

CURRICULUM VITAE

Vivian W. Q. LOU

BEd (Psy.), MEd (Soc. Psy.), MSW, Ph.D, RSW

Department of Social Work & Social Administration, Sau Po Centre on Ageing

The University of Hong Kong

‘One sees clearly only with the heart. Anything essential is invisible to the eyes.’

- “The Little Prince” by Antonie de Saint-Exupéry, 1943

RESEARCH INTERESTS

Family caregiving for older adults with long-term care needs in particular stroke, dementia and/or at the end stage of life; evidence-based practice on intergenerational solidarity, spiritual/psychological well-being, and volunteering.

PERSONAL DETAILS

Academic Qualification

- 1999 - 2002 Master of Social Work
 Department of Social Work & Social Administration
 The University of Hong Kong (HKU)
- 1995 - 1999 Doctor of Philosophy.
 Department of Social Work & Social Administration, HKU
- 1991 - 1994 Master of Education (Major in Social Psychology)
 Department of Psychology, East China Normal University (ECNU)
- 1987 - 1991 Bachelor of Education (Major in Psychology)
 Department of Psychology, ECNU

Work Experience

- 2015 - present Associate Professor
 Department of Social Work & Social Administration, HKU
- 2009 - 2014 Assistant Professor
 Department of Social Work & Social Administration, HKU
- 2004 - 2009 Assistant Professor
 Department of Social Work

The Chinese University of Hong Kong

1999 - 2004 Demonstrator

Department of Social Work & Social Administration, HKU

Awards and Honors

2018 - 2019 Visiting Fellow

Centre for Research on Ageing, Faculty of Social, Human and Mathematical Science

University of Southampton, UK

2017 May-July Visiting Professor

Department of Global Health & Social Medicine (School of Global Affairs)

Faculty of Social Science & Public Policy

King's College London, UK

2017/18 King's/HKU Fellowship

2018 - International Academic Consultant, International Communication and Cooperation Centre,
Chinese Geriatrics Society

2017 - Expert, Institute of Health Assessment, China Hospital Development Institute, Shanghai Jiao
Tong University

2014 - Academic Consultant, School of Sociology and Population Studies
Renmin University

2013-15 Academic Consultant, Research Centre on Social Development, Shanghai Normal University

2013-15 Honorary Professor, School of Continuous Education, China Women's University

2008 - Honorary Research Fellow, Centre on Behavioral Health, HKU

2012 - Honorary Consultant, Committee of Experts, ShenZhen Social Workers Association

2012 Outstanding paper, 19th Annual Congress, Hong Kong Association of Gerontology (*Role:*
First author)

2011 Outstanding paper, 8th World Congress on Long Term Care in Chinese Communities (*Role:*
First author)

2011 Sik Sik Yuen Outstanding Academic-Community Partnership Project (*Role: first author &*
principal investigator)

2011 Best paper, 1st National Young Scholars Forum of Gerontology and Geriatrics, China (*Role:*
Co-author with my Ph.D student)

2009 Outstanding paper, 17th Annual Congress, Hong Kong Association of Gerontology (*Role:*
First author)

2008 Outstanding paper, 16th Annual Congress, Hong Kong Association of Gerontology (*Role:*
First author)

2007 Outstanding paper, 15th Annual Congress, Hong Kong Association of Gerontology (*Role:*
First author)

RESEARCH AND SCHOLARSHIP

Research Grants, Consultancy and Contracts

External peer-reviewed competitive grant

Project Title	PI/Co-I	Funding Source & Amount	Period / Status
Meaning making in dementia caregiving among adult children in Hong Kong: testing a generation model	PI	Research Grant Council of Hong Kong (GRF) (<i>Ref. no.17613218</i>)	Jan 1 2019 – June 30 2021 Ongoing
Resident to resident aggression in residential care homes in Hong Kong: the interrelationship among resident characteristics, caregiving context and the physical environment	Co-I (PI: Dr. Elise C. W. Yan, Department of Applied Social Sciences, Polytechnic University of Hong Kong)	Research Grant Council of Hong Kong (GRF) (<i>Ref. no.</i>)	Jan 1 2019 – Dec 31 2021 Ongoing
Quality of life of lung cancer patients and effective intervention through supported care approach	Co-I (PI: Professor Y. P. He, Shanghai Jiao Tong University, P. R. C.)	National Natural Science Foundation of China (<i>Ref. no. 71874111</i>)	Jan 2019 – Dec 2022
Preventing elder mistreatment: resilience and risk patterns of family caregivers	Co-I (PI: Dr. Elsie C. W. Yan, Department of Applied Social Sciences, Polytechnic University of Hong Kong)	Research Grant Council of Hong Kong (GRF) (<i>Ref. no. 15603017</i>)	Jan 1 2018 – Dec 31 2020 Ongoing
Promotion of volunteerism among Hong Kong retirees: an intervention study	Co-I (PI: Professor Kee-Lee Chou, Department of Asian and Policy Studies, Hong Kong Institute of Education)	Research Grant Council of Hong Kong (PPR) (<i>Ref. no. 2016.A5.023.16C</i>)	Jan 1 2017 – May 30 2018 Completed
HKJC Age-friendly city project: baseline assessments, training, district engagement and professional support (second phase for 3 districts)	Co-I (PI: Professor Terry Lum Department of Social Work & Social Administration, HKU)	The Hong Kong Jockey Club Charities Trust	Jan 1 2017 – Dec 31 2020 Ongoing
Financial impacts of family caregiving: an investigation of the moderating effects of	PI	Research Grant Council of Hong Kong (PPR) (<i>Ref. no.</i>)	July 1 2016 – Sept 30 2017 Completed

Project Title	PI/Co-I	Funding Source & Amount	Period / Status
workplace accommodative measures and domestic helpers		2015.A8.031.16A)	
HKJC Age-friendly city project – baseline assessment and training and professional support (pilot phase for 2 district)	Co-I PI: Professor Terry Lum Department of Social Work & Social Administration, HKU	The Hong Kong Jockey Club Charities Trust	Sept 1 2015 – May 31 2019 Ongoing
Model predicting health outcomes of family caregivers of Chinese dementia sufferers: a sequential explanatory mixed method study	Co-I (PI: Dr. D. S. F. Yu, The Nethersole School of Nursing, The Chinese University of Hong Kong)	Research Grant Council of Hong Kong (GRF) (Ref. no. 453513)	Jan 2014 - Dec 2015 Completed
Enhancing social security system in China	Co-I (PI: Prof. Ci Q. Y, Department of Sociology, Wuhan University)	Education Bureau of China – Philosophy and Social Science Fund theme project (Ref. no. 13JZD020)	Jan 2013 - Dec 2016 Completed
Long-term care system in urban China in the next decade	Co-I (PI: Prof. S. X. Gui, Population Research Institute, East China Normal University)	China National Social Science Foundation theme project (Ref. no. 12&ZD212)	Mar 2013 - Feb 2018 Completed
Evaluation study on CADENZA community project – an elderly suicide prevention project	PI	Hong Kong Jockey Club Charities Trust	Oct 2011 - Sept 2013 Completed
Person-centered care for demented older adults: a qualitative analysis	PI	Health and Health Services Research Fund (HHSRF) (Ref. no. 09101241)	Oct 2011 - Sept 2012 Completed
Social welfare and life satisfaction: the role of responsible risk-taking	Co-I (PI: Prof. C. K. Wong, Department of Social Work, The Chinese University of Hong Kong)	Research Grant Council of Hong Kong (GRF) (Ref. no. 452309)	Dec 2009 - May 2012 Completed
Family caregivers for the frail and very elderly: well-being and needs in Hong Kong and Shanghai	PI	Research Grant Council of Hong Kong (GRF) (Ref. no. 448009)	Oct 2009 - Oct 2011 Completed
A study on the effectiveness of integrated home care service in community care for elderly people in Hong Kong	Co-I (PI: Dr. E. W. T. Chui, Department of Social Work & Social	Research Grant Council of Hong Kong (Public Policy Research) (Ref no. 7001-PPR-5)	Jan 2008 - Oct 2010 Completed

Project Title	PI/Co-I	Funding Source & Amount	Period / Status
	Administration, The University of Hong Kong)		
Bowel cancer in Hong Kong: education, promotion and screening	Co-I (PI: Prof. J. J. Y. Sung, Department of Medicine and Therapeutics, Chinese University of Hong Kong)	Chief Executive fund of Hong Kong Government	Sept 2007 - Aug 2012 Completed
A study investigating factors that affect long term care use in Hong Kong	PI	Health, Welfare and Food Bureau, Hong Kong (<i>Ref. no. SHS-E-04</i>)	June 2007 - May 2009 Completed
Profile of social work programmes and training needs of higher education in the Chinese communities	PI	International Association of Schools of Social Work	Sept 2003 - June 2005 Completed

Internal peer-reviewed competitive grant

Project Title	PI/Co-I	Funding Source & Amount	Period / Status
Developing package plus toolkits for capacity building in execution of volunteer-assisted spiritual well-being enhancement for older adults by train the trainer model	PI	Knowledge Exchange (KE) Funding, Impact Project (<i>Ref. no. KE-IP-2017/18-67</i>)	July 1 2017 – June 30 2018 Ongoing
Using ecological memory assessment to examine within-person variations in daily experiences of active life engagement in relation to health-related outcomes among community-dwelling Chinese older adults	PI	University Research Committee, Seed Fund for Translational and Applied Research	July 1 2017 – Nov 30 2018 Ongoing
Information and communication technologies-based services for old people adopting long-distance caregiving in Hong Kong: The intention behavior and future strategies	Co-I (PI: Dr. Ernest W. T. Chui, Department of Social Work & Social Administration, HKU)	University Research Committee, Seed Fund for Basic Research	May 1 2017 – Apr 30 2018 Completed
Health and social care gerontology laboratory - HSGeL	PI (since Feb 1 2016) Co-I (PI: Dr. Angela	Chow Tai Fook Charity Foundation, part of the We Are With You	May 1 2015 – Mar 30 2017 Completed

Project Title	PI/Co-I	Funding Source & Amount	Period / Status
	Leung, Department of Nursing, Faculty of Medicine, HKU)	Project Fund 2014-15 under CEDARS	
Program on psychosocial research on ageing	Co-I (Co-coordinator: Professor Terry Lum, Department of Social Work & Social Administration, HKU)	University Research Committee, Matching fund for SRT in Ageing	Sept 15 2013 – Sept 15 2016 Completed
Stress, wisdom and psychological well-being among spousal caregivers of frail elderly in Shanghai	PI	Small Project Fund, HKU	Apr 2013 - Mar 2014 Completed
Awareness of community-based long-term care services: views from adults aged 45 or above in Hong Kong	PI	Small Project Fund, HKU	Apr 2011 - Mar 2012 Completed
Construction and validation of Chinese Health Literacy Scale for Diabetes (CHLSD)	Co-I (PI: Dr. A. Y. M. Leung, School of Nursing HKU)	Small Project Fund, HKU	Jan 2009 - Dec 2009 Completed
Protecting social isolation and loneliness: attributions and coping strategies among older adults living alone in Hong Kong	PI	Seed Funding Programme for Basic Research, HKU	Step 2009 - Aug 2010 Completed
Study of Hong Kong families	PI (Co-PI: Prof. K F. Ting, Department of Sociology, Chinese University of Hong Kong)	Chinese University of Hong Kong, Chinese Studies as Major Area Grant	Jan 2008 - Dec 2012 Completed
Study of Mainland families	PI (Co-PI: Prof. K F. Ting, Department of Sociology, Chinese University of Hong Kong)	Chinese University of Hong Kong, Chinese Studies as Major Area Grant	Jan 2008 - Dec 2012 Completed
Case management of community long-term care services in Hong Kong – A Qualitative exploration	PI	Direct Grant, The Chinese University of Hong Kong	Jan 2008 - Dec 2008 Completed
Creating age-friendly communities in low income neighborhoods: cross cultural comparisons in North America and East Asia – Shanghai as	Co-I (PI: Dr. E. W. T. Chui, Department of Social Work & Social Administration, HKU)	Small Project Fund, HKU	Oct 2008 - Sept 2009 Completed

Project Title	PI/Co-I	Funding Source & Amount	Period / Status
case study			
A preliminary study of social risks and policy responses in Hong Kong	Co-I (PI: Prof. C. K. Wong, Department of Social Work, Chinese University of Hong Kong)	Direct Grant, Chinese University of Hong Kong	Jan 2007 - Dec2007 Completed
Intergenerational role and its relationship with subjective well-being among older persons in Hong Kong	PI	Direct Grant, Chinese University of Hong Kong	Jan 2005 - Dec2005 Completed

Government consultancy

Project Title	PI/Co-I	Funding Source & Amount	Period / Status
Enhancement of community-based services for older adults in Macau	PI	The SAR Macau Government (A3160/2017)	Nov 14 2017 – Nov 13 2018 Ongoing
A study on family impact assessment in Hong Kong: a checklist approach	PI (since July 1 2018) PI (Dr. C. K. Law, Department of Social Work & Social Administration, HKU)	The Government of The Hong Kong Special Administrative Region	June 1 2016 – Feb 28 2018 Completed
Consultancy study on pilot scheme on home care and support for elderly persons with mild impairment	Co-I (PI: Professor Terry Lum, Department of Social Work & Social Administration, HKU)	Social Welfare Department, The Government of Hong Kong SAR	Mar 1 2018 – Aug 31 2019 Ongoing
A two-year experimental project for the introduction, adoption and implementation of the new standardized care need assessment mechanism for elderly services	Co-I (PI: Professor Terry Lum, Department of Social Work & Social Administration, HKU)	Social Welfare Department, The Government of Hong Kong SAR	Sept 15 2017 – Sept 14 2019 Ongoing
Evaluation study service for dementia community support scheme	Co-I (PI: Dr. Gloria Wong, Department of Social Work & Social Administration, HKU)	Food and Health Bureau, The Government of Hong Kong SAR	Mar 14 2017 – Sept 13 2018 Ongoing
Consultancy study on pilot schemes on living allowance for low-income carers of persons with disabilities and elderly persons from low-income families	Co-I (PI: Professor Terry Lum, Department of Social Work & Social Administration, HKU)	Social Welfare Department, The Government of Hong Kong SAR	Mar 1 2017 – June 30 2018 Completed

Project Title	PI/Co-I	Funding Source & Amount	Period / Status
Evaluation study on pilot scheme on living allowance for carers of the elderly persons from low income families	Co-I (PI: Professor Terry Lum, Department of Social Work & Social Administration, HKU)	Social Welfare Department, The Government of Hong Kong SAR	Dec 5 2014 – Apr 4 2016 Completed
Enhancement of the infrastructure of long-term care in Hong Kong	Co-I (PI: Dr. T. Y. S. Lam, Department of Social Work & Social Administration, HKU)	Social Welfare Department of Hong Kong Government	Nov 1 2013 – Apr 30 2017 Completed
Case mix study on the community care services for the elderly	Co-I (PI: Dr. T. Y. S. Lam, Department of Social Work & Social Administration, HKU)	Social Welfare Department of Hong Kong Government	Apr 1 2013 - Sept 30 2014 Completed
Study on community care services for the elderly	Co-I (PI: Dr. E. W. T. Chui, Department of Social Work & Social Administration, HKU)	Elderly Commission of Hong Kong	Aug 2010 - Oct 2011 Completed
Study on residential care services for the elderly	Co-I (PI: Dr. E. W. T. Chui, Department of Social Work & Social Administration, HKU)	Elderly Commission of Hong Kong	June 2008 - Dec2009 Completed
A qualitative study on ‘hidden elderly’ in Hong Kong	Co-I (PI: Prof. C. K. Wong, Department of Social Work, Chinese University of Hong Kong)	Central Policy Unit of the Hong Kong Government	Dec 2007 - Nov2008 Completed
Qualitative study of the recipients’ experiences of and attitudes towards the welfare benefit system in Hong Kong	Co-I (PI: Prof. C. K. Wong, Department of Social Work, Chinese University of Hong Kong)	Central Policy Unit of the Hong Kong Government	Feb 2007 - Aug 2007 Completed
An evaluation study of the employment assistance programs for CSSA and near CSSA recipients	Co-I (PI: Pro. K. L. Tang, Department of Social Work, Chinese University of Hong Kong)	Social Welfare Department of the Hong Kong Government	Jan 2004 - Apr2005 Completed

Contract research

Project Title	PI/Co-I	Funding Source & Amount	Period / Status
Infusion active ageing education (IAAE) champions project – pilot phase	PI (partnered project with Hong Kong Polytechnic University, PI Professor Daniel Lai, Department of Applied Social Sciences)	ZeShan Foundation	Aug 1 2018 – July 31 2020 Ongoing
The profile and needs of Hong Kong family caregivers taking care of elderly living in community	PI	The Hong Kong Council of Social Service KG Services Limited	June 1 2018 – Nov 30 2018 Ongoing
Education needs of baby boomers in using IT-supported financial services in Hong Kong	PI	Investor Education Centre	Mar 26 2018 – Nov 25 2018 Ongoing
Project family's choice - web-based initiative to empower family long term care decision making	PI	The Hong Kong Club Foundation Limited	Apr 1 2018 – Sept 30 2018 Ongoing
Translating CORE-UPHOLD Model into practice protocol for the dying and the families in end-of-life care	PI	The General of The Salvation Army	Mar 1 2018 – Feb 28 2019 Ongoing
An evaluation study on Enhanced Discharge Support Program (EDSP)	PI	Haven of Hope Christian Service HK\$330,000	Mar 1 2018 – Feb 29 2020 Ongoing
An evaluation study on Jockey Club Happy Home Community Rehabilitation program	PI	Hong Kong Young Women's Christian Association	Mar 1 2018 – Feb 29 2020 Ongoing
An evaluation study on SAGE PLoT Care	PI	The Hong Kong Society for the Aged	Oct 23 2017 – Oct 22 2019 Ongoing
Best60s mental health of older adults	PI	Tung Wah Group of Hospitals	Oct 1 2017 – Sept 30 2018 Ongoing
Project on Big Silver Community	PI	Big Silver Community Limited	June 1 2017 – May 31 2019 ongoing
The development of technology-assistant related interventions in elderly care home residents with cognitive	PI	Hong Kong Shen Kung Hui Welfare Council Limited	Sept 1 2017 – Feb 28 2019 Ongoing

Project Title	PI/Co-I	Funding Source & Amount	Period / Status
impairment			
Best practices of elderly employment: a qualitative enquiry of Elder-Friendly Employment Practice (EFEP)	PI	The Hong Kong Society for the Aged	Dec 1 2016 – July 31 2017 Completed
An evaluation study on intergeneration initiatives	PI	Aberdeen Kai-Fong Welfare Association Limited	June 1 2016 – June 30 2019 Ongoing
We-Rise Project: a two-tier care management program to empower stroke caregivers in Hong Kong	PI (Co-PI Professor Terry Lum Department of Social Work & Social Administration, HKU Dr. Jennifer Tang Sau Po Centre on Ageing, HKU)	Lee Hysan Foundation	July 1 2016 – June 30 2019 Ongoing
Life experiences of older adults in GuangZhou China: implications for service model	PI	China Merchants Charitable Foundation	Mar 1 2017 – June 31 2018 Completed
Building an age-friendly community in a Chinese city: an academic community partnership initiative	PI	Zhangyang Social Worker PanYu GuangZhou	May 16 2016 – May 17 2017 Completed
Evaluation of the effectiveness of Lok Chi service	PI	Hong Kong Housing Society	May 23 2017 – December 31 2017 Completed
Analytical study on best practice for working with the dying and the families in end-of-life care	PI	The General of The Salvation Army	June 20 2016 – Apr 19 2017 Completed
An evaluation study on the AKA persons with dementia and caregiver companion project	PI (Co-PI Dr. Jennifer Tang Sau Po Centre on Ageing, HKU)	Aberdeen Kai-Fong Welfare Association Limited	June 1 2016 – May 31 2019 Ongoing
Evaluating the effectiveness of the recovery program for stroke patients	PI	The Neighbourhood Advice-Action Council	Mar 20 2015 – March 20 2016 Completed
An evaluation study on community support services of integrated discharge support program (IDSP) for the elderly patients	PI	Aberdeen Kai-Fong Welfare Association Limited	May 1 2014 – Dec 31 2015 Completed
Developing and validating	PI	Hong Kong Shen Kung	Jan 20 2014 –

Project Title	PI/Co-I	Funding Source & Amount	Period / Status
intervention on reducing depressive symptoms for long-term care facility residents		Hui Welfare Council Limited	Jan 19 2016 Completed
Evaluation on the effectiveness of the intervention under self-help approach on enhancing spirituality of elders living in Hong Kong	PI	Tung Wah Group of Hospitals	Apr 1 2014 – Mar 31 2015 Completed
An evaluation study of the LinkAges Project	PI	Hong Kong Jockey Club Charities Trust	Mar 2013 - Oct 2014 Completed
Reaching out dementia caregivers support project	Co-I (PI: Dr. K. Cheung, Sau Po Centre on Ageing, HKU)	Charles K. Kao Foundation for Alzheimer's Disease, Henderson Land Group, and Partnership Fund of the Hong Kong Government	June 2011 - Sept 2014 Completed
Roles and competence of social workers in providing counseling and case management for elders in long term care services	PI	Caritas Hong Kong	Jan 2012 - Mar 2013 Completed
Spirituality enhancement intervention: consolidation of experience and development of self-help approach	PI	Tung Wah Group of Hospitals	Jan 2013 - Dec 2013 Completed
A study on die-in-home service in Care & Attention homes	PI	Tung Wah Group of Hospitals	Apr 1 2011 - May 31 2013 Completed
A study on the profile and effectiveness of community-based long-term care services in Hong Kong	PI	Hong Kong Council of Social Services	Aug 2010 - Dec 2011 Completed
A study on the age-friendly city index in Hong Kong	PI	Hong Kong Council of Social Services	Aug 1 2010 - Dec 31 2010 Completed
A study on assessing and enhancing spirituality among elders living in residential homes in Hong Kong and Shanghai	PI	Tung Wah Group of Hospitals	Nov 1 2009 – Oct 9 2012 Completed
A preliminary study on the prevalence rate of depressive symptoms of older adults receiving community-based and residential long-term care	PI	Caritas Hong Kong	June 2009 - Dec 2009 Completed

Project Title	PI/Co-I	Funding Source & Amount	Period / Status
Outcome evaluation for Tele-health Link service	Co-I (PI: Dr. E. W. T. Chui, Department of Social Work & Social Administration, HKU)	Senior Citizen Home Safety Association	May 2009 - Sept 2011 Completed
Needs and profiles of elderly scavengers in Hong Kong	PI	The Hong Kong Council of Social Services	June 2006 - May 2007 Completed
An evaluation of the telephone appointment system of the general outpatient clinic service	Co-I (PI: Dr. E. W. T. Chui, Department of Social Work & Social Administration, HKU)	Shamshuipo District Council, Hong Kong	Mar 2007 - July 2008 Completed
Social integration of the adult new arrivals from the Mainland China – An evaluation of the community-based new immigrants service	Co-I (PI: Prof. C. L. W. Chan, Department of Social Work & Social Administration, HKU)	Hong Kong Young Women's Christian Association	Jan 2007 - Dec 2007 Completed

Publications

Peer-reviewed journal papers

- Chen, J. E., **Lou, V. W. Q.**, Jian, H., Zhou, Z., Yan, M., Zhu, J., Li, G., & He, Y. (2018). Objective and subjective financial burden and its associations with health-related quality of life among lung cancer patients. *Supportive Care in Cancer*, 26(4), 1265-1272.
- Sun, Q., **Lou, V. W. Q.**, & Law, B. M. (2018). Validating the effectiveness scale of children's familial influencing behavior within three-generational relationships. *Research on Social Work Practice*, 28(4), 482-492.
- Sun, Q., **Lou, V. W. Q.**, Dai, A., To, C., & Wong, S. Y. (2018). The Effectiveness of the Young–Old Link and Growth Intergenerational Program in reducing age stereotypes. *Research on Social Work Practice*, 1049731518767319.
- Jiang, N., **Lou, V. W. Q.**, & Lu, N. (2018). Does social capital influence preferences for aging in place? Evidence from urban China. *Aging & Mental Health*, 22(3), 405-411.
- Lu, N., Xu, L., **Lou, V. W. Q.**, & Chi, I. (2018). Intergenerational relationships and the trajectory of depressive symptoms among older Chinese adults in rural migrant families. *Aging & Mental Health*, 22(3), 389-396.
- Fu, Y. Y., Chui, E. W., Law, C. K., Zhao, X., & **Lou, V. W. Q.** (2018). An exploration of older Hong Kong residents' willingness to make copayments toward vouchers for community care. *Journal of Aging & Social Policy*, 1.
- Chui, C. H. K., Tang, J. Y. M., Kwan, C. M., Fung Chan, O., Tse, M., Chiu, R. L. H., **Lou, V. W. Q.**,

- Chau, P. H., Leung, A. Y. M. & Lum, T. Y. S. (2018). Older Adults' Perceptions of Age-friendliness in Hong Kong. *The Gerontologist*.
- Liu, H., & **Lou, V. W. Q.** (2018). Functional recovery of older stroke patients discharged from hospital to home: the effects of cognitive status and different levels of therapy intensity. *Journal of Clinical Nursing*.
- Fu, F., Chen, L., Sha, W., Chan, C. L., Chow, A. Y., & **Lou, V. W. Q.** (2018). Mothers' Grief Experiences of Losing Their Only Child in the 2008 Sichuan Earthquake: A Qualitative Longitudinal Study. *OMEGA-Journal of Death and Dying*, 0030222818755287.
- Lu, N., Peng, C., Jiang, N., & **Lou, V. W. Q.** (2018). Cognitive Social Capital and Formal Volunteering Among Older Adults in Urban China: Does Gender Matter? *Journal of Applied Gerontology*, 0733464818765279.
- Liu, H., & **Lou, V. W. Q.** (2018). Transitioning into spousal caregiving: contribution of caregiving intensity and caregivers' multiple chronic conditions to functional health. *Age and ageing*.
- Liu, H., & **Lou, V. W. Q.** (2017). Continuity and changes in three types of caregiving and the risk of depression in later life: a 2-year prospective study. *Age and Ageing*, 46(5), 827-832.
- Kong, S. T., Fang, C. M. S., & **Lou, V. W. Q.** (2017). Solving the "personhood jigsaw puzzle" in residential care homes for the elderly in the Hong Kong Chinese context. *Qualitative Health Research*, 27(3), 421-433.
- Chong, A. M., Kwan, C. W., **Lou, V. W. Q.**, & Chi, I. (2017). Can domestic helpers moderate distress of offspring caregivers of cognitively impaired older adults? *Aging & Mental Health*, 21(10), 1023-1030.
- Lou, V. W. Q.**, Chen, E. J., Jian, H., Zhou, Z., Zhu, J., Li, G., & He, Y. (2017). Respiratory symptoms, sleep, and quality of life in patients with advanced lung cancer. *Journal of Pain and Symptom Management*, 53(2), 250-256.
- Liu, J., Lu, N., & **Lou, V. W. Q.** (2017). Care tasks in the stress process for family caregivers in urban China. *Clinical Gerontologist*, 40(5), 428-434.
- Leung, D. Y., Lo, S. K., Leung, A. Y., **Lou, V. W. Q.**, Chong, A. M., Kwan, J. S., ... & Chi, I. (2017). Prevalence and correlates of abuse screening items among community-dwelling Hong Kong Chinese older adults. *Geriatrics & Gerontology International*, 17(1), 150-160.
- Liu, H., & **Lou, V. W. Q.** (2017). Patterns of productive activity engagement as a longitudinal predictor of depressive symptoms among older adults in urban China. *Aging & Mental Health*, 21(11), 1147-1154.
- Lu, N., **Lou, V. W. Q.**, Zuo, D., & Chi, I. (2017). Intergenerational relationships and self-rated health trajectories among older adults in rural China: does gender matter? *Research on Aging*, 39(2), 322-344.
- Li, M., Mao, W., Chi, I., & **Lou, V. W. Q.** (2017). Geographical proximity and depressive symptoms among adult child caregivers: social support as a moderator. *Aging & Mental Health*, 1-9.
- Lou, V. W. Q.**, & Dai, A. A. (2017). A review of nonfamilial intergenerational programs on changing

- age stereotypes and well-being in East Asia. *Journal of Intergenerational Relationships*, 15(2), 143-158.
- Lam, K., Kwan, J. S., Kwan, C. W., Chong, A. M., Lai, C. K., **Lou, V. W. Q.**, ... & Chi, I. (2017). Factors associated with the trend of physical and chemical restraint use among long-term care facility residents in Hong Kong: data from an 11-year observational study. *Journal of the American Medical Directors Association*, 18(12), 1043-1048.
- Lu, N., Jiang, N., **Lou, V. W. Q.**, Zeng, Y., & Liu, M. (2017). Does gender moderate the relationship between social capital and life satisfaction? Evidence from urban China. *Research on Aging*, 0164027517739032.
- Yang, F., & **Lou, V. W. Q.** (2017). Community restructuring and depressive symptoms of rural mature and elderly adults: a multilevel analysis based on a national dataset in China. *Community Mental Health Journal*, 53(1), 34-38.
- Xu, J. Q., Choy, J. C., Tang, J. Y., Liu, T. Y., Luo, H., **Lou, V. W. Q.**, ... & Wong, G. H. (2017). Spontaneously reported symptoms by informants are associated with clinical severity in dementia help-seekers. *Journal of the American Geriatrics Society*, 65(9), 1946-1952.
- Leung, D. Y., Chen, J. M., **Lou, V. W. Q.**, Wong, E. M., Chan, A. W., So, W. K., & Chan, C. W. (2017). Effects of promotional materials on attitudes and fear towards colorectal cancer screening among Chinese older adults: an experimental study. *International Journal of Environmental Research and Public Health*, 14(7), 769.
- Lu, N., Liu, J., Wang, F., & **Lou, V. W. Q.** (2017). Caring for disabled older adults with musculoskeletal conditions: a transactional model of caregiver burden, coping strategies, and depressive symptoms. *Archives of Gerontology and Geriatrics*, 69, 1-7.
- Kong, S. T., Fang, C. M. S., & **Lou, V. W. Q.** (2017). Organizational capacities for 'residential care homes for the elderly' to provide culturally appropriate end-of-life care for Chinese elders and their families. *Journal of Aging Studies*, 40, 1-7.
- Lou, V. W. Q.**, Law, G. K. C., & Zhong, X. B. (2016). Person-centred care for demented older adults: a qualitative analysis. *Hong Kong Medicine Journal*, 22(6 Supplement 6).
- Chen, Y. Y., Wong, G. H., Lum, T. Y., **Lou, V. W. Q.**, Ho, A. H., Luo, H., & Tong, T. L. (2016). Neighborhood support network, perceived proximity to community facilities and depressive symptoms among low socioeconomic status Chinese elders. *Aging & Mental Health*, 20(4), 423-431.
- Lu, N., Liu, J., & **Lou, V. W. Q.** (2016). Exploring the reciprocal relationship between caregiver burden and the functional health of frail older adults in China: a cross-lag analysis. *Geriatric Nursing*, 37(1), 19-24.
- Lu, N., Lum, T. Y., & **Lou, V. W. Q.** (2016). The impacts of community social capital on the life satisfaction of older adults in Hong Kong: the moderator role of intergenerational family capital. *Aging & mental health*, 20(11), 1213-1220.
- Choy, J. C., & **Lou, V. W. Q.** (2016). Effectiveness of the modified instrumental reminiscence

- intervention on psychological well-being among community-dwelling Chinese older adults: a randomized controlled trial. *The American Journal of Geriatric Psychiatry*, 24(1), 60-69.
- Yang, F., & **Lou, V. W. Q.** (2016). Childhood adversities, urbanisation and depressive symptoms among middle-aged and older adults: evidence from a national survey in China. *Ageing & Society*, 36(5), 1031-1051.
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Cheng, C. Y. M., Tang, J. Y. M., Lum, T. Y. S., Lau, G. K. K., Fong, K., Fu, J. Y. Q., & **Lou, V. W. Q.** (2018, August 8-10). *Empower Family Functioning for Stroke Caregivers: A Two-Tier Care Management Model*. Paper presented at the International Federation on Ageing 14th Global

Conference on Ageing, Toronto, Canada.

- Lu, N., & **Lou, V. W. Q.** (2018 July 4-7). *Caring for frail older adults with musculoskeletal conditions: a study on caregiver burden, social support and life satisfaction*. Paper presented at the Social Work, Education, and Social Development 2018 Conference, Environmental and Community Sustainability: Human Solutions in an Evolving Society, Dublin, Ireland.
- Lou, V. W. Q.**, Fu, J. Y. Q., Tang, J. Y. M., Lum, T. Y. S., Lau, G. K. K., Fong, K., & Cheng, C. Y. M. (2018, May 7-8). *Development and evaluation of a Two-Tier Care Management Model for Stroke Caregivers: A randomized controlled trial*. Paper presented at the Hospital Authority Convention 2018, Hong Kong Convention and Exhibition Centre.
- Lo, S., & **Lou V. W. Q.** (2018, March 23). *Lok Chi in-home training tablets application to provide effective cognitive and mental health training for elderly*. Paper presented at the 7th Conference Cum Workshop on Practice and Research for Social Service Excellence. The Council of Social Services, Hong Kong.
- Sun, Q., **Lou, V. W. Q.** Dai, A. (2018 January 10-14). *Promoting positive changes on both attitude and behavior across generational groups: a potentially effective intervention to reduce age stereotypes between young and old generations*. Paper presented at the 22nd Annual Conference of Society for Social Work and Research, Achieving Equal Opportunity, Equity, and Justice, Washington DC, USA.
- Sun, Q., & **Lou, V. W. Q.** (2018 Jan 10-14). *Marital quality and three-generational relationships function: the mediating role of child influencing behaviors*. Paper presented at the 22nd Annual Conference of Society for Social Work and Research, Achieving Equal Opportunity, Equity, and Justice, Washington DC, USA.
- Lou, V. W. Q.**, Leung, A. T. T., Lam, K. K. Y., Chan, I. K. N., Wong, F. K. Y., Chan, A. H. C. (2017, 8-9 March). *Volunteer training program in the community end-of-life care: a competence-based structured training program*. Paper presented at the Conference on Collaboration in Creating Compassionate Holistic End-of-life Care for the Future, Hong Kong, The University of Hong Kong.
- Lum, T., Cheung, A. Tang, J. Y., Wong, P., **Lou, V. W. Q.**, Chan, W. C., Ng, S., & Wong, G. (2017, July 23-27). *Social value of preventing elderly depression with collaborative stepped care and productive ageing*. Paper presented at The 21st IAGG World Congress of Gerontology & Geriatrics, Global Ageing and Health: Bridging Science, Policy, and Practice. San Francisco, California, USA.
- Chen, E., **Lou, V. W. Q.**, Nicklett, E., & He, Y. (2017, July 23-27). *Various intensities of physical activity in Chinese older adults with chronic kidney disease*. Paper presented at The 21st IAGG World Congress of Gerontology & Geriatrics, Global Ageing and Health: Bridging Science, Policy, and Practice. San Francisco, California, USA.
- Lou, V. W. Q.** (2017 July 23-27). Co-Chair of Symposium on *Improving Long-term Care Services with International Standardized Instruments*. The 21st IAGG World Congress of Gerontology &

Geriatrics, Global Ageing and Health: Bridging Science, Policy, and Practice. San Francisco, California, USA.

Lou, V. W. Q., Lum, T., Wong, G., Hao, L., Lau, M., Chi, I., & Chen, E. J. L. (2017, July 23-27). *Reducing depressive symptoms in a long-term care facility: applying the MDS assessment*. Paper presented at The 21st IAGG World Congress of Gerontology & Geriatrics, Global Ageing and Health: Bridging Science, Policy, and Practice. San Francisco, California, USA.

Liu, H. Y., & **Lou, V. W. Q.** (2017 July 23-27). *Transitions in caregiving and mental health of Chinese elders: a prospective national survey*. Paper presented at The 21st IAGG World Congress of Gerontology & Geriatrics, Global Ageing and Health: Bridging Science, Policy, and Practice. San Francisco, California, USA.

Yu, R., Woo, J., Lum, T., **Lou, V. W. Q.**, Ma, C., Kwan, M., Au, A., Lai, D. (2017 July 23-27). *Building Hong Kong into an age-friendly city: results from a baseline assessment*. Paper presented at The 21st IAGG World Congress of Gerontology & Geriatrics, Global Ageing and Health: Bridging Science, Policy, and Practice. San Francisco, California, USA.

Tan, C. K., & **Lou, V. W. Q.**, Koh, G. (2017 July 23-27). *Humanizing technology for tele rehabilitation of stroke patients*. Paper presented at The 21st IAGG World Congress of Gerontology & Geriatrics, Global Ageing and Health: Bridging Science, Policy, and Practice. San Francisco, California, USA.

Cheng, C. Y. M., **Lou, V. W. Q.**, Tang, J. Y. M., & Lum, T. Y. S. (2017, 26-28 October). *Empower Stroke Caregivers through a Family-focused Two-Tier Care Management Model: A Capacity Building and Integrated Approach*. Paper presented at the Asia Pacific Stroke Conference 2017, Nanjing International Youth Cultural Centre.

Lou, V. W. Q. (2017, October 28-29). *Enabling family re-integration after stroke through two-levels of care management: WeRISE project*. Paper presented at the Hong Kong Physiotherapy Conference 2017: , Hotel ICON, Hong Kong.

Lou, V. W. Q., Tang, J. Y. M., Lum, T. Y. S., & Cheng, C. Y. M. (2017, September 16). *WeRISE: Stroke Family Empowerment Project*. Paper presented at the PHAB Symposium 2017: Psychological well-being of people with acquired disability, The Chinese University of Hong Kong.

Tang, J. Y. M., Lum, T. Y. S., Lau, G. K. K., Fong, K., Wong, O. K., Lo, T. L. T., & **Lou, V. W. Q.** (2017, May 16-17). *Empower Stroke Caregivers by Integrated Health and Social Care: A Capacity Building Approach*. Paper presented at the Hospital Authority Convention 2017, Hong Kong Convention and Exhibition Centre.

Wong, O. K., Lo, T., Lum, T. Y. S., Tang, J. Y. M., Lau, G. K. K., Fong, K., & **Lou, V. W. Q.** (2017, March 11). *Healthy and Productive Ageing: Senior Volunteerism to Empower Caregivers of Stroke Survivors*. Paper presented at the 12th International Symposium on Healthy Aging “Wellness and Longevity: From Science to Service”, Hong Kong.

Cheng, C. Y. M., **Lou, V. W. Q.**, & Lai, D. W. L. (2017, July 5-6). *Can workplace accommodative*

measures moderate financial and employment impact of family caregivers of older adults?
Paper presented at the Singapore 34th International Conference on "Business, Economics, Social Science & Humanities - BESSH 2017", Singapore.

Lou, V. W. Q. (2016). *Enhancing spiritual well-being: a non-religious approach in Chinese context*.
Paper presented at the Conference on Religion and Psychology.

Lou, V. W. Q. (2016). Strength-based care management for dementia caregivers. In International Alzheimer's Disease Conference 2016. Li Ka Ching Faculty of Medicine, The University of Hong Kong.

Lou, V. W. Q., Lum, T., Wong, G. Chen, C., Hao, L., Lau, M. Chen, E. (2016) *Reducing depressive symptoms among facility residents: Pleasant Mood and Active Life Intervention*. In GSA Annual Scientific Meeting, New Lens on Aging Changing Attitudes, Expanding Possibilities, New Orleans, Louisiana, U.S.A.

Lu, N., Xu, L., Lou, V. W. Q., Chi, I. (2016). *Intergenerational relationships and depressive symptom trajectories of older rural Chinese adults*. In GSA Annual Scientific Meeting, New Lens on Aging Changing Attitudes, Expanding Possibilities, New Orleans, Louisiana, U.S.A.

Lou, V. W. Q., & Toyokawa, N. (2016) Symposium Chair, *The Boomers and Their Parents as Caregivers and Recipients: In Asia Cultural Context*. In GSA Annual Scientific Meeting, New Lens on Aging Changing Attitudes, Expanding Possibilities, New Orleans, Louisiana, U.S.A.

Xu, J., Choy, J. C. P., Tang, J. Y., Wong, G., Kwan, C., **Lou, V. W. Q.**, & Lum, T. (2016). *Care burden of caregivers from low-income families: the unique role of family support*. In In GSA Annual Scientific Meeting, New Lens on Aging Changing Attitudes, Expanding Possibilities, New Orleans, Louisiana, U.S.A.

Choy, J., Xu, J., Tang, J. Y., Wong, G., Lau, M., **Lou, V. W. Q.**, Lum, T. (2016). *Obstacles to aging in place: exploring caregivers' intention of the use of residential care service*. In GSA Annual Scientific Meeting, New Lens on Aging Changing Attitudes, Expanding Possibilities, New Orleans, Louisiana, U.S.A.

Li, M. T., Mao, W. Y., Chi, I., & **Lou V. W. Q.** (2016). *Geographic proximity and depressive symptoms in adult child caregivers: family support as a moderator*. In GSA Annual Scientific Meeting, New Lens on Aging Changing Attitudes, Expanding Possibilities, New Orleans, Louisiana, U.S.A.

Yek, O., **Lou, V. W. Q.**, Lum, T., & Kwan, C. (2016). *Role reconstruction of family caregivers with first-time stroke survivors: a qualitative study*. In GSA Annual Scientific Meeting, New Lens on Aging Changing Attitudes, Expanding Possibilities, New Orleans, Louisiana, U.S.A.

Leung, A. B. K., Chow, R. S. K., Dai, A. A. N., Chan, C. L. Y., & **Lou, V. W. Q.** (2015). *Evaluation of the effectiveness of volunteer-assist self-help intervention (VASI) in enhancing the spiritual well-being of elders*. In Annual Congress of Gerontology. Hong Kong Association of Gerontology.

Lou, V. W. Q., Fang, C., & Kong, S. T. (2015). *Four Medical-Social Shared Care Models Providing End-of-Life Care in Residential Care Homes*. In Palliative Care in Residential Care Homes for the Elderly: Seminar on Medical-Social Partnership in Promoting Palliative and End-of-life Care in Residential Settings.

Lou, V. W. Q. (2013). *The formation of family caregiving in Chinese context: filial piety and shared care*. Symposium chair at The Gerontological Society of America 66th Annual Scientific Meeting, New Oreland, USA.

Lou, V. W. Q. (2013). *Learning and using technology in Asian Chinese Communities*. Symposium chair at The 20th IAGG World Congress of Gerontology and Geriatrics: Digital @geing: A new horizon for health care and active ageing, Seoul, Korea.

Invited visiting scholar / fellow, plenary speech / lecture in the past 5 years

2018 May to 2019 May, Invited Visiting Fellow at Centre for Research on Ageing, Faculty of Social, Human and Mathematical Science, University of Southampton, UK

2018 May to July, Invited Visiting Professor at Department of Global Health & Social Medicine (School of Global Affairs), Faculty of Social Science & Public Policy, King's College London, UK

2014 October, Invited Visiting Scholar at Institute of Population Study, East China Normal University, Shanghai. Giving seminars to the faculty and students on lessons learned on long-term care system reform for urban China.

2013 December 16-21, Invited Visiting Scholar at School of Social Development and Public Policy, Beijing Normal University (BNU). Giving speeches and lectures on family caregiving and its impacts on well-being for the faculty and students of BNU

2013 November 4 to December 4, Invited Visiting Scholar at School of Social Work, and Harvey A. Friedman Center for Aging / Institute for Public Health, Washington University in St. Louis, U.S.A.. Giving seminar and lectures to the faculty and students at Washington University in St. Louis.

2013 September 4 to November 3, Invited Visiting Scholar at USC Edward R. Roybal Institute on Aging, University of Southern California, LA, U.S.A.. Giving seminar and lectures on psychological well-being of older adults and their family caregivers for the faculty and students at USC.

2011 April 9-12, Invited visiting to School of Social Development and Public Policy, Beijing Normal University (BNU). Giving advices on long-term care needs assessment study in Beijing and providing training on interviewing older adults for the faculty and students of BNU.

2010 July 10-13, Invited visiting to Institute for Population and Development Studies, School of Public Policy and Administration, Xi'an Jiao Tong University. Giving speeches on well-being of hard to reach older adults in Hong Kong and its policy implications for the faculty and students of Xi'an Jiao Tong University

Lou V. W. Q. (2018 June 23). Health and social collaborative care that empowering stroke families: a two-tier care management intervention. Plenary presentation at the 13th HKEC Symposium on Community

Engagement 2018: Paradigm Shift: from Hospital to Community, Hong Kong.

Lou, V. W. Q. (2018 June 20-21). Invited Symposium on End-of-life volunteer-partnered leadership model: evidence from Hong Kong. Conference on Innovation Impact The Review and Vision of Community End-of-Life Care, The University of Hong Kong, Hong Kong.

Lou, V. W. Q. (2018 June 20-21) Invited panelist on Symposium on Volunteerism. Conference on Innovation Impact The Review and Vision of Community End-of-Life Care, The University of Hong Kong, Hong Kong.

Moderator (2018 June 20-21). Best Abstract Award Presentation (Research). Conference on Innovation Impact The Review and Vision of Community End-of-Life Care, The University of Hong Kong, Hong Kong.

Lou, V. W. Q. (2018 May 19). New initiatives on health and social care integration in Hong Kong: Challenges for gerontological education. Invited presentation at the 14th conference on Gerontology Education: New Paradigm, New Context, New Strategy, Beijing, P.R.C.

Lou, V. W. Q. (2018 May 17-18). Health and social integrated care: Hong Kong initiatives. Invited presentation at the Global Ageing and Long-Term Care Network (GALNet) workshop III, Beijing, P.R.C.

Lou V. W. Q. (2018, April 20-22). New pathway to match care and support needs of older adults and resources at regional level. Invited presentation at the Symposium on Health Service and Management for Older Adults, the 4th Conference on Chinese Geriatrics and Technology Innovation & Chinese Geriatric Health and Pension Industry Expo, Tai Yuan Shan Xi, P.R.C.

Chair person (2018, March 10-11). Symposium on Preventive Strategies against Unhealthy Aging. 13th International Symposium on Healthy Aging: Aging, Health, Happiness, Hong Kong.

Moderator (2018, January 11-12). Shall we talk: Ideal end of life care – drawing the wisdom from healthcare professionals, community leaders and service users. International Conference on Recovery-oriented Services and Policy Planning in Mental Health: Successful Stories, Sustainability and Challenges.

Lou, V. W. Q. (2017, October 28). Enabling family re-integration after stroke through two-levels of care management: WeRISE project. Invited presentation at the Annual Conference of Hong Kong Physiotherapy Association 2017, Hong Kong.

Lou, V. W. Q. (2017, September 2-3). Enhance mental health of the elderly: the effectiveness of instrumental reminiscence intervention. Invited presentation at the HKCFP 40th Anniversary Conference: From Seedling to Forest – Ever Enriching Primary Care, Hong Kong.

Lou, V. W. Q. (2017, June 20). The relational personhood advance care psycho-social intervention model in end-of-life care. Invited presentation at the Launching Ceremony of Project “Palliative Care in Residential Care Homes for the Elderly” Phase III cum Seminar on Envisioning from Compassionate Teams to Compassionate Community, Hong Kong.

Chairperson (2017, March 12). Symposium on Maximising Function and Capacity in Aging. 12th International Symposium on Healthy Aging: Wellness and Longevity: From Science to Service, Hong Kong.

Moderator (2017, March 8-9). End-of-life service in Chinese societies, Conference on collaboration in creating compassionate holistic end-of-life care for the future.

- Moderator (2017, March 8-9). End-of-life service in Chinese societies, Conference on collaboration in creating compassionate holistic end-of-life care for the future.
- Lou, V. W. Q. (2016, September 22-25). Invited panel discussant. Mental Health and Cognition, Population Aging and Global Public Health, 6th International Symposium Addressing Global Challenges through International collaboration in Education and Research, Brisbane, Australia
- Lou, V. W. Q. (2016, July 21-22). Comprehensive Geriatric Assessment: Approaches and Practices. Invited presentation at the 2016 International Conference on Gerontological Social Work on Health: Professionalization, Integration and Innovation. Shanghai, P.R.C.
- Symposium Chair (2016, June 17-18). Dementia and Caregiving. International Alzheimer's Disease Conference 2016, Hong Kong.
- Moderator (2016, May 27). Creating a road map. Centre for Gerontological Nursing Inaugural Conference, School of Nursing, The Hong Kong Polytechnic University.
- Lou V. W. Q. (2014, April 28-29). *Family caregiving in a changing society: Negotiating between formal and informal care systems in Hong Kong*. Invited presentation at conference on Interdisciplinary Research on Long-term Care and Healthy Aging, Duke University, U.S.A.
- Lou V. W. Q. (2013, December 18). *Family caregiving for frail older adults: A resilience approach*. Invited lecture presented at School of Social Development and Public Policy, Beijing Normal University, Beijing, China.
- Lou, V. W. Q. (2013, November 11). *Family caregiving in China: An ecological analysis on factors associated with depressive symptoms of caregivers*. Invited seminar presentation under Issues in Aging Seminar series, Harvey A. Friedman Center for Aging / Institute for Public Health, Washington University in St. Louis, U.S.A.
- Lou, V. W. Q. (2013, May 15). *Caring family caregivers for frail older adults: A view of shared responsibility*. Invited speech at Family Summit 2013 preparation for the 20th anniversary of UN International Year of the Family organized by Hong Kong Council of Social Service, Hong Kong.

Organizing Committee for Conferences in the past 3 years

- Co-Chair, Scientific Committee, Asian Family Summit: Sustainable Development & Family Well-being: Agenda for Action in Asia (2018.8.19-22)
- Organizing Committee Member, The 6th Cross-Border Elderly Care Seminar, The Opportunities of cross-border medical services under cross-border elderly care, Hong Kong (2017.12.8)
- Co-Chair, Scientific Committee, Asia Family Summit (2018.8.19-22)
- Co-Chair, Organizing Committee, Conference on Collaboration in Creating Compassionate Holistic End-of-Life Care for the Future. (2017.3.8-9)
- Member, Organizing Committee, International Alzheimer's Disease Conference 2016 (2016.6.17-18)
- Organizing Committee Member, The 5th Cross-Border Elderly Care Seminar, Cross-order elderly care in the technology era (2016.12.9)

Reviewers for Journals and Grant Applications

Research Grants Council Hong Kong
Research Grants Council Hong Kong – PPR
National Research Foundation Singapore
Journal of Gerontology – Social Science
Journal of Gerontology – Psychological Sciences
Aging & Mental Health
Journal of Aging Policy
Journal of Social Work
Social Indicators Research
Health and Social Care in the Community
Journal of Clinical Nursing
International Social Work
International Journal of Social Welfare
Social Development Issues
Social Work in Health Care
International Journal of Ageing and Later Life
Journal of Aging International
Journal of Happiness Studies

Board Membership / Membership in Professional Bodies

2013 - date Board Member, Hong Kong Gerontology Association
2012 - date Associate Fellow, The Hong Kong Professional Counseling Association
(HKPAC)
2007 - date Member, The Gerontological Society of America
2006 - date Member, Society for Social Work and Research
2000 - date International Member, American Psychological Association
2011 - date Committee member on International Relations, Hong Kong Social Workers
Association
2002 - 2011 Member, Hong Kong Social Workers Association
2005 - 2012 Member, Hong Kong Association of Gerontology

SERVICE / KNOWLEDGE EXCHANGE / IMPACT

Appointments / Administrative Duties at HKU

- 2018 - date Faculty Information Technology Committee
Faculty of Social Sciences
- 2015 - date Director
Sau Po Centre on Ageing
- 2012 - date Program Director
Master of Social Sciences – Gerontology
Department of Social Work & Social Administration
- 2011 - date Committee Member
Master of Social Sciences
Department of Social Work & Social Administration
- 2009 - date Academic Advisor
Faculty of Social Sciences

Community Services

- 2008 – date Council Member, Hong Kong Young Women’s Christian Association
- 2012 - date Chairperson, Social Service Committee, Hong Kong Young Women’s Christian Association
- 2017 - 2019 Honorary Consultant, Social Work Committee, Caritas Hong Kong (2017.10.1 – 2019.9.30)
- 2011 – date Consultant, Social Service Division, Caritas Hong Kong
- 2011 – date Consultant, Le Xiang Social Service Centre, GuangZhou, China
- 2009 – date Member, Caritas Caine Road Community Centre Advisory Committee
- 2008 – date Member, Advisory Committee of palliative care services, Tung Wah Group of Hospitals
- 2002 – date Consultant, Hong Kong Outlying Islands Women’s Association Ltd

Knowledge Exchange / Impacts of Academic & Professional Services

- 2018 August. Health Action, Health Features “Digital divide and marginalization of older adult; digital inclusion to reduce loneliness” p.32-34
- 2018 August. Policy Focus, Hong Kong Council of Social Services “Roles and carers and support policies” p.4
- 2018 July 19. Health News, Reuters “Shift to intensive caregiving tied to health declines” (by

Cheryl Platzman Weinstock)

2017 October 4-5. Invited expert member “Building a research agenda on healthy ageing”, World Health Organization, Geneva, Switzerland

2017 June 20. Press conference “Discovering other options for end-of-life Journey” with The Salvation Army Hong Kong

2017 January 8. Press conference “Healthier life, no more sitting”, with The Givers

2016 August 11. Press conference “Evidence-based practice on reducing depressive symptoms among long-term care facility residents” with Hong Kong Sheng Kung Hui Welfare Council Limited

Advisor, The Carer – Goodbye Josie, with IO5

(Updated on September 1, 2018)