

CURRICULUM VITAE

Name Vivian W. Q. LOU

Current Position

Director, Sau Po Centre on Aging, The University of Hong Kong (HKU)
Associate Professor, Department of Social Work & Social Administration, HKU
Program Director, Master of Social Sciences – Gerontology, HKU
Honorary Professor, School of Continuous Education, China Women's University

Academic / Professional Qualifications

2002 Registered Social Worker (RSW)
1999 - 2002 Master of Social Work (Social Work & Social Administration, SWSA), HKU
1995 - 1999 Doctor of Philosophy (SWSA, HKU)
1991 - 1994 Master of Education (Social Psychology)
East China Normal University (ECNU)
1987 - 1991 Bachelor of Education (Psychology, ECNU)

Previous Academic Appointments

2009 – 2014 Assistant Professor, SWSA, HKU
2004 - 2009 Assistant Professor
Department of Social Work, The Chinese University of Hong Kong
1999 - 2004 Demonstrator, SWSA, HKU

Honors & Awards

2015 Outstanding paper, 22nd Annual Congress, Hong Kong Association of Gerontology (HKAG)
2015 Fellow, The Gerontological Society of America
2014 Faculty of Social Sciences Knowledge Exchange Award 2014. *Promoting ageing-in-place for elderly tenant in rental housing estates of Hong Kong Housing Society.*
2012 Outstanding paper, 19th Annual Congress, HKAG
2011 Outstanding paper, 8th World Congress on Long Term Care in Chinese Communities
2011 Sik Sik Yuen Outstanding Academic-Community Partnership Project
2011 Best paper, 1st National Young Scholars Forum of Gerontology and Geriatrics, China
2009 Outstanding paper, 17th Annual Congress, HKAG
2008 Outstanding paper, 16th Annual Congress, HKAG
2007 Outstanding paper, 15th Annual Congress, HKAG

Representative Publications in the Past 5 Years:

- Luo, H., Tang, J. Y., Wong, G. H., Chen, C. C., Lum, T. Y., Chi, I., & Lou, V. W. Q. (in press). The effect of depressive symptoms and antidepressant use on subsequent physical decline and number of hospitalizations in nursing home residents: a 9-year longitudinal study. *Journal of the American Medical Directors Association*.
- Lou, V. W. Q. (2015). *Spiritual well-being of Chinese older adults: conceptualization, measurement and intervention*. Heidelberg, Germany: Springer. ISBN: 3662463032.
- Yang, F., & Lou, V. W. Q. (2015). Childhood adversities, urbanisation and depressive symptoms among middle-aged and older adults: evidence from a national survey in China. *Ageing and Society*, 1-21. doi: <http://dx.doi.org/10.1017/S0144686X15000239>
- Shum, M. H. Y., Lou, V. W. Q., He, K. Z. J., Chen, C. C. H., & Wang, J. F. (2015). The "leap forward" in nursing home development in urban China: future policy directions. *Journal of the American Medical Directors Association*, doi: 10.1016/j.jamda.2015.04.010
- Ho, A. H. Y., Dai, A. N., Lam, S. H., Wong, S. W. P., Tsui, A. L. M., Tang, J. C. S., & Lou, V. W. Q. (2015). Development and pilot evaluation of a novel dignity-conserving end-of-life (EoL) care model for nursing homes in Chinese societies. *The Gerontologist*. doi: 10.1093/geront/gnv037
- Cheung, K. S. L., Lau, B. H. P., Wong, P. W. C., Leung, A. Y. M., Lou, V. W. Q., Chan, G. M. Y., & Schulz, R. (2015). Multicomponent intervention on enhancing dementia caregiver well-being and reducing behavioral problems among Hong Kong Chinese: a translational study based on REACH II. *International journal of geriatric psychiatry*, 30(5), 460-469.
- Lou, V. W. Q., Lau, B. H.-P., & Cheung, K. S.-L. (2014). Positive aspects of caregiving (PAC): scale validation among Chinese dementia caregivers (CG). *Archives of gerontology and geriatrics*, 60(2), 299-306.
- Chou, K.-L., Yu, K.-M., Chan, W.-S., Wu, A. M., Zhu, A. Y. F., & Lou, V. W. Q. (2014). Perceived retirement savings adequacy in Hong Kong: an interdisciplinary financial planning model. *Ageing and Society*, 1-22.
- Lou, V. W. Q., & Ci, Q. Y. (2014). Aging under the one-child policy: Long-term care needs and policy choices in urban China. *International Journal of Public Policy*, 10(4/5), 231-242.
- Lou, V. W. Q., Kwan, C. W., Chong, A. M. L., & Chi, I. (2013). Associations between secondary caregivers' supportive behavior and psychological distress of primary spousal caregivers of cognitively intact and impaired elders. *The Gerontologist*, 55(4), 584-594.
- Lou, V. W. Q., Lu, N., Xu, L., & Chi, I. (2013). Grandparent–grandchild family capital and self-rated health of older rural Chinese adults: the role of the grandparent–parent relationship. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 68(4), 599-608.
- Lou, V. W. Q., Chi, I., Kwan, C. W., & Leung, A. Y. M. (2012). Trajectories of social engagement and depressive symptoms among long-term care facility residents in Hong Kong. *Age and Ageing*, 42(2), 215-222.
- Lou, V. W. Q., & Ng, J. W. (2012). Chinese older adults' resilience to the loneliness of living alone: a qualitative study. *Ageing & Mental Health*, 16(8), 1039-1046.
- Lou, V. W. Q. (2011). Depressive symptoms of older adults in Hong Kong: the role

of grandparent reward. *International Journal of Social Welfare*, 20, S135-147.

Lou, V. W. Q., Chui, E. W. T., Leung, A. Y. M., Tang, K. L., Chi, I., Wong Leung, E. K. S., & Kwan, C. W. (2011). Factors affecting long-term care use in Hong Kong. *Hong Kong Medical Journal*, 17(3), S8-12.

Representative Publications Beyond the Past 5 Years:

- Lou, V. W. Q., Pearson, V., & Wong, Y. (2010). Humanitarian welfare values in a changing social environment: a survey of social work undergraduate students in Beijing and Shanghai. *Journal of Social Work*, 11(4), 1-19.
- Lou, V. W. Q. (2010). Life satisfaction of older adults in Hong Kong: the role of social support from grandchildren. *Social Indicators Research*, 95(3), 377-391.
- Lou, V. W. Q. (2010). Caregiving burden: congruence of health assessment between caregivers and care receivers. *Asian Journal of Gerontology and Geriatric*, 5, 21-24.
- Lou, V. W. Q., Chi, I., & Mjelde-Mossey, L. A. (2008). Development and validation of a Life Satisfaction Scale for Chinese Elders. *The International Journal of Aging & Human Development*, 67(2), 149-170.
- Lou, V. W. Q. & Chi, I. (2008). Measure grandparenthood stress and reward: developing a scale based on perceptions by grandparents with adolescent grandchildren in Hong Kong. *Geriatrics and Gerontology International*, 8(4), 291-299.
- Lou, V. W. Q. (2008). A study of older people who collect recycling materials for financial returns. *Asian Journal of Gerontology and Geriatric*, 2(3), 133-138.
- Lou, V. W. Q. & Zhang, Y. Q. (2006). Evaluating the effectiveness of a participatory empowerment group for Chinese type 2 diabetes patients. *Research on Social Work Practice*, 16(5), 491-499.
- Mjelde-Mossey, L.A., Chi, I., & Lou, V. W. Q. (2005). Assessing tradition in Chinese elders living in a changing social environment: implications for social work practice. *Journal of Human Behavior in the Social Environment*, 11(3/4), 41-57.
- Lou, V. W. Q., Chow, J. C., Chan, C. L. W. (2004). Impact of expectation fulfillment on post-migration marital happiness among Mainland Chinese wives with Hong Kong husbands. *Journal of Social Work Research and Evaluation: An International Publication*, 5(1), 199-212.

Invited Presentations in the Recent 2 Years

- Lou, V. W. Q. (2015, October 16-18). *Three pillars of gerontological social work: family, empowerment and evidence-based practice*. Paper presented at the The 2nd Amity Senior Service International Conference & Elderly Social Work Conference, Nan Jing.
- Lou W. Q. (2015, July 11). *Age-friendly health care: views from older adults*. Paper presented at the HKEC Symposium on Community Engagement (X), HKEC Training Centre for Healthcare, Pamela Youde Nethersole Eastern Hospital.
- Lou W. Q. (2014, November 26-29). Gerontological social work in Hong Kong: past and future directions. Department of Sociology, Wuhan University, P.R.C.
- Lou W. Q. (2014, November 24). Instrumental reminiscence therapy: a three-layer model of treating community-dwelling older adults with depressive symptoms. Department of Social Work, East China Normal University, Shanghai, P.R.C.

- Lou W. Q. (2014, November 23). Community support for frail older adults: lessons from overseas experiences. A seminar on community support services for frail older adults in urban China. Institute of Population Study, East China Normal University, Shanghai, P.R.C.
- Lou, V. W. Q. & Smith, P. (2014, October 16-19). Family caregiving for frail older adults: a comparative perspective on social and legal supports. Global Aging Research Network Meeting, St. Louis, USA.
- Lou, V. W. Q. (2014). Case management in community-based long-term care: good practices and challenges in Hong Kong. Paper presented at the Book Launch & Seminar on Community Care in Hong Kong - Current Practices, Practice-research Studies and Future Directions, Hong Kong.
- Lou, V. W. Q. (2013, May 15). Caring family caregivers for frail older adults: a view of shared responsibility. Family Summit 2013 preparation for the 20th anniversary of UN International Year of the Family organized by Hong Kong Council of Social Service, Hong Kong.
- Lou W. Q. (2014, July 21-23). Comprehensive assessment and gerontological social work. Department of Sociology, Wuhan University.
- Lou V. W. Q. (2014, April 28-29). Family caregiving in a changing society: negotiating between formal and informal care systems in Hong Kong. Interdisciplinary Research on Long-term Care and Healthy Aging, Duke University, USA.

Services in Professional Bodies / Community

2013 - date	Council Member, Hong Kong Association of Gerontology
2012 - date	Associate Fellow, The Hong Kong Professional Counseling Association
2014 - date	Academic consultant, School of Sociology and Population Studies, Renmin University
2014 - 2017	Academic consultant, Master of Social Work, East China University of Political Science and Law
2013 - 2015	Academic Consultant, Research Centre on Social Development, Shanghai Normal University
2013 - date	Consultant, Shenzhen Social Workers' Association
2011 - date	Consultant, Le Xiang Social Service Centre, GuangZhou
2014 - date	Member, Social Work Training Fund Committee, Hong Kong Government
2008 - date	Council Member, Hong Kong Young Women's Christian Association (HKYWCA)
2012 - date	Chairperson, Social Service Committee, HKYWCA
2011 - date	Consultant, Social Service Division, Caritas Hong Kong
2002 - date	Consultant, Hong Kong Outlying Islands Women's Association Ltd

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