Admission 2019-20

Two-year / three-year part-time programme

Master of Social Sciences in Counselling

The Science and Art of Fostering Authentic Human Connections

Entrance Requirement
Applicants are required to have a Bachelor’s degree or the equivalent and preferably a minimum of two years of post-qualification working experience.

Tuition Fee *
The annual fee is $65,000 for part-time study.
* Subject to the University’s approval

Recognitions
Over the years, some of our graduates from the present programme have become members of the Hong Kong Professional Counselling Association.

The MSoSCc (Couns) completed at HKU has been evaluated and recognised by the World Education Services as equivalent to a Master’s degree in the United States.

Depending on individual circumstance (e.g., major in psychology, clinical experience), graduates are able to obtain professional registration or membership in several overseas countries such as the United Kingdom and Australia.

Important Dates

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Information Session

Session I
November 16, 2018 • 7pm – 9pm
CPD-3.04, 3/F, Run Run Shaw Tower
Centennial Campus, HKU
Registration [https://goo.gl/v67BoM](https://goo.gl/v67BoM)

Session II
January 11, 2019 • 7pm – 9pm
CPD-3.04, 3/F, Run Run Shaw Tower
Centennial Campus, HKU
Registration [https://goo.gl/4YtlyX](https://goo.gl/4YtlyX)

Online Application
Online application will be available from 22 October 2018 to 28 February 2019. To apply, please go to [http://www.aol.hku.hk/tpg](http://www.aol.hku.hk/tpg).

Deadline of Application
Online application I will be closed on 30 November 2018. Online application II will be closed on 28 February 2019.

Enquiry
Programme Director
Professor Samson TSE
(852) 3917 1071 • samsont@hku.hk

Programme Secretary
Ms. W.L. WONG
(852) 3917 2073 • swsamss@hku.hk

[http://www.socialwork.hku.hk/counselling](http://www.socialwork.hku.hk/counselling)
Message from Programme Director

The Master of Social Sciences in Counselling (MSocSc (Couns)) is a two / three year part-time programme for professionals in human services who are interested in counselling as a career, or as an enhancement to their work performance in their respective professional settings.

Since its inception in September 2002, the counselling programme offered by The University of Hong Kong has played important and growing role in strengthening the counselling workforce in Hong Kong and beyond. May I extend an invitation to all those who are interested in counselling to join the HKU MSocSc in Counselling “family” for a journey not only into the lives, for people in need of support before problems.

Curriculum Structure

Candidates are required to complete 5 compulsory courses, and 3 elective courses or 1 elective course with a dissertation, a skills training laboratory and a practicum that includes a practice-based project report. Elective courses are so designed that they can provide a focused study in one of three service settings: welfare, education, and health care. By selecting a particular combination of courses, candidates may (1) specialize in one stream from these three service settings or (2) choose a more broad-based curriculum; or (3) choose to complete 1 elective course with a dissertation (equivalent to two courses). Candidates are interested in advancing their research skills, Candidates can take a maximum of one elective course from the Master of Buddhist Counselling programme. Teachers from the Master of Buddhist Counselling programme may also serve as the co-supervisor in the Capstone Experience Courses if the area of study is relevant. The selection of cross-listed courses and co-supervision of Capstone Experience Courses shall be subject to the approval of the Programme Director/Chairman of the two respective programmes.

A Compulsory Courses

Candidates shall complete the following courses from the first semester in Year One to the first semester in Year Two

- • Theories and practices in counselling and professional ethics
- • Critical issues in human development
- • Abnormal psychology
- • Assessment and testing
- • Practice research in human services

B Elective Courses

Non-dissertation option: Candidates shall complete three of the following courses.

Dissertation option: Candidates shall complete one of the following courses

- • Applied motivational interviewing in addiction recovery
- • Cognitive behavioural interventions
- • Counselling in the educational setting
- • Counselling in the health care setting
- • Counselling in the welfare setting
- • Emotion-focused interventions: theory and practice
- • Family therapy

F • Group counselling
- • Hypnotherapy
- • Play therapy
- • Substance abuse counselling
- • The fundamentals of art therapy
- • Theories and practices in coaching in the workplace
- • Theories and practices in positive psychology and strength-based interventions

G • Practice research in human services

H • Skills Training (Compulsory)

Practicum (Compulsory)

Candidates have to be engaged in a total of 250 hours of clinical work, and to complete a practice-based project report of no more than 10,000 words. Students are encouraged to find and secure their own fieldwork placement for the practicum training.

Dissertation (Optional)

Students’ Voices

Learning

“Emotional Focused Therapy, Hypnotherapy and Family Therapy are my elective courses in studying the Master of Social Sciences Counselling Programme. I found them very useful in understanding how empathetic attachment, emotion schemes, hypnotic trance state, and family systems may affect individuals, couples and families. Not only does this knowledge increase my self-awareness, but helps others understand problems within the field of study.”

“Practicum is valuable for integrating my knowledge into practice. I’m impressed by the individual and group supervision at that period of time.”

Personal Growth

“The learning journey has not been easy yet, it has been very rewarding. Overall, it has broadened my perspective in terms of how I see myself and other people. Additionally, my relationship with families and friends are now enriched. The faculty members and classmates are passionate and inspirational. I have learned a lot from them!”

“This course in counselling has helped me grow personally and professionally. Great teachers and demanding workloads have led to fruitful learning experiences. I’m becoming more self-aware, sensitive, and happy.”

Being a Reflective Practitioner

“I love the way our lecturers facilitate us to think critically and act ethically. We have an open environment to share our experience and ideas with classmates from a diverse background. The stimulation of thoughts through interaction has helped apply what I have learned in class to society.”

“I have enjoyed the process of doing the research, reading the articles, identifying the video clips and sifting through the materials in formulating our perspective. The process itself is rewarding and of course, there is no better acknowledgement than (a teacher’s name) feedback. Very much appreciated.”

Practice Unit

The “Social Work and Social Administration - Practice Unit” is in operation to strengthen practicum training.

Live Demonstration Experts in their own fields demonstrated their work with authentic clients.

Programme Objectives

To equip students for acting as the first line of help, both at work and in their personal lives, for people in need of support before they develop more severe mental health problems.

To add to the resources of practitioners in human services who find themselves in need of further training in the counselling process.

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