686 (Medical appointment)

2859 2511/ 2859 2512 (Dental appointment)

4. Protection against Sexual Harassment

As an equal opportunity employer and institution, the University has zero tolerance towards sexual discrimination and sexual harassment. In order to protect students from being sexually harassed, each department has an officer responsible to handle related issues. Dr Paul Wong and Dr Bella Lu are the Equal Opportunity Advisors in our department responsible for managing sexual harassment and related issues. Students are encouraged to approach them for any issues related to sexual harassment.

Email: paulw@hku.hk (Prof Paul Wong)

Tel: 3917 5029

Email: li.carrie@hku.hk (Prof Carrie Li)

Tel: 3917 2091

5. Catering outlets

Restaurants, café and kiosks are located throughout the Main Campus and Centennial Campus. Further details of locations and operating hours could be found at <http://www.cedars.hku.hk/sections/campuslife/Catering/CateringOutlets.php>

6. Study Room inside Chi Wah Learning Commons

There are 22 Study Rooms at the Learning Commons, with 11 rooms on Level 1 (CPD-1) and 11 rooms on Level 2 (CPD-2) of Centennial Campus for self-study or group project discussion. Display panels are available in some of the Study Rooms for notebook projection.

All current HKU students (for group of 3 persons or more) are eligible to book these study rooms. The maximum session one student can reserve per day is 4 sessions (30 minutes per session). Students are able to reserve the study room via the link with HKU portal as below.

Website: <http://booking.its.hku.hk/lebook/book/Web/schedule.php>

XIII. Information and Enquiries

Programme Director

Prof Huang Yu-Te

Tel: 3917 2085

E-mail: yuhuang@hku.hk

Enquiry

Tel: 3917 2981 / 3917 5014

E-mail: mssmh@hku.hk

Website

<http://www.socialwork.hku.hk/mh>

Correspondence

Department of Social Work and Social Administration

Room 534, 5/F, The Jockey Club Tower

Centennial Campus

The University of Hong Kong

Pokfulam Road, Hong Kong