

Chan, Celia Hoi Yan

PhD, MSW, BSocSc (Psychology), CT, RSW

Assistant Professor

Department of Social Work and Social Administration, The University of Hong Kong

Telephone: +852 3917 2089 | Email: chancelia@hku.hk

CURRICULUM VITAE

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I. Academic Qualifications

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|------|---|------|
| i. | Doctor of Philosophy, The University of Hong Kong, Hong Kong | 2010 |
| ii. | Master of Social Work (Graduated with Distinction), The University of Hong Kong, Hong Kong | 2001 |
| iii. | Bachelor of Social Sciences (Major: Psychology; Minor: Translation), Chinese University of Hong Kong, Hong Kong | 1998 |
| iv. | Certificate of Family Mediation, Hong Kong Mediation and Arbitration Centre | 2010 |
| v. | Certificate in Expressive Art Facilitation, The University of Hong Kong – SPACE | 2006 |

II. Professional Qualifications / Membership

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|------|---|----------------|
| i. | Registered Social Worker, Hong Kong Social Workers Registration Board | 2001 – present |
| ii. | Accredited Family Mediator, Hong Kong Mediation Accreditation Association Limited | 2010 – present |
| iii. | Certified Thanatologist, Association for Death Education and Counseling | 2010 – present |

III. Honorary Academic Appointments

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| i. | Honorary Assistant Professor, Department of Obstetrics and Gynecology, The University of Hong Kong – Queen Mary Hospital | 2016 – present |
| ii. | Associate Director, Centre on Behavioral Health, The University of Hong Kong | 2014 – present |
| iii. | Honorary Clinical Associate, Centre on Behavioral Health, The University of Hong Kong | 2011 – present |
| iv. | Honorary Research Fellow, HKU Family Institute | 2012 – 2013 |
| v. | Honorary Lecturer, Department of Social Work and Social Administration, The University of Hong Kong | 2010 – 2011 |

IV. Current Professional Affiliations

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|------|---|----------------|
| i. | Coordinator (China and Hong Kong), International Infertility Counselling Organization | 2016 – present |
| ii. | Member, Special Interest Group (Psychology and Counseling), European Society of Human Reproduction and Embryology | 2013 – present |
| iii. | Member, Association for Death Education and Counseling | 2010 – present |

RESEARCH AND SCHOLARSHIP

A. Journal Publications¹

A1. Peer-reviewed Journal Articles

2016

- A1.1. Ji, X.[#], **Chan, C. H. Y.***, Lau, B. H. P., Chan, J. S. M., Chan, C. L. W., & Chung K. F. (Accepted). The interrelationship between sleep and depression: A secondary analysis of a randomized controlled trial on Integrative Mind-Body-Spirit intervention. *Sleep Medicine*.
- A1.2. **Chan, C. H. Y.***, Lau, H. P. B., Tam, M. Y. J.⁺, & Ng, E. H. Y. (In press). A longitudinal study investigating the role of decision conflicts and regret and short term psychological adjustment after IVF treatment failure among infertile women. *Human Reproduction*. [DOI: 10.1093/humrep/dew233]
- A1.3. **Chan, C. H. Y.***, Ji, X.[#], Chan, J. S. M., Lau, B. H. P., So, K. F., Li, A., Chung, K. F., Ng, S. M. & Chan, C. L. W.* (In press). Effects of the integrative mind-body intervention on depression, sleep disturbances and plasma IL-6. *Psychotherapy and Psychosomatics*. [DOI: 10.1159/000447541]
- A1.4. Lo, I. P. Y.[#], **Chan, C. H. Y.***, Chan, T. H. Y.⁺ (In press). Perceived importance of childbearing and attitudes towards assisted reproductive technologies among Chinese lesbians in Hong Kong: Implications for psychological well-being. *Fertility and Sterility*. [DOI: 10.1016/j.fertnstert.2016.06.042]
- A1.5. Chan, J. S. M., Yu, N. X.*[#], Chow, A. Y. M., Chan, C. L. W., Chung, K. F., Ho, R. T. H., Ng, S. M., **Chan, C. H. Y.*** (In press). Dyadic associations between psychological distress and sleep disturbance among Chinese patients with cancer and their spouses. *Psycho-Oncology*. [DOI: 10.1002/pon.4240]
- A1.6. Yao, S. H.[#], **Chan, C. H. Y.***, & Chan, C. L. W. (In press). Aging and sustainable population: Policy and practices encouraging fertility and childbirth. *Population and Society* (In Chinese). [IF: 0.492 CNKI (2015)]
- A1.7. Yu, N. X.*[#], Zhang, J., Chow, A. Y. M., **Chan, C. H. Y.**, Chan, C. L. W. (In press). Fate control and well-being in Chinese rural people living with HIV: Mediation effect of resilience. *AIDS Care*. [DOI: 10.1080/09540121.2016.1198749]
- A1.8. Fong, T. C. T., Chan, C. L. W., Ho, R. T. H., Chan, J. S. M., **Chan, C. H. Y.**, & Ng, S. M.* (2016). Dimensionality of the Center for Epidemiologic Studies Depression Scale: An exploratory bi-factor analytic study. *Quality of Life Research*, 25(3), 731-737. [DOI: 10.1007/s11136-015-1105-5]

2015

- A1.9. **Chan, C. H. Y.***, Chan, T. H. Y.⁺, Peterson, B. D., Lampic, C., & Tam, M. Y. J.⁺ (2015). Intentions and attitudes towards parenthood and fertility awareness among Chinese university students in Hong Kong: A comparison with Western samples. *Human Reproduction*, 30 (2), 364-372. [DOI: 10.1093/humrep/deu324]
- A1.10. **Chan, C. H. Y.***, Chan T. H. Y.⁺, Chan, C. L. W., Ng, E. H. Y. & Ho, P. C. (2015). Diagnostic Ambiguity and Psychosocial Distress among Chinese Women with Idiopathic and Non-Idiopathic Infertility. *Illness, Crisis and Loss*, 23, 45-58. [DOI: 10.2190/IL.23.1.e]
- A1.11. Tsui, E. Y. L.[#], **Chan, C. H. Y.***, & Tin, A. F. (2015). Beyond professional competence: The effect of equanimity on the professional quality of life among healthcare professionals working in perinatal bereavement support. *Illness, Crisis and Loss*, 24 (1), 88-102. [DOI:

¹ *Corresponding author | [#]Graduate student under my supervision | ⁺Research staff under my supervision

10.1177/1054137315587644]

- A1.12. Ji, X.[#], Lo, I. P. Y.[#], **Chan, C. H. Y.***, Chan, J. S. M., Wan, A. H. Y., & Chan, C. L. W. (2015). How Integrative Intervention Alleviates Insomnia-Related Stresses: A Qualitative Study. *Austin Journal of Sleep Disorders*, 2(4), 1023-1031.
- A1.13. Wong, Q. S.[#], **Chan, C. H. Y.***, & Tam, M. Y. J.⁺ (2015). Swinging in a pendulum: Ambivalence among women experiencing IVF treatment failure. *Journal of Family Medicine & Community Health*, 2(8), 1065-1067.

2014

- A1.14. **Chan, C. H. Y.***, Chan, T. H. Y.⁺, Leung, P. P. Y., Brenner, M., Wong, V. P. Y., Leung, E. K. T., Wang, X., Lee, M. Y., Chan, J. S. M., Chan, C. L. W. (2014). Rethinking well-being in terms of affliction and equanimity: Development of Holistic Well-being Scale. *Journal of Ethnic and Cultural Diversity in Social Work*, 23(3-4), 289-308.
- A1.15. **Chan, C. H. Y.***, Chan, T. H. Y.⁺, & Chan, C. L. W. (2014). Translating Daoist concepts into integrative social work practice: An empowerment program for persons with depressive symptoms. *Journal of Religion and Spirituality in Social Work: Social Thought*, 33, 61-72. [DOI: 10.1080/15426432.2014.873662]
- A1.16. Wang, C. W., **Chan, C. H. Y.**, Ho, R. T. H., Chan, J. S. M., Ng, S. M., & Chan, C. L. W.* (2014). Managing stress and anxiety through qigong exercise in healthy adults: A systematic review and meta-analysis of randomized controlled trials. *BMC Complementary and Alternative Medicine*, 14(1), 1-8. [DOI: 10.1186/1472-6882-14-8]

2013

- A1.17. Cheung, C.* , **Chan, C.**, Ng, E. (2013). Stress and anxiety-depression levels following first-trimester miscarriage: a comparison between women who conceived naturally and women who conceived with assisted reproduction. *BJOG: An International Journal of Obstetrics & Gynaecology*, 120(9), 1090-7. [DOI: 10.1111/1471-0528.12251]
- A1.18. Sreevani, R.* , Reddemma, K., Chan, C. L. W., Leung, P. P. Y., Wong, V., & **Chan, C. H. Y.** (2013). Effectiveness of Integrated Body-Mind-Spirit group intervention on the well-being of indian patients with depression: A pilot study. *Journal of Nursing Research*, 21(3), 179-186.
- A1.19. Wang, C. W., Chan, C. L. W., Ho, R. T. H., Tsang, H. W. H., **Chan, C. H. Y.**, & Ng, S. M.* (2013). The effect of qigong on depressive and anxiety symptoms: A systematic review and meta-analysis of randomized controlled trials. *Evidence-based Complementary and Alternative Medicine*, Article ID 716094, 13 pages. [DOI: 10.1155/2013/716094]

2012

- A1.20. **Chan, C. H. Y.***, Chan, C. L. W., Ng, E. H. Y., Ho, P. C., Lee, G. L., & Hui Choi, W. H. (2012). Incorporating spirituality in psychosocial group intervention for women undergoing in vitro fertilization: A prospective randomized controlled study. *Psychology and Psychotherapy: Theory, Research and Practice*, 85(4), 356-373. [DOI: 10.1111/j.2044-8341.2011.02040.x]
- A1.21. Hui Choi, W. H.* , Lee, G. L., **Chan, C. H. Y.**, Cheung, R. Y. H., Lee, I. L. Y. and Chan, C. L. W. (2012), The relationships of social support, uncertainty, self-efficacy, and commitment to prenatal psychosocial adaptation. *Journal of Advanced Nursing*, 68, 2633–2645. [DOI: 10.1111/j.1365-2648.2012.05962.x]

Before 2011

- A1.22. Chan, W. C. H.* , Tin, A. F., **Chan, C. H. Y.**, Chan, C. L. W., & Tang, A. C. W. (2010). Introducing the 8A model in death education training: Promoting planning for end-of-life

- care for Hong Kong Chinese. *Illness, Crisis and Loss*, 18(1), 49-62.
- A1.23. Lee, G. L.* , Hui Choi, W. H., **Chan, C. H. Y.**, Chan, C. L. W., & Ng, E. H. Y. (2009). Life after unsuccessful IVF treatment in an assisted reproduction unit: A qualitative analysis of gains through loss among Chinese persons in Hong Kong, *Human Reproduction*, 24(8), 1920-1929.
- A1.24. Ng, S. M.* , Chan, C. L. W., Leung, P. P. Y., **Chan, C. H. Y.**, & Yau, J. K. Y. (2008). Beyond survivorship: Achieving a harmonious dynamic equilibrium using a Chinese medicine framework in health and mental health, *Social Work in Mental Health*, 7(1-3), 1-20.
- A1.25. **Chan, C. H. Y.***, Ng, E. H. Y., Chan, C. L. W. Chan, Ho, P. C., & Chan, T. H. Y. (2006). Effectiveness of psychosocial group intervention for reducing anxiety in women undergoing in vitro fertilization: a randomized controlled study. *Fertility and Sterility*, 85(2), 339-346.
- A1.26. Chan, C. L. W., Blyth, E., & **Chan, C. H. Y.*** (2006). Attitudes to and practices regarding sex selection in China. *Prenatal Diagnosis*, 26(7), 610-613.
- A1.27. Chan, C. L. W.* , Tso, I. F., Ho, R. T. H., Ng, S. M., **Chan, C. H. Y.**, Chan, J. C. N., Lai, J. C. L., & Evans, P. D. (2006). The effect of a one-hour eastern stress management session on salivary cortisol. *Stress and Health*, 22, 45-49.
- A1.28. Ng, S. M., Chan, T. H. Y.* , Chan, C. L. W., Lee, A. M., Yau, J. K. Y., **Chan, C. H. Y.**, & Lau, J. (2006). Group debriefing for people with chronic diseases during the SARS pandemic: strength-focused and meaning-oriented approach for resilience and transformation (SMART). *Community Mental Health Journal*, 42(1), 53-63.
- A1.29. **Chan, C. H. Y.***, Chan, C. L. W., Ng, S. M., Ng, E. H. Y., & Ho, P. C. (2005). Body-mind-spirit intervention for IVF women. *Journal of Assisted Reproduction and Genetics*, 22(11/12), 419-427.
- A1.30. Ng, S. M.* , Yau, J. K. Y., Chan, C. L. W., **Chan, C. H. Y.**, & Ho, D. Y. F. (2005). The measurement of Body-Mind-Spirit well-being: Toward multidimensionality and transcultural applicability. *Social Work in Health Care*, 41(1), 33-52.
- A1.31. Li, A. M.* , **Chan, C. H. Y.**, Chan, D. F. Y. (2004). Long-term sequelae of SARS in children. *Paediatric Respiratory Reviews*, 5, 296-299.
- A1.32. **Chan, C. H. Y.***, & Chan, C. L. W. (2003). Affirming flames: Stress management for nurses under SARS outbreak. *The Hong Kong Nursing Journal*, 39(1), 21-23.
- A1.33. Ng, E. H. Y.* , Liu, A., **Chan, C. H. Y.**, Chan, C. L. W., Yeung, W. S. B., & Ho, P. C. (2003). Regulating Reproductive Technology in Hong Kong. *Journal of Assisted Reproduction and Genetics*, 20(7), 281-286.
- A1.34. Chan, C. L. W.* , Yip, P. S. F., Ng, E. H. Y., Ho, P. C., **Chan, C. H. Y.**, & Au, J. S. K. (2002). Gender selection in China: Its meanings and implications. *Journal of Assisted Reproduction and Genetics*, 19(9), 426-430.
- A1.35. Holroyd, E. A.* , Bond, M. H., & **Chan, C. H. Y.** (2001). Perceptions of sex-role stereotypes, self-concept, and nursing role ideal in Chinese nursing students. *Journal of Advanced Nursing*, 37(3), 294-303.
- A2. Peer-reviewed Abstracts in Academic Journals**
- A2.1. **Chan, C. H. Y.**, Chan, T. H. Y.⁺, Tam, M. Y. J.⁺, Wong, Q. S.[#], Ng, E. H. Y., & Chan, C. L. W. (2016). Preferred roles in treatment decision-making, decisional conflict and depression: A longitudinal study of Chinese women making decisions on IVF treatment. *Human Reproduction*, 31(Suppl 1), i348. [DOI: 10.1093/humrep/31.Supplement_1.1]
- A2.2. Lo, I. P. Y.[#], & **Chan, C. H. Y.** (2016). *To whom is childbearing important? The association between perceived childbearing importance, attitudes towards assisted reproductive technologies and psychological well-being among Chinese lesbians.* *Human Reproduction*, 31(Suppl 1), i355. [DOI: 10.1093/humrep/31.Supplement_1.1]

- A2.3. Tam, M. Y. J.⁺, & **Chan, C. H. Y.**, Ng, E. H. Y., Chan, C. L. W., Chan, T. H. Y.⁺, Wong, Q. S.[#], Wong, A. W. Y.⁺, & Chan, C. K. L.⁺ (2016). *Impact of treatment decisions and significance of cultural beliefs in predicting quality of life of Chinese infertile women*. *Human Reproduction*, 31(Suppl 1), i358. [DOI: 10.1093/humrep/31.Supplement_1.1]
- A2.4. Wong, Q. S.[#], & **Chan, C. H. Y.**, Tam, M. Y. J.⁺, Wong, A. W. Y.⁺, & Chan, C. K. L.⁺ (2016). *The anxious 14 days – The role of spirituality in helping women during their in vitro fertilization result awaiting period by a self-help I-BMS model*. *Human Reproduction*, 31(Suppl 1), i357. [DOI: 10.1093/humrep/31.Supplement_1.1]
- A2.5. **Chan, C. H. Y.**, & Fung, Y. L.[#] (2016). Examining the effect of Integrative body-mind-spirit model on quality of life and pruritus management for people with psoriasis. *Annals of Behavioral Medicine*, 50(Suppl 1), S248. [DOI: 10.1007/s12160-015-9766-4]
- A2.6. **Chan, C. H. Y.**, & Tam, M. Y. J.⁺ (2016). Patient autonomy in ART: Examining the preferred role in treatment decision making among Chinese infertile women. *Annals of Behavioral Medicine*, 50(Suppl 1), S297. [DOI: 10.1007/s12160-015-9766-4]
- A2.7. **Chan, C. H. Y.**, Wong, Q. S.[#], & Tam, M. Y. J.⁺ (2016). Enhancing Compassion Satisfaction among Reproductive Medicine Healthcare Practitioners in Hong Kong. *Annals of Behavioral Medicine*, 50(Suppl 1), S13. [DOI: 10.1007/s12160-015-9766-4]
- A2.8. **Chan, C. H. Y.** (2016). The Holistic Well-being Scale: Development and Validation of a Self-reported Measure on Equanimity and Affliction. *Annals of Behavioral Medicine*, 50(Suppl 1), S252. [DOI: 10.1007/s12160-015-9766-4]
- A2.9. **Chan, C. H. Y.**, Wong, Q. S.[#], & Tam, M. Y. J.⁺ (2016). Integrative Body-Mind-Spirit Self-help Techniques in Reducing Anxiety for Infertile Women during IVF Result Awaiting Period. *Annals of Behavioral Medicine*, 50(Suppl 1), S151. [DOI: 10.1007/s12160-015-9766-4]
- A2.10. Chan, J., Li, A., Ku, J., So, K. F., Yuen, L. P., **Chan, C. H. Y.**, Ho, R. T. H., Choi, A. W. M., & Chan, C. L. W. (2016). Gender differences in influences of childhood trauma on intimate trust and interleukin-6 of persons with depressive symptoms. *Annals of Behavioral Medicine*, 50(Suppl 1), S249. [DOI: 10.1007/s12160-015-9766-4]
- A2.11. Fung, Y. L.[#], & **Chan, C. H. Y.** (2016). Enhancing illness acceptance and alleviating afflictive emotion for psoriasis patient by Integrative body-mind-spirit model. *Annals of Behavioral Medicine*, 50(Suppl 1), S228. [DOI: 10.1007/s12160-015-9766-4]
- A2.12. Ji, X.[#], **Chan, C. H. Y.**, Chan, C. L. W., & Chan, J. S. M. (2016). A randomized control trial for integrative body-mind treatment of insomnia and depression symptoms: Mechanism of improvement. *Annals of Behavioral Medicine*, 50(Suppl 1), S155. [DOI: 10.1007/s12160-015-9766-4]
- A2.13. Tam, M. Y. J.⁺, & **Chan, C. H. Y.** (2016). Putting things in context: Fertility-Related Quality of Life and Cultural Beliefs in Chinese Women Undergoing IVF Treatment. *Annals of Behavioral Medicine*, 50(Suppl 1), S310. [DOI: 10.1007/s12160-015-9766-4]
- A2.14. **Chan, C. H. Y.**, Chan, T. H. Y.⁺, Tam, M. Y. J.⁺, Wong, Q. S.[#], Lo, I. P. Y.[#] (2015). *Understanding the preferred role in infertility treatment decision-making among Chinese infertile women in Hong Kong*. *Human Reproduction*, 30(Suppl 1), i61. [DOI: 10.1093/humrep/30.Supplement_1.1]
- A2.15. Tam, M. Y. J.⁺, **Chan, C. H. Y.**, Wong, Q. S.[#], Lo, I. P. Y.[#] (2015). *Do cultural beliefs play a role in fertility-related quality of life? A study of Chinese women after unsuccessful first IVF cycle*. *Human Reproduction*, 30(Suppl 1), i357. [DOI: 10.1093/humrep/30.Supplement_1.1]
- A2.16. Wong, Q. S.[#], **Chan, C. H. Y.**, Tam, M. Y. J.⁺, Lo, I. P. Y.[#] (2015). *Helping beyond skills and ethics: Cultivating compassion satisfaction among healthcare professionals working on ART in Hong Kong*. *Human Reproduction*, 30(Suppl 1), i357. [DOI: 10.1093/humrep/30.Supplement_1.1]
- A2.17. **Chan, C. H. Y.**, Wong, Q. S.[#], & Tam, M. Y. J.⁺ (2015). *As both person and a professional: Cultivating compassion satisfaction among healthcare practitioners specialized in assisted*

- reproductive technologies (ART). *Fertility and Sterility*, 104(S3), e354. [DOI: 10.1016/j.fertnstert.2015.07.1106]
- A2.18. **Chan, C. H. Y.**, Wong, Q. S.[#], & Tam, M. Y. J.⁺ (2015). *Effectiveness of a self-help integrative body-mind-spirit intervention (I-BMS) in reducing infertile women's anxiety during their in vitro fertilization (IVF) treatment result waiting period*. *Fertility and Sterility*, 104(S3), e358. [DOI: 10.1016/j.fertnstert.2015.07.1115]
- A2.19. **Chan, C. H. Y.**, Tam, M. Y. J.⁺, Chan, T. H. Y.⁺, & Wong, Q. S.[#] (2015). *Treatment decision after IVF implantation cycle failure: Chinese female patients' preferred role in decision-making and its effects on decisional regret and psychological well-being*. *Fertility and Sterility*, 104(S3), e355. [DOI: 10.1016/j.fertnstert.2015.07.1107]
- A2.20. Lo, I. P. Y.[#], & **Chan, C. H. Y.** (2015). *The prospect of childbearing and family formation in the eyes of Chinese young lesbians: A qualitative study*. *Fertility and Sterility*, 104(S3), e354. [DOI: 10.1016/j.fertnstert.2015.07.1104]
- A2.21. Tam, M. Y. J.⁺, & **Chan, C. H. Y.**, Wong, Q. S.[#], Chan, T. H. Y.⁺ (2015). *Understanding the fertility-related quality of life of women undergoing IVF treatment and how cultural beliefs shaped their treatment experience, outcome expectations and emotional reactions*. *Fertility and Sterility*, 104(S3), e358. [DOI: 10.1016/j.fertnstert.2015.07.1116]
- A2.22. **Chan, C. H. Y.**, & Tam, M. Y. J.⁺ (2014). The role of boundary ambiguity: A new understanding on perinatal grief and psychological distress among Chinese women who experience miscarriage after IVF. *Human Reproduction*, 29(1), i257. [DOI: 10.1093/humrep/29.Supplement_1.1]
- A2.23. **Chan, C. H. Y.**, Chan, C. L. W., Leung, M. K. H., Chan, T. H. Y.⁺, & Cheung I. K. M.⁺ (2013). *Becoming a reflective ART practitioner: Development of the Professional Training Programme in Infertility Counseling for healthcare professionals in Hong Kong*. *Human Reproduction*, 28(1), i266. [DOI: 10.1093/humrep/det218]

B. Scholarly Books, Monographs and Chapters

B1. Scholarly Book

- B1.1. Lee, M. Y., **Chan, C. H. Y.**, Chan, C. L. W., Leung, P. P. Y. (2017, In press). *Integrative body-mind-spirit social work for health and mental health: An empirically-based approach to assessment and treatment* (2nd Edition). Oxford University Press.

B2. Monographs and Chapters

- B2.1. **Chan, C. H. Y.**, & Chan, C. L. W. (Accepted). Reaching the unspoken grief: Artifacts as a symbol of continuing parental bond during pregnancy loss. In Dennis Klass, Phyllis Silverman and Steven Nickman (Ed.) *Continuing Bonds, New Understandings of Grief* (2nd Ed.).
- B2.2. Lo, I. P. Y.[#] & **Chan, C. H. Y.** (Accepted). Infertility and Loss: Parenthood and conception in the era of assisted reproductive technologies. In Neil Thompson and Gerry Cox (Ed.) *Handbook of the Sociology of Death Grief and Bereavement*. Oxford: Routledge.
- B2.3. **Chan, C. H. Y.**, & Chan, C. L. W. & Yao, S. Y. H.[#] (Accepted). From entanglement to equanimity: An application of Eastern holistic healing approach into social work practice on infertility. In Beth Crisp (Ed.) *Routledge Handbook of Religion, Spirituality and Social Work*. Oxford: Routledge.
- B2.4. **Chan, C. H. Y.**, Ji, J. X. W.[#], Chan, C. L. W. (Accepted). Achieving dynamic balancing: Application of Daoist principles into social work practice. In Beth Crisp (Ed.) *Routledge Handbook of Religion, Spirituality and Social Work*. Oxford: Routledge.
- B2.5. **Chan, C. H. Y.**, Chan, C. L. W., & Tsui, Y. L. E.[#] (2014). An Integrative Body-Mind-Spirit approach for women experiencing infertility. In David Mostofsky (Ed.) *Handbook of*

- Behavioral Medicine (Volume 2) (1st Ed)* (pp. 554-569). Oxford: John Wiley & Sons.
- B2.6. **Chan, C. H. Y.**, Chan, T. H. Y.⁺, Chan, C. L. W. (2014), Chinese Rituals. In Michalos A.C. (Ed.) *Encyclopedia of Quality of Life and Well-Being Research* (pp. 866-872). Dordrecht, Netherlands: Springer.
- B2.7. Lee, G. L., **Chan, C. H. Y.**, Hui Choi, E. W. H., & Chan, C. L. W. (2009). Chinese traditional belief systems, livelihood and fertility. In Eric Blyth & Ruth Landau (eds.) *Faith and Fertility: Attitudes toward reproductive practices in different religions ancient to modern times* (pp. 137-157). London: Jessica Kingsley Publishers.
- B2.8. Ng, E. H. Y., Liu, A., Chan, C. L. W. & **Chan, C. H. Y.** (2004). Hong Kong: A social, legal and clinical overview. In Eric Blyth and Ruth Landau (Eds.) *Third party assisted conception across cultures: Social, legal and ethical perspectives* (pp. 112-128). London: Jessica Kingsley Publishers.
- B2.9. **Chan, C. H. Y.**, Wong, V. P. Y., & Chan, C. L. W. (2014). Integrating Spirituality into Healthcare Service Delivery in Hong Kong: Development of Spiritual Resources and Consolidation of Values in Care. In K. W. Tong and Kenneth N. K. Fong (Eds). *Community Care in Hong Kong: Current Practices, Practice-research Studies and Future Directions. Practice-Research Studies and Future Directions* (pp. 295-316). Hong Kong: CityU Press.
- B2.10. Ng, S. M., Chan, C. L. W., & **Chan, C. H. Y.** (2006). Challenges in operationalizing spirituality for evidence-based psychosocial intervention. In S. M. Kwan (Ed). *Spirituality, religion & holistic health: the boundary situation and its transcendence* (pp. 162-169). Hong Kong: Commercial Press.
- B2.11. Tsang, S. K. M., Chan, C. L. W., **Chan, C. H. Y.**, Ng, S. M., FU, W., Yung, W. M., & Poon, Y. C. (2005). From stormy to smooth sail: Resilience of adult children of parents with gambling problems. *Advances in Gambling Theories, Service and Research in the Asia-Pacific Region*. Hong Kong: The Chinese University of Hong Kong and the Tung Wah Group of Hospitals.

C. Invited Lectures and Presentations

International

- C1. **Chan, C. H. Y.** (2016). *From mind-body to body-mind-spirit: An integrative social work approach in health and mental health*. Invited Presentation, Tampere University Hospital, Tampere, Finland: June 30, 2016.
- C2. **Chan, C. H. Y.** (2016). *Integrative Body-Mind-Spirit approach Intervention in health and mental health*. Invited workshop at the 8th International Conference on Social Work in Health and Mental Health. Singapore: June 19-23, 2016.
- C3. **Chan, C. H. Y.** (2016). *Counseling on fertility and infertility: An emerging specialty in medical social work*. Invited presentation at the University of Hong Kong – Shenzhen Hospital, Shenzhen: May 21, 2016.
- C4. **Chan, C. H. Y.** (2015). *Integrative Body-Mind-Spirit Social Work Intervention in Health and Mental Health*. Invited workshop at the School of Social Policy & Practice, University of Pennsylvania, USA: October 14, 2015.
- C5. **Chan, C. H. Y.** (2015). *Integrative Body-Mind-Spirit Social Work Intervention*. Invited lecture at the Graduate School of Social Service, Fordham University, New York, USA: October 22, 2015.
- C6. **Chan, C. H. Y.**, Wong, Q. S.[#], Fung, Y. L.[#] (2015). *The development of specialized medical social work: Counseling on Reproductive Health*. Invited presentation at Shanghai International Medical Social Work Conference, Shanghai, China: July 11-12, 2015.
- C7. **Chan, C. H. Y.** (2014). *Supporting grieving children*. Invited presentation at the 10th International Conference on Grief and Bereavement in Contemporary Society, Hong Kong:

May 10, 2014.

- C8. Chan C. L. W., & **Chan, C. H. Y.** (2014). *Group treatment for Chinese persons with depression – An Eastern approach to holistic mind-body patient empowerment*. Invited presentation at the 9th International Association for Group Psychotherapy and Group Processes Pacific Rim Regional Congress and the 2nd Chinese Group Counseling and Group Psychotherapy Conference, Beijing, China: March 20-22, 2014.
- C9. **Chan, C. H. Y.** (2007). *Body-mind-spirit intervention model for people facing infertility*. Invited presentation at the Symposium on Social Work in Health Care, Zhongshan University, Guangzhou, China: April 13, 2007.

Local

- C10. **Chan, C. H. Y.** (2016). *Mind-skin Connection: A New Direction in Pruritus Management*. Keynote Presentation at Under the Skin – Symposium on Appearance Distress and Quality of Life, Hong Kong: March 1, 2016.
- C11. Chan, C. L. W., Chan, J. S. M., & **Chan, C. H. Y.** (2015). Arts and Science of Integrative Body-Mind-Spirit IBMS Therapy on Improving Mental Health of People with Chronic Diseases and Cancer. Invited Presentation in The 9th Pong Ding Yuen International Symposium on Traditional Chinese Medicine – Chinese Medicine for Mental Health: From Bedside to Bench, Hong Kong: December 5, 2015.
- C12. **Chan, C. H. Y.** (2015). *Rethinking Intimacy Practices in Reproductive Industry*. Keynote Presentation at the East-West Comparison – Symposium on Changing Practices of Intimacy and Family Life in a Globalized World, Hong Kong: May 6-27, 2015.
- C13. **Chan, C. H. Y.**, Wong, Q. S.[#] (2014). *Under the Skin: The Beauty of Acceptance and Equanimity*. Invited speech at Equal Opportunities Festival 2014, Hong Kong: November 18, 2014.
- C14. **Chan, C. H. Y.** (2013). *Developing and evaluating a tailored family-based intervention model for the Tung Chung Integrative Service Centre*. Invited presentation at the Professional Symposium of the Neighbourhood Advice-Action Council, Hong Kong: June 21, 2013.
- C15. **Chan, C. H. Y.** (2011). *Perinatal bereavement: Grieving pregnancy loss in miscarriage and stillbirth*. Invited presentation at the 8th Hong Kong Palliative Care Symposium, Hong Kong. August 20, 2011.
- C16. **Chan, C. H. Y.** (2010). *When life and death cross-over: Counseling on reproductive loss*. Invited presentation at the training series of Hong Kong Social Workers Association. Hong Kong Social Workers Association, Hong Kong: August 5, 2010.
- C17. **Chan, C. H. Y.** (2009). *Dealing with clients with reproductive loss*. Invited presentation at the Symposium on Supporting Bereaved Parents and Families with Perinatal Loss, Hospital Authority, Hong Kong: October 15, 2009.

D. Conference Papers (2011 – present)

International

- D1. **Chan, C. H. Y.**, & Tam, M. Y. J.⁺ (2016, July). *Preferred roles in treatment decision-making, decisional conflict and depression: A longitudinal study of Chinese women making decisions on IVF treatment*. Poster presented at the 32nd Annual Meeting of European Society of Human Reproduction and Embryology (ESHRE), Helsinki, Finland.
- D2. Lo, I. P. Y.[#], & **Chan, C. H. Y.** (2016, July). *To whom is childbearing important? The association between perceived childbearing importance, attitudes towards assisted reproductive technologies and psychological well-being among Chinese lesbians*. Poster presented at the 32nd Annual Meeting of European Society of Human Reproduction and

- Embryology (ESHRE), Helsinki, Finland.
- D3. Tam, M. Y. J.⁺, & **Chan, C. H. Y.** (2016, July). *Impact of treatment decisions and significance of cultural beliefs in predicting quality of life of Chinese infertile women*. Poster presented at the 32nd Annual Meeting of European Society of Human Reproduction and Embryology (ESHRE), Helsinki, Finland.
- D4. Wong, Q. S.[#], & **Chan, C. H. Y.** (2016, July). *The anxious fourteen days – The role of spirituality in helping women during their in vitro fertilization result awaiting period by a self-help I-BMS model*. Poster presented at the 32nd Annual Meeting of European Society of Human Reproduction and Embryology (ESHRE), Helsinki, Finland.
- D5. **Chan, C. H. Y.**, Fung, Y. L.[#], Ji, X.[#], Yao, S. H.[#], & Chan, C. L. W. (2016, June). *Illness experience of Chinese patients with psoriasis: A dynamic balancing model*. Paper presented at the 8th International Conference on Social Work in Health and Mental Health, Singapore.
- D6. **Chan, C. H. Y.**, & Lo, I. P. Y.[#] (2016, June). *Collaborative focus group discussion as a new initiative for the democratization of knowledge production*. Paper presented at the 8th International Conference on Social Work in Health and Mental Health, Singapore.
- D7. **Chan, C. H. Y.**, & Tam, M. Y. J.⁺ (2016, June). *Impact of treatment decision-making preference on mental health outcomes: A longitudinal study with infertile women undergoing in vitro fertilization treatment*. Paper presented at the 8th International Conference on Social Work in Health and Mental Health, Singapore.
- D8. **Chan, C. H. Y.**, & Tam, M. Y. J.⁺ (2016, June). *Risk awareness of multiple pregnancies and preference on potential treatment outcomes in Asian infertile women*. Paper presented at the 8th International Conference on Social Work in Health and Mental Health, Singapore.
- D9. **Chan, C. H. Y.**, Tam, M. Y. J.⁺, Fung, Y. L.[#], Ji, X.[#], Yao, S. H.[#], & Chan, C. L. W. (2016, June). *Improving quality of life for patients with psoriasis by Integrative Body-Mind-Spirit Intervention*. Paper presented at the 8th International Conference on Social Work in Health and Mental Health, Singapore.
- D10. **Chan, C. H. Y.**, Wong, A. W. Y.⁺, Wong, Q. S.[#] & Tam, M. Y. J.⁺ (2016, June). *Understanding the IVF treatment experience of women: a qualitative study of ambivalence and treatment decision-making*. Paper presented at the 8th International Conference on Social Work in Health and Mental Health, Singapore.
- D11. Fung, Y. L.[#], **Chan, C. H. Y.**, & Chan, C. L. W. (2016, June). *From vicious cycle to meaning reconstruction: Caregiving experience of parents of children with eczema*. Paper presented at the 8th International Conference on Social Work in Health and Mental Health, Singapore.
- D12. Lo, I. P. Y.[#], & **Chan, C. H. Y.** (2016, June). *Unraveling the mediating role of body-esteem in the relationship between gender role and psychological well-being: A community-based cross-sectional study of Hong Kong Chinese lesbians*. Paper presented at the 8th International Conference on Social Work in Health and Mental Health, Singapore.
- D13. **Chan, C. H. Y.**, Wong, A. W. Y.⁺, Wong, Q. S.[#] & Tam, M. Y. J.⁺ (2016, May) *Ambivalence in treatment decision-making among women undergoing IVF treatment: A Qualitative study*. Presented at the International Behavioral Health Conference 2016, Hong Kong.
- D14. **Chan, C. H. Y.**, & Fung, Y. L.[#] (2016, April). *Examining the effect of integrative body-mind-spirit model on quality of life and pruritus management for people with psoriasis*. Poster presentation at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
- D15. **Chan, C. H. Y.**, & Tam, M. Y. J.⁺ (2016, April). *Patient autonomy in ART: Examining the preferred role in treatment decision making among Chinese infertile women*. Poster presentation at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.

- D16. **Chan, C. H. Y.**, Wong, Q. S.[#], & Tam, M. Y. J.⁺ (2016, April). *Enhancing Compassion Satisfaction among Reproductive Medicine Healthcare Practitioners in Hong Kong*. Poster presentation at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
- D17. **Chan, C. H. Y.**, & Ji, X.[#] (2016, April). *The Holistic Well-being Scale: Development and Validation of a Self-reported Measure on Equanimity and Affliction*. Poster presentation at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
- D18. **Chan, C. H. Y.**, Wong, Q. S.[#], & Tam, M. Y. J.⁺ (2016, April). *Integrative Body-Mind-Spirit Self-help Techniques in Reducing Anxiety for Infertile Women during IVF Result Awaiting Period*. Poster presentation at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
- D19. Chan, J., Li, A., Ku, J., So, K. F., Yuen, L. P., **Chan, C. H. Y.**, Ho, R. T. H., Choi, A. W. M., & Chan, C. L. W. (2016, April). *Gender differences in influences of childhood trauma on intimate trust and interleukin-6 of persons with depressive symptoms*. Poster presented at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
- D20. Fung, Y. L.[#], & **Chan, C. H. Y.** (2016, April). *Enhancing illness acceptance and alleviating afflictive emotion for psoriasis patient by integrative body-mind-spirit model*. Oral presentation at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington DC.
- D21. Ji, X.[#], **Chan, C. H. Y.**, Chan, C. L. W., & Chan, J. S. M. (2016, April). *A randomized control trial for integrative body-mind treatment of insomnia and depression symptoms: Mechanism of improvement*. Poster presentation at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
- D22. Tam, M. Y. J.⁺, & **Chan, C. H. Y.** (2016, April). *Putting things in context: Fertility-Related Quality of Life and Cultural Beliefs in Chinese Women Undergoing IVF Treatment*. Poster presentation at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
- D23. Fung, Y. L.[#], & **Chan, C. H. Y.** (2016, March). *Meaning Reconstruction in Eczema Caregiving Experience: From the Parents' Perspective*. Oral Presentation at Under the Skin – Symposium on Appearance Distress and Quality of Life, Hong Kong.
- D24. Lo, I. P. Y.[#], & **Chan C. H. Y.** (2016, March). *Gendering the Lesbian Body: The Role of Gender Identification and Body Esteem in Psychological Well-being of Hong Kong Chinese Lesbians*. Oral Presentation at Under the Skin – Symposium on Appearance Distress and Quality of Life, Hong Kong.
- D25. Tam, M. J. Y.⁺, & **Chan, C. H. Y.** (2016, March). *“Beauty is Only Skin Deep”- Focus Group Findings with Skin Disease Patients*. Oral Presentation at Under the Skin – Symposium on Appearance Distress and Quality of Life, Hong Kong.
- D26. **Chan, C. H. Y.**, & Fung, Y. L.[#] (2016, January). *Examining the effectiveness of Integrative Body-mind-spirit group intervention on the quality of life among people with psoriasis: A quasi-experimental study*. Paper presented at the International Behavioral Health Conference, Hong Kong.
- D27. **Chan, C. H. Y.**, Fung, Y. L.[#], Ji, X.[#], Yao, S. H.[#], & Chan, C. L. W. (2016, January). *Dynamic Balancing in the Adjustment to Chronic Illness among People Living with Psoriasis: A Qualitative Study*. Paper presented at the Annual Conference of the Society for Social Work and Research, Washington, DC.
- D28. **Chan, C. H. Y.**, & Tam, M. Y. J.⁺ (2016, January). *Examining the Relationship Between Preferred Role Preference in Treatment Decision Making and Decisional Regret and Depression Among Chinese Women after Experiencing Failure in in Vitro Fertilization: A*

- Longitudinal Study*. Paper presented at the Annual Conference of the Society for Social Work and Research, Washington, DC.
- D29. **Chan, C. H. Y.**, & Tam, M. Y. J.⁺ (2016, January). *Exploring Fertility-Related Quality of Life of Infertile Women Experiencing in Vitro Fertilization Treatment Failure and Role of Childbearing Beliefs in Women's Well-Being in Traditional Family Systems*. Poster presented at the Annual Conference of the Society for Social Work and Research, Washington, DC.
- D30. **Chan, C. H. Y.**, Wong, Q. S.[#], & Tam, M. Y. J.⁺ (2016, January). *As both person and a professional: Cultivating compassion satisfaction among healthcare practitioners specialized in assisted reproductive technologies (ART)*. Presented at 2016 International Behavioral Health Conference, Hong Kong.
- D31. **Chan, C. H. Y.**, Wong, Q. S.[#], & Tam, M. Y. J.⁺ (2016, January). *From Compassion Fatigue to Compassion Satisfaction: A Conceptual Development of Enhancing Well-Being of Healthcare Professionals in Reproductive Health*. Poster presented at the Annual Conference of the Society for Social Work and Research, Washington, DC.
- D32. Lo, I. P. Y.[#], & **Chan C. H. Y.** (2016, January). *Mapping sexual identity, body image, and childbearing desire of Hong Kong Chinese young lesbians: A community-based cross-sectional study*. Paper presented at the Annual Conference of the Society for Social Work and Research, Washington, D.C.
- D33. **Chan, C. H. Y.** (2015, October). *As both person and a professional: Cultivating compassion satisfaction among Healthcare practitioners specialized in assisted reproductive technologies (ART)*. Poster presented at 2015 Annual Meeting of American Society for Reproductive Medicine, Baltimore, MD.
- D34. **Chan, C. H. Y.** (2015, October). *Effectiveness of a self-help integrative body-mind-spirit intervention (I-BMS) in reducing infertile women's anxiety during their in vitro fertilization (IVF) treatment result waiting period*. Poster presented at 2015 Annual Meeting of American Society for Reproductive Medicine, Baltimore, MD.
- D35. **Chan, C. H. Y.** (2015, October). *Treatment decision after IVF implantation cycle failure: Chinese female patients' preferred role in decision-making and its effects on decisional regret and psychological well-being*. Poster presented at 2015 Annual Meeting of American Society for Reproductive Medicine, Baltimore, MD.
- D36. Lo, I. P. Y.[#], & **Chan, C. H. Y.** (2015, October). *The prospect of childbearing and family formation in the eyes of Chinese young lesbians: A qualitative study*. Poster presented at 2015 Annual Meeting of American Society for Reproductive Medicine, Baltimore, MD.
- D37. Tam, M. Y. J.⁺, & **Chan, C. H. Y.** (2015, October). *Understanding the fertility-related quality of life of women undergoing IVF treatment and how cultural beliefs shaped their treatment experience, outcome expectations and emotional reactions*. Poster presented at 2015 Annual Meeting of American Society for Reproductive Medicine, Baltimore, MD.
- D38. Ho, P. S. Y., **Chan, C. H. Y.**, Yuen, T. K. W., & Ho, W. K. W. (2015, April). *Who is not a negative asset? Gender politics in the age of the internet*. Paper presented at Post-umbrella Movement: Social and Political Disintegration, The Hong Kong Polytechnic University, Hong Kong.
- D39. **Chan, C. H. Y.**, Chan, T. H. Y.⁺, Tam, M. Y. J.⁺, Wong, Q. S.[#], Lo, I. P. Y.[#] (2015, June). *Understanding the preferred role in infertility treatment decision making among Chinese infertile women in Hong Kong*. Oral Presentation at the 31st Annual Meeting of European Society of Human Reproduction and Embryology (ESHRE), Lisbon, Portugal.
- D40. Tam, M. Y. J.⁺, **Chan, C. H. Y.**, Wong, Q. S.[#], Lo, I. P. Y.[#] (2015, June). *Do cultural beliefs play a role in fertility-related quality of life? A study of Chinese women after unsuccessful first IVF cycle*. Poster presented at 31st Annual Meeting of European Society of Human Reproduction and Embryology (ESHRE), Lisbon, Portugal.

- D41. Wong, Q. S.[#], **Chan, C. H. Y.**, Tam, M. Y. J.⁺, Lo, I. P. Y.[#] (2015, June). *Helping beyond skills and ethics: cultivating compassion satisfaction among healthcare professionals working on ART in Hong Kong*. Poster presented at 31st Annual Meeting of European Society of Human Reproduction and Embryology (ESHRE), Lisbon, Portugal.
- D42. Tam, M. Y. J.⁺, **Chan, C. H. Y.**, Wong, Q. S.[#], Lo, I. P. Y.[#] (2015, June). *To choose or not to choose – Chinese women preference for participation and satisfaction in making decisions regarding infertility treatments*. Poster presented at the 13th Annual Communication, Medicine, and Ethics Conference, Hong Kong.
- D43. Lo, I. P. Y.[#], **Chan, C. H. Y.**, Tam, M. Y. J.⁺, Wong, Q. S.[#] (2015, June). *Female Bodies in the Eyes of Hong Kong Young Lesbians: Struggling between the Mainstream Culture and the Lesbian Subculture*. Poster presented at the 13th Annual Communication, Medicine, and Ethics Conference, Hong Kong.
- D44. Wong, Q. S.[#], **Chan, C. H. Y.**, Tam, M. Y. J.⁺, Lo, I. P. Y.[#] (2015, June). *Self-care before caring patients: Enhancing compassion satisfaction among healthcare practitioners of Reproductive Medicine in Hong Kong*. Oral presentation at the 13th Annual Communication, Medicine, and Ethics Conference, Hong Kong.
- D45. Tam, M. Y. J.⁺, **Chan, C. H. Y.**, Wong, Q. S.[#] (2015, May). *When Is Enough, Enough? – Decision Making after Unsuccessful in vitro Fertilization Treatments and Its Effects to Couple Intimacy in Hong Kong*. Oral Presentation at the East-West Comparison – Symposium on Changing Practices of Intimacy and Family Life in a Globalized World, Hong Kong.
- D46. Wong, Q. S.[#], Tam, M. Y. J.⁺, **Chan, C. H. Y.** (2015, May). *Swinging in a Pendulum: Ambivalence among Women Experiencing IVF Treatment Failure*. Oral Presentation at the East-West Comparison – Symposium on Changing Practices of Intimacy and Family Life in a Globalized World, Hong Kong.
- D47. **Chan, C. H. Y.**, Tam, M. Y. J.⁺, Chan, T. H. Y.⁺ (2014, July). *The role of boundary ambiguity: A new understanding on perinatal grief and psychological distress among Chinese women who experience miscarriage after IVF*. Poster presented at the 30th Annual Meeting of European Society of Human Reproduction and Embryology (ESHRE), Munich, Germany.
- D48. **Chan, C. H. Y.**, & Tam, M. Y. J.⁺ (2014, June). *Boundary Ambiguity with the Unborn: Understanding Perinatal Grief and Psychological Distress among Chinese Women who Experience Miscarriage after In-Vitro Fertilization (IVF)*. Abstract presented at the 10th International Conference on Grief and Bereavement in Contemporary Society, Hong Kong.
- D49. **Chan, C. H. Y.** (2014, June). *Loss of genetic continuity: The role of guilt and shame in parental secrecy and identity disclosure of offspring among Chinese women using gamete donation*. Abstract presented at the 10th International Conference on Grief and Bereavement in Contemporary Society, Hong Kong.
- D50. **Chan, C. H. Y.**, Wan, A. H. Y., & Chan, T. H. Y.⁺ (2014, January). *The effectiveness of holistic care for people with intellectual disabilities through the application of the Body-Mind-Spirit Model*. Invited presentation at the S.K.H. Providence Garden for Rehab Symposium, Hong Kong.
- D51. **Chan, C. H. Y.**, Wan, A. H. Y., & Chan, T. H. Y.⁺ (2014, January). *The effectiveness of holistic care for people with mental illness through the application of the Body-Mind-Spirit Model*. Invited presentation at the S.K.H. Providence Garden for Rehab Symposium, Hong Kong.
- D52. **Chan, C. H. Y.** (2014, January). *Trajectory of postpartum depression and coping style among Chinese women in Hong Kong: A prospective longitudinal study*. Abstract presented at the 18th Annual Conference of the Society for Social Work and Research, San Antonio, TX.
- D53. **Chan, C. H. Y.**, & Chan, C. L. W. (2013, November). *Exploring the clinical efficacy of the Integrative Body-mind-spirit (I-BMS) Healing Model*. Abstract presented at the 59th Annual

- Program Meeting, Council on Social work Education, Dallas, TX.
- D54. **Chan, C. H. Y.**, Chan, C. L. W., Hui, B. N. L., Chan, T. H. Y.⁺ (2013, November). *Incorporating traditional Chinese medicine in promoting mental well-being: A pilot intervention for persons with depressive symptoms*. Abstract presented at the Asia Mental Health Conference, Hong Kong.
- D55. **Chan, C. H. Y.**, Cheung, I. K. M., Chan, C. L. W., Miao, M. Y. K., & Sham, A. K. H. (2013, November). *Studying the mother-infant relationship disorders throughout the postpartum period*. Abstract presented at the Asia Mental Health Conference, Hong Kong.
- D56. **Chan, C. H. Y.**, Chan, C. L. W., Leong, M. K. H., Chan, T. H. Y.⁺, & Cheung I. K. M.⁺ (2013, July). *Becoming a reflective ART practitioner: Development of the Professional Training Programme in Infertility Counseling for healthcare professionals in Hong Kong*. Poster presented at the 29th Annual Meeting of European Society of Human Reproduction and Embryology (ESHRE), London, UK.
- D57. **Chan, C. H. Y.** (2013, January). *My 'problem' or 'our' problem? Understanding the infertility diagnoses and pre-treatment distress among Chinese women undergoing in vitro fertilization*. Abstract presented at the 17th Annual Conference of the Society for Social Work and Research, San Diego, CA.
- D58. **Chan, C. H. Y.** (2012, December). *Transforming ambiguous loss: Development of spirituality-oriented Intervention for women experiencing infertility*. Invited paper presentation at the BIT's 1st International Congress of Gynaecology and Obstetrics (ICGO-2012), Guangzhou, China.
- D59. **Chan, C. H. Y.**, & Chan, T. H. Y. (2006, December). *The effects of fertility adjustment on the spousal dyadic and psychosocial well-being of couples with infertility*. Paper presented at the 5th International Conference on Social Work in Health and Mental Health, Hong Kong.
- D60. Lee, G. L., **Chan, C. H. Y.**, & Chan, C. L. W. (2006, December). *The impact of intrapersonal and interpersonal factors on appraisal of and coping with infertility*. Paper presented at the 5th International Conference on Social Work in Health and Mental Health, Hong Kong.
- D61. **Chan, C. H. Y.** (2005, September). *Letting go or holding on: Meaning-oriented transformation of infertile women*. Paper presented at the Asia-Pacific Conference of Social Work, Seoul, Korea.
- D62. **Chan, C. H. Y.**, & Chan, C. L. W. (2004, May). *An Eastern Body-Mind-Spirit Group Intervention Approach to Infertile Women Undergoing IVF*. Conference paper presented at the 4th International Conference on Social Work in Health and Mental Health, Quebec, Canada.

Local

- D63. **Chan, C. H. Y.** (2013, March). *Counseling on subfertility and assisted reproductive technology*. Invited professional training at the Family Planning Association, Hong Kong.
- D64. **Chan, C. H. Y.**, Cheung, I. K. M., Miao, M. Y. K., Sham, A. K. H., Chan, C. L. W. and Ho, R. T. H., (2011, June). *What would help? Factors associated with the mood disturbance of mothers at their postpartum period*. Paper presented at the 5th Hong Kong International Nursing Forum, Hong Kong.
- D65. **Chan, C. H. Y.** (2011, April). *Adoption after infertility*. Invited training at Mother's Choice, Hong Kong.
- D66. **Chan, C. H. Y.**, Cheung, I. K. M.⁺, Miao, M. Y. K., Sham, A. K. H., Ho, R. T. H., and Chan, C. L. W. (2011, March). *Supporting women throughout the postpartum period: Marital satisfaction and their emotional health*. Paper presented at the 10th Anniversary Symposium on Women's Health through the Life Cycle: the Asia Perspectives, Hong Kong.
- D67. **Chan, C. H. Y.** (2011, February). *Broaden and Build: Increasing youth resilience through the lens of positive psychology*. Invited training by Education Bureau, Hong Kong.

- D68. **Chan, C. H. Y.** (2011, January). *Bereavement counseling on reproductive loss*. Invited training at the Post-registration Certificate Course in Women's Health and Advanced Gynecological Nursing, Hong Kong.
- D69. **Chan, C. H. Y.,** & Chan, C. L. W. (2010, December). *Heart health beyond medication*. Abstract presented at the 3rd Asian Preventive Cardiology & Cardiac Rehabilitation Conference 2010, Hong Kong.
- D70. **Chan, C. H. Y.** (2010, June). *Efficacy of spirituality-oriented group intervention for Chinese women undergoing in vitro fertilization: A prospective randomized controlled trial*. Abstract presented at the 2010 Joint World Conference on Social Work and Social Development: The Agenda, Hong Kong.
- D71. Chan, C. L. W., & **Chan, C. H. Y.,** (2010, March). *Stress management beyond medication*. Abstract presented at Hong Kong Diabetes and Cardiovascular Risk Factors. East Meets West: Meet the Experts Symposium, Hong Kong.
- D72. Chan, C. L. W., Chan, W. C. H., Tin, A. F., **Chan, C. H. Y.** (2009, November). *Developing a model of Life Intelligence: A paradigm shift in enhancing the resilience of families as affected by the financial crisis*. Abstract presented at the 60th Anniversary of Social Work Education in HKU Symposium Series: The Impact of the Global Economic Crisis on Social Development: Social Policy Responses in Greater China, Hong Kong.
- D73. Chan, C. L. W., & **Chan, C. H. Y.,** (2009, July). *East meets west in clinical practice: The foundations of Integrative Body-Mind-Spirit Therapy*, Keynote Address at the Symposium and Workshop on Integrative Body-Mind-Spirit Therapy, Hong Kong.
- D74. Tin, A. F., **Chan, C. H. Y.,** Tang, A. C. W., Ng, S. M., Chan, C. L. W., Ho, A. H. Y. (2007, March). *Promoting positive coping of death: A review of life and death education in Hong Kong and the role of university*. Abstract presented at the 1st Asia-Pacific Conference on Healthy Universities, Hong Kong.
- D75. Chan, C. L. W., **Chan, C. H. Y.** (2006, December). *Nourishing Your Heart: Say goodbye to stress*. Workshop presentation in the 1st Asian Preventive Cardiology and Cardiac Rehabilitation Conference cum 6th Certificate Course in Cardiac Rehabilitation, Hong Kong.
- D76. **Chan, C. H. Y.,** Chan, T. H. Y., Lo, P. H. Y., Tsui, E. Y. L., & Chan, C. L. W. (2006, November). *Developing a program on leadership and professional endeavor for pre-university students under the early admission scheme*. Paper presented at the Conference on Student Development of University Students. University of Hong Kong, Hong Kong.
- D77. Chan, C. L. W., **Chan, C. H. Y.,** Pan, J. Y., & Ng, S. M. (2006, November). *Resilience and Growth: Chinese Medicine Perspective on Health and Mental Health*. Keynote Address at the Conference on Student Development of University Students. University of Hong Kong, Hong Kong.
- D78. **Chan, C. H. Y.,** & Chan, C. L. W. (2006, May). *Spirituality of care giving*. Abstract presented at the Hospital Authority Convention 2006, Hong Kong.
- D79. **Chan, C. H. Y.** (2005, October). 兒童之家兒童抗逆力研究. 香港聖公會聖基道兒童院七十週年研討會, 香港.

E. Creative and Literary Works, Consulting Reports and Case Studies

E1. Professional manuals and education booklets

- E1.1. **Chan, C. H. Y.,** Fung, Y. L.[#] & Siu, J. C. Y.[#] (2016). 童心同行 – 身心靈親子健康手冊 (Booklet on Integrative Body-mind-spirit wellness for parents and children). Hong Kong: Department of Social Work and Social Administration, The University of Hong Kong. (In Chinese).

- E1.2. **Chan, C. H. Y.**, Wong, Q. S.[#] & Tam, M. Y. J.⁺ (2016). 第十四天 – 輔助生育心理健康自助手冊 (The two weeks wait: A self-help booklet on holistic wellness for women undergoing IVF). Hong Kong: Department of Social Work and Social Administration, The University of Hong Kong. (In Chinese).
- E1.3. **Chan, C. H. Y.**, Wong, Q. S.[#] & Tam, M. Y. J.⁺ (2015). IVF Care – An all-in-one mobile application for women undergoing IVF treatment. Hong Kong: Department of Social Work and Social Administration, Department of Electrical and Electronic Engineering and Department of Obstetrics & Gynaecology, The University of Hong Kong. (In Chinese).
- E1.4. **Chan, C. H. Y.**, Wong, A. F.[#] (2015). 身心相悅 – 一本有關人工受孕及輔助生育的心理健康小冊子 (Mind-body connection: Coping with stress arising from Infertility and assisted reproductive technologies). Hong Kong: Department of Social Work and Social Administration, The University of Hong Kong. (In Chinese).
- E1.5. **Chan, C. H. Y.**, Pon, A. K. L., & Tin, A. F. (2014). 孩子，走下去 – 陪伴孩子從哀傷中成長 (Let's walk together: Helping children to go through loss and grief). Hong Kong: Department of Social Work and Social Administration, The University of Hong Kong. (In Chinese).
- E1.6. **Chan, C. H. Y.**, & Tin, A. F. (2013). Little Footprint. Hong Kong: Department of Social Work and Social Administration, The University of Hong Kong. (In Chinese).
- E1.7. Chan, C. L. W., **Chan, C. H. Y.**, Chan, T. H. Y., Hui, B. N. L., & Leung, C. (2013). 修心養身自強手冊 (I-BMS Self-help protocol for Chinese Medicine Clinic Users). Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (In Chinese).
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- E1.9. **Chan, C. H. Y.** (2010). 能者善生 (Be an enabler). In Chan, C. L. W., Chan, C. H. Y., Tin, A. F., & Chan W. C. H. 為生命喝采：善終、善別及善生的自助旅程 (p.25-103). Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (In Chinese).
- E1.10. Chan, C. L. W., **Chan, C. H. Y.**, Tin, A. F., & Chan W. C. H. (2010). 為生命喝采：善終、善別及善生的自助旅程 (*In celebration of life: A self-help journey of preparing for death and living with loss and bereavement*). Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (In Chinese).
- E1.11. **Chan, C. H. Y.** (2009). Dignified death: Preparing for death. In Chan, C. L. W., Chan, C. H. Y., Tin, A. F., Chan W. C. H., & Ng, O. K. P. *In celebration of life: A self-help journey of preparing for death and living with loss and bereavement* (p.25-103). Hong Kong: Centre on Behavioral Health, The University of Hong Kong.
- E1.12. Chan, C. L. W., **Chan, C. H. Y.**, Tin, A. F., Chan W. C. H., & Ng, O. K. P. (2009). *In celebration of life: A self-help journey of preparing for death and living with loss and bereavement*. Hong Kong: Centre on Behavioral Health, The University of Hong Kong.
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- E1.14. **Chan, C. H. Y.**, & Tin, A. F. (2008). 從容自在談生死 (Life and death education). Hong Kong: Centre on Behavioral Health, Project ENABLE, The University of Hong Kong. (In Chinese).
- E1.15. **Chan, C. H. Y.**, & Tin, A. F. (2008). 生命屬我 (Life and death education for adolescents). Hong Kong: Centre on Behavioral Health, Project ENABLE, The University of Hong Kong. (In Chinese).

- E1.16. Tin, A. F., **Chan, C. H. Y.**, & Tang, A. C. W. (2008). 善生嚮導訓練手冊及教材套 (Professional training manual on bereavement counseling). Hong Kong: Centre on Behavioral Health, Project ENABLE, The University of Hong Kong. (In Chinese).
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- E1.18. **Chan, C. H. Y.**, Tang, A. C. W., & Tin, A. F. (2007). 囑福生命手冊 (Booklet on death preparation). Hong Kong: Centre on Behavioral Health, Project ENABLE, The University of Hong Kong. (In Chinese).
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E2. Consulting Reports

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- E2.2. **Chan, C. H. Y.**, & Chan, T. H. Y.⁺ (2013). Project Report on the Effectiveness of Holistic Care for People with Intellectual Disabilities through the Application of Body-Mind-Spirit Model. Hong Kong: S.K.H. Providence Garden for Rehab.
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- E2.4. **Chan, C. H. Y.**, Chan, T. H. Y.⁺ (2012). Program Evaluation on the Family Coordinator Pilot Project. Hong Kong: Neighbourhood Advice-Action Council.
- E2.5. Young Women's Christian Association (2005). Research on youth employment. Hong Kong: Young Women's Christian Association.
- E2.6. **Chan, C. H. Y.**, Chan Y. (2001). Research report on the relationship between physical and psychosocial welling and marital satisfaction among married women in Hong Kong. Hong Kong: Hong Kong Federation of Women's Centre.

E3. Column Writing

- E3.1. **Chan, C. H. Y.** (2016). 我家孩子有濕疹 (My kids have eczema), Ming Pao Weekly, 2490, July 30, 2016, 121. (In Chinese).
- E3.2. **Chan, C. H. Y.** (2016). 懷孕等待期 (Two weeks wait), Ming Pao Weekly, 2483, June 11, 2016, 121. (In Chinese).
- E3.3. **Chan, C. H. Y.** (2016). 十四天的焦慮 (Anxiety during 14-day IVF result waiting period), Ming Pao Weekly, 2475, April 16, 2016, 121. (In Chinese).
- E3.4. **Chan, C. H. Y.** (2016). 生育旅遊 (Reproductive tourism), Ming Pao Weekly, 2467, February 20, 2016, 121. (In Chinese).
- E3.5. **Chan, C. H. Y.** (2015). 二孩政策 (Two-child policy), Ming Pao Weekly, 2459, December 26, 2015, 137. (In Chinese).
- E3.6. **Chan, C. H. Y.** (2015). 凍存胚胎 (Social freezing), Ming Pao Weekly, 2453, November 14, 2015, 153. (In Chinese).
- E3.7. **Chan, C. H. Y.** (2015). 雙生兒 (IVF Twins), Ming Pao Weekly, 2445, 136. (In Chinese).
- E3.8. **Chan, C. H. Y.** (2015). 「樂」源於助人 (Happiness arising from helping), Ming Pao Weekly, 2438, 112. (In Chinese).
- E3.9. **Chan, C. H. Y.** (2015). 沒有父親的父親節 (Father's day without father), Ming Pao Weekly, 2431, 104. (In Chinese).

- E3.10. **Chan, C. H. Y.** (2015). 悶餅 (About boredom), Ming Pao Weekly, 2424, 152. (In Chinese).
- E3.11. **Chan, C. H. Y.** (2014). 冷凍卵子 (Frozen eggs), Ming Pao Weekly, 2404, December 6, 2014, 150. (In Chinese).
- E3.12. **Chan, C. H. Y.** (2014). 如果輔助生育時代降臨 (The era of assisted reproductive technologies), Hong Kong Economic Journal, September 28, 2014, C2. (In Chinese).
- E3.13. **Chan, C. H. Y.** (2014). 不孕中的選擇 (Options for people with infertility), AM730, August 7, 2014, A.30. (In Chinese).
- E3.14. **Chan, C. H. Y. & Tsui, Y. L.** (2014). 血緣關係 – 探討配子及胚胎捐贈的輔助生育 (Genetic relationship: About donor-assisted conception), AM730, September 4, 2014, A.30. (In Chinese).
- E3.15. **Chan, C. H. Y.** (2014). 同行者 (Expert companion), Ming Pao Weekly, 2396, 150. (In Chinese).
- E3.16. **Chan, C. H. Y.** (2014). 我的婆婆 (Grieving over my grandma's death), Ming Pao Weekly, 2380, 152. (In Chinese).
- E3.17. **Chan, C. H. Y.** (2014). 道別, 在問好之時 (When life and death crossover), Hong Kong Economic Journal, May 13, 2014, C2. (In Chinese).
- E3.18. **Chan, C. H. Y.** (2014). 保護關係 (Disclosure and secrecy) Ming Pao Weekly, 2372, 152. (In Chinese).
- E3.19. **Chan, C. H. Y.** (2014). 血緣關係 (Blood-tie), Ming Pao Weekly, 2367, 126. (In Chinese).
- E3.20. **Chan, C. H. Y.** (2013). 借肚生子 (Surrogacy), Ming Pao Weekly. (In Chinese).
- E3.21. **Chan, C. H. Y.** (2013). 男女共融 (Congruent grief), Ming Pao Weekly. (In Chinese).
- E3.22. **Chan, C. H. Y.** (2013). 丈夫有話兒 (Men's grief), Ming Pao Weekly, 2333, 140. (In Chinese).
- E3.23. **Chan, C. H. Y.** (2013). 生育保險 (Fertility preservation), Ming Pao Weekly, 2328, 130. (In Chinese).
- E3.24. **Chan, C. H. Y.** (2013). 癌症、性、生育 (Cancer, sexuality and reproduction), Ming Pao Weekly, 2327, 144. (In Chinese).
- E3.25. **Chan, C. H. Y.** (2013). 問好, 話別 (Grieving pregnancy loss), Ming Pao Weekly, 2317, 144. (In Chinese).
- E3.26. **Chan, C. H. Y.** (2013). 「正常」的懷孕分娩 (What is 'normal' pregnancy?), Ming Pao Weekly, 2313, 144. (In Chinese).
- E3.27. **Chan, C. H. Y.** (2012). 遲來當爸媽 (Delayed childbearing), Ming Pao Weekly. (In Chinese).
- E3.28. **Chan, C. H. Y.** (2012). 活得好 (Better life), Ming Pao Weekly. (In Chinese).
- E3.29. **Chan, C. H. Y.** (2012). 救命孩子 (Survivor kids), Ming Pao Weekly. (In Chinese).
- E3.30. **Chan, C. H. Y.** (2010). 不孕是... (What is infertility?), Ming Pao Weekly, 2166, 79. (In Chinese).
- E3.31. **Chan, C. H. Y.** (2010). 生育自由行 (Reproductive tourism between Hong Kong and Mainland China), Ming Pao Weekly, 2165, 97. (In Chinese).
- E3.32. **Chan, C. H. Y.** (2010). 無形的失落 (Silent loss). Ming Pao Weekly, 2164, 119. (In Chinese).
- E3.33. **Chan, C. H. Y.** (2010). 孩子福祉 (Welfare of the child born as a result of ART), Ming Pao Weekly, 2163, 79. (In Chinese).
- E3.34. **Chan, C. H. Y.** (2010). 不孕輔導 (Infertility counseling), Ming Pao Weekly, 2162, 87. (In Chinese).
- E3.35. **Chan, C. H. Y.** (2010). 啞忍之苦 (Male infertility), Ming Pao Weekly, 2161, 87. (In Chinese).
- E3.36. **Chan, C. H. Y.** (2010). 優生男女? (Pre-implantation genetic diagnosis), Ming Pao Weekly, 2160, 79. (In Chinese).

- E3.37. **Chan, C. H. Y.** (2010). 代孕媽媽 (Surrogate mothers), Ming Pao Weekly, 2159, 87. (In Chinese).
- E3.38. **Chan, C. H. Y.** (2010). 多胞胎爭議 (Multiple pregnancy), Ming Pao Weekly, 2158, 87. (In Chinese).
- E3.39. **Chan, C. H. Y.** (2010). 試管嬰兒 (Test-tube babies), Ming Pao Weekly, 2157, 95. (In Chinese).
- E3.40. **Chan, C. H. Y.** (2010). 例行性事 (Sex and infertility), Ming Pao Weekly, 2156, 95. (In Chinese).
- E3.41. **Chan, C. H. Y.** (2010). 三個媽兩個爸 (Three moms and two dads), Ming Pao Weekly, 2155, 103. (In Chinese).
- E3.42. **Chan, C. H. Y.** (2010). 屢敗屢戰 (Coping with IVF cycle failure), Ming Pao Weekly, 2154, 79. (In Chinese).
- E3.43. **Chan, C. H. Y.** (2010). 他和她的難題 (Infertility diagnosis), Ming Pao Weekly, 2153, 79. (In Chinese).
- E3.44. **Chan, C. H. Y.** (2005). 不育夫婦 (Infertile couples). 橋 (香港公教婚姻輔導會季刊), 92. (In Chinese).
- E3.45. **Chan, C. H. Y.**, & Tin, A. F. (2008). 四川大地震 – 社區生死教育資料(一) : 十項要做及不要做的事情 (Community education about Sichuan earthquake: Ten dos and don'ts). China Earthquake: HKU Action. Published on <http://www.hku.hk/chinaearthquake/information.html> (In Chinese).
- E3.46. Tin A.F., & **Chan, C. H. Y.** (2008). 四川大地震 – 社區生死教育資料(二) : 讓孩子走出哀傷 (Community education about Sichuan earthquake: Helping children cope with grief). China Earthquake: HKU Action. Published on <http://www.hku.hk/chinaearthquake/information.html> (In Chinese).
- E3.47. **Chan, C. H. Y.**, & Tin, A. F. (2008). 四川大地震 – 社區生死教育資料(三) : 走過哀傷 (Community education about Sichuan earthquake: Coping with grief). China Earthquake: HKU Action. Published on <http://www.hku.hk/chinaearthquake/information.html> (In Chinese).
- E3.48. **Chan, C. H. Y.**, & Tin, A. F. (2008). 四川大地震 – 社區生死教育資料(四) : 也關心家中的孩子 (Community education about Sichuan earthquake: Care for the kids). China Earthquake: HKU Action. Published on <http://www.hku.hk/chinaearthquake/information.html> (In Chinese).
- E3.49. Chan, C. L. W., & **Chan, C. H. Y.** (March 3, 2006). 癌症大悟·重塑生活藝術 (Transforming through cancer experience). Oriental Daily News, A13. (In Chinese).
- E3.50. Chan, C. L. W., & **Chan, C. H. Y.** (May 12, 2006). 定期檢查情緒療不育創傷 (Awareness of emotion arising from infertility). Oriental Daily News, A13. (In Chinese).

F. Prize and Awards

- F1. Best Abstract Award
Tam, M. Y. J.⁺, **Chan, C. H. Y.**, Wong, Q. S.[#], Lo, I. P. Y.[#] (June, 2015). To choose or not to choose – Chinese women preference for participation and satisfaction in making decisions regarding infertility treatments. Poster presented at the 13th International Communication, Medicine, and Ethics (COMET) Conference, Hong Kong.
- F2. 2010 Communication Awards: International award for creative output to the Project ENABLE Website (Role: Website Manager)
- F3. 16th Annual Communicator Award of Excellence: International Academy of the Visual Arts to the Project ENABLE Website (Role: Website Manager)
- F4. Scholarship of Hong Kong Bank for Social Work Foundation (2000 – 2001)
- F5. Jean Robertson Memorial Book Prize (2000 – 2001)

G. Research Grants

G1. General Research Fund (External Peer-reviewed Competitive Grants)

Project Title	Funding Source	Role
Effects of a self-administered integrative body-mind-spirit intervention in reducing women's anxiety during the IVF waiting period: A randomized controlled trial	Early Career Scheme / General Research Fund	PI
Treatment decision making at the end of an unsuccessful IVF cycle: A prospective study on preferences of involvement and psychological adjustment among Chinese women	General Research Fund	PI
Comparing the effectiveness of integrative body-mind-spirit group intervention and cognitive-behavioral group on quality of life and psycho-socio-spiritual distress for lung cancer patients and their family caregivers: A randomized controlled trial	General Research Fund	Co-I

G2. Funding Programme for Basic or Applied Research

Project Title	Funding Source	Role
Seeing the Invisible: Family empowerment program for children with atopic eczema and their caregivers	UBS Optimus Foundation	PI
Empowering and strengthening mental health and wellness among patients by an Integrative Body-mind-spirit Yangsheng approach	Hospital Authority, HKSAR	PI
Integrative Body-mind-spirit group intervention for patients with depressive and anxiety disorders	Hospital Authority, HKSAR	PI
Illness, Crisis and Loss - Capacity enhancement in navigating health and social care: A family-focused, strength-driven social work model	Department Research Matching Grant	Co-PI
Researching intimacy across cultures	Department Research Matching Grant	Co-I
Capacity building project on gender mainstreaming by grassroots women's organizations	UGC-Matching Grant Scheme (5 th Phase) – HKU-HKJC ExCEL3	PI
Examining the relationship between acne and psychological trauma: A cross-cultural study	Seed Funding Programme for Applied Research	PI
Examining the concept and its applicability of spirituality in illness experience and itch management: A focus group study with persons with eczema	Seed Funding Programme for Basic Research	PI

Experiencing ambiguity in pregnancy loss: A prospective, longitudinal study of parental grief after miscarriage	Seed Funding Programme for Basic Research	PI
Examining the relationship of gender role identification, body image and mental well-being of Hong Kong young lesbians: A mixed method study	Small Project Funding	PI
Building capacity for grassroots women organizations	UGC-Matching Grant Scheme (5 th Phase) – HKU-HKJC ExCEL3	PI
Effectiveness Integrated body-mind-spirit intervention in improving quality of life for persons with psoriasis: A quantitative study	Small Project Funding	PI
The decision and the disclosure issues confronted by oocyte, sperm and embryo donation recipients	Small Project Funding	PI
Integrative Body-mind-spirit group intervention for adult suffering insomnia	Centre on Behavioral Health, The University of Hong Kong	PI
Development of research and practice in infertility counseling	Hong Kong Society for Reproductive Medicine	PI
GRF/ECS Incentive Awards to Principal Investigator (12-13)	Enhanced Top-Up Grants/Awards	PI
HKU SPACE Research Fund for research initiation	HKU SPACE Research Fund	PI

G3. Funded Projects on Knowledge Exchange and Consultancy

Project Title	Funding Source	Role
Cultivating compassion for adolescents through meaning-focused experiential learning practices	Interdisciplinary Knowledge Exchange Project Fund	PI
Professional competence training for HKACS-Jockey Club “Walking Hand-in-Hand” cancer family support project	The Hong Kong Anti-Cancer Society	PI
Certificate course in infertility counseling	Hong Kong Society for Reproductive Medicine	PI
From parenting to parents’ being: Enhancing quality of life of parents and their children with eczema through Integrated Body-mind-spirit programme	2015/16 Knowledge Exchange Impact Project Funding	PI
IVF CARE – Developing an interactive self-help kit (Mobile application) in assisting patients to monitor the medication and psychosocial well being during IVF treatment	2014/15 Knowledge Exchange Impact Project Funding	PI
Empty Cradle, broken heart – Developing perinatal	2012/13 Knowledge	PI

bereavement care for healthcare professionals in supporting people who have experienced pregnancy loss	Exchange Impact Project Funding	
Development on the Managed Care for Pregnant Girls Services, Mother's Choice, Hong Kong	Mother's Choice	PI
Model development and evaluation of a community-based "Walking hand-in-hand" cancer family support project	The Hong Kong Anti-Cancer Society	PI
The Effectiveness of Holistic Care for People with Mental Illness through the Application of Body-Mind-Spirit Model	SKH Welfare Council, The Providence Garden for Rehabilitation	PI
The Effectiveness of Holistic Care for People with Intellectual Disabilities through the Application of Body-Mind-Spirit Model	SKH Welfare Council, The Providence Garden for Rehabilitation	PI
Study on Developing and Evaluating a Tailored Family based Intervention Model for the Tung Chung Integrative Service Centre	The Neighbourhood Advice-Action Council	PI
Programme Evaluation of the Family-based Intervention – The Pilot Project	The Neighbourhood Advice-Action Council	PI
Evaluation Study of Integrative Body-mind-spirit Hospice Care for Older Adults in Nursing Home	SKH Nursing Home for the Elderly	Co-I
Program Evaluation of Horticultural Therapy for Victims of Domestic Violence in "Harmony Garden"	Harmony House	Co-I

G4. Non-funded Research Projects

Project Title	Collaborator	Role
Implications of two child policy on childbearing attitude and ART utilization of infertile women in mainland China	Department of Obstetrics and Gynecology, QMH-HKU	PI
Weight reduction by aspiration therapy in Asian patients with morbid obesity	Department of Medicine, QMH-HKU	Co-I
A prospective study of the prevalence, course and risk factors for antenatal and postpartum depression and anxiety in Hong Kong	United Christian Hospital, Hong Kong	PI
Depression and anxiety among women who miscarry after in vitro fertilization	Department of Obstetrics and Gynecology, QMH-HKU	Co-I

TEACHING AND LEARNING

H. Academic Administrative Duties

- Deputy Director of the Master of Social Work Program (2011 – 2013)
- Committee Member of the Master of Social Work Program (2011 – 2015)
- Committee Member of the B.Soc.Sc (Counseling) Program (2015 – present)
- Committee Member of the M.Soc.Sc. (Behavioral Health) Program (2004 – 2010)

I. Teaching Experience

- SOWK6307 Theory and practice of social work II [MSW]
- SOWK3116 A self-reflective journey [BSocSc (Counseling)]
- SOWK6255 Insight and discovery in life journey [MSW]
- SOWK2103 Counseling in different contexts3 [BSocSc (Counseling)]
- SOWK6253 Essentials in Counseling Practice [MSW]
- SOWK0107 Foundation of Social Work Practice I [BSW]
- SOWK6244 Introduction of Counseling and Helping Skills [MSW]
- SOWK6253 Essentials in Counseling Practice [MSW]

J. Supervision of Postgraduate Research Students

K. Supervision of Students' Dissertations on Taught Postgraduate Programmes

L. Other Student Supervision

- Fieldwork Supervisor (Freelance), Department of Social Work and Social Administration, The University of Hong Kong (2008 – 2009)
- Supervisor of students from Social Innovation Internship (SI2), Faculty of Social Sciences, HKU (2007)
- Supervisor of students from Social Exposure Program (SEP), Faculty of Social Sciences, HKU (2004 – 2006)

SERVICES

M. Services within HKU

- Counselor-In-Charge, Centre of Assisted Reproduction and Embryology, Department of Obstetrics and Gynecology, The University of Hong Kong – Queen Mary Hospital (2006 – present)
- Counselor-In-Charge, Assisted Reproduction Centre, Kwong Wah Hospital, Hong Kong (2014 – present)
- Committee Member, Ethics Committee, Reproductive Medicine, The University of Hong Kong – Shenzhen Hospital, Shenzhen, China (2015 – present)

N. Community Service

- Advisor, Hong Kong Dermatology Foundation (2015 – present)
- Committee Member, Steering Committee Meeting of Caritas "Love and Chastity" Comprehensive Sex Education Project, Caritas Family Service (2014 – present)
- Honorary Consultant, Love and Care for the Sick Foundation Limited (2012 – present)
- Consultant, Department of Continuing Education, Young Women's Christian Association (2011 – 2014)
- Committee member / Vice-President, Department of Continuing Education, Young Women's Christian Association (2006 – 2011)
- Committee member, Christian Ministry, Young Women's Christian Association (2006 – 2011)
- Committee member / Vice-President, Department of Youth and Community Development, Young Women's Christian Association (2003 – 2008)
- Board Member, Young Women's Christian Association (2006 – 2008)